



ST PHILIP'S COLLEGE

YEAR 7 DISCOVERY 2021 Weeks 5 and 6, Term 2

IMPORTANT INFORMATION – PLEASE READ CAREFULLY

ACTION REQUIRED:

- Information Night – from 5:30pm, Wednesday, 10 February 2021
 - Medical information updated on *Operoo Portal* and consent for attendance given by Tuesday, 27 April 2021
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Dear Year 7 Parent/Guardian and Student,

As part of the St Philip's College Outdoor Education program, the Year 7 *Discovery* Course will be held over **Weeks 5 and 6 of Term 2**. The Year 7 Course is the first of a comprehensive Outdoor Education program and leads students towards the challenges of Year 8 *Adventure*, Year 9 *Endeavour*, the Year 10 Mittagundi or Wollangarra and the Year 11 Leadership Course.

The primary focus of this program is to introduce all Year 7 students to the philosophy of Outdoor Education and to provide constructive time to get to work with their peers and teachers in a different environment. As the Outdoor Education Programs is integral to the College ethos and curriculum, **it is expected for all students to participate**. Students must attend school at normal times when they are not on out on the program.

Each student will attend for three days with his/her elective class group. The program consists of bushwalking, orienteering, rock climbing, abseiling, mountain biking, and a trip to the Desert Park. All specialist equipment will be provided by the Outdoor Education department, including bicycle and helmet, bushwalking equipment, and food after the first lunch. **Snacks and lunch on Day 1 must be provided from home.**

PROGRAM (some groups will do the program in reverse)

- Day 1:** Arrive at school at 8.30am and meet at the College oval near the main entrance roundabout. Students will be transported by bus to Simpson's Gap and the group will bushwalk along part of Section 1 of the Larapinta Trail to Wallaby Gap.
- Day 2:** Groups will be given the opportunity to participate in rock climbing, abseiling, and orienteering. If time permits, groups may also walk up onto Euro Ridge.
- Day 3:** Students will cycle from Wallaby Gap to the College, via the Desert Park, along the Simpson's Gap/Blain Street bike path. Depart school 2.55pm.

Students will assist with the preparation of dinner each night and be given the opportunity to do their own cooking in small groups on Trangia's. Each night, groups will camp together and participate in night activities before the last day.

PROGRAM GROUPS AND DATES

- Groups 1 and 2:** Monday, 24 May to Wednesday, 26 May
- Groups 3 and 4:** Wednesday, 26 May to Friday, 28 May
- Groups 5 and 6:** Monday, 31 May to Wednesday, 2 June
- Groups 7 and 8:** Wednesday, 2 June to Friday, 4 June

MEDICAL AND CONSENT INFORMATION

Parents/Guardians will be required to update medical information and give consent for attendance on the *Operoo Portal* by **Tuesday, 27 April 2020**. Please complete carefully with as much detail as possible.

EQUIPMENT

Year 7 students will be issued with a sleeping bag during the course. This sleeping bag is provided by the school for students to keep and use on all Outdoor Education programs.

Please see the equipment list on the next page and ensure your son/daughter has all the equipment required for Year 7 *Discovery*.

When selecting clothing, choose items that are going to be comfortable for walking or cycling during the day and offer **protection from the sun**. Remember, that although it is likely to be very warm during the day, the **temperature may drop considerably at night**. Please ensure that the warm clothing and beanie listed are brought along.

If you have any further questions regarding the program, please do not hesitate to contact me.

Yours sincerely



David Atkins
Head of Outdoor Education

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ST PHILIP'S COLLEGE

YEAR 7 *Discovery* Equipment List

WHAT TO BRING As you pack!:

WEAR ON THE DAY – dress carefully for the conditions and to meet the physical requirements of cycling/walking

- pair of comfortable, tight runners (must have laces)
- socks that cover the ankle
- broad-brimmed sun hat or bucket hat. **Baseball caps are prohibited and not suitable.**
- apply sunscreen to face, arms, and legs before coming to school
- long pants – NO JEANS OR LEGGINGS AT ALL – Very Important**
- collared shirt with provides sun protection for the neck (**not singlets**)

BAG 1 – students should pack these items into a small backpack that will comfortably fit and carry the following:

- packed lunch for the first day
- warm jumper
- sunscreen
- 2-3 x water bottles (minimum 1L each full of water = 2-3L total) – check they do not leak prior to the course
- 1 x bike bottle (750ml-1000ml)

BAG 2 – students should pack these items into a **small** soft bag, which will be transported by car to the campsite

- pair of long pants
- collared shirt (description as above)
- spare underwear
- spare ankle length socks
- warm jumper
- woollen beanie
- tracksuit / pyjamas
- minimal toiletries and mosquito repellent (**no aerosol deodorants**)
- bowl, mug, fork and spoon
- torch

OPTIONAL

- Fly net (strongly recommended from 2019)
- Bike gloves
- Bike pants
- Camera
- Sunglasses
- Own rain jacket (Gore-Tex)

NOTES

1. Phones, iPods, handheld games and pocketknives are not permitted.
2. Please bring a packed lunch for the first day. **No additional food or lollies are permitted.**
3. Ensure your son/daughter can carry a capacity of at least **3 litres of water**. At least one water bottle that can fit in a water bottle cage on a bike is recommended.
4. Clothing offers sun protection and are suitable for walking and cycling.
5. Students will have vegetable pasta and souvlaki for dinner, meat and salad wraps for lunch, and cereal for breakfast. Dessert and fruit will also be provided.
6. **All sleeping equipment is provided by the College.** Do not bring a swag or pillow.
7. Also provided is equipment for bushwalking, cycling and cooking.
8. Appropriate bikes will be provided. For reasons of fairness and equipment consistency, students **must not bring their own bikes.**