

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5.30am			Senior Squad		Senior Squad	
7.00am			Development Squad Junior Squad		Development Squad Junior Squad	
7.30am		Breathers		Arms	Breathers	Parent + Toddler Kickers
8.00am		Parent /Baby + Toddler		Beginner Kickers	Beginner Kickers	Beginner Beginner Arms
8.30am		Kickers		Kickers	Kickers Parent + Baby	Arms Kickers Parent + Toddler
9.00am		Arms		Parent /Baby + Toddler Kickers	Beginner Kickers	Junior Dolphin Beginner Breathers
9.30am		Beginner		Arms	Kicker Parent + Toddler	Dolphin Beginner Parent, Baby + Toddler
10.00am		Kickers		Beginner Arms	Kickers Arms	Beginner Beginner
10.15am						Assessment
10.30am		Beginner		Kickers	Beginner Assessment	Kickers Parent, Baby + Toddler Breathers
11.00am						
3.15pm	Assessment	Assessment	Assessment	Assessment	Assessment	
3.30pm	Breathers Arms Junior Squad Mini Squad Dolphin	Breathers Arms Junior Dolphin Junior Squad Mini Squad Stingray	Breathers Arms Junior Squad Mini Squad Dolphin	Junior Dolphin Junior Squad Mini Squad Dolphin	Beginner Mini Squad Junior Squad Stingray	
4.00pm	Kickers Junior Dolphin	Arms Breathers Kicker	Arms Junior Dolphin	Arms	Junior Dolphin	
4.15pm	Stingray	Dolphin	Stingray	Stingray	Dolphin	
4.30pm	Arms Breathers Senior Squad Development Squad	Beginner Arms Junior Dolphin Senior Squad Development Squad	Kickers Beginner Senior Squad Development Squad	Breathers Senior Squad Development Squad	Arms	
5.00pm	Kickers Kickers Private Lesson	Kickers Breathers Arms	Breathers Breathers Private Lesson	Kickers Breathers	Kickers Assessment	
5.30pm			Private Lesson	Junior Dolphin Private Lesson		