Melbourne Archdiocese Catholic Schools

# Mazenod College Anaphylaxis Management Policy

Melbourne Archdiocese Catholic Schools

MAZENOD COLLEGE

## 1. Introduction

Melbourne Archdiocese Catholic Schools Ltd (**MACS**) is a company limited by guarantee established in 2021 by the Archbishop of the Catholic Archdiocese of Melbourne to assume the governance and operation of MACS schools across the Archdiocese of Melbourne. MACS subsequently established Melbourne Archdiocese Catholic Specialist Schools Ltd (**MACSS**) to provide educational services to children with diverse needs and Melbourne Archdiocese Catholic Schools Early Years Education (**MACSEYE**) to provide early years care and education services.

The Statement of Mission in the MACS Constitution, and the constitutions of its subsidiaries, MACSS and MACSEYE, sets out the Archbishop's expectations of Catholic schooling in the Archdiocese and provides an important context and grounding for the company and the direction which the MACS Board must always observe in the pursuit of the company's objects.

The Board must ensure that all policies and procedures concerning the operations of MACS, and its subsidiaries are consistent with the Statement of Mission and company objects, as well as any directions issued by the Archbishop from time to time.

## 2. Purpose

Mazenod College is a school which operates with the consent of the Catholic Archbishop of Melbourne and is owned, operated and governed by Melbourne Archdiocese Catholic Schools Ltd (MACS).

This policy aligns with the *Anaphylaxis Management Policy for MACS Schools* and ensures that Mazenod College provides, as far as practicable, safe and supportive environments in which students at risk of anaphylaxis receive reasonable adjustments that enable them to fully participate in school programs and activities.

## 3. Scope

This policy applies to the following people in our school:

- the principal, all staff including volunteers and casual relief staff (**staff**)
- students who have been diagnosed by a medical practitioner as having a medical condition that relates to allergy and the potential for anaphylactic reaction, where the school has been notified of that diagnosis
- parents and carers of students who have been diagnosed by a medical practitioner as having a medical condition that relates to allergy and the potential for anaphylactic reaction.

## 4. Principles

The following principles underpin this policy:

- MACS seeks to ensure the safety and wellbeing of all students whilst at school.
- The principal and all staff work with parents and carers to ensure, as far as practicable, that the needs of children at risk of anaphylaxis will be considered, mitigated and minimised during school activities.
- The principal and all staff take reasonable steps to reduce and manage risks to students with anaphylaxis in the school environment and at school-approved activities.
- The principal, at all times, ensures the school complies with *Ministerial Order 706: Anaphylaxis Management in Victorian Schools and School Boarding Premises* and the associated *Anaphylaxis Guidelines* as published and amended by the Department of Education from time to time.

# 5. Ministerial Order 706 – School requirements

Mazenod College] will fully comply with *Ministerial Order 706: Anaphylaxis Management in Victorian Schools and School Boarding Premises* (MO 706) and the associated *Anaphylaxis Guidelines* (Guidelines) as published and amended by the Department of Education (DE) from time to time to support the implementation of MO 706.

The principal, at all times, has the overall responsibility to comply with and implement the requirements of MO 706 and the associated Guidelines. The principal may allocate tasks under MO 706 to other staff at the school, such as the assistant principal or other appropriate school staff members, as outlined in this policy. Where the principal has allocated tasks to other staff, the principal retains final oversight of all responsibilities under MO 706.

The principal works collaboratively with parents and carers to ensure the timely provision of up-to-date Australasian Society of Clinical Immunology and Allergy (ASCIA) Action Plan for Anaphylaxis (RED), in accordance with MO 706, for each student diagnosed with a medical condition that relates to allergy and the potential for anaphylactic reaction.

# 6. Individual Anaphylaxis Management Plan and ASCIA Action Plan for Anaphylaxis (RED)

## 6.1. Individual Anaphylaxis Management Plan (IAMP)

The principal is responsible for ensuring that every student at the school diagnosed with a medical condition that relates to allergy and the potential for anaphylactic reaction has an Individual Anaphylaxis Management Plan (IAMP) developed using the approved MACS template: The IAMP must be in place as soon as practicable after the student enrols at the school, and where possible before the student's first day of attendance at the school.

Each student's IAMP is completed by the school in consultation with the student's parents and carers and includes:

- information about the medical condition that relates to allergy and the potential for anaphylactic reaction, including the type of allergy or allergies the student has (based on a written diagnosis from a medical practitioner)
- strategies that will be implemented by the school to minimise the risk of exposure to known and notified allergens while the student is under the care or supervision of school staff, for settings in and out of the school, including in the school yard, at camps and excursions, or at special events conducted, organised or attended by the school
- whether the student can self-administer their medication
- the name of the person/s responsible for implementing the risk minimisation/prevention strategies
- information on where the student's medication will be stored
- the student's emergency contact details
- a copy of the action plan for anaphylaxis in an ASCIA-approved Action Plan for Anaphylaxis (RED) template completed and signed by a medical practitioner provided by the parents and carers.

### Reviewing the IAMP

The principal is responsible for ensuring that each student's IAMP is reviewed in consultation with their parents and carers in all the following circumstances:

- annually
- if the student's medical condition changes as it relates to allergy and the potential for anaphylactic reaction
- as soon as is practicable after the student has an anaphylactic reaction at school

- when the student is to participate in an off-site activity such as camps and excursions, or at special events conducted, organised or attended by the school (e.g. class parties, elective subjects, cultural days, fetes, incursions, Mission Action Day, Mother's Day and Father's Day Breakfasts and Grandparent days).

## 6.2. ASCIA Action Plan for Anaphylaxis (RED)

The principal is responsible for ensuring that a copy of the signed ASCIA Action Plan for Anaphylaxis (RED) is held by the school for every student diagnosed with a medical condition related to allergy and at risk of anaphylactic reaction. This plan must be provided by the parents and carers and retained by the school together with the student's IAMP.

Each student's ASCIA Action Plan for Anaphylaxis (RED) must:

- outline the student's severe allergies and the steps to take in the event of an anaphylactic reaction
- include designated fields for medical information and a current photograph, which must be completed by the student's medical practitioner or nurse practitioner. As a formal medical document, these sections cannot be completed by parents, carers or school staff
- be updated according to the review date specified by the student's doctor or nurse practitioner, identified on the current plan. If there is no change in the student's allergy, the plan is updated by the date specified by the student's medical practitioner or nurse practitioner on the current plan. This typically occurs every 12 to 18 months, in line with the student's medical review and renewal of their adrenaline prescription.

## 6.3. Parent and carer responsibilities

The principal is responsible for working collaboratively with parents and carers to ensure they understand and fulfil their responsibilities to:

- provide the school with a copy of their child's current ASCIA Action Plan for Anaphylaxis (RED) signed by the student's medical practitioner or nurse practitioner and:
  - include an up-to-date photo of their child for the ASCIA Action Plan for Anaphylaxis (RED) when that plan is provided to the school or provider of school boarding services and when it is reviewed
  - promptly inform the school in writing of any changes to their child's allergy-related medical condition and, where applicable, provide an updated ASCIA Action Plan for Anaphylaxis (RED) with an updated photo whenever the plan is reviewed. The principal is responsible for ensuring that updated documentation or medication is obtained from parents and carers as required, in accordance with the school's Communication plan (as outlined at (12))
- supply the school with an adrenaline device that is current and not expired for their child and replace the prescribed medication and/or adrenaline device before its expiry date
- participate in a Program Support Group (PSG) meeting as required, to review and update the child's IAMP based on medical advice
- provide an ASCIA Travel Plan for People at Risk of Anaphylaxis prepared by a registered medical practitioner, as well as an ASCIA Action Plan for Anaphylaxis (RED), when the student is attending a school-related excursion, camp or travel involving an aeroplane.
- Parents are communicated to via the Health Centre staff or the administrative assistant of the Deputy Principal (Students). Communications can be via email, letter or phone.

***Table 1: Summary of documentation and medication required for anaphylaxis management***

| Document or equipment | Who provides/ creates it? | Who signs it? | When? |
|---|---|---|---|
| ASCIA Action Plan for Anaphylaxis (RED) along with updated photo | Parents and carers | Doctor, Nurse Practitioner | At diagnosis, by the date specified on the student's ASCIA plan – in line with the |

| Document or equipment | Who provides/ creates it? | Who signs it? | When? |
|---|---|---|---|
| | | | student's medical review annually, before excursions and camps, as required. |
| Individual Anaphylaxis Management Plan (IAMP) | School | Principal/principal nominee, parents and carers | At diagnosis, annually, before a school-related excursion, camp or travel and if the student has an anaphylactic reaction at school. |
| Medication (EpiPen®, Anapen®, etc.) | Parents and carers | N/A, as prescribed in the ASCIA Action Plan for Anaphylaxis (RED) | At diagnosis, at the time of use or before expiry date (usually within 12–18 months). |
| ASCIA Travel Plan for People at Risk of Anaphylaxis | Parents and carers | Doctor, Nurse Practitioner | Before going on a school-related excursion, camp or travel involving an aeroplane. |

# 7. Anaphylaxis and Allergy Register

The principal is responsible for ensuring that a register of students identified as having a medical condition that relates to allergy and the potential for anaphylactic reaction is accurately maintained, kept up-to-date and regularly communicated to all staff. The register must be easily accessible to all staff at all times, including during emergencies.

**Register of students with anaphylaxis**

- The register of students with anaphylaxis is published on the Health Centre Tile of Mazcom, which all staff are provided access. This information is also shared with the Chartwell's canteen staff and for general use in classes, a symbol is used on the student roll that informs the teacher or Casual Relief Teacher that an anaphylactic student is in the cohort.
- The nursing staff will be responsible for maintain the register of Students with anaphylaxis

# 8. Location of IAMPs, ASCIA Action Plans for Anaphylaxis (RED) and Adrenaline Autoinjectors for General Use

The principal is responsible for ensuring that:

- all school staff are informed of the location of student IAMPs and ASCIA Action Plans for Anaphylaxis (RED) during normal school activities including in the classroom, the school yard, all school buildings and sites including gymnasiums and halls
- this information is accessible during excursions, camps and any special events conducted, organised or attended by the school
- if a student is participating in domestic or overseas travel, the ASCIA Travel Plan for People at Risk of Anaphylaxis is completed by a registered medical practitioner.

## 8.1. Location, storage and accessibility of adrenaline autoinjectors

The principal is responsible for ensuring that:

- a sufficient supply of adrenaline autoinjectors for general use are purchased at the expense of the school, no prescription is necessary
- adrenaline autoinjectors for general use are stored in multiple, clearly labelled locations around the school, including the sick bay or first aid room, and portable first aid kits, as required
- adrenaline autoinjectors for general use are replaced immediately after use or upon expiry; whichever occurs first. (Expiry dates are usually within 12–18 months).

At our school, adrenaline autoinjectors for general use serve as a back-up to those supplied by parents and carers for individual students. These adrenaline autoinjectors may also be required in

emergencies for another student who has not previously been diagnosed by a medical practitioner as having a medical condition that relates to allergy and the potential for anaphylactic reaction.

## 8.2. Determining minimum adrenaline autoinjector requirements

The principal is responsible for determining the number and type of adrenaline autoinjectors for general use required by the school. In making this decision, the principal will consider:

- the number of students enrolled at the school who have been diagnosed by a medical practitioner as having a medical condition that relates to allergy and the potential for anaphylactic reaction, where the school has been notified of that diagnosis, and the type and accessibility of the adrenaline device supplied by parents and carers for each student
- the number of and location of storage points across the school, including the school yard
- the frequency and nature of school-approved off-site activities, such as excursions, camps and special events
- the expiry period of the different brands of adrenaline autoinjectors for general use (usually 12–18 months)
- the type and brand of adrenaline autoinjectors for general use, considering:
  - available brands in Australia registered with the Therapeutic Goods Administration (TGA) (EpiPen®, EpiPen Jr®, Anapen 500®, Anapen 300® and Anapen Jr®, Jext® and Neffy® (nasal spray)). All devices can be used when provided by parents and carers for students, however, the principal can only purchase EpiPen®, Anapen® or Jext® autoinjectors for general use
  - types suitable for emergency use
  - brands that are widely accessible and do not require a prescription.
  - Mazenod provides EpiPens as general use autoinjector

## 8.3. Storage requirements

The principal is responsible for ensuring that adrenaline autoinjectors for general use purchased by the school and adrenaline devices supplied by parents and carers are stored in a cool dark place at room temperature, which is defined as between 15 and 25 degrees Celsius. Where these temperatures cannot be maintained, ASCIA recommends storing the device in an insulated wallet. Students who have been approved to self-administer, may choose to keep their prescribed adrenaline home kit device on them.

The School Anaphylaxis Supervisors are responsible for ensuring that all school staff are familiar with the locations, storage and accessibility of adrenaline devices in the school, including those purchased for general use.

## 8.4. When to use an adrenaline autoinjector for general use

The principal is responsible for ensuring that adrenaline autoinjectors for general use are used under the following circumstances:

- a student's prescribed adrenaline device does not work, is misplaced, misfires, has accidentally been discharged, is out of date or has already been used
- a student previously diagnosed with a mild or moderate allergy who was not prescribed an adrenaline device has their first episode of anaphylaxis
- when instructed by a medical officer after calling 000
- a first time reaction is to be treated with adrenaline or on the advice offered by calling 000.

Where school staff are in doubt, the student will be given the adrenaline device as per the ASCIA Action Plan for Anaphylaxis (RED) and in alignment with the ASCIA First Aid Plan for Anaphylaxis.

## 8.5. Self-administration

The decision as to whether a student may carry their own home kit adrenaline device is made during the development of the student's IAMP, in consultation with the student, the parents and carers and the student's medical practitioner or nurse practitioner.

If a student is ordinarily capable of self-administering their adrenaline device, they may sometimes be unable to do so during a severe reaction. In such cases, school staff must administer the adrenaline device to the student as part of their duty of care.

If a student self-administers an adrenaline device:

- one member of school staff should supervise and monitor the student at all times
- another member of school staff should immediately contact an ambulance (000).

If a student carries their own adrenaline device, the school will keep a second adrenaline device (supplied by the parents and carers) in an easily accessible, unlocked location known to all school staff.

**Location of IAMPs, ASCIA Action Plans for Anaphylaxis (RED) and adrenaline devices**

School to add school-specific details:

- Locations of IAMPs with ASCIA Action Plans for Anaphylaxis (RED).
  Mazenod College Health Centre
- Locations of adrenaline devices (both student supplied and those purchased for general use).
  - ❖ Student devices are kept on the student's person as well as a individual student device being stored in the Health Centre.
  - ❖ Spare devices are available in every first aid kit that is taken for an offsite activity
  - ❖ Autoinjectors can be found in these areas:
    Health Centre
    Provence Centre
    Founders Complex
    Reception
    Canteen
    Food Tech Room
    O'Rourke Complex
    Chapel
- Procedures for camps, excursions and special activities: refer to *Off-site Risk Management Checklist for Schools* can be found at this link
- Self-administration specific information can be found in a Students approved in their IAMP.

# 9. Staff training

The principal is responsible for ensuring that:

- reasonable steps are taken to ensure that all school staff have adequate knowledge and training about allergies, anaphylaxis and the school's expectations in responding to an anaphylactic reaction
- all school staff successfully complete an anaphylaxis management training course (either online in the last two years or face-to-face in the last three years) if they:
  - conduct classes attended by students with a medical condition relating to allergy and the potential for anaphylactic reaction, or
  - are specifically identified and requested to do so by the principal, based on the principal's assessment of the risk of an anaphylactic reaction occurring while a student is under that staff member's care, authority or supervision. For example, those teaching health and physical education, attending school camps or who are new to the school that require training

- volunteers and regular casual relief teachers (CRT) receive appropriate anaphylaxis training during induction sessions, when any student who has been diagnosed by a medical practitioner as having a medical condition that relates to allergy and the potential for anaphylactic reaction, where the school has been notified of that diagnosis, enrol in the school, or when the IAMP for current students are changed. CRTs who are not regular at the school are informed about any at risk students attending their classes or as relevant to the duties assigned to the CRT. This includes informing them of the location of the IAMPs and adrenaline devices both student-supplied and those purchased by the school for general use throughout the school
- staff training takes place as soon as practicable after a student at risk of anaphylaxis enrols and, where possible, before the student's first day at school
- all staff participate in twice yearly anaphylaxis management staff briefings including information set out by the DE for use in Victorian schools, with one briefing at the commencement of the school year
- where the school has been notified and if for any reason the staff training and the required briefing have not yet occurred, the principal is responsible for ensuring that an interim plan is developed, in consultation with parents and carers, of any student who has been diagnosed by a medical practitioner as having a medical condition that relates to allergy and the potential for anaphylactic reaction, and training must occur as soon as possible thereafter. When preparing the interim plan, the principal will also consider consulting the School Anaphylaxis Supervisor, the school nurse (if applicable) and the student's treating medical practitioner.

## 9.1. Staff training options

The principal is responsible for ensuring that relevant staff have access to training. The following training is provided:

Face-to-face anaphylaxis management course – *Course in First Aid Management of Anaphylaxis 22578VIC* provided by any Registered Training Organisation may be completed every three years by school staff as determined by the principal. or

Online training provided by ASCIA, which is completed every two years.

## 9.2. Twice yearly staff briefings

The principal is responsible for ensuring that School Anaphylaxis Supervisors or another staff member who has successfully completed an anaphylaxis management training course referred to in MO706 in the two years prior, lead all staff in twice yearly staff briefings on anaphylaxis management, with one held at the start of the school year. The school uses the Anaphylaxis management briefing presentation template, including the facilitator guide and presentation for briefings on the DE website: Resources page. The staff briefings will include information on:

- the school's Anaphylaxis Management Policy
- the causes, symptoms and treatment of anaphylaxis
- the identities of students, where the school has been notified, who have been diagnosed by a medical practitioner as having a medical condition that relates to allergy and the potential for anaphylactic reaction and the location of their IAMP and their medication/s
- how to use an adrenaline autoinjector, including hands-on demonstration with an adrenaline autoinjector trainer device (which does not contain adrenaline)
- the school's general first aid and emergency procedures
- the location of and access to the adrenaline devices supplied by parents and carers for individual student use
- the location of and access to the adrenaline autoinjectors that the school has purchased for general use
- information on staff anaphylaxis training and renewal requirements and how to access ongoing support and training.

The principal is responsible for establishing clear expectations regarding anaphylaxis training requirements, the processes for completing training and the systems for maintaining training records, including assigning responsibility for record-keeping.

The Nursing Staff conducts twice yearly Anaphylaxis Briefings in each of the semesters of the school year.

- Staff training is undertaken in PD time that occurs after the students have broken up in Term 4. The College contracts Livcor to train all staff in anaphylaxis and First Aid during this time.
- Training records for Anaphylaxis are stored on EMS360 and staff compliance is monitored by the Administrative Assistants to the Deputy Principal Staff
- Arrangement for the twice-yearly briefings will be conducted by a member of the College nursing team at either a Wednesday Morning Briefing or a General Staff Meeting

## 9.3. School Anaphylaxis Supervisors

The principal is responsible for ensuring that each school campus appoints two staff members to perform the role of School Anaphylaxis Supervisors. These supervisors will be authorised to sign ASCIA certificates for staff within their campus/school.

### Eligibility requirements

To be eligible for the role, staff must hold and maintain the following certifications:

- ASCIA anaphylaxis e-training course, completed every two years
- *Course in Verifying the Correct Use of Adrenaline Injector Devices 22579VIC*, completed every 3 years (provided by Hero)
  - staff must also have completed the ASCIA e-training course within the previous 12 months before enrolling
- *First Aid Management of Anaphylaxis 22578VIC*, completed every 3 years (provided by Hero).

### Device specific training requirements

On 1 September 2021, the Anapen® adrenaline (epinephrine) autoinjector was introduced into Australia for the treatment of anaphylaxis. School Anaphylaxis Supervisors must complete the Anapen® workshop when the school has a student enrolled with an ASCIA Action Plan for Anaphylaxis (RED) Anapen.

On 24 January 2026, the DE announced two additional adrenaline devices approved for emergency anaphylaxis treatment, both registered with the TGA and available in Australia from 2026:

- Neffy® adrenaline nasal spray
- Jext® adrenaline injector.

School Anaphylaxis Supervisors are required to complete an online workshop on Neffy® or Jext® devices if:

- their current *Course in Verifying the Correct Use of Adrenaline Injector Devices (22579VIC)* certificate has more than six months remaining before renewal; or
- the school has a student with an ASCIA Action Plan for Anaphylaxis (RED) specifying Neffy® or Jext® and the School Anaphylaxis Supervisor has not previously been trained in these devices.

School Anaphylaxis Supervisors who complete the *Course in Verifying the Correct Use of Adrenaline Injector Devices (22579VIC)* on or after the first day of Term 1, 2026 are not required to undertake the online workshop, as the updated course includes training specifying Neffy® and Jext®.

### Responsibilities

School Anaphylaxis Supervisors are responsible for:

- providing evidence of completed training to the principal or nominated staff member

- assessing and confirming correct use of adrenaline autoinjector (trainer) devices by staff completing ASCIA e-training
- sending reminders to staff and inform new staff about anaphylaxis training requirements
- liaising with the principal or the nominated staff member to ensure training records are maintained
- providing access to adrenaline autoinjector (trainer) devices for staff practice
- offering advice and guidance to staff on allergy and anaphylaxis management, as needed
- collaborating with parents and carers (and students where appropriate) to implement IAMPs
- where possible, lead the school's twice-yearly anaphylaxis briefing.

The School Anaphylaxis Supervisors are:
4 nursing staff – Nadine Forder, Kate Mitchell, Viv Shembri, Leanne Jelly
Tony Rolfe, Joanne Noone, Divya Shangari, Adrian Jones, Stacey Naottage, Jenna Dye

***Table 2: Summary of training requirements***

| Who | Training requirements | Additional requirements |
|---|---|---|
| Relevant school staff nominated by the principal | • Option 2: Face to face anaphylaxis management course every three years<br>AND<br>• Anaphylaxis management staff briefings twice yearly | For Option 1 only: School Anaphylaxis Supervisor must evaluate an individual's competency in administering an adrenaline autoinjector within 30 days of successful course completion. |
| School staff with a student with anaphylaxis in their class or as deemed required by the principal | • Option 2: Face to face anaphylaxis management course every three years<br>AND<br>• Anaphylaxis management staff briefings twice yearly | For Option 1 only: School Anaphylaxis Supervisor must evaluate an individual's competency in administering an adrenaline autoinjector within 30 days of successful course completion. |
| All school staff, including casual staff and volunteers | • Anaphylaxis management staff briefings twice yearly | |
| School Anaphylaxis Supervisor/s | • ASCIA e-training course<br>• Verifying the correct use of adrenaline injector devices 22579VIC<br>• First aid management of anaphylaxis 22578VIC<br>• EpiPen® (epinephrine) adrenaline autoinjector demonstration if there is a student enrolled with an ASCIA Action Plan for Anaphylaxis Red Anapen<br>• Anapen® (epinephrine) adrenaline autoinjector demonstration if there is a student enrolled with an ASCIA Action Plan for Anaphylaxis Red Anapen<br>• Online workshop on Neffy® adrenaline nasal spray and/or Jext® adrenaline injector if there is a student enrolled with an ASCIA Action Plan for Anaphylaxis (RED) specifying the use of a Neffy® or Jext® device (if previous training has not been completed) | • Minimum of two supervisors per school campus.<br>• Must sign ASCIA certificates for staff.<br>• Lead twice-yearly staff briefings. |

# 10. Risk minimisation and prevention strategies

The principal is responsible for ensuring that the Risk Minimisation Strategies for MACS Schools template is completed, regularly reviewed in light of information provided by parents and carers, and effectively implemented so that:

- risk minimisation and prevention strategies are applied across all relevant in-school and outside of school settings to prevent and reduce the risk of exposure to allergens
- the strategies in place actively reduce the likelihood of a student experiencing an anaphylactic reaction
- a sufficient number of trained school staff are present, in accordance with the MO 706 (refer to Staff training as outlined at (9)), whenever a student at risk of anaphylactic reaction is under the school's care or supervision, including outside normal class activities such as in the school yard, during camps and excursions, and at special events conducted, organised or attended by the school
- all staff are regularly reminded of their duty of care to take reasonable steps to protect students from reasonably foreseeable risks of injury, and understand that developing and implementing effective risk minimisation strategies is a critical component of this duty
- all school staff, parents and carers, students and the wider school community understand that risk minimisation is a shared, whole-school responsibility.

Schools may refer to the DE Resources page or the ASCIA Risk minimisation strategies for schools for suggested risk minimisation strategies and insert these in the table below.

Risk minimisation and prevention strategies at our school include but are not limited to the following school-specific settings:

| Settings | Minimisation and prevention strategies |
|---|---|
| Risk minimisation is particularly crucial in science laboratories<br>Classroom activities that require foods, food tech and the cafeteria. | Foods that contain allergens are discouraged and class activities and from experiments. If foods do contain possible allergens, then labels will specify what the ingredients are. Students are advised not to swap or share food. |
| Transitions between classes and breaks | Students are advised not to eat between classes, Students are educated in regards to procedures if a student is having an allergic reaction(Sit the individual down, get help from an adult or the nursing staff. |
| Food brought into school | Our school does not ban certain types of foods (e.g., nuts) as it is not practicable to do so and is not a strategy recommended by the DE or the Royal Children's Hospital as it can create complacency amongst staff and students, and it cannot eliminate the presence of all allergens.<br><br>However, our school avoids the use of nut-based products in all school activities, requests that parents and carers do not send those items to school if possible and the school reinforces the rules about not sharing and not eating foods provided from home. |
| Canteen - Chartwells | The school canteen does not sell nut-based products and all prepackaged foods that are sold contain a list of ingredients to alert the buyer of the presence of any allergens. There is a list of anaphylaxis students and there is an auto injector stored in the foyer of the canteen. |

| Settings | Minimisation and prevention strategies |
|---|---|
| Recess and lunchtimes | Students are encouraged not to share food products; Staff are advised as to where the closest autoinjector is while completing yard duties. |
| Before and after school where supervision is provided | Staff are informed of where the closest autoinjector would be. The Health Centre is kept open so that a student's IAMP and personalised device is accessible. |
| Special events including incursions, sports, cultural days, fetes or class parties, excursions and camps. | For special events at Mazenod food provided would be nut free. At Mission Action Day (a college fund raiser) all food sourced is either nut free or labelled so that students are aware of the ingredients. For Cultural activities staff are told that foods need to be nut free. On school camps all dietary requirements are sent to the venue, prior to the camp taking place. Students with this requirements are fed first so that there is little chance of cross contamination. Parents can supply their own food packs if they still have concerns. |

## 10.1. Annual Anaphylaxis Risk Management Checklist for Schools

The principal is responsible for ensuring that:

- the Annual Anaphylaxis Risk Management Checklist for Schools (DE template) is completed at the start of each year to monitor the school's compliance with MO 706 and any updates as published by the DE, MACS and the Victorian Catholic Education Authority (VCEA)
- the *Off-site Risk Management Checklist for Schools* is completed when determining requirements for activities such as excursions, camps and travel.

# 11. Emergency response to anaphylactic reaction

The principal is responsible for ensuring that:

- the school has clear and comprehensive first aid and emergency response processes in place that allows staff to react quickly if anaphylactic reaction occurs, for both in-school and outside of school settings
- there are sufficient trained staff present in accordance with MO 706 whenever students at risk are under the school's care or supervision
- Reviews are conducted to test the effectiveness of these processes.
- The principal is responsible for determining how appropriate communication with school staff, students, parents and carers, and the wider school community will occur in the event of an emergency about anaphylaxis. This includes ensuring the understanding that anaphylaxis is the most severe type of allergic reaction and should always be treated as a medical emergency. Anaphylaxis requires immediate treatment with adrenaline (epinephrine). If treatment with adrenaline is delayed, this can result in fatal anaphylaxis.

Copies of the ASCIA First Aid Plan for Anaphylaxis and Emergency Response to Anaphylactic Reaction are prominently displayed in relevant locations including:

- Staff rooms, corridors, and the College Canteen

## 11.1. Display of general and emergency plans

The principal is responsible for ensuring that this policy integrates with the school's general first aid and emergency response procedures. This includes:

- storing and displaying completed ASCIA Action Plans for Anaphylaxis (RED) and IAMPs in ways that allow staff to quickly and easily access them

- storing and posting the First Aid Plan for Anaphylaxis and the Emergency Response to Anaphylactic Reaction alongside adrenaline autoinjectors purchased for general use in all designated locations
- embedding anaphylaxis-specific steps into the school's general emergency response plan
- ensuring emergency drills include scenarios for anaphylaxis and that general use autoinjectors are accessible at Emergency Evacuation Points.
- keeping adrenaline autoinjectors purchased for general use stored with first aid kits and emergency response posters
- aligning incident reporting with the school's existing first aid and critical incident reporting
- displaying emergency procedures for anaphylaxis around the school for reference.

## 11.2. Responding to an incident

In the event of an anaphylactic reaction, staff must follow:

- student's ASCIA Action Plan for Anaphylaxis (RED)
- ASCIA First Aid Plan for Anaphylaxis
- Emergency Response to Anaphylactic Reaction and
- the Mazenod's general first aid procedures

**In all situations**

1. If safe to do so, lay the person flat, do not allow patient to stand or walk.
2. If breathing is difficult allow patient to sit
    - Be calm, reassuring
    - Do not leave them alone
    - Seek assistance from another staff member or a reliable student to locate the student's supplied adrenaline device or an adrenaline autoinjector for general use, the student's IAMP and ASCIA Action Plan for Anaphylaxis (RED).
3. Administer prescribed adrenaline device – note the time given and retain the used adrenaline device to give to ambulance paramedics.
4. Phone ambulance 000 (112 – mobile).
5. If there is no improvement or severe symptoms progress, further adrenaline doses may be given every five minutes (if another adrenaline autoinjector is available).
6. Phone emergency contact.

**If in doubt, give an adrenaline autoinjector**

If the student has not been previously diagnosed by a medical practitioner as having a medical condition that relates to allergy and the potential for anaphylactic reaction but appears to be having a severe allergic reaction, follow Steps 2–6 above.

**Immediate actions:**

- A staff member will remain with the student at all times.
- The student will be laid flat. They will not be allowed to stand or walk. If breathing is difficult, the student will be allowed to sit with their legs outstretched.
- Another staff member will immediately locate the student's adrenaline autoinjector and the student's IAMP and ASCIA Action Plan for Anaphylaxis (RED).

- The adrenaline device will be administered following the instructions in the student's ASCIA Action Plan for Anaphylaxis (RED). Where possible, only school staff with training in the administration of an adrenaline autoinjector will administer the student's adrenaline device. However, it is imperative that an adrenaline device is administered as soon as signs of anaphylaxis are recognised. If required, the adrenaline device will be administered by any person following the instructions in the student's ASCIA Action Plan for Anaphylaxis (RED).
- The student will not stand or be moved unless they are in further danger (for example, the anaphylactic reaction was caused by a bee sting, and the beehive is close by). The ambulance staff should transport the student by stretcher to the ambulance, even if symptoms appear to have improved or resolved. The student must be taken to the ambulance on a stretcher if adrenaline has been administered.

Completion of the Annual Anaphylaxis Risk Management Checklist for Schools (DE) will assist schools to contextualise this section, regarding local information for your school/each campus for Emergency Response:

- A complete and up-to-date list of students identified at risk of anaphylaxis is kept by the nursing staff and is published on Mazcom under the Anaphylactic Students tile which is situated in HEALTH CENTRE.
- Details of IAMPs and ASCIA Action Plans for Anaphylaxis (RED) are kept in personalised receptacles in the Health Centre. On offsite activities staff have access to student's medical history through the C2G mobile app.
- Details of what to do in an emergency – in-school (e.g. classroom, playground), outside of school, are included on our Anaphylaxis Communication Plan.
- The location and storage of adrenaline devices, including those for general use are found in the College Health Centre, in the O'Rourke Complex, in the Founders Complex, in the Food Technology classrooms, in the Canteen, in reception, the Chapel and in the Provence Centre. (All first Aid kits contain a general use autoinjector.
- Appropriate communication with the following school personnel occurs in the following fashion:
    - Staff: through twice yearly briefings, Wednesday morning Briefings, in emails and in the publication of new policies and procedural documents.
    - Students: through Pastoral and Whole Year Level Assemblies
    - and Parents and Carers through email, Newsfeed items, Newsletters and personal contact when the issue involves an individual student.

## 11.3. Post-incident reporting

The administration of first aid to students from an anaphylactic incident or illness must be recorded, including all actions taken in the provision of care. This information can be recorded on the school's preferred first aid platform, accident/incident register or, depending on the severity of the incident, reported via the MACS Guard Incident Reporting page as soon as reasonably practicable, in accordance with the Emergency and Critical Incident Management Procedures. The accident/incident register must be maintained.

## 11.4. Post-incident review

The principal is responsible for ensuring that a copy of the first aid and/or incident report is provided to parents and carers of the student, if requested.

After an anaphylactic reaction has taken place that has involved a student in the school's care and supervision, the principal is responsible for ensuring that the following review processes take place:

- The adrenaline device must be replaced by the parents and carers as soon as possible. In the meantime, the principal or nominated staff member will ensure that there is an additional adrenaline device in place should another anaphylactic reaction occur prior to the replacement adrenaline device being supplied by the parents and carers.

- If the adrenaline autoinjector for general use has been used this should be replaced as soon as possible. In the meantime, the principal or nominated staff member will ensure that there is an adrenaline autoinjector in place should another anaphylactic reaction occur prior to the replacement adrenaline autoinjector for general use being provided.
- The student's IAMP will be reviewed in consultation with the student's parents and carers.
- The school's Anaphylaxis Management Policy will be reviewed to ascertain whether there are any issues requiring clarification or modification in the policy, therefore supporting the school to meet its ongoing duty of care to students.

# 12. Communication plan

The principal is responsible for ensuring that a Medical Management Communication Plan is developed, regularly communicated and implemented to provide information for staff, students and parents and carers. The plan will:

- provide clear information to all school staff, students and parents and carers about anaphylaxis, the school's Anaphylaxis Management Policy, strategies for advising school staff and students about how to respond to an anaphylactic reaction of a student in various environments
- outline communication processes with parents and carers for obtaining current and updated medical documentation and medication.

School to add school-specific details about the Communication plan and where the information will be published including:

- Staff awareness: occurs with twice yearly briefings, that take place at whole staff meeting/briefings during new staff induction sessions, and when CRTS are inducted into the college.
- Student awareness: use of fact sheets, posters, and pastoral sessions
- Parent and carer awareness: letters, email, newsletters, website updates, information nights, assemblies.
- Community awareness: newsletters, website updates, information nights, assemblies.

Include strategies for advising staff, students, parents and carers about how to respond to an anaphylaxis reaction of a student in various environments:

- During normal school activities, including classrooms, school yard, all school buildings and sites such as gymnasiums and halls staff and students are advised as to how to respond to an anaphylaxis incident through the use of posters around the school and advice issued through the College Health Centre
- During off-site school activities, including excursions, school camps and at special events conducted, organised or attended by the school. Can be found in the College's Communication Plan

## 12.1. Working collaboratively with parents and carers

The principal is responsible for working collaboratively with parents and carers of students who have been diagnosed by a medical practitioner as having a medical condition that relates to allergy and the potential for anaphylactic reaction to ensure each student's needs are understood and supported. This includes:

- developing a clear process for requesting new or updated medical documentation and/or medication as part of the annual or triggered reviews
- ensuring all communication is accessible, culturally appropriate and respectful of families.

## 12.2. Information to staff, parents and carers

The Communication Plan includes strategies for advising school staff, students, parents and carers about how to respond to an anaphylaxis reaction of a student in various environments:

- during normal school activities, including in a classroom, in the school yard, in all school buildings and facilities such as gymnasiums and halls

- during off-site or out of school activities, including on excursions, school camps and at special events conducted, organised or attended by the school
- training that staff in the school have received.

The principal is responsible for developing a process for communication for when new or updated medical documentation and/or medication is required as part of annual or triggered reviews. School staff engaged in this process ensure that communication is accessible and culturally appropriate.

Staff will develop open, cooperative relationships with parents and carers to decide how information will be shared, requesting and updating medical information. The school will adopt the following process.

### Initial notification

- At the start of each school year, upon enrolment and/or when a medical plan (e.g. IAMP) is due to expire, parents and carers are informed of the need to update their child's medical management and/or ASCIA Action Plans for Anaphylaxis (RED). A clear timeframe for submission of updated plans is included.

### Follow-up communication

- Follow-up reminders are sent via email, phone or newsletter as the deadline approaches.
- Direct phone calls or meetings are made when updates are considered critical.
- Parents and carers seeking guidance can contact the Anaphylaxis Advisory Line:
  - Phone: 1300 725 911 or 9345 4235
  - Email: anaphylaxisadviceline@rch.org.au

### Escalation process

- Second reminder: School sends a reminder via the preferred communication method (e.g. email, school app, letter), ensuring accessibility and cultural appropriateness.
- Phone call: A follow-up phone is made and the potential risks to their child's health and safety highlighted if the information is not updated.
- In-person meeting: If there is still no response, an in-person meeting is scheduled to underscore the importance of the update and to provide support or clarification, if needed.
- Inform parents and carers of any impact on child's safe participation in-school and outside of school activities without updated medical plans and medication, and work to develop a future plan for updating information.
- For further support, the school can contact their Senior Manager, School Leadership.

### Ongoing Communication

- Schedule periodic check-ins before review points to ensure the medical information remains current.
- Encourage parents and carers to notify the school of any changes in their child's health status throughout the year.

This policy is published on the school's website.

## 12.3. Anaphylaxis Advisory line

For further advice and support on MO 706, principals and school representatives, MACS school and office staff, and parents and carers can contact the Royal Children's Hospital Anaphylaxis Advice & Support Line via phone on **1300 725 911** or **9345 4235** or email anaphylaxisadviceline@rch.org.au

# 13. Roles and reporting responsibilities

| Role | Responsibility | Reporting requirement |
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|---|---|---|
| Principal | Maintain a register of students at risk of anaphylactic reaction. | Annual Attestation |
| Principal | Ensure adequate adrenaline autoinjectors for general use are purchased and available in the school and that these are replaced at time of use or expiry, whichever is first. | Annual Attestation |
| Principal | Ensure twice yearly briefings on anaphylaxis management are conducted with one briefing at the start of the school year. | Annual Attestation |
| Principal | Ensure staff, including anaphylaxis supervisors, have completed appropriate training and that adequate staff trained in anaphylaxis management are available for all school activities including off site activities and school approved activities outside school hours. | Annual Attestation |
| Principal | Ensure a communication plan is developed to provide information to all staff, students, parents and carers about the Anaphylaxis Management Policy. | Annual Attestation |
| Principal | Ensure this policy is published and available to the school community. | Annual Attestation |
| Anaphylaxis Supervisor or other staff member who has completed Anaphylaxis Management course successfully in past two years | Conduct twice yearly briefings for all staff on anaphylaxis management with one briefing at the commencement of the school year, using the briefing template provided by the DE for use in schools, including verbal briefings for casual staff and volunteers. | Annual Attestation |

# 14. Definitions

Definitions of standard terms used in this Policy can be found in the MACS Glossary of Terms.

**Adrenaline autoinjector device**

An adrenaline autoinjector device, approved for use by the Australian Government Therapeutic Goods Administration, which can be used to administer a single pre-measured dose of adrenaline to those experiencing a severe allergic reaction (anaphylaxis). These may include EpiPen®, EpiPen® Jr, Jext® Jr 150, Jext® 300 or Anapen® 500.

**Adrenaline autoinjector for general use**

A 'backup' or 'unassigned' adrenaline autoinjector purchased by a school. These can be EpiPen®, EpiPen® Jr, Jext® Jr 150, Jext® 300, or Anapen® 500.

**Adrenaline device**

An adrenaline device, approved for use by the Commonwealth Government Therapeutic Goods Administration, which can be used to administer a single pre-measured dose of adrenaline to those experiencing a severe allergic reaction (anaphylaxis). These may include EpiPen®, EpiPen® Jr, Anapen® 500, Jext® Jr 150, Jext® 300, Neffy® 1 mg and Neffy® 2 mg.

**Anaphylaxis**

Anaphylaxis is a severe, rapidly progressive allergic reaction that is potentially life threatening. The most common allergens in school aged children are peanuts, eggs, tree nuts (e.g. cashews), cow's milk, fish and shellfish, wheat, soy, sesame, lupin and certain insect stings (particularly bee stings).

**Anaphylaxis Guidelines (Guidelines)**

A resource for managing severe allergies in Victorian schools, published by the Department of Education (DE) for use by all schools in Victoria and updated from time to time.

**Australasian Society of Clinical Immunology and Allergy (ASCIA)**

The peak professional body of clinical immunology and allergy in Australia and New Zealand.

**EpiPen®, Anapen® and Jext®**

Autoinjectable devices that deliver the drug adrenaline (epinephrine). They are used when someone is experiencing a severe allergic reaction.

**Neffy®**

A nasal spray adrenaline device that delivers the drug adrenaline (epinephrine). It is used when someone is experiencing a severe allergic reaction.

**Registered medical/health practitioner**

A person registered under Australian Health Practitioner Registration Agency (AHPRA) and relevant state/national board for their health profession, whether the registration of that person is general, specific, provisional, interim or non-practising but does not include a registered student.

**School approved activities**

Any academic, sporting, social or other activities for which students' attendance or participation is authorised or organised by the school.

**School environment**

Means any of the following physical, online or virtual places used during or outside school hours:

- a campus of the school
- online or virtual school environments made available or authorised by MACS or a MACS school for use by a child or student (including email, intranet systems, software, applications, collaboration tools and online services)
- other locations provided by the school or through a third-party provider for a child or student to use including, but not limited to, locations used for camps, approved homestay accommodation, delivery of education and training, sporting events, excursions, competitions and other events (Ministerial Order No. 1359).

# 15. Related policies and documents

## Supporting documents

Anaphylaxis Risk Management Checklist for Off-site Activities – Template for Schools
Annual Anaphylaxis Risk Management Checklist for Principals – Template for Schools
Emergency Response to Anaphylactic Reaction – Template for Schools
Individual Anaphylaxis Management Plan – Template for Schools
Risk Minimisation Strategies for Schools – Template for Schools

## Related MACS policies and documents

Administration of Medication Policy
Anaphylaxis Management Policy for MACS Schools
Duty of Care Policy
Emergency Management Plan
First Aid Policy
Medical Management Policy

## Resources

Department of Education Victoria Anaphylaxis Guidelines
Department of Education Victoria Anaphylaxis Management Briefing presentation
Department of Education Victoria Facilitator guide for anaphylaxis management briefing
ASCIA Action Plans for Anaphylaxis (RED) and First Aid Plans for Anaphylaxis or Allergies
ASCIA Travel Plan
ASCIA Anaphylaxis e-training for Victorian schools
ASCIA Adrenaline (Epinephrine) Injectors for General Use
Royal Children's Hospital Anaphylaxis Advisory Support line

# 16. Legislation and standards

*Education and Training Reform Act 2006* (Vic)

Ministerial Order 706 – Managing the Risk of Anaphylaxis in Victorian Schools and School Boarding Premises

# Policy information

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| **Responsible executive** | Director, Education Excellence |
| **Policy owner** | Chief of Student Services |
| **Approving authority** | Director, Education Excellence |
| **Related policy** | Anaphylaxis Management Policy for MACS Schools |
| **Assigned board committee** | Child Safety and Risk Management |
| **Approval date** | 4 February 2026 |
| **Risk rating** | High |
| **Review by** | Annual |
| **Publication** | CEVN |

| **POLICY DATABASE INFORMATION** | |
|---|---|
| **Assigned framework** | Care, Safety and Welfare of Students |
| **Supporting documents** | See list of supporting documents and related policies above |
| **Superseded documents** | Anaphylaxis Policy for MACS Schools – v5.0 – 2025<br>Anaphylaxis Policy for MACS Schools – v4.0 – 2025<br>Anaphylaxis Policy for MACS Schools – v3.0 – 2023<br>Anaphylaxis Policy – v2.0 – 2022<br>Anaphylaxis Policy – v1.0 – 2021 |