



daily	healthy salads & snacks	sweet treats
potato top beef pie 4.3	fruit salad 4.0	jelly cups 2.0
beef pie 4.2	seasonal fruit pieces 1.5	chocolate mousse 2.0
cheese & spinach roll 4.2	yoghurt berry & muesli 4.0	sweet muffin 3.5
sausage roll 3.1	housemade Protein balls 2.6	large cookie 3.4
chicken wedges (3) 3.2	sushi rolls - wed to fri 3.5	banana bread 3.2
potato wedges 2.6	roast pumpkin and fetta salad 5.4	red rock chips (from) 1.5
sweet potato chips 3.6	greek salad 5.4	grain wave chips (from) 1.5
garlic bread 2.5	chicken caesar salad 5.4	icy pole 1.6
noodle cups 2.5	<b>sandwiches</b>	billabong 2.0
<b>first break</b>	cheese 3.0	lifesavers 2.4
bircher Muesli 4.1	ham & cheese 3.9	miloscoop shake 3.0
cheeseburger 4.5	ham, cheese, tomato 4.4	<b>beverages</b>
chicken cheese & mayo burger 4.6	chicken, lettuce, mayo 4.4	mount franklin water 400ml 2.5
nachos 4.1	chicken, lettuce, avocado 4.4	mount franklin water 600ml 3.0
hotdog with cheese & sauce 3.8	egg, lettuce, mayo 3.9	pump flavoured water 750ml 4.2
hotdog with sauce 3.5	<b>second break main meals</b>	fruit box fruit drink 250ml 2.3
mini chicken snack wrap 2.5	<b>Monday</b>	keri juice 350ml 3.5
<b>wraps &amp; baguettes</b>	cheese & spinach ravioli 5.7	plain milk 300ml 2.0
roast beef, tomato relish & salad wrap 5.4	ham & pineapple pizza 5.2	classic flavoured milk (from) 2.6
tandoori chicken wrap 5.4	mighty 3 bean salad 5.4	sanitarium up & go 250ml 2.6
chicken caesar wrap 5.5	<b>Tuesday</b>	iced tea 500ml 4.1
sweet chilli chicken & salad wrap 5.4	pasta bolognese 5.7	deep spring mineral water 500ml 3.8
blt & avocado baguette 5.4	tandoori chicken thighs 5.7	vitamin water 4.1
falafel with tabouli and tzatziki wrap 5.4	toasted chicken cheese avo 5.4	
<b>focaccias</b>	<b>Wednesday</b>	
ham, cheese, tomato, honey mustard 5.4	the Kaf special fried rice 5.4	
bacon, avocado, tomato, cheese 5.4	chicken & basil pesto bake 5.7	
chicken, cheese, bacon, bbq sauce 5.4	salami and cheese pizza 5.2	
	<b>Thursday</b>	
	beef tortellini with napoli sauce 5.7	
	chicken burrito with rice 5.7	
	sweet potato bowl w/ boiled egg & haloumi 5.7	
	<b>Friday</b>	
	sticky pork stir fry 5.7	
	oven baked fish & wedges 5.7	
	vegetarian pizza 5.2	



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