



Extra Curricular Activities – Term 1 2020

Monday

7:45 am Private Tennis
3:15 - 4:15pm Weightlifting (begins wk 2)
4:15 - 5:15pm Weightlifting (begins wk 2)

Tuesday

8:00 – 8:45am Senior Band (begins Wk 3)
3.15 - 4:00pm Gymnastics FunMoves Ages 4 - 7 (begins wk 2)
AcroMoves Beginner (begins wk 2)
4:00 - 5:00pm Gymnastics FunMoves Ages 4 - 10 (begins wk 2)
AcroMoves Intermediate (begins wk 2)
5:00 - 6:30pm AcroMoves Inter/Adv (begins wk 2)

Wednesday

3:30 - 4:45pm Grasshopper Soccer (begins wk 2)
3:15 - 4:15pm Weightlifting (begins wk 2)
4:15 - 5:15pm Weightlifting (begins wk 2)

Thursday

7:45am Private Tennis
8:00 – 8:45am Junior Band (begins Wk 1 **TERM 2**)

Friday

7:45– 8:25am Senior Choir (begins wk 3)
8:30 – 9:00am Junior Choir (begins wk 3)
7:30 - 8:30am Weightlifting (begins wk 2)
7:45am Private Tennis



ST. MICHAEL'S COLLEGE

WISDOM THROUGH GROWTH

Contact

TENNIS

Private tennis lessons are available at the College courts
For more information contact Wade Foster on 0408 889 241

GYMNASTICS

Gymnastics movement and strength classes with MY GYM CLUB are available in the PAC.
Coach is Jade Sharp – Advanced level gymnastics coach, Strength and Conditioning coach and Crossfit coach with almost 20 years coaching experience.

All registration is done through our website at: <https://mygymclub.com.au/register-my-child-for-a-program/>

GRASSHOPPER SOCCER

For more information on Grasshopper Soccer please head to www.grasshoppersoccer.com.au