



ENRICHMENT CLASSES

To complement the academic and sporting program a number of Enrichment Classes are available either before or after school.

BOOKINGS OPEN AT 1PM NEXT TUESDAY 24th SEPTEMBER VIA THIS LINK:

<https://www.trybooking.com/BFPGS> or <https://www.trybooking.com/555170>

IMPORTANT! When registering your child please ensure they are in the appropriate year group as indicated for the class they are enrolling as there will be **NO** refunds offered.

Children not collected on time from Shadforth Street will be signed into ASC at a casual rate. Any other arrangements must be made in writing to the school.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tennis Coaching Years K to 2 7:00-8:00am	Tennis Coaching Years 3 & 4 7:00-8:00am	Intermediate – Advanced Swim Squad Years 2 to 6 7:15-8:15am	Double Dutch Top Dogs 7:30-8:15am	Tennis Coaching Years 5 & 6 7:00-8:00am
Tag Rugby Years 3 & 4 7:15-8:15am	Paint a Christmas Canvas Years 1 & 2 2:50-4:00pm	Hard Hitting Handball Years 3 to 6 7:15-8:15am	Chess for Beginners Years 1 and up 7:45-8:20am	Intermediate – Advanced Swim Squad Years 2 to 6 7:15-8:15am
Fencing Years 1 to 3 2:50-4:05pm	Homework Tutorial Years 3 to 6 3:00-4:15pm	Senseball (Football) Skills Years 4 to 6 7:15-8:15am	Fencing Years 4 to 6 3:00-4:15pm	Tag Rugby Years 1 & 2 7:15-8:15am
Hard Hitting Handball Years 3 to 6 3:10-4:10pm	Double Dutch Slush Puppies 3:00-3:45pm	Brazilian Futsal Years K to 2 2:50-3:50pm	Paint a Christmas Canvas Years 3 & 4 3:00-4:00pm	Advanced Chess 3:05-4:05pm
		Hey Presto Magic Year 5 & 6 3:00-4:10pm		



ENRICHMENT CLASSES

MONDAY

CLASS	Tennis Coaching	TIME	7:00-8:00am
YEARS	K to 2	LOCATION	Tennis Courts
MAX. BOYS	10	DURATION	6 weeks
COMMENCES	Mon 21 October	CONCLUDES	Mon 25 November
TEACHER	Perry Craft	COST	\$150

Hot Shots Tennis is a national Tennis Australia program that utilises modified courts and tennis balls to allow kids of all ages and skill level to play the game. The experienced staff at River Road Tennis Centre, Lane Cove will be on site at Mosman Preparatory School to offer tennis lessons to students of the school. Students are separated into appropriate level groups and receive coaching as well as an introduction to match play! These classes are aimed at all levels of experience and ability.

CLASS	Tag Rugby	TIME	7:15-8:15am
YEARS	Years 3 & 4	LOCATION	Large Hall
MAXIMUM BOYS	15 (min 8)	DURATION	6 Weeks
COMMENCES	Mon 21 October	CONCLUDES	Mon 25 November
TEACHER	Tom Hughes	COST	\$138

Come and play Flag (non-contact) Rugby where everyone gets to run, catch, tag, pass and score! Dash down the gym, sidestep defenders, dart through gaps and work with your team-mates to reach the try line. This exciting and dynamic sport will involve lots of fun tagging, evasion and team-invasion games while learning all the basic fundamentals. Absolutely no rugby experience is required.

CLASS	Fencing	TIME	2:50-4:05pm
YEARS	1 to 3	LOCATION	Large Hall
MAX. BOYS	10	DURATION	6 weeks
COMMENCES	Mon 21 October	CONCLUDES	Mon 25 November
TEACHER	Alex Andre	COST	\$144

Fencing combines agility, athleticism with technical skill and lightning fast tactical decision making. Fencing is a workout for the mind as well as for the body. Modern safety equipment ensures this sport is safe and all equipment supplied.

CLASS	Hard Hitting Handball	TIME	3:10-4:10pm
YEARS	3 to 6	LOCATION	Undercroft
MAX. BOYS	18	DURATION	6 weeks
COMMENCES	Mon 21 October	CONCLUDES	Mon 25 November
TEACHER	Sam Bainbridge	COST	\$112

Our handball enrichment program is run by people who compete in handball tournaments and know the sport well. The boys will be taught the rules and skills of the game of Handball as well working to improve fitness, coordination, reflexes and good sportsmanship. Handball is a fun sport that can be played by anyone of any skill or level of experience. All are encouraged to join us in a fun, competitive and friendly environment.



ENRICHMENT CLASSES

TUESDAY

TUESDAY			
CLASS	Tennis Coaching	TIME	7:00-8:00am
YEARS	3 & 4	LOCATION	Tennis Courts
MAX. BOYS	10	DURATION	6 weeks
COMMENCES	Tues 22 October	CONCLUDES	Tues 26 November
TEACHER	Perry Craft	COST	\$150
<p>Hot Shots Tennis is a national Tennis Australia program that utilises modified courts and tennis balls to allow kids of all ages and skill level to play the game. The experienced staff at River Road Tennis Centre, Lane Cove will be on site at Mosman Preparatory School to offer tennis lessons to students of the school. Students are separated into appropriate level groups and receive coaching as well as an introduction to match play! These classes are aimed at all levels of experience and ability.</p>			
CLASS	Paint a Christmas Canvas	TIME	2:50-4:00pm
YEARS	1 & 2	LOCATION	Art Room
MAX. BOYS	10	DURATION	6 weeks
COMMENCES	Tues 22 October	CONCLUDES	Tues 26 November
TEACHER	Xina Crowther	COST	\$120
<p>Paint and create Christmas gifts. Boys will develop brush skills and fine motor control as the paint slides on the canvas. Great opportunity to enjoy the process of painting.</p>			
CLASS	Homework Tutorial	TIME	3:00-4:15pm
YEARS	3 to 6	LOCATION	Library & 2A
MAXIMUM BOYS	16	DURATION	6 Weeks
COMMENCES	Tues 22 October	CONCLUDES	Tues 26 November
TEACHER	Lisa Maiden & Genevieve Anderson	COST	\$96
<p>Homework tutorials are provided by teaching staff that assist with homework contracts, revision of lessons, homework difficulties and personal organisation.</p>			
CLASS	Double Dutch	TIME	3:00-3:45pm
YEARS	Years 1 to 3	LOCATION	Undercroft
MAXIMUM BOYS	30	DURATION	6 Weeks
COMMENCES	Tues 22 October	CONCLUDES	Tues 26 November
TEACHER	Mark Saunders	COST	\$120
<p>This club is all about fitness, primarily involving skipping ropes, but also includes other fitness activities to develop strength and balance. The club is run by Mark Saunders, who is a qualified personal trainer and teacher of physical education with over 16 years' experience. Boys are required to wear their P.E. uniform.</p>			



ENRICHMENT CLASSES

WEDNESDAY & FRIDAY

CLASS	Intermediate-Advanced Swim Squad	TIME	7:15-8:15am
YEARS	2 to 6	LOCATION	Mosman Swim Centre
MAX. BOYS	30 (3 lanes)	DURATION	6 weeks
COMMENCES	Wed 23 October	CONCLUDES	Fri 29 November
TEACHER	Shaun Michell(Wed) & Jo Downie(Fri)	COST	\$180

The Swim Program is not a 'learn to swim' Program. It is suitable for intermediate to advanced swimmers only. Boys will be introduced to squad training and more challenging training sets and racing skills. These squads are available for boys in Years 2-6. ** Boys will be transported to school after the session by School bus but will need to be dropped off at the pool.

WEDNESDAY

CLASS	Hard Hitting Handball	TIME	7:15-8:15am
YEARS	3 to 6	LOCATION	Undercroft
MAX. BOYS	12	DURATION	6 weeks
COMMENCES	Wed 23 October	CONCLUDES	Wed 27 November
TEACHER	Sam Bainbridge	COST	\$112

Our handball enrichment program is run by people who compete in handball tournaments and know the sport well. The boys will be taught the rules and skills of the game of Handball as well working to improve fitness, coordination, reflexes and good sportsmanship. Handball is a fun sport that can be played by anyone of any skill or level of experience. All are encouraged to join us in a fun, competitive and friendly environment.

CLASS	Senseball (Football) Skills	TIME	7:15-8:15am
YEARS	4 to 6	LOCATION	Large Hall
MAX. BOYS	15	DURATION	6 weeks
COMMENCES	Wed 23 October	CONCLUDES	Wed 27 November
TEACHER	Luka Hrzina	COST	\$138

Students involved in a brain centered approach to football development. Cognitive readiness will be achieved through the practise of Senseball skills and cognitive based drill exercises, focusing on multi-tasking, synchronisation and team building. All lessons finish with fun small sided games.

<https://vimeo.com/211604984>

CLASS	Brazilian Futsal	TIME	2:50-3:50pm
YEARS	K to 2	LOCATION	Large Hall
MAX. BOYS	14	DURATION	6 weeks
COMMENCES	Wed 23 October	CONCLUDES	Wed 27 November
TEACHER	Roberto Oktoi	COST	\$108

This class will focus on the basic introductory skills needed for Soccer whilst having lots of fun and learning to play with flair and enjoyment. Our program will help children in all areas like co-ordination, agility, balance, controlling a soccer ball and playing in a team environment.



ENRICHMENT CLASSES

WEDNESDAY

CLASS	Hey Presto Magic	TIME	3:00-4:10pm
YEARS	5 & 6	LOCATION	Library
MAXIMUM BOYS	10	DURATION	6 Weeks
COMMENCES	Wed 23 October	CONCLUDES	Wed 27 November
TEACHER	TBA	COST	\$210

Hey Presto Magic Studio have seen that children between the ages of 10-16 years have a strong interest in card magic and cardistry (card art). Magic is a great way for children to engage their sense of wonder and curiosity. Magic is not about tricks, magic is a performance art. Magic teaches you presentation, performance and timing. You learn to make eye contact, project your voice and even the psychology of how people think. Magic encourages a person to problem solve and think up new ideas.

THURSDAY

CLASS	Double Dutch	TIME	7:30-8:15am
YEARS	3 to 6	LOCATION	Undercroft
MAX. BOYS	30	DURATION	6 weeks
COMMENCES	Thurs 24 October	CONCLUDES	Thur 28 November
TEACHER	Mark Saunders	COST	\$120

This club is all about fitness, primarily involving skipping ropes, but also includes other fitness activities to develop strength and balance. The club is run by Mark Saunders, who is a qualified personal trainer and teacher of physical education with over 16 years' experience.

CLASS	Chess for Beginners	TIME	7:45-8:20am
YEARS	1 and up	LOCATION	ASC Room
MAX. BOYS	20	DURATION	6 weeks
COMMENCES	Thurs 24 October	CONCLUDES	Thur 28 November
TEACHER	Sally Clinton & Chess Master	COST	\$96

Chess exercises the mind and promotes self-discipline and creative thought. This class will be run with a professional Chess Master.

CLASS	Fencing	TIME	3:00-4:15pm
YEARS	4 to 6	LOCATION	Large Hall
MAX. BOYS	10	DURATION	5 weeks
COMMENCES	Thurs 24 October	CONCLUDES	Thur 28 November
TEACHER	Alex Andre	COST	\$120

Fencing combines agility, athleticism with technical skill and lightning fast tactical decision making. Fencing is a workout for the mind as well as for the body. Modern safety equipment ensures this sport is safe and all equipment supplied. Please Note: **Alex is unable to run the class on Thursday 14th November so this enrichment class will only run for 5 weeks.**



ENRICHMENT CLASSES

THURSDAY

CLASS	Paint a Christmas Canvas	TIME	3:00-4:00pm
YEARS	3 & 4	LOCATION	Art Room
MAX. BOYS	10	DURATION	6 weeks
COMMENCES	Thurs 24 October	CONCLUDES	Thur 28 November
TEACHER	Xina Crowther	COST	\$120

Paint and create Christmas gifts. Boys will develop brush skills and fine motor control as the paint slides on the canvas. Great opportunity to enjoy the process of painting.

FRIDAY

CLASS	Tennis Coaching	TIME	7:00-8:00am
YEARS	5 & 6	LOCATION	Tennis Courts
MAX. BOYS	8	DURATION	6 weeks
COMMENCES	Fri 25 October	CONCLUDES	Fri 29 November
TEACHER	Perry Craft	COST	\$150

Hot Shots Tennis is a national Tennis Australia program that utilises modified courts and tennis balls to allow kids of all ages and skill level to play the game. The experienced staff at River Road Tennis Centre, Lane Cove will be on site at Mosman Preparatory School to offer tennis lessons to students of the school. Students are separated into appropriate level groups and receive coaching as well as an introduction to match play! This classes are aimed at all levels of experience and ability.

CLASS	Tag Rugby	TIME	7:15-8:15am
YEARS	Years 1 & 2	LOCATION	Large Hall
MAXIMUM BOYS	13 (min 8)	DURATION	6 Weeks
COMMENCES	Fri 25 October	CONCLUDES	Fri 29 November
TEACHER	Tom Hughes	COST	\$138

Come and play Flag (non-contact) Rugby where everyone gets to run, catch, tag, pass and score! Dash down the gym, sidestep defenders, dart through gaps and work with your team-mates to reach the try line. This exciting and dynamic sport will involve lots of fun tagging, evasion and team-invasion games while learning all the basic fundamentals. Absolutely no rugby experience is required.

CLASS	Advanced Chess	TIME	3:05-4:05pm
YEARS	Advanced chess players only	LOCATION	ASC Room
MAX. BOYS	20	DURATION	6 weeks
COMMENCES	Fri 25 October	CONCLUDES	Fri 29 November
TEACHER	Erin Battle & Chess Master	COST	\$96

Chess exercises the mind and promotes self-discipline and creative thought.