



daily

potato top beef pie	4.3
beef pie	4.2
cheese & spinach roll	4.2
sausage roll	3.1
chicken wedges (3)	3.2
potato wedges	2.6
sweet potato chips	3.6
garlic bread	2.5
noodle cups	2.5

first break

bircher Muesli	4.1
cheeseburger	4.5
chicken cheese & mayo burger	4.6
nachos	4.1
hotdog with cheese & sauce	3.8
hotdog with sauce	3.5
mini chicken snack wrap	2.5

wraps & baguettes

roast beef, tomato relish & salad wrap	5.4
tandoori chicken wrap	5.4
chicken caesar wrap	5.5
sweet chilli chicken & salad wrap	5.4
blt & avocado baguette	5.4
falafel with tabouli and tzatziki wrap	5.4

focaccias

ham, cheese, tomato, honey mustard	5.4
bacon, avocado, tomato, cheese	5.4
chicken, cheese, bacon, bbq sauce	5.4

healthy salads & snacks

fruit salad	4.0
seasonal fruit pieces	1.5
yoghurt berry & muesli	4.0
housemade Protein balls	2.6
sushi rolls - wed to fri	3.5
roast pumpkin and fetta salad	5.4
greek salad	5.4
chicken caesar salad	5.4

sandwiches

cheese	3.0
ham & cheese	3.9
ham, cheese, tomato	4.4
chicken, lettuce, mayo	4.4
chicken, lettuce, avocado	4.4
egg, lettuce, mayo	3.9

second break main meals

Monday

cheese & spinach ravioli	5.7
ham & pineapple pizza	5.2
mighty 3 bean salad	5.4

Tuesday

pasta bolognese	5.7
tandoori chicken drumsticks	5.2
toasted chicken cheese avo	5.4

Wednesday

mild beef curry	5.7
chicken & basil pesto bake	5.7
salami and cheese pizza	5.2

Thursday

shepherds pie	5.7
chicken burrito with rice	5.7
sweet potato bowl w/ boiled egg & haloumi	5.7

Friday

sticky pork stir fry	5.7
oven baked fish & wedges	5.7
vegetarian pizza	5.2

sweet treats

jelly cups	2.0
chocolate mousse	2.0
sweet muffin	3.5
large cookie	3.4
banana bread	3.2
red rock chips (from)	1.5
grain wave chips (from)	1.5
icy pole	1.6
billabong	2.0
lifesavers	2.4
milos scoop shake	3.0

beverages

mount franklin water 400ml	2.5
mount franklin water 600ml	3.0
pump flavoured water 750ml	4.2
fruit box fruit drink 250ml	2.3
keri juice 350ml	3.5
plain milk 300ml	2.0
classic flavoured milk (from)	2.6
sanitarium up & go 250ml	2.6
Iced tea 500ml	4.1
deep spring mineral water 500ml	3.8
vitamin water	4.1



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