



## Secondary School Tuckshop Menu Term 1, 2021

### Snacks

■ Fresh fruit salad cup ☺	\$4.50
■ Fruit & yoghurt with muesli ☺	\$4.50
■ Custard tubs	\$2.00
■ Cheese and Crackers (large)	\$4.00
■ Banana bread	\$3.00
■ Chocolate chip cookies ☺	\$3.00
■ Cupcakes ☺	\$2.50
■ Chips: Smith or Red rock	\$1.50
■ Vege chips (GF)	\$1.50

### Hot Selections

■ Toasted sandwiches ☺	\$4.00
■ Chunky Steak Pie	\$6.00
■ Feta & spinach roll	\$5.00
■ Sausage rolls	\$4.00
■ Sauce Sachet – Tomato or BBQ	.50
■ Zucchini Slice ☺	\$5.00
■ GF Zucchini Slice ☺	\$6.00
■ Spaghetti Bolognese ☺	\$5.00
■ Chicken Curry & Rice ☺	\$5.00
■ Vegetable Curry	\$5.00
■ Chicken Fried Rice ☺	\$5.00

### Cold Selections

Please note: Salads & wraps for lunch only

■ Salads – Chicken, ham, egg or tuna salad ☺	\$6.00
■ Salad Wraps ☺	\$5.00
■ Egg Salad Wrap ☺	\$6.00
■ Chicken or Ham Wrap ☺	\$6.00
■ Chicken and Egg Salad Wrap ☺	\$6.50
■ Sandwiches from ☺	\$4.00
■ Sushi-Crumbed chicken & Avocado Wed/Fridays	\$4.00

### Drinks

■ Water - plain 600ml	\$2.00
■ Milk - Chocolate/Iced coffee/Strawberry 300ml	\$2.50
■ Milk - Chocolate/Strawberry 500ml	\$4.50
■ Ice Break Milk - 500ml	\$4.50
■ Iced Tea – Lemon/peach/mango 500ml	\$4.50
■ Juice Poppers - assorted flavours 250ml	\$2.00
■ Barista Bros Iced Coffee or Chocolate 500 ml	\$4.50
■ Assorted Emma & Tom's juices	\$4.50

### Ice creams

■ Bulla frozen yoghurt - straw & mango	\$2.50
■ Icy poles - lemonade	\$1.50
■ Life savers	\$3.00
■ Bulla Vanilla tub	\$1.50
■ Billabong Ice-creams - chocolate or rainbow	\$2.50
■ Milo scoop ice cream	\$3.50

☺ = Denotes items made in the Tuckshop

### Daily Lunch Specials

#### Monday

Nachos ☺	\$5.00
Beef mince, corn chips & cheese	

#### Tuesday

Butter Chicken ☺	\$5.00
Butter chicken served with rice	

#### Wednesday

Bacon & egg burger ☺	\$5.00
Bacon, egg & BBQ sauce	

#### Thursday

Hot Dogs ☺	\$5.00
Hot dog in bread roll with tomato sauce	

#### Friday

Chili chicken Sub ☺	\$5.00
Chili tender, lettuce, cheese & sweet chili sauce	

<http://www.flexischools.com.au>

Want to get your favorite food, jump the queue, order online and collect at the end window.

Remember you can upload money onto your student ID card, as we are cashless due to COVID we have **EFTPOS** available too!

Volunteers are always welcome and appreciated, if you can help please contact:

Cherrie Mobbs T: 5477 3456 or  
Diane Paterson T: 5477 3457