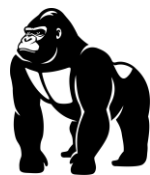


# IONA



# SPORT

I AM IONIAN 

19 March 2026

## TEAM IONA

This weekend marks the final round of fixtures v St Edmund's College for the season. Please be aware that many of our teams are drawn to play Ambrose Treacy, as they fill the gaps in the St Edmund's draw.

The aggregate standings across all 3 sports are very close at present. With regards to volleyball, both Iona and Laurie's are tied in the aggregate leading into the final round. Furthermore, the College is tracking for either a 2<sup>nd</sup> or 3<sup>rd</sup> place finish in cricket and a top 4 place in the AFL aggregates. The competition is very tight at the top.

With one round to go, let's be mindful that every result matters this weekend, no matter if you are playing for a premiership or not. This weekend we are playing for the College.

Rugby and Football sign-ons are now closed. Trials for both codes will be conducted over the next 2 weeks commencing next Monday.

At the end of next week all rugby and football players must attend further internal trials held here at the College on Saturday 28 March. All players will play a series of mini games on this day to assist our coaches with their selections.

All rugby and football players are asked to wear their Yura shirt and either the Iona Rugby shorts or Iona Football shorts to all trials, including the internal trials held next weekend. We ask the boys NOT to wear the Iona football jersey or the Iona Rugby jersey to these trials. Throughout the trials the players will be asked to flip their Yura shirts inside out at different times to differentiate themselves from the other boys wearing the Yura shirt the correct way. Once worn inside out, the Yura shirt looks white in colour, therefore, we can have a team in the Yura shirt versus the team in the inside out Yura shirts (wearing the Iona rugby and football jerseys does not work for internal trials).

Further trials will continue during the last week of term with the aim of selecting the first draft of all teams before we head into the Easter holiday period.

On the weekend of the internal rugby and football trials, our 8A, 9A, 10A, 2<sup>nd</sup> and 1<sup>st</sup> rugby and football teams will also play a trial game versus Villanova at Villa Park.

The boys involved in these teams have been selected from their participation in the Hoops & Harlequins rugby program or the high-performance football program. All these teams, barring the 1<sup>st</sup> and 2<sup>nd</sup>, must attend the internal trials at Iona first, before heading off to Villa Park for their trial game.

Please go to the respective rugby and football sections below to access the season schedules which outline all information regarding times for trials and training, coaches, uniform expectations etc. All students must attend all trials to allow coaches to select the teams. Those unable to attend will start in a lower-graded team. Please note the uniform standards and safety equipment needed for all training/trial sessions and games.

Mr Caine and his coaching staff have offered chess training throughout most of this term to all students from Years 5–12. These sessions were advertised extensively to all students via the Daily Bulletin as well as this newsletter. From these sessions all chess teams will be selected. These teams will be finalised by the end of this week. Those who miss out on a team may continue to play social chess. Please be aware all chess teams will have a trial game v Villanova hosted at Villanova next Friday afternoon.

Cross Country training is now in full swing. The College will hold its annual, Year 5–12 Interhouse Cross Country carnival on the Tuesday of Week 1 next term. This will be a great opportunity for everyone across the College to get involved and to show House spirit. It will also be an opportunity to showcase our best cross country runners across the College. Parents and families are most welcome to attend. Further information will be provided in this newsletter before the end of term.

AIC Sports Information is provided by [Clipboard](#) (includes wet weather updates)

Head of Sport: Mr Craig Stariha – 3893 8851

Sports Administrator: Mrs Karen Otway – 3893 8805

Sports Administrator: Mr Alex Jirasek – 3906 8917

Assistant Head of Sport (5–6): Mr Connor Russell – 3893 8869

Assistant Head of Sport (7–12): Mr Harry Milford – TBC

As usual, there is lots on offer across the College. I encourage the boys to get involved, particularly if they have a special gift or talent in a specific area.

Our priority for now is to finish off the current season well. Let's do that by acting like good Christian men both on and off the field as players or spectators.

Let's be proud of our College, let's play with heart, be prepared to dig deep when it's needed and let's get as many wins as we can to build up our aggregate standing. No regrets. All the best boys and most importantly let's enjoy these good times with your mates.

**Craig Stariha**  
**Head of Sport, Iona College**

### Clipboard

Clipboard is an online sports communication system which allows coaches, players and parents to access weekly draws, training schedules, sport sign-on, injury reports, score lines and much more.

Please access the link below to gain instructions on how to log into Clipboard.

If you having any difficulties logging in or accessing Clipboard, please contact the ICT Service Desk ([ictservices@iona.qld.edu.au](mailto:ictservices@iona.qld.edu.au)).

For queries regarding sign on, sessions time, venue locations, cancellations, etc, please contact Mr Jirasek ([jiraseka@iona.qld.edu.au](mailto:jiraseka@iona.qld.edu.au)).

Please see the link below for a guide on how to navigate and setup Clipboard on your device. ([Parent Clipboard Guide](#))

## IONA UNIFORM SHOP

### 2026 Opening Hours

Monday, Wednesday and Friday 8am – 3.30pm.

Tuesday and Thursday – Closed

## IONA SPORT SEASON PLANNER

Fri 20 Mar: AIC Round 7 AFL (1sts/2nds) vs SEC  
 Sat 21 Mar: AIC Round 7 AFL (Years 5–10) vs SEC  
 Sat 21 Mar: AIC Round 7 cricket/volleyball vs SEC (A)  
 Sun 22 Mar: Teams Racing Sailing  
 23–27 Mar: Years 5–12 Rugby/Football/Chess Trials Begin  
 Fri 27 Mar: Chess Trial vs Villa (A)  
 Sat 28 Mar: Rugby/Football Trial vs Villa (A) (1sts/2nds/10A)  
 Sat 28 Mar: Internal Trials Rugby/Football

Sun 29 Mar: Teams Racing Sailing

## AFL

### Years 7–12 Coordinator

Mr Leigh Harding – [hardingl@iona.qld.edu.au](mailto:hardingl@iona.qld.edu.au)

### Years 5/6 Coordinator:

Mr Jack Rolls – [rollsj@iona.qld.edu.au](mailto:rollsj@iona.qld.edu.au)

### Round 6 Results

Although the result didn't go our way on Friday afternoon, the boys played their best defensive rounded game for the year. We put some extreme pressure on the St Laurence's team and unfortunately fell short.

The Year 10 team again kept the opposition to only 1 goal and secured the premiership with a 35–point win over St Laurence's.

The 7B, 5A and 5C teams won again and continue their unbeaten streak in 2026, so great job to all involve in these teams.

Please be aware that some teams don't have a game this week due to St Edmunds unable to fill teams in all year levels.



Please see link below for all AFL information for 2026:

[AIC AFL Season Schedule](#)

### AFL Progressive Season Results

	Rd1 Mar	Rd2 Pad	Rd3 SPLC	Rd4 Villa	Rd5 SPC	Rd6 SLC	Rd7 SEC
1st	Won 47–34	Wash out	Won vs ATC 107–13	Lost 19–65	Won 66–21	Lost 33–69	
2nd	Lost 5–55	Wash out	Lost vs SPE 1 <sup>st</sup> 21–33	Lost 35–40	Bye	Lost 12–49	
10A	Won 70–9	Won 121–1	Won 100–2	Won 35–5	Won vs ATC 96–6	Won 41–6	
9A	Lost 1–67	Lost 40–44	Won 64–7	Lost 22–64	Lost 28–79	Lost 6–78	

9B	Lost 7-100	Lost 105-0	Won vs ATC A 41-19	BYE	Lost 17-56	Lost 6-101	
8A	Lost 6-26	Lost 46-8	Won vs ATC 78-1	Lost 66-6	Lost 2-37	Lost 2-50	
8B	Won 42-28	Lost 54-9	Lost vs SPE A 4-33	Lost 64-5	Draw 8-8	Lost 6-90	
7A	Won 55-2	Won 34-14	Won 116-0	Won 40-21	Won 27-17	Lost 13-15	
7B	Won 66-48	Won 73-13	Won vs ATC A 42-20	Won 53-38	Won 64-18	Won 61-18	
6A	Lost 63-84	Won 56-31	Won vs SLC 59-26	Lost 34-69	Won vs Mar 59-39	Won vs Pad 52-22	
6B	Won 73-45	Won 54-33	Won vs SLC 49-25	Lost 72-15	Lost vs Mar 32-60	Won vs Pad 43-23	
6C	Lost 19-71	Lost 37-10	Lost vs SLC 23-68	Lost 71-13	Lost vs Mar 20-61	Lost vs Pad 20-63	
6D	Lost 21-66	Lost 103-1	Lost vs Pad 29-33	Lost vs SLC 70-14	Lost vs Mar 0-85	Won vs Pad 40-0	
5A	Won 84-14	Won 68-14	Won vs SLC 49-29	Won 59-28	Won vs Mar 69-46	Won vs Pad 46-38	
5B	Won 56-40	Won 61-20	Won vs SLC 78-33	Won 81-21	Won vs Mar 84-4	Lost vs Pad 34-38	
5C	Won 54-26	Won 175-0	Won vs SLC 79-8	Won 36-8	Won vs SPE A 98-7	Won vs ATC A 25-20	
5D	Won 83-70	Won 73-0	Won vs SLC 87-7	Lost vs ATC 32-42	Lost vs Mar 38-48	Won vs Pad C 58-19	

7B vs SEC 7A	Iona College	9.30am	Dwyer
6A vs SPC	Iona College	7.30am	Dwyer
6B vs SEC 6A	Iona College	8.30am	Dwyer
6C vs SPE 6A	Iona College	7.30am	St Eugene 3
6D vs SPC 6B	Iona College	8.30am	St Eugene 3
5A vs SPC	Iona College	7.30am	St Eugene 1
5B vs SEC 5A	Iona College	8.30am	St Eugene 1
5C vs SPE 5A	Iona College	7.30am	St Eugene 2
5D vs SPC 5B	Iona College	8.30am	St Eugene 2

### AFL Team Photos

Years 7-Open: Photos will be taken on the co-curricular photo days later in the year.



### Round 7 vs St Edmund's Friday 20 March

Team	Venue	Time	Oval
1sts	Yeronga AFC Cansdale St, Yeronga	4.45pm	AFL 1
2nds	Yeronga AFC Cansdale St, Yeronga	4.45pm	AFL 2

### Round 7 vs St Edmund's - Saturday 21 March

Team	Venue	Time	Oval
10A	BYE		
9A	BYE		
9B vs SEC 9A	Iona College	10.30am	St Eugene
8A	BYE		
8B vs SEC 8A	Iona College	9.30am	St Eugene
7A	BYE		

## BASKETBALL

### Coordinator

Mr Harry Milford - [milfordh@iona.qld.edu.au](mailto:milfordh@iona.qld.edu.au)

### 2026 First V Basketball Trails

The First V Basketball Trials will be held over 4 sessions from Week 7-10 of Term 1. Boys are expected to be available for ALL sessions outlined below:

The remaining trial sessions are:

- Trial session 3: Thursday 26 March - Provenance Centre 3:15pm - 4:45pm
- Trial session 4: Tuesday 31 March - Provenance Centre 3:15pm - 4:45pm

After each session, coaches will reduce the number of squad members based on the following criteria: attitude, attendance and performance. Upon completion of the trials, the selected First V Basketball squad will make up the iHoops Senior squad and will commence the Basketball High- performance program throughout Term 2.

Injuries: Students who are injured and are unable to attend the trial period are required to email Basketball Coordinator, Mr Harry Milford - [milfordh@iona.qld.edu.au](mailto:milfordh@iona.qld.edu.au)

## CHESS

### Coordinator

Mr Kevin Caine – [cainek@iona.qld.edu.au](mailto:cainek@iona.qld.edu.au)

AIC chess trials for the 2026 season have now concluded. Thank you all for your participation. All teams will be posted by Thursday of this week. If you have not been successful in your efforts, you will be invited to continue to develop your skills in social chess.

### Training

Selected teams will train on Monday and Tuesday mornings.

#### Monday mornings

Seniors (Years 10–12) 6:55am to 8:00am

Juniors (Years 5–6) 8:00am to 8:50am

#### Tuesday mornings

Intermediate (Years 7–9) 6:55am – 8:25am

### Social Chess

Thursday afternoons starting Week 2 Term 2 in Music room 1.

If you have any enquiries, please don't hesitate to contact Mr Caine.

## CRICKET

### Coordinator

Mr Harry Milford – [milfordh@iona.qld.edu.au](mailto:milfordh@iona.qld.edu.au)

### Round 6 Results vs St Laurence's

The Iona First XI fell short by 38 runs in a competitive fixture against St Laurence's College, despite a disciplined bowling and fielding performance on what proved to be a strong batting wicket.

After being sent into the field first, Iona started brightly. The opening bowlers set an excellent tone, hitting consistent areas and limiting St Laurence's early scoring. The attack-maintained pressure through the middle overs, with sharp fielding and well-executed plans keeping the opposition from posting a larger total. On a pitch that offered little assistance, the bowling unit worked hard collectively and showed real discipline to restrict Laurie's to a chaseable score.

The batting innings, however, never quite gained the stability required. The top order found it difficult to build meaningful partnerships, losing wickets at intervals that

prevented early momentum from developing. Despite this, the middle order showed fight with Donnelly (37 (27), Gullo 21 (65) and Davidson 31 (32), playing positively and keeping Iona in the hunt. Yet just as partnerships began to form, wickets fell to unnecessary risks or lapses in concentration, halting progress at crucial stages.

Ultimately, the inability to sustain partnerships proved costly, and Iona finished 38 runs short of the target. The First XI will be well-placed to respond strongly in the final round vs. St. Edmunds College.

### Round 4 Player Highlights

Alexander Gidney 10A – 74\* (69)

Noah Harding 9A – 55 (51)

Zachary Taylor 8A – 66 (36)

### Clipboard

Any team changes will throughout the season will be made through Clipboard – it is imperative that Clipboard is checked weekly for any team changes, training sessions changes and games.

### Cricket Team Photos

Teams who have not had their photos taken yet will have them taken on the co-curricular photo days in Term 3.



### 2026 AIC Cricket – Season Schedule

The 2026 AIC Cricket Season Schedule contains all information about training times and the AIC regular season. Please ensure you are frequently checking the College Sports Newsletter and Clipboard for the scheduled training sessions. Any changes will be made live in Clipboard.

Please see link below for all cricket information.

### [AIC Cricket Season Schedule](#)

Years 5–9 will also train during their weekly sport lesson.

### Cricket Progressive Results

Team	Rd1 Mar	Rd2 Pad	Rd3 SPLC	Rd4 Villa	Rd5 SPC	Rd6 SLC	Rd7 SEC
1 <sup>st</sup>	Lost	Won	Lost	Won	Won	Lost Iona 144 SLC 8/182	

2 <sup>nd</sup>	Won	wash out	Won	Lost	Lost	Lost Iona 86 SLC 1/87	
3 <sup>rd</sup>	Lost	wash out	won	Won	Won	Lost Iona 5/103 SLC 7/136	
10A	Won	wash out	Won	Won	Lost	Won Iona 3/130 SLC 7/128	
10B	Lost	wash out	Won	Won	Lost	Lost Iona 121 SLC 8/132	
9A	Lost	Won	Won	Lost	Lost	Lost Iona 7/182 SLC 4/269	
9B	Lost	Lost	Won	Lost	Lost	Won Iona 8/83 SLC 82	
9C	Lost	wash out	Lost	Lost	Lost	No Result OF	
8A	Won	Won	Won	Won	Won	Won Iona 6/172 SLC 108	
8B	Lost	Won	Won	Won	Won	Lost Iona 30 SLC 8/131	
7A	Won	Won	Won	Won	Won	Won Iona 3/104 SLC 103	
7B	Lost	Lost	Won	Won	Won	Won Iona 3/91 SLC 90	
7C	Lost	wash out	Lost	Won	Lost	Won Iona 1/59 SLC 4/55	
7D	Won	Lost	BYE	Lost	Won	Won Iona 4/117 SEC B 8/116	
6A	Draw	Lost	Won	Lost	Won	Lost Iona 7/117 SLC 7/119	
6B	Lost	Lost	Lost	Lost	Lost	Lost Iona 4/48 SLC 3/97	
6C	Lost	Lost	Lost	Lost	Lost	Won Iona 5/65 SLC 9/57	
5A	Won	wash out	Won	Won	Won	Lost Iona 104 SLC 4/107	
5B	Lost	wash out	Won	Lost	Won	Won Iona 7/91 SLC 8/47	
5Black	Lost	wash out	Won	Lost	Lost	Won Iona 3/84 SLC C 6/41	
5white	Lost	Lost	Lost	Lost	Lost	Lost Iona 6/24 Mar gold 3/113	
5 grey	Lost	wash out	Lost	Lost	Won	BYE	

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Cricket Training Schedule 2026					
VENUE	TIME	MON	TUE	WED	THUR
Cricket Nets/ Harron Oval	6:45 – 8am		1st XI/2nd XI	Year 6 (7am – 8am)	Year 5 7 – 8am
Harron Oval	3.15 – 4:45pm	Year 8A & B only (field)	Wicket Keeping (all year 5-10 keepers)		1st XI/2nd XI (Davine)
Cricket Nets	3.15 – 4.45pm		3rd XI	7C / 7D (net)	Year 9 Year 10
McCarthy Oval	3.15 – 4.45pm	Year 7A & B only (field)	10A and 9A only (field)	Year 7A & B (net/field) Year 8A&B (field/net)	

### Round 7 vs St Edmund's – Saturday 21 March

TEAM	VENUE	OVAL	TIME
1 <sup>st</sup> XI	Tivoli Sporting Complex 69 Church St, Tivoli	Field 1	9.30am–5.15pm
2 <sup>nd</sup> XI vs ATC 1sts	Chelmer Sports Ground 2 Queenscroft St, Chelmer	Field 1	7.30am–12pm
3 <sup>rd</sup> XI ATC 2nd	Shaw Park 151 Shaw Rd, Wavell Heights	Allan Pettigrew oval	8am–11am
10A ATC	South Bris District Cricket club 269 Venner Rd, Fairfield	Bob Young Oval	12.00pm–5.00pm
10B ATC	Shaw Park 151 Shaw Rd, Wavell Heights	Ian Healy Oval	7.30am–12.30pm
9A	Iona College	Davine	8am–12.50pm
9B vs SPC 9/10	Iona College	Harron	8am–12.50pm
9C vs Villa	Kianawah Park Manly Rd, Tingalpa	Field 1	12pm–3pm
8A vs ATC	Iona College	Davine	1pm–5.30pm
8B vs SEC A	Iona College	McCarthy	1pm–5.30pm
7A vs	Iona College	Harron	1pm–5.30pm

ATC			
7B vs SEC A	Iona College	McCarthy	8am-12.30pm
7C vs ATC B	Kianawah Park Manly Rd, Tingalpa	Field 6	1pm-4pm
7D vs Pad	Kianawah Park Manly Rd, Tingalpa	Field 9	7.30am-10.30am
6A vs ATC	Jack Bowers Oval Kate St, Indooroopilly	Field 1	11am-2.30pm
6B vs ATC	Jack Bowers Oval Kate St, Indooroopilly	Field 1	7.30am-11am
6C vs SEC 5/6	St Edmund's College Mary St, Woodend, Ipswich	Morgan Oval	8am-10.30am
5A vs ATC	Kianawah Park Manly Rd, Tingalpa	Field 1	8am-11.30am
5B vs Mar B gold	Kianawah Park Manly Rd, Tingalpa	Field 5	8am-11.30am
5 Black vs Mar C gold	Kianawah Park Manly Rd, Tingalpa	Field 6	7.30am-9.55am
5 Grey Mar D white	Kianawah Park Manly Rd, Tingalpa	Field 6	10am-12.25pm
5 White SLC C	Kianawah Park Manly Rd, Tingalpa	Field 5	12pm-2.25pm

### Scoring

Anyone willing to assist with scoring on game day is encouraged to contact the Cricket Coordinators.

### Cricket Kit Bags and Equipment

All boys selected in an A or B team are expected to supply their own kit bag (box, pads, glove, bat and helmet – minimum). Those in a C or D team will have access to limited Iona-supplied kit bags. A box must be individually supplied for obvious hygiene reasons.

## CROSS COUNTRY

### Coordinator (Years 7-12)

Mr Brendan Merrotsy – [merrotsyb@iona.qld.edu.au](mailto:merrotsyb@iona.qld.edu.au)

### Coordinator (Primary)

Adam McClure – [mcclurea@iona.qld.edu.au](mailto:mcclurea@iona.qld.edu.au)

### Primary Cross Country (Yr 5-6)

Primary Cross-Country training will begin in Week 8.

All Primary students are welcomed to join the Term 1 Squad. Boys must let Mr McClure or Mr Russell know prior to attending. After our Interhouse Carnival in Week 1 of Term 2, the squad will be reduced to the Top 20 in each grade. These Invited boys will form the AIC Cross Country Squad.

### Cross Country (Yr 7-12)

The 2026 Cross Country season has commenced with three sessions available. There is no requirement to attend all sessions, the sessions are open to all students from Years 7-12, regardless of your previous experience. Cross Country training is a great way to build your aerobic base & speed for many other Semester 1 sports including Cricket, AFL, Rugby & Soccer. It also is a great opportunity to run with your mates and improve your fitness whilst being a part of a team.

### Training Logistics

Students may go home after Monday morning training, otherwise the bus will return from the waterfront to the College by 7:45am, where they can get changed for school.

After Wednesday and Friday sessions, students may use the Iona pool to cool down before getting into uniform. They will be supervised and must follow pool rules – no grass, no jumping, no leaning on lane ropes.

Please bring a towel and a change of underwear if planning to use the pool.

### Cross Country Training Schedule

Sessions	Time	Meeting Point
Monday morning Long Run	6.15-7.30am	Wynnum Wading Pool (minibus returns to College with all students at 7.40am)
Tuesday working with Primary squad	3.15-4.15pm (starts week 7)	Davine Oval
Wednesday morning Hills/Interval Session	6.45-8am	Junior Handball Courts
Friday morning Speed / Games/Bootcamp	6.45-8am	Junior Handball Courts

## E-SPORTS

### Coordinator

Mr Chris Eades – [eadesc@iona.qld.edu.au](mailto:eadesc@iona.qld.edu.au)

## Iona eSports – Term 2 Registration

If you are interested in playing eSports at Iona, please sign on via the link below.

[Esports Sign On Link](#)

Term 2 will focus on training and internal competitions.

Term 3 will focus on external competitions such as the AIC eSports competition.

Any questions regarding eSports should be directed to Mr. Chris Eades ([eadesc@iona.qld.edu.au](mailto:eadesc@iona.qld.edu.au)).

## FOOTBALL

### Coordinator

Mr Connor Russell – [russellc@iona.qld.edu.au](mailto:russellc@iona.qld.edu.au)

Please see below a season schedule which outlines all the important information pertaining to the upcoming season including training/trial times and venues, uniforms, season calendars and much more.

[Football Season Schedule](#)

### Football Trials begin Next Week (Week 9)

#### Trial Information:

- All boys who signed on MUST attend trial
- If you are unable to attend, please let Mr Russell know.
- Boys will wear the Yura shirt, HPE Pants, Football socks and Shinpads.
- There will be an Internal Trial on Saturday 28 March at Iona (Schedule Below)
- The 8A's, 9A's, 10A's, 2nds and 1sts will have a trial vs Villa on Saturday 28
- 8A's, 9A's and 10A's will be expected to attend the Internal trial prior to the Villa game.

#### Trial Schedule Week 9:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	After School – 3.15–4.30/4.5pm				
Fuller Oval	Opens		Year 9	Year 10	
Coghill Oval		Year 7			
Dwyer Oval	Year 6		Year 5	Year 8	

#### Trial Schedule Week 10:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	After School – 3.15–4.30/4.5pm				
Fuller Oval	Opens		Year 9	Year 10	
Coghill Oval		Year 7			
Dwyer Oval	Year 6		Year 5	Year 8	

## Internal Trial (Saturday 28 March)

Year 5 –12 Football Internal Trial – Saturday 28 March			
	Fuller	Coghill	Dwyer
7.00 – 8.30am	Year 9	Year 8	Year 7
8.30 – 10.00am	Year 10	Opens	Year 6
10.00–11.30am			Year 5

## Villa Trial (Saturday 28 March)

8A's, 9A's, 10A's, 2nds and Firsts ONLY

Football v Iona College

Round	Date	Team	Match Start time	Opponent Team	Location
Trial v Iona	28/03/2026	1st XI	12:00pm	1st XI Football	Field 5
Trial v Iona	28/03/2026	2nd XI	12:45pm	2nd XI Football	Field 4
Trial v Iona	28/03/2026	10A	10:30am	10A Football	Field 5
Trial v Iona	28/03/2026	9A	11:30am	9A Football	Field 4
Trial v Iona	28/03/2026	8A	10:30am	8A Football	Field 4

## HIGH PERFORMANCE

### Coordinator

Mr Leigh Harding – [hardingl@iona.qld.edu.au](mailto:hardingl@iona.qld.edu.au)

### Congratulations to the following students on their achievements:

Travis Germishuys who has been selected in the Qld Athletics Team to compete in the 800m at National Championships in April.

### District And Regional Sport Trials

This year Iona has moved into a new district structure. Our new district "Riverside Rays" will replace Lytton (10–12yrs) and Composite (13–19yrs). Riverside Rays will follow a 10–19yrs District model.

District trial information will **now EXCLUSIVELY be published on the Representative Sport Page in ICON.**

Here you will find:

- Representative Sports Calendar
- Nomination Close dates
- District Information
- Nomination Form

Click the link below to access the new page.

[ICON – Representative Sport](#)

### Direct Pathway:

ICON – Co-Curricular – Sport – Representative Sport

### 10–12 Years Information 2026

Sport	Details	Nominations Close
Hockey 10–12Yrs	Met East Trial	Mon 13 Apr

## 13-19 Years Information 2026

Sport	Details	Nominations Close
Rugby Union 14-15yrs	Riverside District Trial	Mon 30 Mar

### Term 1, 2026 Gym Schedule

	MON	TUE	WED	THU	FRI
6.30-7.30am	Intro To Gym	Intro To Gym	Intro to Gym	1 <sup>st</sup> AFL Cricket and Volleyball	Iona Swimming (6am Start)
7.15-8.15am	Harlequins Squad	Hoops Squad	Harlequins Squad	Hoops Squad	Harlequins Squad
3.15 - 4.15pm	1sts Cricket 1sts Volleyball	1sts AFL and Any High Performance	Any High Performance	Any High Performance	Any High Performance & Intro To Gym
5:15 - 6.30pm		Iona Swimming Club	Iona Swimming Club		

### Iona Strength and Conditioning

The Iona Strength and Conditioning program is overseen by accredited industry experts and guided by the ASCA Position Stand on Resistance Training for Children and Youth.

The sequential programs also closely align to long-term athletic development principles.

Any student wishing to attend the Iona gym for the first time must first contact Mr Harding prior to attending.

#### Gym rules

- Use the bag racks for your bags and get changed in dressing rooms downstairs.
- Wear Iona sports uniform, not club gear.
- Follow all instructions from your trainer carefully.
- Complete all exercises on your program.
- Prioritise the safety of yourself and others.
- Ensure you use all equipment correctly and return it to where you got it from.

#### Gym groups

- ANY HIGH-PERFORMANCE groups are for players that are members of Iona Firsts Squads or regional representative sport. Students are given two-day programs based on their S&C goals.
- INTRODUCTION TO GYM TRAINING is for Year 7-12 students that are not a part of other groups.

Students are provided a suitable program to work through.

## MOUNTAIN BIKING

### Coordinator

Mr Daniel Davison – [davisond@iona.qld.edu.au](mailto:davisond@iona.qld.edu.au)

If your son did not receive the information and sign up sheet, please reach out to Mr Davison [davisond@iona.qld.edu.au](mailto:davisond@iona.qld.edu.au) to get a copy.

#### Training Dates and Times:

Sunday May 10: 8.30am – 10.45am (Mt Cotton) Yrs 7-12

Sunday 19 July: 9am-11.15am (Caloundra) Years 7-12

Sunday 9 August: 9am-11.15am (Castle Hill) Years 7-12

Sunday 30 August 8.45am-11am (Nerang) Years 7-12

#### Competition Dates and Times:

Friday 20 March (Nerang) Years 7-12

Friday 15 May (Mt Cotton) Years 7-12

Friday 5 June: (Toowoomba) Years 7-12

Thursday 30 July: (Caloundra) Years 5-8

Friday 31 July: (Caloundra) Years 9-12

Friday 14 August: (Castle Hill) Years 7-12

Friday 11 September: (Nerang) Years 7-12

## RUGBY UNION

### Coordinators

Mr Alex Jirasek [jiraseka@iona.qld.edu.au](mailto:jiraseka@iona.qld.edu.au)

Mr Craig Stariha [starihac@iona.qld.edu.au](mailto:starihac@iona.qld.edu.au)

Please see below a season schedule which outlines all the important information pertaining to the upcoming season including training/trial times and venues, uniforms, season calendars and much more.

#### [Rugby Season Schedule](#)

#### Rugby Trials begin Next Week (Week 9)

#### Trial Information:

- All boys who signed on MUST attend trial
- If you are unable to attend, please let Mr Jirasek know.
- Boys will wear the Yura shirt, Rugby Shorts, rugby socks, and Mouthguard.
- There will be an Internal Trial on Saturday 28 March at Iona (schedule below).

- The 8A's, 9A's, 10A's, 2nds and 1sts will have a trial vs Villa on Saturday 28
- 8A's, 9A's and 10A's will be expected to attend the internal trial prior to the villa game.

### Trial Schedule Week 9:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
After School - 3.15-4.30/4.45pm					
Davine Oval	Opens				
McCarthy Oval		Year 7		Year 10	
Harron Oval	Year 6	Year 9	Year 5	Year 8	

### Trial Schedule Week 10:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
After School - 3.15-4.30/4.45pm					
Davine Oval			Opens		
McCarthy Oval		Year 7		Year 10	
Harron Oval	Year 6	Year 9	Year 5	Year 8	

### Internal Trial (Saturday 28 March)

Year 5 -12 Rugby Internal Trial			
	Davine Oval	McCarthy Oval	Harron Oval
7.00 - 8.30am	Year 9	Year 7	Year 8
8.30 - 10.00am	Opens	Year 10	Year 6
10.00am - 11.30am			Year 5

### Villa Trial (Saturday 28 March)

8A's, 9A's, 10A's, 2nds and 1sts ONLY

	Andrew Slack	Charlie Fisher	Field 6
10:45am	2 <sup>nd</sup> XV	8A	9A
12:00pm	1 <sup>st</sup> XV	10A	

### Ballymore Cup

Iona will again be entering an U14, U16 and U18 teams into the Ballymore Cup tournament held at South Pine Sports complex from the 16-18 April. This will consist of our 8A, 10A and First XV teams. The 10A and First XV for this tournament will be selected from the Hoops and Harlequins squads respectively. The Year 8 Ballymore cup trials will be held on the below dates. This is open for any Year 8 student turning 13 or 14 this year that believes they can play at an 8A level and are available for the tournament.

### Year 8 Ballymore Cup Trials

- Trial 2 - Friday 20 March, 6:30-7:45am @ Dwyer Oval

## SAILING

### Coordinator

Mr Kevin Caine - [cainek@iona.qld.edu.au](mailto:cainek@iona.qld.edu.au)

Last week was the final day of the Teams Racing Regatta. Both Iona Black and Iona White were competing in Division 1. Weather conditions permitted the completion of all 28 races, 7 races per team.

Iona Black hit the water with the intensity of a team out for victory. They showed much pace winning all seven

races to take home the gold medal for School Teams racing Term 1 2026.



Iona White, while they took a couple of good wins. it was not enough to place them in the medals this time.

Thank you to Mr Caine, Coach Will and parents supporting out on the water and on shore.

This week is the start of the SEQ Secondary Schools Team Sailing Championships hosted by RQYS run over 2 days. Sunday 22 March and Sunday 29 March.

Sailors, please advise your attendance on the Teams app and parents remember to note your availability for volunteering on the start boat, launching or retrieving boats or helping in the coach boat, a great way to get out and see your son sail.

Last training day is Tuesday 24 March, remember to advise on Teams app for bus attendance.

### Learn to Sail - Expressions of Interest

**Expressions of Interest from students in Grade 5 and above for a Learn to Sail / Tackers program.**

Students will learn dinghy sailing basics, including rigging, sailing skills and water safety. Iona is looking to coordinate a program with **Darling Point Sailing Squadron** to help build a pathway into school sailing/racing.

Please contact Mr Caine [cainek@iona.qld.edu.au](mailto:cainek@iona.qld.edu.au) to register your interest.

**RQYS is still seeking parents interested in becoming certified Teams Racing Umpires.**

The course covers rules interpretation, on-water umpiring, and officiating team races, if you are keen to support school or club racing events please register your interest by contacting [cainek@iona.qld.edu.au](mailto:cainek@iona.qld.edu.au).

## SWIMMING

### Head Coach

Mr John Gatfield – [iswim@iona.qld.edu.au](mailto:iswim@iona.qld.edu.au)

### Assistant Head Coach

Mr Riley Mather – [iswim@iona.qld.edu.au](mailto:iswim@iona.qld.edu.au)

### Swim Coordinator

Mr Craig Stariha – [starihac@iona.qld.edu.au](mailto:starihac@iona.qld.edu.au)

### AIC Swimming – Off Season

The College is keen to use the momentum of the AIC swim season and have as many boys as possible continue with swimming during the AIC off season.

Swimmers who are interested are encouraged to contact John Gatfield and Riley Mather via [iswim@iona.qld.edu.au](mailto:iswim@iona.qld.edu.au) to enquire about the most appropriate session/squad for their son moving forward. John and Riley will then outline the session times available.

### AIC Swimming Results

Congratulations to the following students who broke Iona Swimming Records at last week's AIC Championships.

#### Year 5

Freestyle Relay Div 1 (New Iona Record 2:15.65)

Tyler Robbie, Lucas Versluis, Alfie Spina, Finn Briggs

#### Year 6

Justus Gerreyn 50m Breast (New Iona Record 36.39)

Medley Relay Div 1 (New Iona Record 2:20.00) Harrison Balancio, Justus Gerreyn, Charles Gillan, Oliver Plumbley

Freestyle Relay Div 1 (New Iona Record 2:06.96)

Harrison Balancio, Justus Gerreyn, Charles Gillan, Oliver Plumbley

#### Open

Congratulations to Connor Burgess who broke a 29 Year old record in the 100m Butterfly.

While swimming the 100m Butterfly Connor's split time also beat the Iona 50m Butterfly Record held by Ashley Callus.

Connor Burgess 100m Butterfly (New Iona Record 55.86)

Connor Burgess 50m Butterfly (New Iona Record 25.70)

### 2026 Iona Swimming Awards

Senior Years Swimmer of the Year	Connor Burgess
Middle Years Swimmer of the Year	Harry Burrows

Primary Years Swimmer of the Year	Justus Gerreyn
Open Champion	Connor Burgess
16-Years Champion	Ethan Thacker
15-Years Champion	Leroy Latimer
14-Years Champion	Noah Troester
13-Years Champion	Harry Burrows
12-Years Champion	Henry Rodrigues Pires Savage
Year 6 Champion	Justus Gerreyn
Year 5 Champion	Tyler Robbie

## VOLLEYBALL

### Coordinator

Mrs Karen Otway [otwayk@iona.qld.edu.au](mailto:otwayk@iona.qld.edu.au)

### Results Round 6 vs St Laurence's

Congratulations to our Firsts team, who defeated St Laurence's in a thrilling four-set match. The boys dug deep and delivered their best performance of the season against an opponent determined to take the win. With this result, they are now guaranteed at least a share of the 1st Premiership. To secure it outright, they will need to beat St Edmund's this weekend.

Unfortunately, some of our other key matches didn't fall our way, which means the Aggregate Trophy—which we have proudly held for the past three years—is now on the line. It is still very much possible for us to retain it, but we must win most of the Aggregate games this Saturday against St Edmund's. Coaches and players are encouraged to lift, stay focused, and play to win.

Given the importance of this round, I ask all boys to stay and support other Iona teams wherever possible. Strong sideline support makes a real difference, and our teams play better when they feel the crowd behind them. Let's finish the season with determination, unity, and pride.



The 2026 AIC Volleyball Season Schedule contains all information about training times and the AIC regular season.

Please ensure you check the Sports Newsletter for training, game and duty times and Clipboard for the scheduled training sessions and game times. Any changes will be made live in Clipboard.

### [AIC Volleyball Season Schedule](#)

#### Volleyball Progressive Season Results

Team	Rd1 Mar	Rd2 Pad	Rd3 SPE	Rd4 Villa	Rd5 SPC	Rd6 SLC	Rd7 SEC
1 <sup>st</sup>	Won 3-0	Won 3-0	Won 3-0	Won 3-0	Won 3-0	Won 3-1	
2 <sup>nd</sup>	Lost 0-2	Lost 1-2	Won 2-0	Won 2-0	Won 2-1	Won 2-0	
3 <sup>rd</sup>	Won 2-0	Lost 0-2	Won 2-0	Won 2-0	Won 2-0	Lost 1-2	
11A	Won 2-1	Won 2-1	Won 2-0	Won 2-0	Won 2-0	Lost 1-2	
11B	Lost 1-2	Lost 0-2	Won 2-1 vs SLC 5 <sup>th</sup>	Won 2-0	Won 2-1	Lost 0-2	
10A	Won 2-0	Lost 1-2	Won 2-1	Won 3-0	Won 2-0	Lost 1-2	
10B	Won 2-1	Won 2-0	Won 2-1	Won 2-0	Won 3-0	Won 2-1	
10C	Lost 1-2	Won 2-1	Won 2-0	Lost 0-2	BYE	Won 2-1	
9A	Won 2-0	Won 2-1	Won 2-0	Won 2-0	Won 2-1	Won 2-0	
9B	Lost 0-2	Won 2-0	Won 2-1	Won 2-0	Won 3-0	Won 2-0	
9C	Lost 1-2	Lost 0-2	Won 3-0	Won 2-1	Won 3-0	Won 2-1	
9D	Won 2-1	Lost 1-2	Won 2-1	Won 2-1	BYE	Won 2-0	
8A	Won 3-0	Lost 1-2	Won 2-0	Won 2-0	Won 3-0	Lost 0-2	

8B	Won 3-0	Won 2-0	Lost 0-2	Won 3-0	Won 2-1	Won 2-1	
8C	Won 2-1	Won 2-0	Lost 0-2	Lost 1-2	Won 3-0	Lost 2-0	
8D	WOF	Won 2-0	Won 3-0	Lost 0-3	Won 3-0	Lost 1-2	
7A	Won 2-0	Won 2-0	Won 3-0	Lost 1-2	Won 3-0	Lost 1-2	
7B	Won 2-1	Won 2-1	Won 3-0	Won 3-0	Won 3-0	Lost 1-2	
7C	Won 3-0	Won 2-1	Won 2-1	Won 2-1	Won 3-0	Won 2-1	
7D	Won 3-0	Won 2-1	Won 2-1	Won 3-0	Won 2-1	Won 2-0	

#### Compulsory Duty

Teams will have a compulsory duty on the days they play games at Iona throughout the season. Boys are asked to arrive at the venue no later than **30 minutes before** their game time or duty time (whichever is first).

#### Important Reminders

- Off-court warm up will start 30 minutes before game-start time.
- On-court warm-up starts 10 minutes before game-start time each week.
- Compression pants worn under the shorts for training or games must be black or skin-coloured.
- Students cannot wear slides, thongs, Crocs or Birkenstocks of any form before or after games or training.

Students must arrive and depart with appropriate fully enclosed footwear. No non-Iona clothing / jumpers are to be worn to games or training.

#### Round 7 vs St Edmund's – Saturday 21 March

Team	Venue	Time	Court
1st	St Edmund's Mary St, Woodend	12.15pm	Court 1
2nds	St Edmund's Mary St, Woodend	11am	Court 1
3rds	St Edmund's Mary St, Woodend	9am	Court 1
11A	St Edmund's Mary St, Woodend	10am	Court 1

11B	St Edmund's Mary St, Woodend	8am	Court 1
10A	St Edmund's Mary St, Woodend	11am	Court 2
10B	St Edmund's Mary St, Woodend	10am	Court 2
10C	St Edmund's Mary St, Woodend	9am	Court 2
9A	Iona College Provence Centre	Duty 11am Game 12pm	Court 1
9B	Iona College Provence Centre	Game 11am Duty 12pm	Court 1
9C	Iona College Provence Centre	Game 11am Duty 12pm	Court 2
9D	Iona College Provence Centre	Duty 11am Game 12pm	Court 2
8A	Iona College Provence Centre	Duty 9am Game 10am	Court 1
8B	Iona College Provence Centre	Duty 8am Game 9am	Court 1
8C	Iona College Provence Centre	Game 8am No Duty	Court 1
8D	Iona College Oblate Hall	Duty 8am Game 9am	Oblate Hall 1
7A	Iona College Provence Centre	Duty 9am Game 10am	Court 2
7B	Iona College Provence Centre	Game 9am Duty 10am	Court 2
7C	Iona College Provence Centre	Game 8am No Duty	Court 2
7D	Iona College Oblate hall	Game 8am Duty 9am	Oblate Hall 1