

## PARTICIPANT PROFILE



### Sophie Fellows

Sophie completed her Bronze award in September 2023, she then continued with her Silver award. Through hard work and commitment, she completed the Silver award in February 2025.

#### ADVENTUROUS JOURNEY

##### *Survival and Navigation Camps*



SAs part of Junior Police Rangers Sophie participated in a number of journeys. Her highlights from her survival camp was that she was successfully able to make shelter, light a fire and find the resources she needed from the bush. With her navigation camp she completed the hike in the dark to Mt Sunrise to view the sunrise over the Mary River.

#### PHYSICAL RECREATION

##### *Volleyball and Gym*



Sophie combined playing volleyball and going to the gym for the physical recreation section. Through these activities she was able to meet her goal of building more muscle and increasing her stamina.

#### SKILL

##### *Reading*



Sophie is an avid reader and has enjoyed stimulating her creative brain with the choice of books she has read

#### SERVICE/VOLUNTEERING

##### *Emergency Services*



Sophie volunteers with the NT Police. She has helped out at a number of community events. Her jobs included directing traffic, guiding attendees, handing out information forms etc. Her assessor commented that Sophie has punctual, followed instructions, acted in a professional manner, lead by example and has inspired others to follow her example of community mindedness.