

Junior School Referrals

Our College Psychologists utilize their psychological and educational expertise to offer a variety of direct and indirect services that enhance the educational and personal wellbeing of students within the College community.

Referring to College Psychologists:

Students who are interested in scheduling an appointment with a College Psychologist are encouraged to first speak to their classroom teacher or the Deputy/Head of Junior school for initial assistance about their concerns. If necessary, the teacher will then refer that student to the College Psychologists or other support staff, who will then contact the parents to discuss the nature of the referral and the support that is being requested.

For parents seeking to discuss matters with a College Psychologist, the initial point of contact should also be their son's classroom teacher. In many cases, parents may wish to arrange an appointment for their son with the College Psychologists. However, the student's willingness is essential as counseling is unlikely to be effective if the student is not open to it. The type and duration of support will be determined by the College Psychologist.

Parents/guardians reserve the right to withdraw their consent at any time. This must be communicated to the relevant College Psychologist via email, phone call or in person.

At the end of each school year, all referral requests are closed. If support for a student is required again in the following school year, a new referral will need to be completed and a consent form signed by the student's parent/guardian.

Psychological Services:

College Psychologists collaborate closely with classroom teachers and other staff to provide resources and support for addressing a variety of common student concerns. If a concern cannot be resolved at the classroom level or is of a more serious nature, the Psychologists may offer counselling to help the student better cope and resolve issues. It is ultimately the student's decision to engage in counselling sessions, and they can opt to discontinue them at any time.

On occasion, it may be appropriate for the College Psychologists to refer students to external professionals or agencies that are better equipped to address their specific issues. Furthermore, if a concern primarily involves the student's family and does not significantly impact their school life, the College Psychologists may recommend seeking help from external agencies.

Engagement with psychological services at Trinity College does not incur any additional costs for students or their families.

Confidentiality and Record Keeping:

The College Psychologists adhere to the Australian Psychological Society's Code of Ethics, which ensures the confidentiality of all referrals to the College Psychologist. Maintaining confidentiality is vital when young people seek help, and once consent is provided by a parent or guardian, the College Psychologists

will only contact a parent or guardian when necessary or in exceptional cases where there is a clear risk to the student or others.

Our College Psychologists record information about students they are engaged with including session notes, emails, phone calls and reports. This information is stored by the psychologists and is kept strictly confidential.