

Scots College Tottenham Hotspur Global Football Individual Player Development Programme/Camp



Technical DNA – Theme Introduction (Technical in isolation) – Themed Practices (Skill)
Technical DNA – Continuation of Themed Practices – SSG's



1. 1v1 RONALDO

Me vs You
Forward thinking practices
Tricks to eliminate
Speed to get past
+ outcome



2. 1V1 ZIDANE

Me vs You
Twisting and turning to get forward
Forward intent with final outcome



3. BRILLIANT BASICS

Both Footed
Rhythm and Repetition
Angles and Distances
Execution in the moment



4. GOALSCORING

Ball Striking
Both Feet/Sides
Different Types of Finishing
Think...technique into skill?



5. OVERLOADS

Decision Making
Opportunities to Dribble and Pass - When, Where and How?
Disguise, Deception and Execution
What does the after look like...?