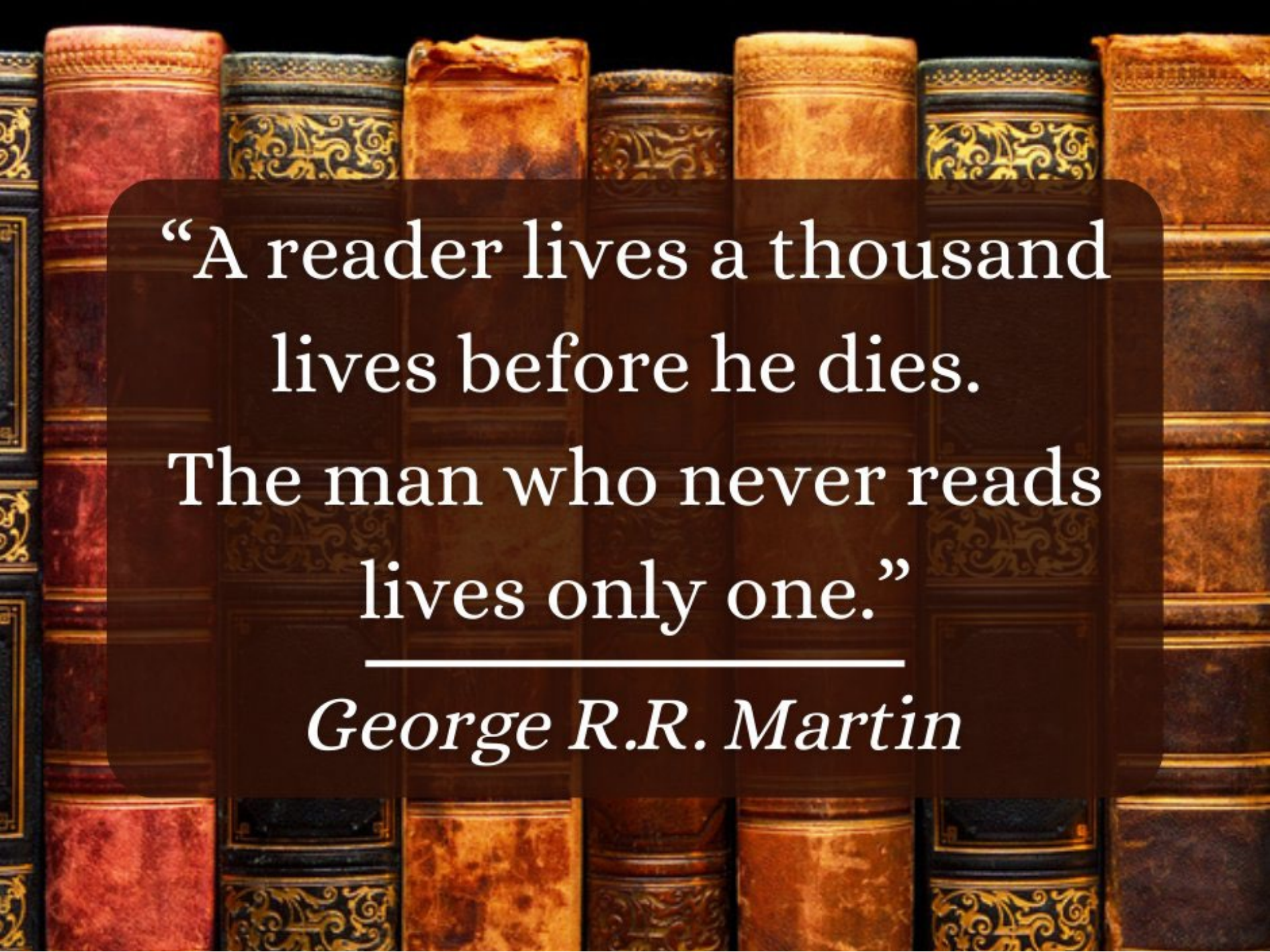


Boys and Reading

Su-fen Chung (HOLA English)

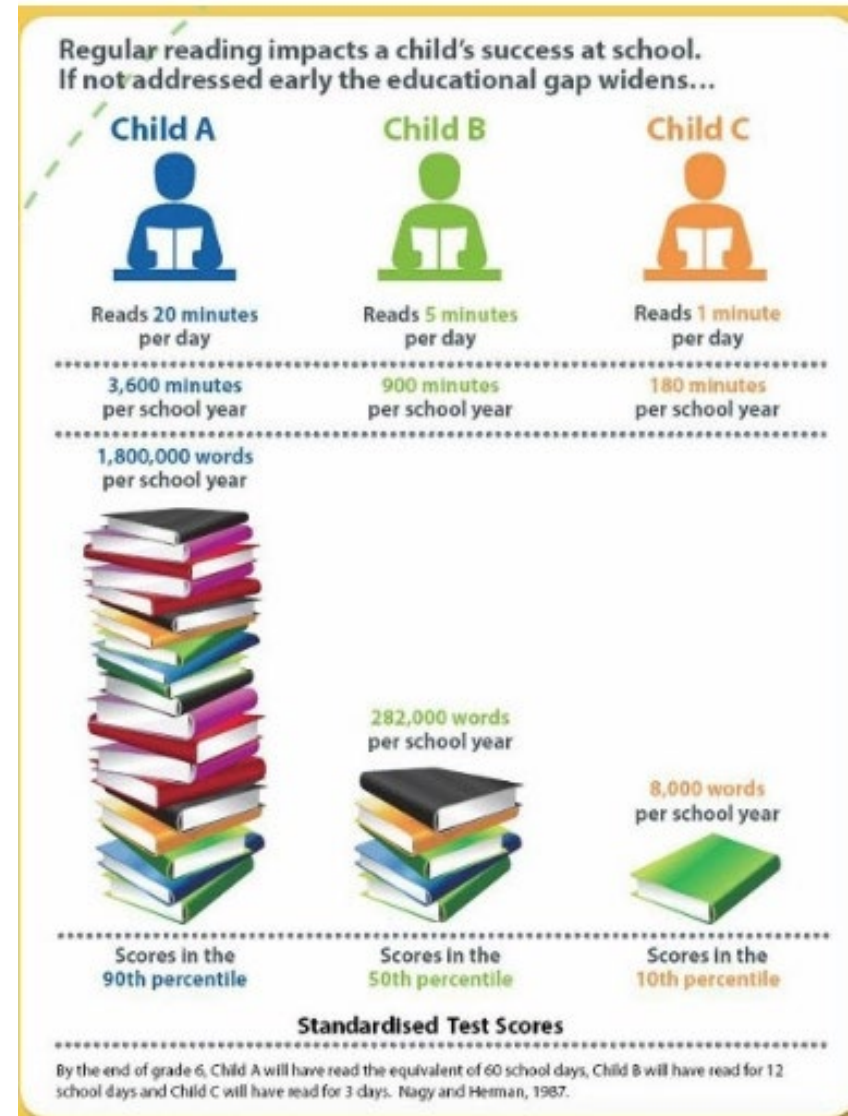
A row of old, leather-bound books with gold-tooled spines. The books are arranged in a slightly curved line, showing various colors of leather (red, brown, blue) and intricate gold-tooled patterns on the spines. The background is dark, making the books stand out.

“A reader lives a thousand
lives before he dies.
The man who never reads
lives only one.”

George R.R. Martin

Did you know?

- 20 minutes reading (a day) = exposure to 1.8 million words annually.
- 5 minutes reading = only 282,000 words annually.
- Reading increases knowledge of correct syntax and grammar, along with robust vocabulary knowledge.
- 20 minutes of reading daily = doing better on tests than 90% of classmates
- 'Reading for pleasure' is strongly associated with academically resilient students.



Did You Know?

- Reading is 4x more influential on intellectual progress than a parent with a degree.
- Reading books can contribute to socio-emotional growth, wellbeing and better empathy.
- Children with a home library (as little as 20 books) achieve 3 more years of schooling than children with no books at home.
- Recreational reading is a simple and cost effective tool to help students cope with mental health problems
 - -> 6 mins = 68% less stress.
- Boys tend to prefer fiction, rather than non-fiction texts.

MEN who read are IMPORTANT

- Boys see reading as a 'feminine activity'.
- Men + male role models need to read aloud, read regularly and demonstrate that reading is an activity of **value**.
- 'If a man values reading, the boy will too'

(OECD)

Takeaway:

Boys (especially reluctant readers) need to see significant MEN in their lives reading for pleasure too!

What can my son read?

- Informational texts, magazines, newspaper articles
- Graphic novels & comic books
- Stories about boys
- Stories about hobbies, sports and things they might be interested in doing
- Book series
- Stories with some escapism and humour
- Science fiction/ fantasy / whatever he'd like to try!

What To Do:

- **Model good reading practices**
 - Read actively
 - Talk about what you're reading
 - Share what you've learned – key lessons/ insights
 - Recommend good books
- **Read together**
 - Set some time aside to read on some evenings and weekends.
 - Take turns reading aloud to each other
- **Establish some consistency**
 - Read for 10 – 20 minutes each evening.
 - Let your son choose how often he wants to read for:
 - Once/ Twice/ Thrice a week.

What To Do:

- **CHOICES** are important
 - Let your son choose what he wants to read.
 - Take him to the library/ shops.
- **Try Ebooks.**
 - Borrowbox (avail. @ TC and public libraries)
 - Kindle
 - Ibooks.
- **Start a book challenge at home!**
- **Pack a good book.**
 - Take books on long trips or where waiting is anticipated – boys should see reading as recreation.
 - Take turns to read aloud.

Recommended Reading Lists (@TC)



STARTER

Check out these popular titles available now at the Senior Library!
Please ask your friendly library staff if you would like help finding them.

humour

- The Last Kids on Earth series Brallier, Max
- The Witches Dahl, Roald
- Weird Do series Do, Anh
- Help Around The House Gleitzman, Morris
- The Treehouse series Griffiths, Andy
- Diary of a Wimpy Kid series Kinney, Jeff
- Radiant Rex O'Connell, Christian





INTERMEDIATE

Check out these popular titles available now at the Senior Library!
Please ask your friendly library staff if you would like help finding them.

sci fi and dystopian

- Hive series Betts, A. J
- In the Dark Spaces Black, Cally
- Ctrl+S Briggs, Andy
- The Belles series Clayton, Dhonielle
- Eve of Man Fletcher, Giovanna; Fletcher, Tom
- Lifel1k3 series Kristoff, Jay
- The Lorien Legacy series Lore, Pittacus





CHALLENGER

Check out these popular titles available now at the Senior Library!
Please ask your friendly library staff if you would like help finding them.

real life stories

- The Poet X Acevedo, Elizabeth
- What If It's Us Albertalli, Becky, Silvera, Adam
- The Yearbook Committee Ayoub, Sarah
- The Things That Will Not Stand Bauer, Michael Gerard
- The Surprising Power of a Good Dumpling Chim, Wai
- The Chocolate War Cormier, Robert




Recommended Reading Lists

<https://library.trinity.wa.edu.au/ReadingLists/>



THANK YOU!

IN NOMINE