

Activities - Unit 4 2020

For Unit 4 the following dates are important:

Thursday 4 June:	Online ballot opens. Students emailed login details.
Tuesday 9 June:	Initial online ballot closes at 10:30am.
Thursday 11 June:	Restricted balloting closes at 10:30am.
Unit 4 Dates:	July 17, 20, 22, 24, 27, 29 August 3, 5, 7

Students who do not complete an initial online ballot (by 10:30am June 9), will have to complete a restricted online ballot. This will mean that students will have reduced choices or may need to complete a further restricted paper ballot sheet if most of the Activities are full. **Students who do not complete a ballot after the final date will be placed into an Activity. Please choose carefully as you can be placed into any of your six selections.**

To Students in Years 7 - 10

An outline of each Activity is given in the following pages. You should read the details carefully, be aware of any special requirements such as cost, equipment or materials and discuss your choice with your parents. If you need more information, you should contact the teacher in charge of the Activity, or the Director of Activities, Ms Morgan. When you ballot for an Activity, you must be prepared to accept the Activity of your choice. **Please choose carefully as you can be placed into any of your six selections.**

To Parents

Some Activities may incur a cost (\$) where individual coaching or special equipment is required. Costs are shown within this pamphlet and will be charged to the term's account. If your child undertakes an Activity where there is a cost, you will be notified via email or letter.

Reminders

Over the school year you are encouraged to select Activities from a minimum of **three** of the following categories: Academic Enrichment/Challenge; Leadership; Visual and Performing Arts; Sport and Physical Development; Health, Lifestyle and Practical Skills; Technology and ICT; Community Partnerships.

Practical Activities and Sunsmart

In sporting Activities you will need your **sports uniform and appropriate footwear**. Students involved in outdoor activities need to supply their own **hat and sunscreen**. Sunscreen is also available in each Homestead, the Sustainability Centre, with staff at outdoor venues and at the Gym in case you forget. Students must wear clothing that covers their shoulders, e.g. Woodleigh Polo Sports Shirt.

Non-Participants

If you miss a bus or you do not have your correct gear, you will still attend your Activity and assist the teacher in charge with suitable tasks. If you are ill or injured and unable to take part in your Activity, you will need to visit the First Aid Centre.

Activities Leaving School Grounds

Some Activities may run during lunchtime, particularly those where students are leaving the school. Students need to consider this when balloting and be aware that they may need to take and eat their lunch on the journey from school or back to school.

Additional Health and Safety Information

The health and safety of all in our community remains foremost in our planning. We are establishing ongoing protocols to ensure the physical safety of our community. For this reason some of our Activities will be adapted to provide reasonable precautions and a safe learning environment over the Unit.

Important Notes for Adventure-Based Activities (as indicated by a ★).

Some Activities are regarded as adventure-based. **Being involved may have some higher elements of risk and the possibility of injury, both of a minor and serious nature.** It is important that both students and parents are aware of this fact. It is also important that you have an understanding of the nature of the Activity, if you have any questions in regard to a specific Activity please contact the teacher in charge of the Activity or the Director of Activities, Ms Morgan. If you undertake an adventure-based Activity, you may need approval from a parent via CareMonkey.

Academic Enrichment / Challenge

★ \$ Aviation (Pre-book Yrs 8-10)

Mr Scott

Students wishing to either start or continue with their training can ballot for this unit. Please see or contact Mr Scott before balloting for more information. New students are welcome as are students who have already started and wish to advance to the next stage of training. Basic Aeronautical theory taught during this unit will depend on group needs. Practical flying lessons will be tailored to the individual. Students may also have the opportunity to be involved in peer mentoring Minimbah Aviation Club students. Transport via Budget Rosa Bus or Woodleigh HiAce Van driven by a Woodleigh School staff member.

Cost: Costs associated with this Activity depend on the number of flying hours

Strategy Board Games (Yrs 7-10)

Mr Stephens

Here is a chance to challenge your brain with some old classic strategy board games such as Chess, Scrabble, Backgammon, Checkers, Stratego, Chinese Chess, Pente, Cards, Connect 4 and Mastermind. A variety of latest award-winning European strategy board games such as Wingspan and Root and other classic strategy board games such as Settlers of Catan, Pandemic, Kings of Tokyo, Love Letter, Carcassonne, and Diplomacy may be available for you to learn and explore. You may also want to bring your favourite game from home and teach us how to play.

Courage Creates Change (Yr 8 Only)

Ms Kane, Ms Schmidt

This Activity is for Year 8 students only and is designed to support the 'Courage Creates Change' project. Students will be given opportunities to demonstrate courage through hands on activities at Woodleigh and will also be provided time to develop their presentations in preparation for the November parent showcase.

Philosophy and Current Affairs in The Changing World (Yrs 9-10)

Mr Neumann

Join a small group as we set about discussing the big issues of life. This is a rare opportunity to question, debate and contemplate issues that we face. Is eating animals immoral? Are murderers evil? How can we be happy? Is there a God? Is there life after death? Is Artificial Intelligence possible? Is time travel possible? In what circumstances would you fight in a war? Are there more than two genders? Are all humans equal? Is it okay to lock the economy because of a pandemic? Are there limitations to free speech and should social media companies fact check what people post in them? Are violent protests ever justified? No question is too controversial for this Activity. We will also view videos and discuss relevant texts associated with the topic in discussion.

Reading and Reviewing (Yrs 7-10)

Ms Farquharson

The weather is getting colder. It's time to snuggle up somewhere warm and quiet to read and share great books. Using a combination of the Oliver, Wheelers and Premier's Reading Challenge platforms, students will read and review fiction and non-fiction books of their own choice. You should be open to activities involving individual reading and online and real-life sharing. This is an opportunity to stretch your capacity to read for an extended period of time and to refine your critical literary skills.

Visual & Performing Arts

Choir for the Production (Pre-book Yrs 7-10)

Mr Shinkfield

This is our opportunity for 2020 Production cast members in Years 7, 8, 9 and 10 to learn, practise and record 3 hymns. All you need to bring is yourself and your singing voice!

Creative Chillax (Yrs 7-10)

Ms Macdonald

Let your creativity flow in a relaxed but productive atmosphere. Enjoy the opportunity to extend your imagination with drawing and painting media. Explore ink, acrylic paints, pencils and pastels and create a selection of mini masterpieces. Come and discover your creative side.

The Guerrilla Art Class (Yrs 7-10)

Ms Cleine

Tired of not having your message heard? If you have a message to share, you should join us and be a disruptor! Make a series of guerrilla artworks to stick and place all over the world. What is Guerrilla art? Also referred to as 'street art', it is a method of art making where the artist leaves anonymous art pieces. There are so many ways to do this without getting into trouble and following what other people do. We will start this Activity Unit, making our own stickers and paste ups with a message. Then moving on to guerrilla art installations.

Visual & Performing Arts

Design and Create Jigsaw Puzzles (Yrs 7-10)

Ms Ward

During this Activity you will have the opportunity to make and create your own unique jigsaw puzzle. You will create your very own artwork using pencils and textas, this will then form basis for your own personalised jigsaw puzzle. It would make the perfect gift to give someone.

\$ Design and Make Your Own Jewellery (Yrs 7-10)

Ms Alderton

During this Activity you will have the chance to make a piece of jewellery for yourself or to give a unique present to someone special. The unit will be delivered by an external professional jeweller. You can choose to make a pair of earrings, a ring or a pendant (necklace). You will learn how to solder as well as various other techniques to make your own personalised piece of jewellery. For students who have previously participated in this Activity before, soldering will further enhance their skill set and provide scope for producing a wider variety of jewellery pieces. **Parents please note; there is a cost for this Activity. The cost covers materials and instruction from an external professional jeweller.**

Cost: \$50

Sport & Physical Development

Girls' Body Balance and Low/Moderate Intensity Fitness (Yrs 7-10)

Ms Kesterson

Working at a low to moderate intensity, this Activity will focus on your physical body and a variety of fitness components and training methods. Sessions will involve a gentle warm up and muscle activation, followed by strengthening resistance work for your upper, lower and abdominal muscles and your core. We will cool down with a focus on relaxation through basic postures and stretching and parasympathetic breathing, whilst aiming to develop an awareness of the mind-body connection. Classes will run from a Homestead classroom and nearby outdoor area using a resistance band and yoga mat (provided) and light weights. Active wear and runners are required. You can work at your own intensity, however, be prepared to use your muscles!

SIS Athletics - Team Development (Yrs 7-10)

Mr Davenport

Mr Flanagan, Mr Macindoe, Mr Paxino, Mr Elmi, Mr Puls

Based on performances at previous SIS Athletics Carnivals and/or performances at the Homestead Athletics Carnival, you will be preselected for this Activity. If you haven't competed in the Athletics before or think that you are better prepared to challenge for a place in the team now, then you should select this Activity with your first preference. As part of the Woodleigh SIS Athletics squad you will be training and preparing for the SIS Athletics Carnival at Lakeside Stadium which is scheduled to take place on Monday 24 August. Students in the activity will have the best chance of making the team and we will run some trials during the Activity to determine places. Staff will work with students across all athletics disciplines in developing techniques, improving fitness and performance to assist you in preparing for events. **Sunsmart applies.**

Soccer for Boys and Girls (Yrs 7-8)

Mr Higgins

Come and be involved in fun Soccer games. Sessions will take place on the Woodleigh Soccer Oval. This Activity is available to all students regardless of your ability. Students must have their sports gear and runners for every session. **Sunsmart applies.**

Tennis (Yrs 7-10)

Mr Andy Scott

During this Activity you will be coached by a local professional tennis coach. Experienced and inexperienced players are welcome. You will develop your skills, rotate through a round robin series of matches and just play for fun. The following is essential: sports gear, flat soled sports shoes and hat. A tennis racquet can be provided. **Sunsmart applies.**

Health, Lifestyle & Practical Skills

Basic Cooking (Yrs 8-10)

Ms Cooper

Come along and learn the basics of cooking. During the sessions we will master some simple recipes such as scones and cupcakes as well as learning the art of poaching an egg properly. Use the skills you develop to whip up some tasty treats at home.

Cryptic Crosswords, Sudoku, Mandalas and Mindful Colouring (Yrs 7-10)

Mr Adams

Do you love a good puzzle? Words, numbers, pictures – we'll play with them all. Learn the creative art of cryptic crossword crafting, subtly smooth your Sudoku strategies, pair up with partners for puzzling picture preparation. Alternatively, if you love patterns, design and colour, you can create mandalas or lose yourself in mindful colouring design templates.

Friendship Bracelets (Yrs 7-10)

Ms Rynderman

Come and join in the fun of making your own friendship bracelets to give as gift to your friends or to keep for yourself. During the sessions you will learn the skills to create your own unique patterns using colourful yarns and knotting techniques. Beginners welcome.

Japanese Food, Art and Culture (Yrs 7-10)

Ms Ley

Be transported to the mysterious world of Gion in Kyoto and experience some of the Geisha arts from times past such as Calligraphy. Travel with Astro Boy and Ponyo on their adventures and spend time making Origami with exquisite Japanese designs. Learn basic Japanese business etiquette and how to order a meal in Japanese as well as exploring Japanese food.

Origami (Yrs 7-10)

Ms Grove

Join in and learn the ancient art of Origami, Japanese paper folding. Relax while you learn how to make a variety of different items including flying cranes and the crane made famous by the little girl Sadako who believed that if she made 1000 paper cranes she would have good health. You can also design your own piece of original origami paper and use it to make one of the items you learn to make.

ICT - Technology

Making Music with Technology (Yrs 7-10)

Mr Geisler

Do you have a love for music? Have you ever wanted to make your own instrumental song? You don't need to be a trained musician to produce great music – you just need a keen ear and a love for rhythm and sounds. This is a unit for curious music lovers – you don't need to be confident playing an instrument and you definitely don't need to sing. Over the unit we will explore how to use the entry-level software (such as GarageBand) as a tool to craft songs from start to finish. We will build beats from scratch, play with synthesisers, tinker with virtual instruments, and explore effects such as delay, reverb and distortion. All styles of music are welcome! Come along and explore the wonderful world of digital music, as you are only limited by your imagination. Final songs will be published on SoundCloud so you can show off your new skills.

Photography, Lightroom and Photoshop (Yrs 7-10)

Mr Allsop

The Woodleigh environment is a wonderful place for artistic photo opportunities. We will cover portraiture (people/animals), landscape, weather time lapse and fast-moving sporting action. You will learn about light, photo composition, examine what makes an excellent photo and how to best enhance your pictures using both camera techniques and computer software. We will start from the very basics and develop your skills in industry standard photo manipulation software programs; Adobe Lightroom and Adobe Photoshop. You will need to supply your own digital camera, ideally an SLR, but a phone is a good fall back. Images may be submitted to some photography competitions.

Theatre Technology Skills (Yrs 7-10)

Mr Bingham

This Activity is for people who are interested in learning the skills to be able to design and operate the various technical elements found within the entertainment industry. If you have ever wondered what all the faders and dials on an audio console do, how the lights at a stadium concert work, or how to design and project image and animation for stadium screens, then this Activity is for you. We will be running from the basic operations level and developing skills from there, ideally in preparation for supporting this year's productions and concerts later in the year. If you like the idea of pushing buttons, sign up and be creative with us.

Community Partnerships

Crochet and Knit for Animal Welfare (Yrs 7-10)

Ms Pope

Use your time in this Activity to learn basic crochet and knitting skills. Learn to crochet chain, double, triple and double-triple stitches and how to cast on stitches, knit stocking stitch, ribbing and moss stitch and casting off when knitting. Once you learn these basics during the Activity, you will be able to knit or crochet nests for wildlife or woollen jackets for baby lambs and goats, you are only limited by your imagination.

Community Partnerships

Brian Henderson Reserve (Yrs 7-10)

Dr Simpson

Are you interested in wildlife and the environment? Do you like being in the great outdoors? In this Activity you will support the day-to-day management of the Brian Henderson Reserve. You might feed the animals, contribute to enclosure set-up and maintenance, remove weeds, assist with pest animal control, plant new plants, collect bush foods, prepare animal meals, perform biodiversity surveys and carry out fence and track maintenance. Some tasks may also be performed outside the boundaries of the Reserve. If the weather is too hot/cold, we meet in the Science building and can tend to the animals kept there. **Closed-toe sturdy shoes required. Water bottle recommended. Sunsmart applies.**

Dog Agility: Park Construction and Training (Yrs 7-10)

Ms Janky

Seiba, the Kelpie who spends his days at the Woodleigh Farm, is nearly old enough to start agility work. Kelpies need lots of mental stimulation and exercise. Agility courses are a great way to provide opportunities to achieve this. This Activity unit will involve designing and building an agility course at the farm for Seiba to train in. We will source ideas from the Dog Agility Park at Ballam Park and once you have built your equipment, you will be able to teach Seiba how to use it. **Closed-toe sturdy shoes required. Water bottle recommended. Sunsmart applies.**