

Tonight

- ▶ Why?
- ▶ Outdoor Program
- ▶ Discovery Overview
- ▶ Movie
- ▶ SON
- ▶ How?
- ▶ Action Required



Why - Outdoor Education, the camp, and the program at St Philip's College

What does each day look like on Year 7 Discovery.

We will watch a small film of the Year 7 Discovery Program

We will discuss Respect for Self, Others, and the Environment (nature). This is the basis of assessment throughout our programs.

How and what do we need to do between now and camp?

Why?

- ▶ Important component of the curriculum
- ▶ Holistic approach
- ▶ Experience failure and success
- ▶ Discovery and break out of comfort zones
- ▶ Physical and Mental Growth
- ▶ FLOURISH



We are a Round Square school and the Discovery Framework is immersed in the program

Six ideals – we are focusing on the Spirit of Adventure largely

Twelve discoveries – these are immersed within with an emphasis on – sustainability, courage, communication, self-awareness, responsibility, teamwork, tenacity

We want to learn by doing, discovering our capabilities and building confidence as we break out of comfort zones.

Through our programs, we are faced with physical, mental, and emotional challenges in order to achieve desired outcomes in our wellbeing and ultimately flourish through resilience.

Outdoor Education, along with Performing Arts, Sports, provides a holistic approach to our Education.

Outdoor Program Overview



Programs are ever changing, expanding and improving
 Year 7 extended to 3 days in 2015, with Year 8 extending to 5 days shortly after.
 This is to assist with the progression of our programs. Year 7 and 8 set us up well to
 take on our longer programs – Year 9 and 11.
 Ultimately, we are learning the processes in place on camp in Year 7, extending these
 further on Year 8 and better equipping students to be able to take on the extra
 responsibilities that come with Year 9.
 Valued as an important component of the curriculum for student development

Students will be provided with a new sleeping bag on camp. They are expected to
 then care for this, hold onto it, and bring it to use on the remaining Outdoor
 Education programs.

Discovery Overview

- ▶ 3 days
- ▶ 4 separate groups
- ▶ Hiking
- ▶ Mountain biking
- ▶ Abseiling / Orienteering
- ▶ Ranger chat
- ▶ Desert Park
- ▶ Camping
- ▶ Cooking
- ▶ Group games

Two groups leave at a time. You may see the other group on the middle day but largely these groups are acting independently over the 3 days. Approximately, 10km walk along the Larapinta Trail from Simpsons Gap to Wallaby Gap (or vice versa) – only carrying a day pack with water, anything you might need for the day, and a little bit of group gear. It is not heavy.

Mountain Biking – using mountain bikes but travelling on bike paths for the majority of the way. We are not on single trail. A small component of the ride is on a 4wd track closer to camp.

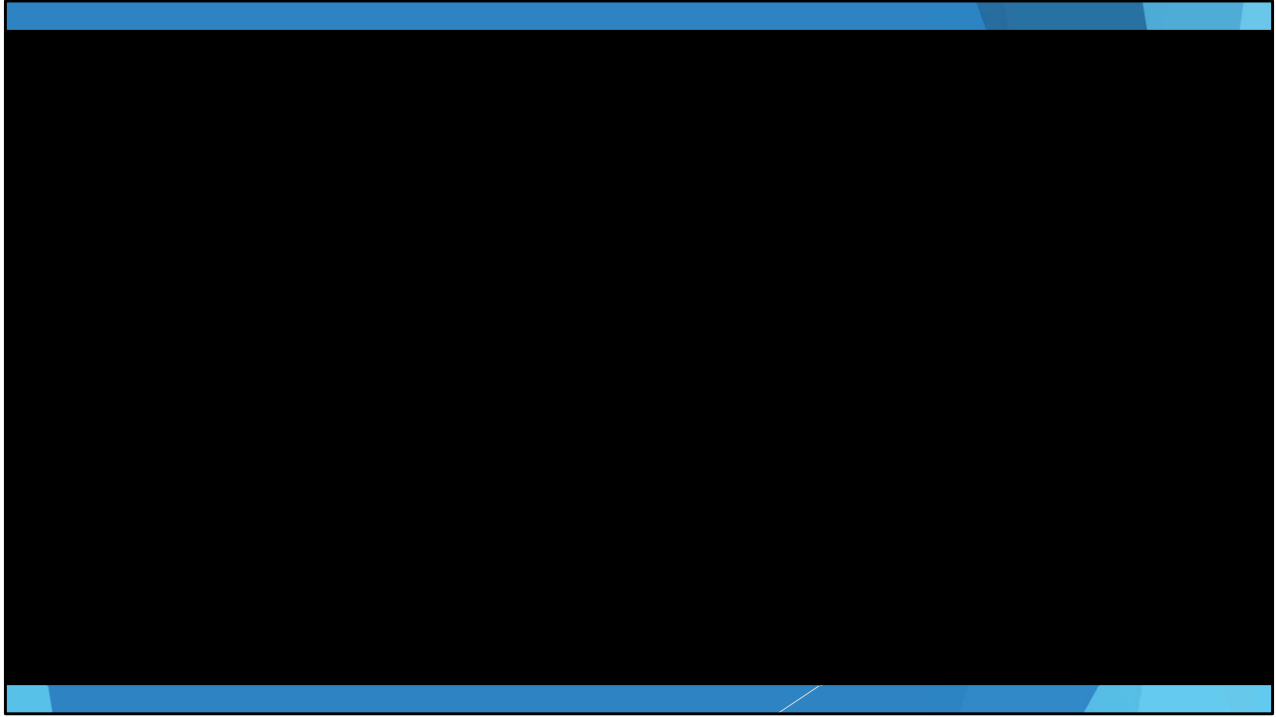
Abseiling in at the gap over a small ledge. This is a great introduction to abseiling at the College. A larger one on Year 9 and a compulsory Abseil on Year 11. The more you do, the easier it gets! Take up the challenge early and get comfortable.

Orienteering – course set up close to camp, lolly snakes are generally a good treat for this activity. Students learn about catching features, how to read a map, how to use a compass, how to orienteer. Some start to get a little competitive towards the end when they get the hang of it!

Through our walk on the Larapinta Trail, our exposure at the Desert Park and the environment we are working in – there is a focus on starting to learn more about the local flora and fauna and the ecosystems in this environment. We have a ranger come along to share more information to each group and from a different perspective.

Students are provided with a sleeping bag – we do not use swags. All other sleeping gear is provided by the College. Students are exposed to the systems used at the College to assist with the hiking over the course of the years. The sleep system is made up of a small ground tarp, insulated ridgerest, and sleeping bag. Year 7s will sleep under a tarp and/or in a military tent that is set up at the camp site.

Cooking – all cooking is done on megajets. Staff are running this space and they may ask for some students to assist with the preparation and serving of food.



<https://www.youtube.com/watch?v=wXfu7zKP-hw>



Three respects With Heart values – honesty, engagement, acceptance, respect and trust Outdoor Education component of curriculum – schoolbox report at the end of the program will be based on these three respects, effort, and behaviour.

How can you respect yourself?

- Wear the right clothing – long pants and long shirt, hat, suitable shoes
- Drink water regularly
- Eat the food at each meal time
- Take up the challenges and have a crack
- Ask for help with anything if you need it

How can you respect others?

- Give them the space they need
- Sleep and allow others to sleep
- Offer help if you see someone struggling or having a tough time

How can you respect the environment?

- Dispose of rubbish or compost in the bins provided
- Stick to the paths when walking or riding
- Do not break off branches from trees and plants that are living

- Do not disturb or interfere with wildlife.

PROGRAM GROUPS AND DATES

- ▶ **Groups 1 and 2:**
Wednesday, 21 May to Friday,
23 May
- ▶ **Groups 3 and 4:** Monday, 26
May to Wednesday, 28 May

Groups formed largely by class groups to reduce as much of an impact on the College as possible. We also then balance out numbers on the days and genders. We take into consideration Head of House feedback as well. Lots of thought and time go into the groups, limited opportunity to move between. However, if there is a serious conflict which would interfere with your ability to participate, please email to let us know and we will do what we can.

ACTION REQUIRED:

- ▶ Attend information night
- ▶ Check your emails from Operoo
- ▶ Medical information updated on *Operoo*
- ▶ 25 March 2025
- ▶ Questions?

Operoo – if it is emailing you, it is because an action is required to be completed. Do it sooner rather than later and don't ignore the emails – very important.
Medical Information – ensure it is always up to date.
Please do this for Year 7 and respond to the camp form by 25 March.