CLUB NIGHT

Race simulated environment
BBQ dinner
Point score for swimmers
Championship events
Club records
End of year trophy presentation
Access to swim meets

SUNSHINE COAST GRAMMAR

Swimming

CLUB NIGHT

WHAT IS CLUB NIGHT?

Club night allows swimmers to participate in a friendly and competitive environment. It provides an opportunity to practice their race skills and compete under race conditions.

Club Night is typically held on Friday nights (please see the schedule below). All information regarding nominations and events is published on Team App. Nominations are completed via Swim Central. Information is regularly published. This includes the events that are being held and when nominations are due. All nominations are free of charge! Racing commences at 5.30pm and the competition usually takes between 1 to 1.5 hours.

Swimmers are organised into races based on their entry times that they have demonstrated at either swimming competitions or previous club night competition. It is encouraged that new or younger athletes start with shorter distances such as 25m, 50m and 100m events. If unsure, please ask your teacher or coach for their recommendation.

During the season, volunteer assistance is required with timekeeping, marshalling, barbequing and other official duties. The more people who are involved, the smoother the night can run and the more fun we can have!

CLUB CHAMPIONSHIP EVENTS:

All swimmers who take part in Club Championship events will accumulate points towards various awards which are presented at the end of the season. You must be a member of the club in order to participate in championship events. Non-championship participation events are also held on these nights; however, these do not count towards your point score.

Swimmers compete in their age group, racing at the age they are as of the 30th of June 2025. Championship events are swum in all four strokes (butterfly, backstroke, breaststroke, and freestyle) and also include a distance and individual medley championship night.

There are several age group allocations which begin at 8 & under and finish with our 19 & over events.

DATES:

2024	
18 October	6 December
8 November	13 December
22 November	

2025	
14 February	21 March
7 March	4 April