

Nut Awareness Reminder Communication

The College has several students with a severe allergy to nuts. To support these students, it is requested that students do not bring nuts and predominantly nut-based products such as peanut butter, Nutella or nut muesli bars to the School. We do, however, understand the challenge this presents with the range of products that may contain traces of nuts.

A summary of the College's Allergy Awareness Policy is attached for your information. A major focus of this policy is the education of staff and students about allergies, anaphylaxis, and its treatment to promote student safety both at school and in the wider community.

- Healthy food
- Water only in drink bottles
- Extra fruit at Junior School for Fruit Break
- Nut friendly, so no:
 - Peanut butter or Nutella
 - Muesli bars
 - Packets of nuts
- Food that may contain traces of nuts is acceptable; however, please be mindful of others with allergies.
- Be conscious of other allergies in the School including dairy, egg, peanut, tree nuts, sesame, soy, fish, shellfish, wheat, and lupin – For further information, please visit the Allergy & Anaphylaxis Australia website:
<https://allergyfacts.org.au/allergy-anaphylaxis/food-allergens>