



# ST AUGUSTINE'S COLLEGE - SYDNEY

A Catholic Congregational school for boys in Years 5 to 12, teaching the Augustinian values of  
'Truth, Love & Community'

## SPORT AND CO-CURRICULAR POLICY

St Augustine's recognises the importance of sport and co-curricular in the overall development of the whole person. The benefits derived from involvement in team sports, as well as the arts, are immeasurable. The College therefore, provides significant resources, including human and physical, to this vital aspect of College life. Boys need to be continually immersed in positive activity, developing not only the physical self, but also the social and emotional being. In recognition of this, St Augustine's encourages every student to be involved in at least two co-curricular activities for each year of their schooling.

### SPORTING POLICY

- Students are required to participate in the sport and/or co-curricular life of the College.
- If a student is playing sport or like sport in a competition where St Augustine's is represented, then that student is required to play for the St Augustine's team.

### RATIONALE

- It is expected that sporting representation of the school takes precedence over participation with other sporting organisations.
- Students are expected to develop their individual talents and when needed, to place their personal gifts at the services of the school community.

### PLAYERS' CODE

- Play by the rules and always abide by the decisions of the referees.
- Control your temper and criticise neither by word nor gesture.
- Train willingly. Remember preparation helps prevent injury and fitness reduces the risk of serious, lifelong injury.
- Be a good sport, on and off the field and take every chance to encourage the other members of your team.
- Always co-operate with your coach, your team mates and your opponents – without them you would not have a competition.
- Remember the goals of the game are to have fun and to improve your skills.
- Be modest in success and generous in defeat.

### PARENTS' CODE

- Encourage your son to always play by the rules.
- Teach your son that honest effort is as important as winning and to accept a loss without undue disappointment.
- Encourage your son to work towards skill improvements and good sportsmanship – never ridicule him for making a mistake or for losing a game. Remember, boys learn by example.
- Applaud good play by your team and by the opposing team.
- Do not publicly question the referees' judgement and never their honesty.
- Recognise the value and importance of coaches, managers and secretaries – they give freely of their time and resources to provide sporting activities for your son.
- Having realistic expectations of your son and his team – do not expect more than they can give.

