



FOOD AND NUTRITION POLICY (NUT AWARENESS)

Purpose

Peter Moyes Anglican Community School (the School) is committed to providing a safe environment for students, staff and visitors, and seeks to promote healthy choices in relation to food and nutrition. The Waves Café (the Café) staff, parents/guardians and other School staff can be positive role models and champions to endorse health promotion in the School.

The School's approach is underpinned by the Eat for Health, the Australian Dietary Guidelines and the Health Promoting Schools Framework whose key messages are to enjoy a variety of nutritious foods every day. The approach applies to classroom activities, teaching programmes, cooking activities, fundraising events, camps and excursions and the food service provided by the Café. Caterers for School functions will be informed of this policy.

The School wishes to protect those students who suffer from severe food allergies and could be in danger of life-threatening anaphylactic reaction. Therefore, bringing known food allergens, including nuts and nut products to School, is not allowed. This includes peanuts, cashews, walnuts, almonds and all other tree nuts and products containing nuts or "traces of" them.

Parents/Guardians are expected to educate their child who are anaphylactic-prone in the self-management of their food allergy, such as safe and unsafe food, strategies for avoiding exposure to unsafe foods, symptoms of allergic reactions and how and when to tell an adult. Families must follow the School's Anaphylaxis Policy and Procedures, including providing current information in the form of an Anaphylaxis Action Plan for their child at the School.

The School is unable to guarantee food supplied by the Café, or other sources, is free of substances that may cause an allergic reaction. Accordingly, the School encourages members of the School community with any such allergies to be sensible and vigilant when eating food provided at School. The Café will ensure as far as is reasonable and practicable that it does not sell any items containing nuts or traces of them.

All staff will be made aware of students at risk of an anaphylactic reaction. This is via the School Management System where a photograph of the student with details of allergic triggers, First Aid response and prescribed medication. The School will follow its First Aid Policy and Procedures, should an allergic reaction occur.

Related Policies

Anaphylaxis Policy
Anaphylaxis Procedures
First Aid Policy
First Aid Procedures
Waves Café Policy

Related Links

[Eat for Health Guidelines](#)
[WA Health Promoting Schools Association Framework](#)