

# IONA SPORT

I AM IONIAN 

11 March 2026

## TEAM IONA

I commend all members of our swim squad, who represented Iona well at the annual AIC Swim Championships held at Chandler yesterday. Our team managed to take out the Primary Aggregate, as well as the Year 6 Age Champion Trophy this year. The 12yrs-Open age group placed 4<sup>th</sup> overall. Although some maybe a little disappointed in the result, we are not disappointed in the efforts given by every Ionian who trained hard throughout the entire season, including all competitors and reserves. Our squad represented us with pride and honour at the pool yesterday. We are looking to build on these positive results in the younger age groups moving forward. Other great results on the day included second places in the Yr 5 & 13 Years age groups and a 3<sup>rd</sup> place in the Opens. A big thanks is given to coaches John Gatfield and Riley Mather, as well as to all the managers, swimmers and the parents for supporting the program. A big team effort! Please find more specific details in the respective swim section below.



Iona had a very successful round against St Patrick's College last weekend. Iona won most games across AFL, volleyball and cricket. Furthermore, Iona won all three first games with relative ease.

As we head into Round 6 against St Laurence's College, we have calculated that our volleyball and cricket programs are sitting close to the top in the overall

aggregate stakes. All teams need to give their very best as we look to finish the season off well. Our AFL results also see Iona in the top 4 at present. Although fun and participation remain an important part of why we play sport at Iona, we do not apologise for being hungry for success as well. Being challenged and working hard to succeed are good attributes. Accepting the results and playing with humility are others we wish to impart to the boys in our sports program. To that end, we wish all our players the very best this weekend.

The Sports Office has been working extremely hard behind the scenes to get the rugby and football seasons up and ready. Training and trials for all teams from Years 5-12 will occur the very next week after the current AFL, Cricket and Volleyball seasons conclude – that is, the second-last week of this term. Each year level will have a trial afternoon, with further internal trials being held on that first Saturday after the current AIC season concludes. Please go to the respective Rugby and Football sections below to access the season schedules which outline all pertinent information regarding all trial and training times, coaches, uniforms etc.

Sign-on for Term 2 sport – including Rugby, Football, Chess and Cross Country – is open, and will close this Friday 13 March. All sign-ons must be completed via Clipboard. Year 7-12 students can sign on for themselves. Only the parents of the Year 5 and 6 students can sign on. Simply access Clipboard via ICON, select the activity selection tab, then select the Term 2 activity you wish to do. It is imperative to sign-on by this Friday as we need accurate numbers to appoint coaches and nominate the correct number of teams into the AIC competition.

Note: Students can play either Rugby Union or Football, but not both (as they are played at the same time). No one misses out on a Rugby or Football team. Students can also participate in Chess, as this is played on Friday afternoons. All students can do Cross Country as well.

AIC Sports Information is provided by [Clipboard](#) (includes wet weather updates)

Head of Sport: Mr Craig Stariha – 3893 8851

Sports Administrator: Mrs Karen Otway – 3893 8805

Sports Administrator: Mr Alex Jirasek – 3906 8917

Assistant Head of Sport (5-6): Mr Connor Russell – 3893 8869

Assistant Head of Sport (7-12): Mr Harry Milford – TBC

This weekend will see Iona play against St Laurence's. Many volleyball premierships, as well as the volleyball aggregate (award given for the best overall AIC volleyball school), is up for grabs as the top two AIC Colleges will battle it out this weekend.

Best wishes go to all who represent our College this weekend. We encourage all boys to finish off the season well. Please enjoy these special times playing alongside your mates!

**Craig Stariha**  
**Head of Sport, Iona College**

### Clipboard

Clipboard is an online sports communication system which allows coaches, players and parents to access weekly draws, training schedules, sport sign-on, injury reports, score lines and much more.

Please access the link below to gain instructions on how to log into Clipboard.

If you having any difficulties logging in or accessing Clipboard, please contact the ICT Service Desk ([ictservices@iona.qld.edu.au](mailto:ictservices@iona.qld.edu.au)).

For queries regarding sign on, sessions time, venue locations, cancellations, etc, please contact Mr Jirasek ([jiraseka@iona.qld.edu.au](mailto:jiraseka@iona.qld.edu.au)).

Please see the link below for a guide on how to navigate and setup Clipboard on your device.  
([Parent Clipboard Guide](#))

## IONA UNIFORM SHOP

### 2026 Opening Hours

Week 1: Tuesday– Friday 8am–3.30pm

Weeks 2–10:

Monday, Wednesday and Friday 8am – 3.30pm.

Tuesday and Thursday – Closed

## IONA SPORT SEASON PLANNER

Fri 6 Mar: AIC Round 5 AFL (1sts/2nds) vs SPC  
Sat 7 Mar: AIC Round 5 AFL (Years 5–10) vs SPC  
Sat 7 Mar: AIC Round 5 cricket/volleyball vs SPC (A)  
Sun 8 Mar: Teams Racing Sailing  
Mon 9 Mar: QIGA Golf  
Tues 10 Mar: AIC Swimming Championships  
Fri 13 Mar: Primary AFL / Cricket Team Photos  
Fri 13 Mar: AIC Round 6 AFL (1sts/2nds) vs SLC  
Sat 14 Mar: AFL, Volleyball and Cricket Team Photos for those teams playing at Iona.

Sat 14 Mar: AIC Round 6 AFL (Years 5–10) vs SLC  
Sat 14 Mar: AIC Round 6 cricket/volleyball vs SLC (H)  
Sun 15 Mar: Teams Racing Sailing  
Fri 20 Mar: AIC Round 7 AFL (1sts/2nds) vs SEC  
Sat 21 Mar: AIC Round 7 AFL (Years 5–10) vs SEC  
Sat 21 Mar: AIC Round 7 cricket/volleyball vs SEC (A)  
Sun 22 Mar: Teams Racing Sailing  
23–27 Mar: Years 5–12 Rugby/Football/Chess Trials Begin  
Fri 27 Mar: Chess Trial vs Villa (A)  
Sat 28 Mar: Rugby/Football Trial vs Villa (A) (1sts/2nds/10A)  
Sat 28 Mar: Internal Trials Rugby/Football  
Sun 29 Mar: Teams Racing Sailing

## AFL

### Years 7–12 Coordinator

Mr Leigh Harding – [hardingl@iona.qld.edu.au](mailto:hardingl@iona.qld.edu.au)

### Years 5/6 Coordinator:

Mr Jack Rolls – [rollsj@iona.qld.edu.au](mailto:rollsj@iona.qld.edu.au)

### Round 5 Results

Although a little inaccurate in front of goal the First XVIII returned to the winners list with 45–point win over St Patrick's.

The 10A's flexed their muscle and continued to dominate their opposition with a 90+ win over Ambrose Treacey remaining undefeated in 2026.

The 7A, 7B, 5A, 5B & 5C are also undefeated in 2026 after comprehensive wins against their opponents on Saturday morning.

Continue to bring your best game this weekend and do the 'Black & White' proud.



Please see link below for all AFL information for 2026:

[AIC AFL Season Schedule](#)

## AFL Progressive Season Results

	Rd1 Mar	Rd2 Pad	Rd3 SPLC	Rd4 Villa	Rd5 SPC	Rd6 SLC	Rd7 SEC
1st	Won 47-34	Wash out	Won vs ATC 107-13	Lost 19-65	Won 66-21		
2nd	Lost 5-55	Wash out	Lost vs SPE 1 <sup>st</sup> 21-33	Lost 35-40	Bye		
10A	Won 70-9	Won 121-1	Won 100 -2	Won 35-5	Won vs ATC 96-6		
9A	Lost 1-67	Lost 40-44	Won 64-7	Lost 22-64	Lost 28-79		
9B	Lost 7-100	Lost 105-0	Won vs ATC A 41-19	BYE	Lost 17-56		
8A	Lost 6-26	Lost 46-8	Won vs ATC 78-1	Lost 66-6	Lost 2-37		
8B	Won 42-28	Lost 54-9	Lost vs SPE A 4-33	Lost 64-5	Draw 8-8		
7A	Won 55-2	Won 34-14	Won 116-0	Won 40-21	Won 27-17		
7B	Won 66-48	Won 73-13	Won vs ATC A 42-20	Won 53-38	Won 64-18		
6A	Lost 63- 84	Won 56-31	Won vs SLC 59-26	Lost 34-69	Won vs Mar 59-39		
6B	Won 73- 45	Won 54-33	Won vs SLC 49-25	Lost 72-15	Lost vs Mar 32-60		
6C	Lost 19- 71	Lost 37-10	Lost vs SLC 23-68	Lost 71-13	Lost vs Mar 20-61		
6D	Lost 21- 66	Lost 103-1	Lost vs Pad 29-33	Lost vs SLC 70-14	Lost vs Mar 0-85		
5A	Won 84-14	Won 68-14	Won vs SLC 49-29	Won 59-28	Won vs Mar 69-46		
5B	Won 56-40	Won 61-20	Won vs SLC 78-33	Won 81-21	Won vs Mar 84-4		
5C	Won 54-26	Won 175-0	Won vs SLC 79-8	Won 36-8	Won vs SPE A 98-7		
5D	Won 83-70	Won 73-0	Won vs SLC 87-7	Lost vs ATC 32-42	Lost vs Mar 38-48		

### Round 6 vs St Laurence's Friday 13 March

Team	Venue	Time	Oval
1sts	Coorparoo AFC Birubi St, Coorparoo	4.45pm	AFL 1
2nds	Coorparoo AFC Birubi St, Coorparoo	4.45pm	AFL 2

### Round 6 vs St Laurence's - Saturday 14 March

Team	Venue	Time	Oval
10A	Iona College	10.30am	St Eugene
9A	Iona College	9.30am	St Eugene
9B	Wynnum Vikings Kianawah Rd Wynnum West	10.30am	Field 1
8A	Wynnum Vikings Kianawah Rd Wynnum West	9.30am	Field 1
8B	Wynnum Vikings Kianawah Rd Wynnum west	8.30am	Field 2
7A	Wynnum Vikings Kianawah Rd Wynnum west	9.30am	Field 2
7B	Wynnum Vikings Kianawah Rd Wynnum west	7.30am	Field 2
6A vs Pad	Iona College	8.30am	Dwyer
6B vs Pad	Iona College	7.30am	Dwyer
6C vs Pad	Iona College	8.30am	St Eugene 3
6D vs Pad gold	Iona College	7.30am	St Eugene 3
5A vs Pad	Iona College	8.30am	St Eugene 1
5B vs Pad	Iona College	7.30am	St Eugene 1
5C vs ATC A	Iona College	8.30am	St Eugene 2
5D vs Pad C	Iona College	7.30am	St Eugene 2

#### AFL Team Photos

Years 5 and 6: Photos will be taken on Friday 13 March in Period 1. Boys will wear formal grey uniform for these photos.



Years 7-Open: Photos will be taken on the co-curricular photo days later in the year.

# BASKETBALL

## Coordinator

Mr Harry Milford – [milfordh@iona.qld.edu.au](mailto:milfordh@iona.qld.edu.au)

## 2026 First V Basketball Trails

The First V Basketball Trials will be held over 4 sessions from Week 7-10 of Term 1. Boys are expected to be available for ALL sessions outlined below:

The remaining trial sessions are:

- Trial session 3: Thursday 26th March – Provence Centre 3:15pm – 4:45pm
- Trial session 4: Tuesday 31st March – Provence Centre 3:15pm – 4:45pm

After each session, coaches will reduce the number of squad members based on the following criteria: attitude, attendance and performance. Upon completion of the trials, the selected First V Basketball squad will make up the iHoops Senior squad and will commence the Basketball High- performance program throughout Term 2.

Injuries: Students who are injured and are unable to attend the trial period are required to email Basketball Coordinator, Mr Harry Milford – [milfordh@iona.qld.edu.au](mailto:milfordh@iona.qld.edu.au)

# CHESS

## Coordinator

Mr Kevin Caine – [cainek@iona.qld.edu.au](mailto:cainek@iona.qld.edu.au)

Chess has started back with trials and training on Monday and Tuesday mornings.

### Monday mornings

Seniors (Years 10-12) 6:55am to 8:00am

Juniors (Years 5-6) 8:00am to 8:50am

### Tuesday Mornings

Intermediate (Years 7-9) 6:55am – 8:25am

If you are unable to make one, please attend the other.

# CRICKET

## Coordinator

Mr Harry Milford – [milfordh@iona.qld.edu.au](mailto:milfordh@iona.qld.edu.au)

## Round 5 Results vs St Patrick's

Iona had another pleasing round over the weekend vs. St. Patrick's College, who have won the AIC Cricket aggregate the previous two seasons. Iona had 11 wins and 10 losses across all year levels and managed to square the aggregate games with 5 wins and 5 losses.

The Iona First XI continued the momentum they gained from their win vs. Villanova College with a dominant performance over the weekend against a strong St. Patrick's outfit. With Cohen Hamilton out with illness, the First XI knew runs on the board would prove valuable.

Iona won the toss and elected to bat with the weather proving difficult to predict. Jackson Williams (vc) and Henry Bader lead the batting attack and were able to absorb some early pressure from St. Patrick's while ticking the score over. Williams, who defended well, would eventually get out caught behind to a great delivery and Iona were 1/42. Alexander Harrison (c) was unable to back up his marvellous innings last week and would also get out to another swinging delivery.

At 2/65, Aden Biddle and Henry Bader would put on a 104-run partnership together, with Henry Bader bringing up a terrific century in just 113 deliveries. Biddle would also score 68 (114) and quick fire 29\* (20) from Ethan Wirght would see Iona make a season high total of 237 runs. Bader and Biddle's job wasn't finished there, both backing up their wonderful innings with the ball. Aden Biddle ripped through the St. Patrick's top order with 4/24 off 10 overs with 2 maidens and Bader 2/23 off 10 overs with 2 maidens. Calean Gullo would also get some reward with 2/1 off overs. Iona would go onto win by 118 runs.



## Round 5 Player Highlights

### **Henry Bader 1<sup>st</sup> XI – 104 (113)**

Aden Biddle 1<sup>st</sup> XI – 68 (114) and 4/24 off 10 overs with 2 maidens

Zachary Taylor 8A – 51\* (55)

William Stevenson 7A – 69\* (84)

### **Fynn Cording 8B – 109 (68)**



## Clipboard

Any team changes will throughout the season will be made through Clipboard – it is imperative that Clipboard is checked weekly for any team changes, training sessions changes and games.

## Cricket Team Photos

Years 5 and 6: Photos will be taken on Friday 13 March in Period 1. Boys will wear formal grey uniform for these photos.



Saturday 14 March – Outside McCarthy 7 Year 10 to Open Cricket teams who are playing at Iona.

## Schedule for Team Photos on Saturday 14 March Venue: Outside McCarthy 7 Classroom

The Time listed below is the time the photo is taken.  
**Please arrive at the photo area at least 5 mins before the allocated time or students may miss their photo.**

Team	Photo Time (Please do not be late)	Game Time
10A Cricket	7.15am	8am Game
1sts Cricket	8.15am	9.30am Game
2nds Cricket	12.15pm	1pm Game

## 2026 AIC Cricket – Season Schedule

The 2026 AIC Cricket Season Schedule contains all information about training times and the AIC regular season. Please ensure you are frequently checking the College Sports Newsletter and Clipboard for the scheduled training sessions. Any changes will be made live in Clipboard.

Please see link below for all cricket information.

## [AIC Cricket Season Schedule](#)

Years 5–9 will also train during their weekly sport lesson.

## Cricket Progressive Results

Team	Rd1 Mar	Rd2 Pad	Rd3 SPLC	Rd4 Villa	Rd5 SPC	Rd6 SLC	Rd7 SEC
1 <sup>st</sup>	Lost	Won	Lost	Won	Won Iona 5/237 SPC 119		
2 <sup>nd</sup>	Won	wash out	Won	Lost	Lost Iona 123 SPC 8/138		
3 <sup>rd</sup>	Lost	wash out	won	Won	Won Iona 4/134		

					SPC 9/121		
10A	Won	wash out	Won	Won	Lost Iona 74 SPC 3/75		
10B	Lost	wash out	Won	Won	Lost Iona 105 SPC 3/107		
9A	Lost	Won	Won	Lost	Lost Iona 73 SPC 5/184		
9B	Lost	Lost	Won	Lost	Lost Iona 8/31 SPC 5/138		
9C	Lost	wash out	Lost	Lost OF	Lost Iona 57 SLC 10C 2/98		
8A	Won	Won	Won	Won	Won Iona 8/84 SPC 9/82		
8B	Lost	Won	Won	Won	Won Iona 3/206 SPC 24		
7A	Won	Won	Won	Won	Won Iona 6/156 SPC 41		
7B	Lost	Lost	Won	Won	Won Iona 8/108 SPC 105		
7C	Lost	wash out	Lost	Won	Lost Iona 2/59 SPC 2/67		
7D	Won	Lost	BYE	Lost	Won Iona 3/107 SPC 8/61		
6A	Draw	Lost	Won	Lost	Won Iona 1/149 SPC 2/148		
6B	Lost	Lost	Lost	Lost	Lost Iona 5/44 Villa 4/105		
6C	Lost	Lost	Lost	Lost	Lost Iona 9/74 SPC 6/108		
5A	Won	wash out	Won	Won	Won Iona 5/176 SPC 4/140		
5B	Lost	wash out	Won	Lost	Won Iona 8/71 SPC 8/65		
5Black	Lost	wash out	Won	Lost	Lost Iona 2/71 SPC C 8/37		
5white	Lost	Lost	Lost	Lost	Lost Iona 7/51 Villa C 1/71		
5 grey	Lost	wash out	Lost	Lost	Won Iona 5/75 Pad 4/74		

### Cricket Training Schedule 2026

VENUE	TIME	MON	TUE	WED	THUR
Cricket Nets/ Harron Oval	6:45 – 8am		1st XI/2nd XI	Year 6 (7am – 8am)	Year 5 7 – 8am
Harron Oval	3.15 – 4:45pm	Year 8A & B only (field)	Wicket Keeping (all year 5-10 keepers)		1st XI/2nd XI (Davine)
Cricket Nets	3.15 – 4.45pm		3rd XI	7C / 7D (net)	Year 9 Year 10
McCarthy Oval	3.15 – 4.45pm	Year 7A & B only (field)	10A and 9A only (field)	Year 7A & B (net/field) Year 8A&B (field/net)	

### Round 6 vs St Laurence's – Saturday 14 Match

TEAM	VENUE	OVAL	TIME
1 <sup>st</sup> XI	Iona College	Davine	9.30am–5.15pm
2 <sup>nd</sup> XI	Iona College	McCarthy	1pm–5.50pm
3 <sup>rd</sup> XI	Kianawah Park Manly Rd, Tingalpa	Field 5	12pm–3pm
10A	Iona College	McCarthy	8am–12.50pm
10B	Kianawah Park Manly Rd, Tingalpa	Field 9	8am–12.50pm
9A	SLC Fields Nathan Rd, Runcorn	Grundy field 7	8am–12.50pm
9B	Kianawah Park Manly Rd, Tingalpa	Field 6	1pm–5.30pm
9C vs Mar C	Marchant Park Murphy Rd, Chermside	Field 3	8am –11am
8A	SLC Fields Nathan Rd, Runcorn	Grundy Field 7	1pm–5.30pm
8B	Bonemill Road Park Draw Rd, Runcorn	Ian Gill oval	1pm–5.30pm
7A	Brittain Park Troughton Rd, Coopers Plains	Main	1pm–5.30pm
7B	Kianawah Park Manly Rd, Tingalpa	Field 9	1pm–5.30pm
7C	Bonemill Road Park Draw Rd, Runcorn	Margaret Page oval	1pm–4pm

7D vs SEC B	Kianawah Park Manly Rd, Tingalpa	Field 1	12pm–3pm
6A	Kianawah Park Manly Rd, Tingalpa	Field 1	8am–11.30am
6B	Kianawah Park Manly Rd, Tingalpa	Field 5	8am–11.30am
6C	Kianawah Park Manly Rd, Tingalpa	Field 6	7.30–9.55am
5A	SLC Fields Nathan Rd, Runcorn	Field 8	8am–11.30am
5B	SLC Fields Nathan Rd, Runcorn	Field 6	8am– 11.30am
5 Black vs SLC C	SLC Fields Nathan Rd, Runcorn	Field 6	1pm–3.25pm
5 Grey	BYE		
5 White vs Mar gold	Kianawah Park Manly Rd, Tingalpa	Field 6	10am–12.25pm

### Scoring

Anyone willing to assist with scoring on game day is encouraged to contact the Cricket Coordinators.

### Cricket Kit Bags and Equipment

All boys selected in an A or B team are expected to supply their own kit bag (box, pads, glove, bat and helmet – minimum). Those in a C or D team will have access to limited Iona-supplied kit bags. A box must be individually supplied for obvious hygiene reasons.

## CROSS COUNTRY

### Coordinator (Years 7-12)

Mr Brendan Merrotsy – [merrotsyb@iona.qld.edu.au](mailto:merrotsyb@iona.qld.edu.au)

### Coordinator (Primary)

Adam McClure – [mcclurea@iona.qld.edu.au](mailto:mcclurea@iona.qld.edu.au)

### Primary Cross Country (Yr 5–6)

Primary Cross-Country training will begin in Week 8. Training will be on Tuesday and Thursday afternoons from 3.10pm – 4.15pm. Students will meet the coaches on the Primary handball courts to begin.

### Cross Country (Yr 7-12)

The 2026 Cross Country season has commenced with three sessions available. There is no requirement to attend all sessions, the sessions are open to all students from Years 7-12, regardless of your previous experience. Cross Country training is a great way to build your aerobic base & speed for many other Semester 1 sports

including Cricket, AFL, Rugby & Soccer. It also is a great opportunity to run with your mates and improves your fitness whilst being a part of a team.

### Training Logistics

Students may go home after Monday morning training, otherwise the bus will return from the waterfront to the College by 7:45am, where they can get changed for school.

After Wednesday and Friday sessions, students may use the Iona pool to cool down before getting into uniform. They will be supervised and must follow pool rules – no grass, no jumping, no leaning on lane ropes.

Please bring a towel and a change of underwear if planning to use the pool.

### Cross Country Training Schedule

Sessions	Time	Meeting Point
Monday morning Long Run	6.15–7.30am	Wynnum Wading Pool (minibus returns to College with all students at 7.40am)
Tuesday working with Primary squad	3.15–4.15pm (starts week 7)	Davine Oval
Wednesday morning Hills/Interval Session	6.45–8am	Junior Handball Courts
Friday morning Speed / Games/Bootcamp	6.45–8am	Junior Handball Courts

## FOOTBALL

### Coordinator

Mr Connor Russell – [russellc@iona.qld.edu.au](mailto:russellc@iona.qld.edu.au)

### AIC Football Sign On Open

Sign on for AIC football is now open on Clipboard (activity selection) and will close this Friday 13 March. If you are interested in playing football for Iona next term you must sign on. Parents/Guardians of primary students will have to complete sign on for their son, students from Year 7–12 can complete this themselves. Trials will be held in Weeks 9 and 10.

Please see below a season schedule which outlines all the important information pertaining to the upcoming season including training/trial times and venues, uniforms, season calendars and much more.

[Football Season Schedule](#)

## High-Performance Football

### Years 7–10

St Eugene’s Park – Tuesday Morning 6.45–8am

### Opens

St Eugene’s Park – Tuesday Mornings 6.45–8am and Thursday Mornings 6.45–8am (beginning in Week 4.)

### Coaches Needed

We rely on the support of our Iona community to continue running such a large sporting program. For any Old Boys and Parents interested in coaching next term please complete the appropriate link below and touch base with Mr Connor Russell ([russellc@iona.qld.edu.au](mailto:russellc@iona.qld.edu.au)).

Outside coaches/Old Boys to complete this link: <https://iona.jotform.com/252378337384870>

Parent Volunteers are to use this link:

<https://iona.jotform.com/252601175601851>

## GOLF

### Coordinator

Mr Richard Beets – [beetsr@iona.qld.edu.au](mailto:beetsr@iona.qld.edu.au)

### QIGA Results from Burleigh Golf Club.



The opening round of the QIGA season was contested in wet and challenging conditions at Burleigh Golf Club, where steady rain made precision and patience essential. Newly appointed captain James

Toscan set an excellent standard for the year, carding an impressive even-par round despite the weather.

Experienced teammates Rory Maclean and Sean Toscan also produced solid, reliable scores that helped anchor the team’s overall performance.

The round marked the debut of four newcomers, Flynn Donnelly, Asher Rissman, Jackson Williams and Eli Emery who all handled the difficult conditions well. Their positive attitude and willingness to compete hard in tough weather



contributed significantly to the team’s encouraging start. Overall, the group combined well, showing depth, balance and growing confidence. With both returning players and fresh talent performing strongly, the team is

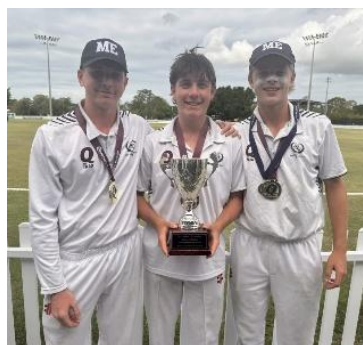
well placed for an excellent and competitive QIGA season. The next event will be held at Beaudesert next term, where the squad will look to continue building momentum after round 1.

## HIGH PERFORMANCE

### Coordinator

Mr Leigh Harding – [hardingl@iona.qld.edu.au](mailto:hardingl@iona.qld.edu.au)

**Congratulations to the following students on their achievements:**



Flynn Donnelly, Samuel Haynes and Aden Biddle were all members of the Metropolitan East team who took out the State Championships last week.



Quinn Davidson on making and playing in the 15yrs Qld team at the National Cricket Championships which were held recently in Western Australia from 19 – 22 Feb.



Zachary Erdmann who represented the U14 Queensland Softball Championships. The team displayed great spirit and finished 3<sup>rd</sup> overall.

### District And Regional Sport Trials

This year Iona has moved into a new district structure. Our new district "Riverside Rays" will replace Lytton (10-12yrs) and Composite (13-19yrs). Riverside Rays will follow a 10-19yrs District model.

District trial information will **now EXCLUSIVELY be published on the Representative Sport Page in ICON.**

Here you will find:

- Representative Sports Calendar
- Nomination Close dates

- District Information
- Nomination Form

**Click the link below to access the new page.**

[ICON – Representative Sport](#)

### Direct Pathway:

ICON – Co-Curricular – Sport – Representative Sport

### 10-12 Years Information 2026

Sport	Details	Nominations Close
Golf 10-12 Yrs	Met East Trial	Mon 16 Mar
Hockey 10-12Yrs	Met East Trial	Mon 13 Apr

### 13-19 Years Information 2026

Sport	Details	Nominations Close
Volleyball 13-15 Yrs	Riverside District Trial	Mon 9 Mar
Golf 10-19 Yrs	Direct to Met East Trial	Mon 16 Mar
Rugby Union 14-15yrs	Riverside District Trial	Mon 30 Mar

### Term 1, 2026 Gym Schedule

	MON	TUE	WED	THU	FRI
6.30-7.30am	Intro To Gym	Intro To Gym	Intro to Gym	1 <sup>st</sup> AFL Cricket and Volleyball	Iona Swimming (6am Start)
7.15-8.15am	Harlequins Squad	Hoops Squad	Harlequins Squad	Hoops Squad	Harlequins Squad
3.15 – 4.15pm	1sts Cricket 1sts Volleyball	1sts AFL and Any High Performance	Any High Performance	Any High Performance	Any High Performance & Intro To Gym
5:15 – 6.30pm		Iona Swimming Club	Iona Swimming Club		

### Iona Strength and Conditioning

The Iona Strength and Conditioning program is overseen by accredited industry experts and guided by the ASCA Position Stand on Resistance Training for Children and Youth.

The sequential programs also closely align to long-term athletic development principles.

Any student wishing to attend the Iona gym for the first time must first contact Mr Harding prior to attending.

## Gym rules

- Use the bag racks for your bags and get changed in dressing rooms downstairs.
- Wear Iona sports uniform, not club gear.
- Follow all instructions from your trainer carefully.
- Complete all exercises on your program.
- Prioritise the safety of yourself and others.
- Ensure you use all equipment correctly and return it to where you got it from.

## Gym groups

- ANY HIGH-PERFORMANCE groups are for players that are members of Iona Firsts Squads or regional representative sport. Students are given two-day programs based on their S&C goals.
- INTRODUCTION TO GYM TRAINING is for Year 7-12 students that are not a part of other groups. Students are provided a suitable program to work through.

## MOUNTAIN BIKING

### Coordinator

Mr Daniel Davison – [davisond@iona.qld.edu.au](mailto:davisond@iona.qld.edu.au)

If your son did not receive the information and sign up sheet, please reach out to Mr Davison on [davisond@iona.qld.edu.au](mailto:davisond@iona.qld.edu.au) to get a copy.

### Training Dates and Times:

Sunday May 10: 8.30am – 10.45am (Mt Cotton) Yrs 7-12

Sunday 19 July: 9am-11.15am (Caloundra) Years 7-12

Sunday 9 August: 9am-11.15am (Castle Hill) Years 7-12

Sunday 30 August 8.45am-11am (Nerang) Years 7-12

### Competition Dates and Times:

Friday 20 March (Nerang) Years 7-12

Friday 15 May (Mt Cotton) Years 7-12

Friday 5 June: (Toowoomba) Years 7-12

Thursday 30 July: (Caloundra) Years 5-8

Friday 31 July: (Caloundra) Years 9-12

Friday 14 August: (Castle Hill) Years 7-12

Friday 11 September: (Nerang) Years 7-12

## RUGBY UNION

### Coordinators

Mr Alex Jirasek [jiraseka@iona.qld.edu.au](mailto:jiraseka@iona.qld.edu.au)

Mr Craig Stariha [starihac@iona.qld.edu.au](mailto:starihac@iona.qld.edu.au)

### AIC Rugby Sign On Open

Sign on for AIC rugby is now open on Clipboard (activity selection) and will close this Friday 13 March. If you are interested in playing rugby for Iona next term you must sign on. Parents/Guardians of primary students will have to complete sign on for their son, students from Year 7-12 can complete this themselves. Trials will be held in Weeks 9 and 10.

Please see below a season schedule which outlines all the important information pertaining to the upcoming season including training/trial times and venues, uniforms, season calendars and much more.

### [Rugby Season Schedule](#)

### Ballymore Cup

Iona will again be entering an U14, U16 and U18 teams into the Ballymore Cup tournament held at South Pine Sports complex from the 16-18 April. This will consist of our 8A, 10A and First XV teams. The 10A and First XV for this tournament will be selected from the Hoops and Harlequins squads respectively. The Year 8 Ballymore cup trials will be held on the below dates. This is open for any Year 8 student turning 13 or 14 this year that believes they can play at an 8A level and are available for the tournament.

### [Yr8 Ballymore Cup Sign on](#)

### Year 8 Ballymore Cup Trials

- Trial 1 – Monday 16 March, 6:30-7:45am @ Dwyer Oval
- Trial 2 – Friday 20 March, 6:30-7:45am @ Dwyer Oval

### Harlequins – Field Sessions

Dwyer Oval – Tuesday & Thursday 6.30-8.00am

### Hoops – Field Sessions (Final Session)

Dwyer Oval – Wednesday 6.30-8.00am

### Uniform

Gym – Yura shirt/singlet, PE shorts, PE socks

Field – Yura shirt/singlet, Rugby shorts, PE socks

## SAILING

### Coordinator

Mr Kevin Caine – [cainek@iona.qld.edu.au](mailto:cainek@iona.qld.edu.au)

Cold, wet and windy conditions welcomed our Iona sailors on Sunday. Thank you to Parents, Grandparents, Aunties and Uncles who are getting the boys down to RQ on time, it is a wonderful community feel when we involve our extended family.

The parent feedback session held whilst the boys were rigging looked at getting people from our community to become certified Teams Racing Umpires. Another focus of the meeting was to engage our younger students in learn to sail so they can join in the Iona sail program from the start of term 4 when in year 6. (See below for more details) Our aim here is to strengthen the team in years to come.

Discussion also was around Iona's Sailing Talent. Iona has a long history of strong performances in Teams Racing at State level and qualifying for Nationals and international events.

Once rigged and out on the water the weather conditions did not improve. Minimal races were held as boats capsized, gear broke and racing was postponed until next week.

This week will be the final day of the Teams Racing regatta, please advise your attendance and volunteering availability, on the Teams app.

The SEQ Secondary Schools Team Sailing Championships hosted by RQYS will be over 2 days on Sunday 22 March and Sunday 29 March. Training continues till the end of term. Coaches will advise of team list.

### Learn to Sail – Expressions of Interest

Expressions of Interest from students in Grade 5 and above for a **Learn to Sail / Tackers program**.

Students will learn dinghy sailing basics, including rigging, sailing skills and water safety. Iona is looking to coordinate a program with **Darling Point Sailing Squadron** to help build a pathway into school sailing/racing.

Please contact Mr Caine [cainek@iona.qld.edu.au](mailto:cainek@iona.qld.edu.au) to register your interest.

### RQYS is still seeking parents interested in becoming certified Teams Racing Umpires.

The course covers rules interpretation, on-water umpiring, and officiating team races, if you are keen to support school or club racing events please register your interest by contacting [cainek@iona.qld.edu.au](mailto:cainek@iona.qld.edu.au).

## SWIMMING

### Head Coach

Mr John Gatfield – [iswim@iona.qld.edu.au](mailto:iswim@iona.qld.edu.au)

### Assistant Head Coach

Mr Riley Mathers – [iswim@iona.qld.edu.au](mailto:iswim@iona.qld.edu.au)

### Swim Coordinator

Mr Craig Stariha – [starihac@iona.qld.edu.au](mailto:starihac@iona.qld.edu.au)

### AIC Swimming Results

Our entire AIC squad should feel proud of their efforts at the AIC Championships held on Tuesday of this week. Iona placed first in the Yr 5 & 6 aggregate, and fourth in the 12yrs-Opens aggregate.

Please see listed below a full set of our individual winners on the day as well as Iona's results in each age division. Special mention is given to the Yr6 boys for their great efforts taking out the Yr6 Age Championship as well as to Justus Gerreyn who broke an individual 50m Breast AIC record and was part of the Yr6 Medley Relay team to break another AIC record along with his teammates – Harrison Balancio, Charles Gillan and Oliver Plumbley. Awesome!

Many thanks are given to our coaches – John Gatfield and Riley Mather. We are fortunate to have their expertise and experience. These are two good men who work positively with our boys and we are grateful for all that they are doing.

It takes a lot of time and effort from many people to build a solid program. I know the coaches would really like the boys to continue to train over the winter months. This is where big improvements can be made. If we want that 'next level', we must work for it. Please consider continuing your training. It will help with fitness for other sports too.

Thank you to all the staff managers who have done a lot of work behind the scenes. Of course, many thanks go to our swimmers, who have attended training in great numbers and added to the positive experience and culture.

We challenged the boys to break their PBs and to give their best at the championships. The boys certainly gave it everything on the day and represented our school well. We cannot ask for more than that.

The College staff feel very supported by the parents. We are very appreciative of the assistance given at the BBQ brekkies, and for the work our parents have given to get the boys to training and to ensure they wore the correct uniforms etc. Thank you!

Next year, we will continue with swim camp adding a new event – wake boarding! More info to come later in

the year. Year 6 boys can go next year as well, as it is a Year 7-12 event only.

Again, I am so happy with the positive culture set and what we have achieved as a team this season. Well done to you all!



## 2026 AIC Results

Aggregate				
Senior			Primary	
1 <sup>st</sup>	St Peters	656.75	1 <sup>st</sup>	Iona 412
2 <sup>nd</sup>	Marist	636.5	2 <sup>nd</sup>	Marist 379.5
3 <sup>rd</sup>	Villanova	429.5	3 <sup>rd</sup>	St Laurence's 297
4 <sup>th</sup>	Iona	402.25	4 <sup>th</sup>	St Peters 287.5
5 <sup>th</sup>	St Laurence's	338.25	5 <sup>th</sup>	Villanova 276.5
6 <sup>th</sup>	ATC	317.5	6 <sup>th</sup>	ATC 234
7 <sup>th</sup>	Padua	263	7 <sup>th</sup>	St Patrick's 217
8 <sup>th</sup>	St Patrick's	199	8 <sup>th</sup>	Padua 207.5
9 <sup>th</sup>	St Edmund's	173	9 <sup>th</sup>	St Edmund's 131
Age Group Results				
Year 5	1 <sup>st</sup> - Marist	214	Iona 2 <sup>nd</sup>	204
Year 6	1 <sup>st</sup> - Iona	208	Iona 1 <sup>st</sup>	208
12 Years	1 <sup>st</sup> - St Peters	100.5	Iona 8 <sup>th</sup>	37.5
13 Years	1 <sup>st</sup> - Marist	117	Iona 2 <sup>nd</sup>	91
14 Years	1 <sup>st</sup> - St Peters	111.5	Iona 7 <sup>th</sup>	46
15 Years	1 <sup>st</sup> - St Peters	119	Iona 6 <sup>th</sup>	51.5
16 Years	1 <sup>st</sup> - Marist	104	Iona 4 <sup>th</sup>	71.8
Open	1 <sup>st</sup> - St Peters	146	Iona 3 <sup>rd</sup>	104.5

## AIC Swimming Championships Results

### Individual Winners

#### Year 5

Tyler Robbie 100m Free Div 1, 50m Fly Div 1

Charlie Burrows 50m Free Div 7

Alfie Spina 50m Free Div 2

Lucas Versluis 50m Fly Div 2

#### Year 6

Justus Gerreryn 50m Breast Div 1 (AIC Record 36.39), 50m Fly Div 1

Oliver Plumbley 50m Breast Div 2

Albert Young St Ledger 50m Free Div 7

Oliver Ning 50m Free Div 6

Charles Gillan 50m Fly Div 2

#### 13 Years

Oliver Thawley 50m Free Div 4

Hunter Deane 50m Free Div 3

Harry Burrows 50m Free Div 2

Joseph Alcorn 50m Fly Div 2

#### Open

Connor Burgess 100m Fly Div 1

### Relay Winners

Year 6 Medley Relay Div 1 (AIC Record) Harrison Balancio, Justus Gerreryn, Charles Gillan, Oliver Plumbley

Year 5 Freestyle Relay Div 1 – Tyler Robbie, Lucas Versluis, Alfie Spina, Finn Briggs

## VOLLEYBALL

### Coordinator

Mrs Karen Otway [otwayk@iona.qld.edu.au](mailto:otwayk@iona.qld.edu.au)

### Results Round 5 vs St Patrick's

What an incredible day of volleyball for all our teams! It's not often that you walk away with a clean sweep—18 wins from 18 games last Saturday. Several of these were hard-fought battles, showcasing determination and team spirit across the board.

A special shout-out to Isaac Donohue from the 11B team, who stepped up in a big moment. With the team trailing 10-21, Isaac confidently served 15 points in a row to take the set and swing the momentum back our way. Outstanding effort, Isaac!

This Saturday's round against St Laurence's will be the toughest of the season. Both schools have multiple teams in Premiership contention, so we'll need every team performing at their best if we're aiming to win the Aggregate. Play hard, support your teammates, and give everything you've got—we're capable of something special.

I'm also asking all boys to stay after their games where possible to support other Iona teams. Strong support from the sidelines lifts performance and keeps energy high. Let's get behind each other and make a real impact together.

The 2026 AIC Volleyball Season Schedule contains all information about training times and the AIC regular season.

Please ensure you check the College Sports Newsletter for training, game and duty times and Clipboard for the scheduled training sessions and game times. Any changes will be made live in Clipboard.

### [AIC Volleyball Season Schedule](#)

### Volleyball Progressive Season Results

Team	Rd1 Mar	Rd2 Pad	Rd3 SPE	Rd4 Villa	Rd5 SPC	Rd6 SLC	Rd7 SEC
1 <sup>st</sup>	Won 3-0	Won 3-0	Won 3-0	Won 3-0	Won 3-0		
2 <sup>nd</sup>	Lost 0-2	Lost 1-2	Won 2-0	Won 2-0	Won 2-1		
3 <sup>rd</sup>	Won 2-0	Lost 0-2	Won 2-0	Won 2-0	Won 2-0		
11A	Won 2-1	Won 2-1	Won 2-0	Won 2-0	Won 2-0		
11B	Lost 1-2	Lost 0-2	Won 2-1 vs SLC 5 <sup>th</sup>	Won 2-0	Won 2-1		
10A	Won 2-0	Lost 1-2	Won 2-1	Won 3-0	Won 2-0		
10B	Won 2-1	Won 2-0	Won 2-1	Won 2-0	Won 3-0		
10C	Lost 1-2	Won 2-1	Won 2-0	Lost 0-2	BYE		
9A	Won 2-0	Won 2-1	Won 2-0	Won 2-0	Won 2-1		
9B	Lost 0-2	Won 2-0	Won 2-1	Won 2-0	Won 3-0		
9C	Lost 1-2	Lost 0-2	Won 3-0	Won 2-1	Won 3-0		
9D	Won 2-1	Lost 1-2	Won 2-1	Won 2-1	BYE		
8A	Won 3-0	Lost 1-2	Won 2-0	Won 2-0	Won 3-0		
8B	Won 3-0	Won 2-0	Lost 0-2	Won 3-0	Won 2-1		

8C	Won 2-1	Won 2-0	Lost 0-2	Lost 1-2	Won 3-0		
8D	WOF	Won 2-0	Won 3-0	Lost 0-3	Won 3-0		
7A	Won 2-0	Won 2-0	Won 3-0	Lost 1-2	Won 3-0		
7B	Won 2-1	Won 2-1	Won 3-0	Won 3-0	Won 3-0		
7C	Won 3-0	Won 2-1	Won 2-1	Won 2-1	Won 3-0		
7D	Won 3-0	Won 2-1	Won 2-1	Won 3-0	Won 2-1		

### Compulsory Duty

Teams will have a compulsory duty on the days they play games at Iona throughout the season. Boys are asked to arrive at the venue no later than **30 minutes before** their game time or duty time (whichever is first).

### Important Reminders

- Off-court warm up will start 30 minutes before game-start time.
- On-court warm-up starts 10 minutes before game-start time each week.
- Compression pants worn under the shorts for training or games must be black or skin-coloured.
- Students cannot wear slides, thongs, Crocs or Birkenstocks of any form before or after games or training.

Students must arrive and depart with appropriate fully enclosed footwear. No non-Iona clothing / jumpers are to be worn to games or training.

### Volleyball Team Photos

Saturday 14 March – Outside McCarthy 7 Year 10 to Open volleyball teams who are playing at Iona.



### Schedule for Team Photos Saturday 14 March

The Time listed below is the time the photo is taken. **Please arrive at the photo area at least 5 mins before the allocated time or students may miss their photo.**

Team	Photo Time (Please do not be late)	Game Time
11B volleyball	7.30am	8am Game 9am Duty
3rds volleyball	7.35am	8am Duty 9am Game
10C volleyball	8.30am	9am Game

		10am Duty
10B volleyball	8.35am	9am Duty 10am Game
11A Volleyball	9.30am	10am Game 11am Duty
1sts Volleyball	9.35am	10am Duty 12pm Game
2 <sup>nd</sup> volleyball	10.30am	11am Game No Duty
10A volleyball	10.35am	11am Game 12pm Duty

	82 Stephen's Rd, Sth Brisbane		
8D	St Laurence's 82 Stephen's Rd, Sth Brisbane	7.30am	1
7A	St Laurence's 82 Stephen's Rd, Sth Brisbane	10am	2
7B	St Laurence's 82 Stephen's Rd, Sth Brisbane	9am	2
7C	St Laurence's 82 Stephen's Rd, Sth Brisbane	8.15am	2
7D	St Laurence's 82 Stephen's Rd, Sth Brisbane	7.30am	2

### Round 6 vs St Laurence's – Saturday 14 March

Team	Venue	Time	Court
1st	Iona College Provence Centre	Duty 10am Game 12pm	1
2nds	Iona College Provence Centre	Game 11am No Duty	1
3rds	Iona College Provence Centre	Duty 8am Game 9am	1
11A	Iona College Provence Centre	Game 10am Duty 11am	1
11B	Iona College Provence Centre	Game 8am Duty 9am	1
10A	Iona College Provence Centre	Game 11am Duty 12pm	2
10B	Iona College Provence Centre	Duty 9am Game 10am	2
10C	Iona College Provence Centre	Game 9am Duty 10am	2
9A	St Laurence's 82 Stephen's Rd, Sth Brisbane	12pm	1
9B	St Laurence's 82 Stephen's Rd, Sth Brisbane	11am	1
9C	St Laurence's 82 Stephen's Rd, Sth Brisbane	11am	2
9D	St Laurence's 82 Stephen's Rd, Sth Brisbane	12pm	2
8A	St Laurence's 82 Stephen's Rd, Sth Brisbane	10am	1
8B	St Laurence's 82 Stephen's Rd, Sth Brisbane	9am	1
8C	St Laurence's	8.15am	1