



## Scots College Tottenham Hotspur - FOOTBALL PLAYER DEVELOPMENT PROGRAMME YEAR 5–10 BOYS, YEAR 5–13 GIRLS

### Terms and Conditions - 2026

Key Dates to Remember:	Scots College Tottenham Hotspur Programme 2026
Mon & Tues 30–31 March	Possible trial will be held during this time frame (TBC) Depending on numbers interested in joining programme
Thursday 2 April	Last Day of school Term 1 Confirmation of Place will be sent to players
Friday 10 April	Last Day for Payment must be received
Monday 20 April	First day of Term 2 – Classes resume
Monday 20 April	First Session Tottenham Hotspur Player Development Programme, Mon, Wed and Fridays
Monday 4 May	Small group 1v1 sessions begin this week
Friday 3 July	Last day of Tottenham Player Dev Programme for UK Coach Last day of Term 2 – School closes
Mon-Wed 6–9 July	July School Holiday Technical Camp
Monday 27 July	First day of Term 3 – Classes resume
Mon 27 July	First day of Term 3 sessions for Tottenham Hotspur Player Programme, Mon and Wednesdays
Wednesday 23 September	Last Session for 2026 Player Development Programme
Friday 25 September	Last day of Term 3 – School Closes
Sunday 6–18 December	Tottenham Hotspur Club Experience Departure for UK 13-day tour – (see school website page)

**Note: there will be No session on public holidays.**

#### **Costs:**

##### **For Scots College Students/Players:**

Acceptance into the programme is not confirmed until the total cost of \$1100 + GST (\$1265) is paid in full. This includes the programme fee (20 week) as outlined above. Training, Transport to school. Player kit is not included in this fee.

Once a place has been confirmed this fee must be paid by 10 April 2026. There is no refund should you decide to withdraw during the programme. Should there be genuine circumstances surrounding withdrawal, partial refund (pro rata) maybe considered by the Executive Team. No refund will be given on training kit.

Acceptance into the programme for Scots College student may come with the requirement to participate in all team trainings or as outlined and discussed with the Director of Football.

##### **For NON-Scots College Student/Players:**

Acceptance into programme is not confirmed until the total cost of \$1500 + GST (\$1725) is paid in full. This includes the programme fee (20 week) as outlined. Training, transport to Scots grounds. Player kit is not included in this fee.

Once a player place has been confirmed this fee must be paid in full by 10 April 2026. There is no refund should you decide to withdraw during the programme. Should there be genuine circumstances surrounding withdrawal, partial refund (pro rata) **may be considered** by the Executive Team. No refund will be given on training kit.

### **Tottenham Hotspur Football Player Development Programme:**

Once accepted into the programme players will need to attend all weekly held sessions during Term 2 and 3. Term 2 sessions are based on 3 group contacts and 1x 1:1 small group coaching session with the Tottenham coach. Should circumstances not allow you to fulfil this requirement, this can be discussed on a case-by-case basis.

Term 3 sessions will be based on 2x contacts per week, including technical, recovery and physical elements and will be managed by the Scots College Director of Football.

We do understand that for some players with outside commitments, a clash of schedules may occur. Not all sessions are compulsory. These sessions are all about providing individual player development opportunities. It will be up to the player to manage their training load. However, we expect maximum commitment to our programme to ensure full player development potential.

### **2026 Emerging to High Performance Player Programme:**

During this year's programme we hope to include sessions/seminars for our players who show interest in taking their development further and who have the capacity to partake in our emerging player to high performance player sessions.

These sessions may incur a small additional fee depending on the presenter and the number of participants involved.

#### **1. Strength and Conditioning**

Football is a highly physical sport, and the group strength and condition sessions will be paramount to ensuring your body is able to deliver on your technical ability. The focus here is on developing individual's physical characteristics who are ready to do so to assist in developing performance as well as being a key component of injury prevention.

#### **2. Nutrition**

One of the biggest challenges you will have is fuelling your body with the correct food to ensure you can cope with the training you will be undertaking. To assist you in understanding the importance of eating well, we will be providing education with practical tips to work on throughout the year.

#### **3. Mental Wellbeing**

Throughout the season, we will be conducting group education sessions and workshops to provide players with tools and techniques to assist with mental preparation for training and matches.

#### **4. Health and Wellbeing**

General health and wellbeing are key to consistent performance; recovery is a vital element to ensuring your body repairs and recharges after matches and training sessions and continues to perform at high levels. Recovery sessions will focus on stretching and mobility which will allow your body to recover faster from fatigue and lactic acid accumulated from training and matches.

#### **5. Player Development Pathways**

Opportunity to hear about ways in which you can pursue your football goals through the Scots College Tottenham Hotspur FC partnership programmes.

Just to note, should you wish to be involved these sessions will be held at Scots College and or may run online, during and outside of school hours. Some physical conditioning sessions may take place alongside the regular contact sessions for some players and/or maybe held in the school gym.

Completion and submission of any material homework must be met over the programme which will be discussed with you in conjunction with THFC coach and Scots Staff.

#### **Code of conduct:**

You are bound by the Code of Conduct for Tottenham Hotspur FC as set out in attached information sheet, and available on our website partnership page.

**Trial:**

All players are required to attend a preseason training session/trial during the last two weeks of Term 1 to be included in the selection process for this programme.

- 30 March – 31 March 2026 - TBC depending on numbers registering their interest in the programme.

Venue: TBC – Most likely Scots College Front Field.

**Confirmation of Place:**

Communication regarding Players' confirmation of place in the Tottenham Hotspur/Academy programme will be sent by **Thursday 2 April 2026**.

Full payment must be received by Friday **10 April 2026** to confirm your place.

**Programme Dates:****Term 2**

Player programme begins on **Monday 20 April 2026** with 3x on ground contacts (Mon/Wed/Fri) and 1x 1:1 small group scheduled to week beginning 4 May 2026.

In **Term 3**, 2x on the ground contact sessions will be held per week, mostly likely on Monday and Wednesday of the week.

Full time 20-week programme continues from week beginning Monday 27 July to end of Term 3 on Wed 23rd September 2026.

**Total - 20-week programme:**

- Term 1 - Preseason training/Trial
- Term 2 - 11 weeks
- Term 3 - 9 weeks

**Emerging Player to High Performance Sessions:**

These sessions/seminars will run by the Tottenham Hotspur coach and Director of Football and the Scots College Strength and Conditioning Coach, during Term 2 & Term 3. Full details of this session will be confirmed once finalised. These sessions will be 45 minutes – 60-minute contacts. These sessions are mostly likely to be held at Scots College.

**Venue:**

Weekly (x3) sessions will be scheduled held at Te Whaea Turf, Newtown. With 1v1 small group sessions at Scots College front field, Hodges, weather depending. All players are expected to attend. These sessions can be both technical and physical elements of the development programme.

Scots College will provide group transport back to Scots College grounds after early morning sessions held off site for all players. This transport is also available to non-Scots College students, should a player wish to be collected from Scots College grounds after the session. The cost of this is included in the fee.

**Access:** Te Whaea Turf, Hutchison Road. Please note access by car to the top car park and main entrance is off **Hall Street** (enter Southern Cross Patient Car park) as well as small access road behind Te Whaea dance centre lower car park.

**Session Time:** 6:50am – 8am Monday, Wednesday, and Friday. Term 3 Monday and Wednesday

**One on one small group:** (4-6 players) session with Tottenham Coach during Term 2 will be scheduled inside school hours for Scots students, lunch breaks, PE periods, and afterschool, 3pm-6.30pm. Some sessions may be scheduled in weekend and after school hours for non-Scots Players. Depending on player - coach availability, some weekly re-scheduling of time slots will be permitted. These are not compulsory should player loadings be too high during the season.

Where you are unable to attend these any sessions, it will be up to the player to follow up on any missed sessions as expected by the Tottenham coach. Coach will communicate directly with player regarding small group/ 1:1 session detail, time slot and venue location depending on weather. This will begin week 3 Term2.

The Emerging player programme will be held at Scots College lecture theatre, gym and or possibly online, via Zoom or Teams.

**Gear:**

Training gear must be worn to all scheduled “face to face” meetings, trainings, and in any video footage to be used by the THFC Coach and Scots staff.

Gear to be selected includes:

- Training Kit (top, shorts, socks)
- Off Field Track Suit (long sleeve top/track pants)
- Polo Shirt
- Backpack or Duffel Bag with initials

Total Cost of full Kit is (2026 Price TBC) depending on the total number of items purchased.

Once your place in the programme is confirmed you will be given a link to purchase online directly from the supplier based in NZ.

**Transport:**

Transport via private bus will be provided from Te Whaea Turf, or alternative venue if needed back to Scots College grounds on school days and is included in the above fee. Transport to and from small group sessions is at players own arrangement.

Non-Scots College participating in the programme may also take the bus back to school grounds, unfortunately we are unable to make stops along the way.

Boarding house students must manage their own transport to the grounds no school transport is available. Shared Taxi, or Uber can be arranged but this will be at players’ own expense.

**Health, Safety Injury & Medical Conditions Policy:**

- Unwell Players - due to the risk of infection, players must be kept at home if they contract or are showing any symptoms of any illness.
- All current Covid restrictions must be adhered to under the current Ministry of Health and Education advisement.
- THFC Coach/Scots staff will take all practical steps to ensure the safety of all individuals who participate in the programme sessions.
- THFC/Scots staff will aim to provide a safe environment to reduce the risk of injury.
- All staff have been vetted by the NZ Police as required by law under the Vulnerable Children Act 2014.
- It is players parents/caregiver’s responsibility to notify coaching staff in the event of illness, injury, or medical condition prior to sessions.
- We do not provide anyone with Paracetamol or equivalent or administer student’s medication.
- Any medical or behavioural information must be declared upon registration.

**Privacy Terms, Email Contact & Indemnity Conditions**

All information and material contained herein is confidential and in accordance with the Privacy Act, will only be strictly used by Tottenham Hotspur Football Club (THFC) & Scots staff for coaching purposes, and will not be used or distributed for any other purpose. Representatives from Scots College or THFC may view this information as part of THFC Global Football Player Development Programme.

I acknowledge that images of my child may be used for training, marketing and/or promotional purposes. I give my consent, and no further permission will be required.

Email addresses submitted during registration will be added to the THFC Scots Global Football Programme contact database for the purpose of emailing for the programme details, as well as the All-Contacts list for the purposes of group communication.

Tottenham Hotspur FC Indemnity agreement waiver: all participants involved in the football development services under the Tottenham Hotspur international partnership agreement with Scots College, pursuant to which such person/player waives, to the fullest extent permitted by law any and, all claims arising from their participation in the activity.

Upon enrolling and accepting a place in the 2026 Scots College Tottenham Hotspur Football player development programme combined Scots Football Academy, I understand that and accept the Terms and conditions outlined above.

Name of the Player: \_\_\_\_\_

Parent/caregivers signature: \_\_\_\_\_

Print name: \_\_\_\_\_ Date: \_\_\_\_\_