

# IONA SPORT

I AM IONIAN 

25 February 2026

## TEAM IONA

Last weekend, Iona played St Peters Lutheran College in the main round of competition. Currently, Ambrose Treacy College is utilised in the AIC competition to fill the gaps in the draw which have come about due to the disparity of teams that are produced by each College across the AIC association. When these gaps are filled it does, at times, result in some of our B teams playing against another school's A team, which was evident in the AFL draw last week. The benefit to Iona is that our boys get to play games rather than having a BYE round.

Overall, our teams performed extremely well and proved to be dominant on the scoreboard across AFL, volleyball and cricket. Both the First volleyball teams and AFL teams had a good win over the weekend. Full credit is given to St Peters who set a solid total of 211 which became too much for the Iona boys to chase down on the day.

Our AIC swimmers have their last meet for the season at Chandler this Thursday afternoon / evening. Our best wishes go to the entire squad representing us at this event.

Based on the times recorded at the various meets during the season, the coaches will select Iona's team for the annual AIC Swimming Championships held on Tuesday 10 March at Chandler. The team and all information pertaining to the AIC Swimming Championships will be announced next Monday (2 March) via email from Mr Stariha.

Unfortunately, it has come to the attention of the Sports Office that some unsavoury interactions have taken place between some parents and our volunteer coaches. Given the circumstances, the College feels it is timely to remind all families of the College's 'Parent Code of Conduct'.

1. Parents are expected to visibly support the educational ethos and values of the College, and role model responsible and safe behaviours for their children and others in the community to learn from.
2. Behave respectfully towards members of our community.
3. Parents should behave respectfully at all times towards the College's staff (including employees, contractors and volunteers), students and other parents.
4. Raise complaints appropriately and productively. Parents should raise genuine complaints directly with the College in an appropriate, constructive and respectful forum.
5. Be a responsible visitor and participant.

We encourage our parents to raise any issues or concerns through the Sports Office or directly to the coordinator associated with that sport so that it may be dealt with in the correct manner. It is not acceptable to raise matters in a negative manner in full view and earshot of our students, parents and visiting families. The way that we conduct ourselves must be in keeping with our Oblate values.

With four rounds remaining we are hopeful that those who have volunteered their services have the full support of the parent body and that the boys in our teams continue to have an enjoyable experience.

The Sports Office is working busily to prepare for the upcoming rugby, football, chess and cross-country seasons. Many coaches have been appointed and will receive notification of their team allocation soon. We ask all families to read the AIC Rugby & Football Season Schedules, found within the respective sport sections below. These schedules include information pertaining to the up-coming rugby and football seasons, including important trial and training dates, times and venues.

AIC Sports Information is provided by [Clipboard](#) (includes wet weather updates)

Head of Sport: Mr Craig Stariha – 3893 8851

Sports Administrator: Mrs Karen Otway – 3893 8805

Sports Administrator: Mr Alex Jirasek – 3906 8917

Assistant Head of Sport (5-6): Mr Connor Russell – 3893 8869

Assistant Head of Sport (7-12): Mr Harry Milford – TBC

Please be aware that the Term 2 sport sign-ons will open next Monday, and will remain open from 2-13 March via Clipboard. The best way to sign-on is through ICON. Simply select the co-curricular tile, then select the sport tile, then select Clipboard. Once you are in Clipboard, please select the 'Activity Selection' tab, then select the sport you wish to play (sign-on is called 'Activity Selection' in Clipboard). Again, this will open next Monday (not today).

**Note:** Students can play either rugby union or football, but not both (as they are played at the same time). No one misses out on a rugby or football team. Students can also participate in chess, as this is played on Friday afternoons. All students can do cross country as well.

'Activity Selection' (sign-on) for students in Years 5 and 6 can only be done by parents. However, all Year 7-12 students can do the 'Activity Selection' (sign-on) for themselves. As parents have access to Clipboard, they can see all things that their son/s have selected, as well as the future training and trial schedules.

Please be aware that **team photos will take place this weekend for the Yr7-9 cricket and volleyball teams playing at Iona**. Be sure to see the photo schedules below within the respective sport sections. Those boys in Yr7-9 who are not playing at home this weekend will have their photos taken on another day within school time down the track.

Round 4 this weekend is the local derby against Villanova. We wish all teams the best and hope our boys enjoy these good times with their mates!

**Craig Stariha**  
**Head of Sport, Iona College**

### Clipboard

Clipboard is an online sports communication system which allows coaches, players and parents to access weekly draws, training schedules, sport sign-on, injury reports, score lines and much more.

Please access the link below to gain instructions on how to log into Clipboard.

If you having any difficulties logging in or accessing Clipboard, please contact the ICT Service Desk ([ictservices@iona.qld.edu.au](mailto:ictservices@iona.qld.edu.au)).

For queries regarding sign on, sessions time, venue locations, cancellations, etc, please contact Mr Jirasek ([jiraseka@iona.qld.edu.au](mailto:jiraseka@iona.qld.edu.au)).

Please see the link below for a guide on how to navigate and setup Clipboard on your device. ([Parent Clipboard Guide](#))

## IONA UNIFORM SHOP

### 2026 Opening Hours

Week 1: Tuesday- Friday 8am-3.30pm

Weeks 2-10: Monday, Wednesday and Friday 8am - 3.30pm. Tuesday and Thursday - Closed

## IONA SPORT SEASON PLANNER

Thurs 26 Feb: AIC swim meet Years 5-12 @ Chandler  
Fri 27 Feb: AIC Round 4 AFL (1sts/2nds) vs Villa  
Sat 28 Feb: AFL, Volleyball and Cricket Team Photos for those teams playing at Iona.  
Sat 28 Feb: AIC Round 4 AFL (Years 5-10) vs Villa  
Sat 28 Feb: AIC Round 4 cricket/volleyball vs Villa (A)  
Sun 1 Mar: Fleet Racing Sailing  
Fri 6 Mar: Swim Team BBQ and Final Time Trial  
Fri 6 Mar: AIC Round 5 AFL (1sts/2nds) vs SPC  
Sat 7 Mar: AIC Round 5 AFL (Years 5-10) vs SPC  
Sat 7 Mar: AIC Round 5 cricket/volleyball vs SPC (A)  
Sun 8 Mar: Teams Racing Sailing  
Tues 10 Mar: AIC Swimming Championships  
Fri 13 Mar: Primary AFL / Cricket Team Photos  
Fri 13 Mar: AIC Round 6 AFL (1sts/2nds) vs SLC  
Sat 14 Mar: AFL, Volleyball and Cricket Team Photos for those teams playing at Iona.  
Sat 14 Mar: AIC Round 6 AFL (Years 5-10) vs SLC  
Sat 14 Mar: AIC Round 6 cricket/volleyball vs SLC (H)  
Sun 15 Mar: Teams Racing Sailing  
Fri 20 Mar: AIC Round 7 AFL (1sts/2nds) vs SEC  
Sat 21 Mar: AIC Round 7 AFL (Years 5-10) vs SEC  
Sat 21 Mar: AIC Round 7 cricket/volleyball vs SEC (A)  
Sun 22 Mar: Reams Racing Sailing  
23-27 Mar: Years 5-12 Rugby/Football/Chess Trials Begin  
Fri 27 Mar: Chess Trial vs Villa (A)  
Sat 28 Mar: Rugby/Football Trial vs Villa (A) (1sts/2nds/10A)  
Sat 28 Mar: Internal Trials Rugby/Football  
Sun 29 Mar: Teams Racing Sailing

## AFL

### Years 7-12 Coordinator

Mr Leigh Harding – [hardingl@iona.qld.edu.au](mailto:hardingl@iona.qld.edu.au)

### Years 5/6 Coordinator:

Mr Jack Rolls – [rollsj@iona.qld.edu.au](mailto:rollsj@iona.qld.edu.au)

### Round 3 Results

It was good to get a full round of AFL on the weekend with some strong wins across all year levels. Our First XVIII had a great result with a 94-point win against Ambrose Treacy on Friday evening. The best win came from our 9B's who had their first win of the year with a 41

to 19 win over Ambrose Treacy. Our 10A squad continued their winning ways with a 98-point win over St Peters.



Please see link below for all AFL information for 2026:

[AIC AFL Season Schedule](#)

### AFL Progressive Season Results

	Rd1 Mar	Rd2 Pad	Rd3 SPLC	Rd4 Villa	Rd5 SPC	Rd6 SLC	Rd7 SEC
1st	Won 47-34	Wash out	Won vs ATC 107-13				
2nd	Lost 5-55	Wash out	Lost vs SPE 1 <sup>st</sup> 21-33				
10A	Won 70-9	Won 121-1	Won 100 -2				
9A	Lost 1-67	Lost 40-44	Won 64-7				
9B	Lost 7-100	Lost 105-0	Won vs ATC A 41-19				
8A	Lost 6-26	Lost 46-8	Won vs ATC 78-1				
8B	Won 42-28	Lost 54-9	Lost vs SPE A 4-33				
7A	Won 55-2	Won 34-14	Won 116-0				
7B	Won 66-48	Won 73-13	Won vs ATC A 42-20				
6A	Lost 63-84	Won 56-31	Won vs SLC 59-26				
6B	Won 73-45	Won 54-33	Won vs SLC 49-25				
6C	Lost 19-71	Lost 37-10	Lost vs SLC 23-68				
6D	Lost 21-66	Lost 103-1	Lost vs Pad 29-33				
5A	Won 84-14	Won 68-14	Won vs SLC 49-29				
5B	Won 56-40	Won 61-20	Won vs SLC 78-33				
5C	Won 54-26	Won 175-0	Won vs SLC 79-8				
5D	Won 83-70	Won 73-0	Won vs SLC 87-7				

Round 4 vs Villanova Friday 27 February			
Team	Venue	Time	Oval
1sts	Coorparoo AFC Birubi St, Coorparoo	4.45pm	Field 1
Coorparoo AFC Birubi St, Coorparoo			

Round 4 vs Villanova - Saturday 28 February			
Team	Venue	Time	Oval
10A	Iona College	10.30am	St Eugene
9A	Iona College	9.30am	St Eugene
9B	BYE		
8A	Wynnum Vikings Kianawah Rd Wynnum west	9.30am	1
8B	Wynnum Vikings Kianawah Rd Wynnum west	8.30am	2
7A	Wynnum Vikings Kianawah Rd Wynnum west	9.30am	2
7B	Iona College	7.30am	Field 2
6A	Iona College	8.30am	Dwyer
6B	Iona College	7.30am	Dwyer
6C	Iona College	8.30am	St Eugene 3
6D vs SLC D	Iona College	7.30am	St Eugene 3
5A	Iona College	8.30am	St Eugene 1
5B	Iona College	7.30am	St Eugene 1
5C	Iona College	8.30am	St Eugene 2
5D vs ATC Yr 5	Iona College	7.30am	St Eugene 2

### AFL Team Photos

Years 5 and 6: Photos will be taken on Friday 13 March in Period 1. Boys will wear formal grey uniform for these photos.



Years 7-Open: Photos will be taken on the co-curricular photo days later in the year.

## BASKETBALL

### Coordinator

Mr Harry Milford – [milfordh@iona.qld.edu.au](mailto:milfordh@iona.qld.edu.au)

### 2026 First V Basketball Trails

Any previous Year 9A, 10A, 2nds or First V player wishing to trial for First V AIC Basketball team is required to complete the First V Sign-on via Clipboard. By completing this you are informing us of your attendance and are confirming your availability for **ALL trials**.

Sign-on will be available on Clipboard from tomorrow. (Thursday 26/02/26 – Friday 06/03/26)

The First V Basketball Trials will be held over 4 sessions from Week 7–10 of Term 1. Boys are expected to be available for ALL sessions outlined below:

- Trial Session 1: Monday 9th March – Provence Centre 6:30am – 8:00am
- Trial Session 2: Wednesday 11th March – Provence Centre 6:30am – 8:00am
- Trial session 3: Thursday 26th March – Provence Centre 3:15pm – 4:45pm
- Trial session 4: Tuesday 31st March – Provence Centre 3:15pm – 4:45pm

After each session, coaches will reduce the number of squad members based on the following criteria: attitude, attendance and performance. Upon completion of the trials, the selected First V Basketball squad will make up the iHoops Senior squad and will commence the Basketball High- performance program throughout Term 2.

Injuries: Students who are injured and are unable to attend the trial period are required to email Basketball Coordinator, Mr Harry Milford – [milfordh@iona.qld.edu.au](mailto:milfordh@iona.qld.edu.au)

## CHESS

### Coordinator

Mr Kevin Caine – [cainek@iona.qld.edu.au](mailto:cainek@iona.qld.edu.au)

Chess has started back with trials and training on Monday and Tuesday mornings.

#### Monday mornings

Seniors (Years 10–12) 6:55am to 8:00am

Juniors (Years 5–6) 8:00am to 8:50am

#### Tuesday Mornings

Intermediate (Years 7–9) 6:55am – 8:25am

If you are unable to make one, please attend the other.

## CRICKET

### Coordinator

Mr Harry Milford – [milfordh@iona.qld.edu.au](mailto:milfordh@iona.qld.edu.au)

### Round 3 Results vs St. Peters Lutheran College

Well done to all teams for their efforts in Round 3 against St Peters Lutheran College. Across the board, we had 14 wins and 7 losses. Iona tallied 9 aggregate wins and only 1 aggregate loss. This displays the efforts that have been put in at training by the boys and I am pleased to see them getting some reward.

After a gutsy win in Round 2, the First XI were eager to carry their momentum into Round 3. On a wicket deemed to be a batsman's paradise after last weeks rain, a generous total of 211 runs was set by St Peters.

Wickets were hard to come by from a bowling perspective, however Mr Niven was impressed with the overall fielding performance. Jackson Williams (vc) and Sam McKinnarney laid a solid opening partnership of 50 runs. Aden Biddle kept Iona in the hunt with 55 (81) along with solid contributions from Henry Bader and Flynn Donnelly. At 5/124, a middle-order collapse ended the First XI chances of chasing down the 211 run total set by St Peters with the First XI losing 5/39.

### Round 3 Player Highlights

Aden Biddle 1<sup>st</sup> XI – 55 (81)

Jaden le Dieu 10B – 4/3 off 4 overs ( 2 maidens)

Harrison Pannekoek 10B – 4/0 off 1.4 overs (1 maiden)

**Alexander Wood 9A – 5/19 off 7 overs**

Zachary Taylor 8A – 59\* (65)

Levi Hutchinson 7A – 4/3 off 4 overs

### Team Spotlight – 10A

The Iona 10A's showed why you never put up the proverbial white flag in sports.

Iona won the toss and elected to bat and were 4/9 early in the innings, before a wonderful innings by Lachlan Southee 39 (38) and strong contribution by Samuel Richter 24 (29) steadied the innings to a defendable total of 121 runs.

Iona would go on to bowl St Peters out for 93 runs.



## Clipboard

Any team changes will be made through Clipboard – it is imperative that Clipboard is checked weekly for any team changes, training sessions changes and games.

### Cricket Team Photos

Saturday 28 February – Outside McCarthy 7  
Year 7–9 cricket teams playing at Iona.  
See Schedule Below.

Years 5 and 6: Photos will be taken on Friday 13 March in Period 1. Boys will wear formal grey uniform for these photos.



Saturday 14 March – Outside McCarthy 7  
Year 10 to Open Cricket teams who are playing at Iona.

### Cricket Photo Schedule for this Saturday.

Photo Venue: Outside McCarthy 7 Classroom

The Time listed below is the time the photo is taken.

**Please arrive at the photo area at least 5 mins before the allocated time.**

Team	Photo Time	Game Time
9A Cricket	7.05am	8am Game
9B Cricket	7.10am	8am Game
7B Cricket	7.15am	8am Game
8A Cricket	12.10pm	1pm Game
8B Cricket	12.15pm	1pm Game
7A Cricket	12.20pm	1pm Game

### 2026 AIC Cricket – Season Schedule

The 2026 AIC Cricket Season Schedule contains all information about training times and the AIC regular season. Please ensure you are frequently checking the College Sports Newsletter and Clipboard for the scheduled training sessions. Any changes will be made live in Clipboard.

Please see link below for all cricket information.

[AIC Cricket Season Schedule](#)

Years 5–9 will also train during their weekly sport lesson.

### Secondhand Cricket Spikes

Some boys across the College don't own cricket spikes, and the wet weekend highlighted safety concerns. If you have a pair of spikes your son has outgrown or no longer needs, we'd love to repurpose them. Please bring any donations to cricket training – they'll be added to the collection box in the cricket shed.

## Cricket Progressive Results

Team	Rd1 Mar	Rd2 Pad	Rd3 SPLC	Rd4 Villa	Rd5 SPC	Rd6 SLC	Rd7 SEC
1 <sup>st</sup>	Lost	Won	Lost Iona 163 SPE 5/211				
2 <sup>nd</sup>	Won	wash out	Won Iona 5/153 SPE 75				
3 <sup>rd</sup>	Lost	wash out	Lost Iona 8/80 SPE 8/112				
10A	Won	wash out	Won Iona 121 SPE 93				
10B	Lost	wash out	Won Iona 8/143 SPE 9/13				
9A	Lost	Won	Won Iona 8/98 SPE 97				
9B	Lost	Lost	Won Iona 3/53 SPE 7/52				
9C	Lost	wash out	Lost Iona 6/71 SLC 1/72				
8A	Won	Won	Won Iona 2/91 SPE 89				
8B	Lost	Won	Won Iona 6/91 SPE 64				
7A	Won	Won	Won Iona 1/57 SPE 56				
7B	Lost	Lost	Won Iona 9/115 SPE 66				
7C	Lost	wash out	Lost Iona 9/62 Mar 3/189				
7D	Won	Lost	BYE				
6A	Draw	Lost	Won Iona 7/90 SPE 89				
6B	Lost	Lost	Lost Iona 9/39 Mar 143				
6C	Lost	Lost	Lost Iona 5/35 Mar 5/51				
5A	Won	wash out	Won Iona 145 SPE 125				
5B	Lost	wash out	Won Iona 3/45 SPE 5/44				

5Black	Lost	wash out	Won Iona B 5/74 Iona W 5/48			
5white	Lost	Lost	Lost Iona w 5/48 Iona B 5/74			
5 grey	Lost	wash out	Lost Iona 74 Mar 5/120			

7C	Kianawah Park Manly Rd, Tingalpa	Field 6	1pm-4pm
7D vs Mar	Des Connor Park Grevillea Rd, Ashgrove	Field D	10am-1pm
6A	Villanova Park Manly Rd, Tingalpa	Field 4	8am-11.30am
6B	Kianawah Park Manly Rd, Tingalpa	Field 12	7.30-11am
6C	Kianawah Park Manly Rd, Tingalpa	Field 8	7.30-9.55am
5A	Kianawah Park Manly Rd, Tingalpa	Field 1	8am-11.30am
5B	Kianawah Park Manly Rd, Tingalpa	Field 5	8am- 11.30am
5 Black Vs Villa 5C	Kianawah Park Manly Rd, Tingalpa	Field 6	7.30-9.55am
5 Grey vs Villa 5D	Kianawah Park Manly Rd, Tingalpa	Field 6	10am-12.25pm
5 White vs Pad 5C	Kianawah Park Manly Rd, Tingalpa	Field 5	12pm-2.25pm

### Cricket Training Schedule 2026

VENUE	TIME	MON	TUE	WED	THUR
Cricket Nets/ Harron Oval	6:45 – 8am		1st XI/2nd XI	Year 6 (7am – 8am)	Year 5 7 – 8am
Harron Oval	3.15 – 4.45pm	Year 8A & B only (field)	Wicket Keeping (all year 5-10 keepers)		1st XI/2nd XI (Davine)
Cricket Nets	3.15 – 4.45pm		3rd XI	7C / 7D (net)	Year 9 Year 10
McCarthy Oval	3.15 – 4.45pm	Year 7A & B only (field)	10A and 9A only (field)	Year 7A & B (net/field) Year 8A&B (field/net)	

### Round 4 vs Villanova – Saturday 28 February

TEAM	VENUE	OVAL	TIME
1 <sup>st</sup> XI	Villanova Park Manly Rd, Tingalpa	Andrew Slack	9.30am-5.15pm
2 <sup>nd</sup> XI	Villanova Park Manly Rd, Tingalpa	Field 6	1pm-5.30pm
3 <sup>rd</sup> XI	Villanova Park Manly Rd, Tingalpa	Field 3	1pm-4pm
10A	Villanova Park Manly Rd, Tingalpa	Field 6	8am-12.55pm
10B	Villanova Park Manly Rd, Tingalpa	Field 3	8am-12.55pm
9A	Iona College	Davine	8am-12.50pm
9B	Iona College	Harron	8am-12.50pm
9C	Kianawah Park Manly Rd, Tingalpa	Field 1	12pm-3pm
8A	Iona College	Davine	1pm-5.30pm
8B	Iona College	McCarthy	1pm-5.30pm
7A	Iona College	Harron	1pm-5.30pm
7B	Iona College	McCarthy	8am-12.30pm

### Cricket Uniform

The following items can be purchased from the Uniform Shop on Monday, Wednesday and Friday.

#### Match Uniform for Saturdays

Iona cricket pants:	\$48
Iona cricket long-sleeved shirt:	\$55
Iona cricket short sleeved shirt:	\$45
Black Iona wide-brimmed hat:	\$20
'I' cap:	\$15 –\$16.50
Cricket box	\$8

#### Training Uniform

Iona HPE shorts:	\$35
Iona tube sports socks (black):	\$11
Iona ankle sports socks (black):	\$10.50
Iona Yura t-shirt:	\$45

### Scoring

Anyone willing to assist with scoring on game day is encouraged to contact the Cricket Coordinators.

### Cricket Kit Bags and Equipment

All boys selected in an A or B team are expected to supply their own kit bag (box, pads, glove, bat and helmet – minimum). Those in a C or D team will have access to limited Iona-supplied kit bags. A box must be individually supplied for obvious hygiene reasons.

## CROSS COUNTRY

### Coordinator (Years 7–12)

Mr Brendan Merrotsy – [merrotsyb@iona.qld.edu.au](mailto:merrotsyb@iona.qld.edu.au)

### Coordinator (Primary)

Adam McClure – [mcclurea@iona.qld.edu.au](mailto:mcclurea@iona.qld.edu.au)

### Primary Cross Country (Yr 5–6)

Primary Cross-Country training will begin in Week 7.

More information will be provided later in the term.

### Cross Country (Yr 7–12)

The 2026 Cross Country season has commenced with three sessions available. There is no requirement to attend all sessions, the sessions are open to all students from Years 7–12, regardless of your previous experience. Cross Country training is a great way to build your aerobic base & speed for many other Semester 1 sports including Cricket, AFL, Rugby & Soccer. It also is a great opportunity to run with your mates and improves your fitness whilst being a part of a team.

### Training Logistics

Students may go home after Monday morning training, otherwise the bus will return from the waterfront to the College by 7:45am, where they can get changed for school.

After Wednesday and Friday sessions, students may use the Iona pool to cool down before getting into uniform. They will be supervised and must follow pool rules – no grass, no jumping, no leaning on lane ropes.

Please bring a towel and a change of underwear if planning to use the pool.

### Cross Country Training Schedule

Sessions	Time	Meeting Point
Monday morning Long Run	6.15–7.30am	Wynnum Wading Pool (minibus returns to College with all students at 7.40am)
Tuesday working with Primary squad	3.15–4.15pm (starts week 7)	Davine Oval
Wednesday morning Hills/Interval Session	6.45–8am	Junior Handball Courts
Friday morning Speed / Games/Bootcamp	6.45–8am	Junior Handball Courts

## FOOTBALL

### Coordinator

Mr Connor Russell – [russellc@iona.qld.edu.au](mailto:russellc@iona.qld.edu.au)

### [Football Season Schedule](#)

### High-Performance Football

All boys in the High-Performance Football Program are expected to:

Arrive at school and homeroom on time after training

Remain on campus at the conclusion of Football training

Represent the program and the College in a responsible and respectful manner

### Years 7–10

St Eugene's Park – Tuesday Morning 6.45–8am

### Opens

St Eugene's Park – Tuesday Mornings 6.45–8am and Thursday Mornings 6.45–8am (beginning in Week 4.)

### Coaches Needed

We rely on the support of our Iona community to continue running such a large sporting program. For any Old Boys and Parents interested in coaching next term please complete the appropriate link below and touch base with Mr Connor Russell ([russellc@iona.qld.edu.au](mailto:russellc@iona.qld.edu.au)).

Outside coaches/Old Boys to complete this link:

<https://iona.jotform.com/252378337384870>

Parent Volunteers are to use this link:

<https://iona.jotform.com/252601175601851>

## HIGH PERFORMANCE

### Coordinator

Mr Leigh Harding – [hardingl@iona.qld.edu.au](mailto:hardingl@iona.qld.edu.au)

Congratulations to Justus Gerreyn who has broken 2 District records at the recent district swimming trials. 100m Breaststroke and 50m Breaststroke, both records held since 2016.



## District And Regional Sport Trials

This year Iona has moved into a new district structure. Our new district "Riverside Rays" will replace Lytton (10-12yrs) and Composite (13-19yrs). Riverside Rays will follow a 10-19yrs District *model*.

District trial information will **now EXCLUSIVELY be published on the Representative Sport Page in ICON.**

Here you will find:

- Representative Sports Calendar
- Nomination Close dates
- District Information
- Nomination Form

**Click the link below to access the new page.**

[ICON - Representative Sport](#)

### Direct Pathway:

ICON – Co-Curricular – Sport – Representative Sport

### 10-12 Years Information 2026

Sport	Details	Nominations Close
Netball 10-11 Yrs	Riverside District Trial	Fri 6 Mar
Netball 11-12 Yrs	Riverside District Trial	Fri 6 Mar
Golf 10-12 Yrs	Met East Trial	Mon 16 Mar
Hockey 10-12Yrs	Met East Trial	Mon 13 Apr

### 13-19 Years Information 2026

Sport	Details	Nominations Close
Hockey 13-15yrs	Direct to Met East Trial	Fri 27 Feb
Hockey 16-19yrs	Direct to Met East Trial	Fri 27 Feb
AFL 15-17 Yrs	Direct to Met East Trial	Fri 27 Feb
Rugby Union 17-18yrs	Direct to Met East Trial	Fri 27 Feb
Volleyball 16-19 Yrs	Riverside District Trial	Thurs 5 Mar
Basketball 17-19yrs	Direct to Met East Trial	Thurs 5 Mar
Volleyball 13-15 Yrs	Riverside District Trial	Mon 9 Mar
Golf 10-19 Yrs	Direct to Met East Trial	Mon 16 Mar
Rugby Union 14-15yrs	Riverside District Trial	Mon 30 Mar

## Term 1, 2026 Gym Schedule

	MON	TUE	WED	THU	FRI
6.30-7.30am	Intro To Gym	Intro To Gym	Intro to Gym	1 <sup>st</sup> AFL Cricket and Volleyball	Iona Swimming (6am Start)
7.15-8.15am	Harlequins Squad	Hoops Squad	Harlequins Squad	Hoops Squad	Harlequins Squad
3.15 - 4.15pm	1sts Cricket 1sts Volleyball	1sts AFL and Any High Performance	Any High Performance	Any High Performance	Any High Performance & Intro To Gym
5:15 - 6.30pm		Iona Swimming Club	Iona Swimming Club		

### Iona Strength and Conditioning

The Iona Strength and Conditioning program is overseen by accredited industry experts and guided by the ASCA Position Stand on Resistance Training for Children and Youth.

The sequential programs also closely align to long-term athletic development principles.

Any student wishing to attend the Iona gym for the first time must first contact Mr Harding prior to attending.

### Gym rules

- Use the bag racks for your bags and get changed in dressing rooms downstairs.
- Wear Iona sports uniform, not club gear.
- Follow all instructions from your trainer carefully.
- Complete all exercises on your program.
- Prioritise the safety of yourself and others.
- Ensure you use all equipment correctly and return it to where you got it from.

### Gym groups

- ANY HIGH-PERFORMANCE groups are for players that are members of Iona Firsts Squads or regional representative sport. Students are given two-day programs based on their S&C goals.
- INTRODUCTION TO GYM TRAINING is for Year 7-12 students that are not a part of other groups. Students are provided a suitable program to work through.

## MOUNTAIN BIKING

### Coordinator

Mr Daniel Davison – [davisond@iona.qld.edu.au](mailto:davisond@iona.qld.edu.au)

Mountain Biking starts this weekend with the first Training session on Sunday. Check your emails on how to confirm your spot at this session.

If your son did not receive the information and sign up sheet, please reach out to Mr Davison on [davisond@iona.qld.edu.au](mailto:davisond@iona.qld.edu.au) to get a copy.

### Training Dates and Times:

Sunday 1 March: 9am–11.15am (Nerang) Years 7–12

Sunday May 10: 8.30am – 10.45am (Mt Cotton) Yrs 7–12

Sunday 19 July: 9am–11.15am (Caloundra) Years 7–12

Sunday 9 August: 9am–11.15am (Castle Hill) Years 7–12

Sunday 30 August 8.45am–11am (Nerang) Years 7–12

### Competition Dates and Times:

Friday 20 March (Nerang) Years 7–12

Friday 15 May (Mt Cotton) Years 7–12

Friday 5 June: (Toowoomba) Years 7–12

Thursday 30 July: (Caloundra) Years 5–8

Friday 31 July: (Caloundra) Years 9–12

Friday 14 August: (Castle Hill) Years 7–12

Friday 11 September: (Nerang) Years 7–12

## RUGBY LEAGUE

### Coordinators

Mr Andrew Fildes – [fildesa@iona.qld.edu.au](mailto:fildesa@iona.qld.edu.au)

The Confraternity Carnival is the premier rugby league tournament for Catholic and independent secondary schools in Queensland.

This year's prestigious carnival will run from 28 June to 3 July and will be hosted in Brisbane by Marist College Ashgrove.

Iona College will once again field a First Division squad.

Eligibility: Students turning 16, 17, or 18 in 2026.

Trial Dates:

- 25 March – 7am, Davine Oval
- 30 March – 3pm, Davine Oval

Suggested experience level:

2025 First XIII, Second XIII, 10A or 9A.

**Students must nominate via Clipboard**

Squad reductions will take place after nominations, the first trial, and the second trial.

For further information, please contact Mr Fildes.

## RUGBY UNION

### Coordinators

Mr Alex Jirasek [jiraseka@iona.qld.edu.au](mailto:jiraseka@iona.qld.edu.au)

Mr Craig Stariha [starihac@iona.qld.edu.au](mailto:starihac@iona.qld.edu.au)

### [Rugby Season Schedule](#)

### Ballymore Cup

Iona will again be entering an U14, U16 and U18 teams into the Ballymore Cup tournament held at South Pine Sports complex from the 16–18 April. This will consist of our 8A, 10A and First XV teams. The 10A and First XV for this tournament will be selected from the Hoops and Harlequins squads respectively. The Year 8 Ballymore cup trials will be held on the below dates. This is open for any Year 8 student turning 13 or 14 this year that believes they can play at a 8A level and are available for the tournament.

### Year 8 Ballymore Cup Trials

- Trial 1 – Monday 16 March, 6:30–7:45am @ Dwyer Oval
- Trial 2 – Friday 20 March, 6:30–7:45am @ Dwyer Oval

### Coaches Needed

Old Boys and Parents that have expressed interest in coaching a rugby team next term will be contacted later this week. For anyone interested that has not yet completed the expression of interest please complete the forms via the appropriate link below and touch base with Mr Alex Jirasek ([jiraseka@iona.qld.edu.au](mailto:jiraseka@iona.qld.edu.au)).

Outside coaches/Old Boys to complete this link:

<https://iona.jotform.com/252378337384870>

Parent Volunteers are to use this link:

<https://iona.jotform.com/252601175601851>

### Hoops & Harlequins

The development programs are both well underway and the high level of effort and accountability over these first two weeks has set the standard for the remainder of the term.

### Uniform

Gym – Yura shirt/singlet, PE shorts, PE socks

Field – Yura shirt/singlet, Rugby shorts, PE socks

### Harlequins – Field Sessions

Dwyer Oval – Tuesday & Thursday 6.30–8.00am

### Hoops – Field Sessions

Dwyer Oval – Wednesday 6.30–8.00am

## SAILING

### Coordinator

Mr Kevin Caine – [cainek@iona.qld.edu.au](mailto:cainek@iona.qld.edu.au)

Iona sailing teams produced a great day of racing. Teams, both Black and white, were placed in Division 1 which meant all sailors and both coaches were out on the water with quite a few parents supporting from other boats.

All 28 races were completed on Sunday afternoon, 7 races per team. Iona black had some easy wins followed by a close race against the top seed. The Black team swapping skippers and crew to find new skipper/crew combinations. Winning 5 from 7 races.

Iona white used their skipper familiarity to teach the new crews how teams racing worked. Talking to teammates and advising them throughout the races to win 4 from 7.

The Iona Black Vs Iona White was the highlight of the day with close competition between them. A broken halyard did not stop the white team fighting to the very end with a close call on the line, but ultimately team Black prevailed as winners.

As the Iona teams produced solid wins they should both be in Division 1 again this week. Confirmation does not come out until Thursday morning at the latest. This will be posted on teams app when available.

**Team Races continues Sunday 1<sup>st</sup>, 8<sup>th</sup> and 15<sup>th</sup> March 2026.**

### Parent Volunteers

Please remember to note your availability for volunteering on the start boat, launching or retrieving boats or helping out in the coach boat. It's a great way to get out and see your son sail.

### Training Every Tuesday afternoon

It is important to attend training. Teams racing requires different rules and tactics. Skippers need to teach crews. Crews need to learn and the 3 boats in each team need to work out how they will sail together. As well as advising of any repairs/ updates that need to happen to your boats. Please reply to the teams app bus attendance.

On the water umpires welcome for Teams racing. If you have a boat license, are interested in sailing and would like to support the school, please contact Kevin Caine. [CaineK@iona.qld.edu.au](mailto:CaineK@iona.qld.edu.au).

## SWIMMING

### Head Coach

Mr John Gatfield – [iswim@iona.qld.edu.au](mailto:iswim@iona.qld.edu.au)

### Assistant Head Coach

Mr Riley Mathers – [iswim@iona.qld.edu.au](mailto:iswim@iona.qld.edu.au)

### Swim Coordinator

Mr Craig Stariha – [starihac@iona.qld.edu.au](mailto:starihac@iona.qld.edu.au)

Well done to all those who attended the St Peters swim meet last Friday evening. Once again the standard of uniform was excellent from our boys.

The AIC Swim Championships are less than two weeks away. The last major swim meet will be held at Chandler tomorrow (Thursday 26 Feb). We intend on selecting the team after this meet. It is very important for all squad members to attend and post the best times possible.

Bus transportation will be supplied one way only.

**Parents must collect their son from the Chandler this Thursday as a return bus service will not be available.**

IMPORTANT – All parents & spectators will require a ticket to access the Chandler meet (at no cost) this Thursday. We are advised that the staff at Chandler will refuse entry to those without a ticket. The same process will also be in place on the day of the AIC Championships. Get your tickets, via the link below. An email will be sent to you with your ticket.

You must print the ticket, upload it to your Apple wallet or simply show the person at the gate your email containing the ticket.

Click here to book tickets:

<https://www.eventbrite.com.au/e/aic-warm-up-swim-meet-thursday-26-february-2026-tickets-1983213239185?aff=ebdssbdestsearch>

The Iona team will be announced next Monday 2 March. An email will be sent to all families containing the team list as well as all information pertaining to the AIC Swim Championships on Tuesday 10 March. Those who have trained and attended the meets but were unsuccessful in making the team will still be required to attend the day of the championships as a reserve as well as for the team photo.

We have another 2 swim BBQ brekkies to go, Thursday 26 February and Thursday 5 March. If you are able to assist please complete the link – [AIC Swim Breakfast – Parent Volunteer Form 2026](#)

## AIC Swim Calendar – 2026

Date	Location	Transport
Thursday 26 February	AIC Swim Meet @ Brisbane Aquatic Centre Chandler	Bus provided to and from the Chandler. Times TBA
Friday 6 March	AIC Swim Team BBQ @ Iona College Pool	Approx. 3.15 – 4pm Team BBQ 4pm – 4.30pm
Tuesday 10 March	AIC Swimming Championships	Bus provided to and from the Championships. Times TBA

Click on the link below to gain all information regarding the 2026 AIC swim season including:

- Training times
- Important contact information
- 2026 meets and important dates
- Rep trial information
- BBQ breakfast information & more

### [Swim Season Link](#)

## AIC Swim Training Schedule – Term 1, 2026

Note: We encourage our swimmers to attend at least 2–4 sessions per week. The Thursday session is compulsory for all squad members. Club swimmers may continue to follow their club programs.

It is normal at Iona for boys to do swimming and participate in the AFL, cricket and volleyball programs.

Day	Students in Years 5–12 in 2026	
	AM – Before School	PM – After School
Monday		AIC Squad – 3.15pm – 4.15pm
Tuesday	AIC Squad – 6.45am – 7.45am	
Wednesday	AIC Squad – 6.45am – 7.45am	
Thursday	Compulsory Session AIC Squad – 6.45am – 7.45am (Followed by a team breakfast commencing Week 2, Thursday 5 Feb)	
Friday		AIC Swim Meets – Compulsory

## VOLLEYBALL

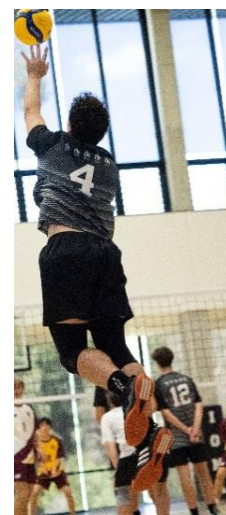
### Coordinator

Mrs Karen Otway [otwayk@iona.qld.edu.au](mailto:otwayk@iona.qld.edu.au)

The fighting spirit of our players was evident again this week. There were many close games with live third sets, and by the end of Saturday we had won 18 games and lost only 2. A fabulous achievement that keeps the Premiership in sight for many of our teams. Well done to our First VI who secured another 3–0 victory.

A dominant performance from the 11A team saw them win the first set against St Peters 25 – 3.

Good luck to all teams for games against Villanova this Saturday. Please note that all year 7–9 teams will have their team photos taken this Saturday. See the photo schedule below. It is requested that boys be at the photo area (outside McCarthy 7 classroom) at least 5mins before their photo time or they may miss their photo.



The 2026 AIC Volleyball Season Schedule contains all information about training times and the AIC regular season.

Please ensure you check the College Sports Newsletter for training, game and duty times and Clipboard for the scheduled training sessions and game times. Any changes will be made live in Clipboard.

### [AIC Volleyball Season Schedule](#)

## Volleyball Progressive Season Results

Team	Rd1 Mar	Rd2 Pad	Rd3 SPE	Rd4 Villa	Rd5 SPC	Rd6 SLC	Rd7 SEC
1 <sup>st</sup>	Won 3-0	Won 3-0	Won 3-0				
2 <sup>nd</sup>	Lost 0-2	Lost 1-2	Won 2-0				
3 <sup>rd</sup>	Won 2-0	Lost 0-2	Won 2-0				
11A	Won 2-1	Won 2-1	Won 2-0				
11B	Lost 1-2	Lost 0-2	Won 2-1 vs SLC 5 <sup>th</sup>				
10A	Won 2-0	Lost 1-2	Won 2-1				
10B	Won 2-1	Won 2-0	Won 2-1				
10C	Lost 1-2	Won 2-1	Won 2-0				
9A	Won 2-0	Won 2-1	Won 2-0				
9B	Lost 0-2	Won 2-0	Won 2-1				
9C	Lost 1-2	Lost 0-2	Won 3-0				
9D	Won 2-1	Lost 1-2	Won 2-1				
8A	Won 3-0	Lost 1-2	Won 2-0				
8B	Won 3-0	Won 2-0	Lost 0-2				
8C	Won 2-1	Won 2-0	Lost 0-2				
8D	WOF	Won 2-0	Won 3-0				
7A	Won 2-0	Won 2-0	Won 3-0				
7B	Won 2-1	Won 2-1	Won 3-0				
7C	Won 3-0	Won 2-1	Won 2-1				
7D	Won 3-0	Won 2-1	Won 2-1				

### Season Expectations

During the AIC Volleyball season, students who are selected in teams are to prioritise school volleyball over any other outside sporting commitments.

Furthermore, it is not permissible for any student to leave training or games early to attend other sporting commitments. Holidays should not be taken during the season for boys who are selected in a volleyball team.

Full commitment to training and games is required.

## Compulsory Duty

Teams will have a compulsory duty on the days they play games at Iona throughout the season. Boys are asked to arrive at the venue no later than **30 minutes before** their game time or duty time (whichever is first).

### Important Reminders

- Off-court warm up will start 30 minutes before game-start time.
- On-court warm-up starts 10 minutes before game-start time each week.
- Compression pants worn under the shorts for training or games must be black or skin-coloured.
- Students cannot wear slides, thongs, Crocs or Birkenstocks of any form before or after games or training.

Students must arrive and depart with appropriate fully enclosed footwear. No non-Iona clothing / jumpers are to be worn to games or training.

### Volleyball Team Photos

Saturday 28 February – Outside McCarthy 7  
Year 7-9 volleyball teams playing at Iona.



Saturday 14 March – Outside McCarthy 7  
Year 10 to Open volleyball teams who are playing at Iona.

### Photo Schedule for This Saturday

Photo Venue: Outside McCarthy 7

**Boys need to be at McCarthy 7 before the photo time below or they may miss their photo.**

Team	Photo Time (Please arrive at McCarthy 7 classroom at least 5mins before the time below)	Game Time
8C volleyball	7.20am	8am Game 9am Duty
7C volleyball	7.25am	8am Game 9am Duty
7D volleyball	7.30am	8am Game 9am Duty
8D volleyball	7.35am	8am Duty 9am Game
8B volleyball	7.40am	8am Duty 9am Game
7B volleyball	8.25am	9am Game 10am Duty

8A volleyball	8.40am	9am Duty 10am Game
7A volleyball	9.25am	10am Game No Duty
9B volleyball	10.20am	11am Game 12pm Duty
9C volleyball	10.25am	11am Game 12pm Duty
9A volleyball	10.30am	11am Duty 12pm Game
9D volleyball	10.35am	11am Duty 12pm Game

7B	Iona College Provence Centre	Game 9am Duty 10am	2
7C	Iona College Provence Centre	Game 8am Duty 9am	2
7D	Iona College Oblate Hall	Game 8am Duty 9am	1

<b>Round 4 vs Villanova – Saturday 28 February</b>			
<b>Team</b>	<b>Venue</b>	<b>Time</b>	<b>Court</b>
1st	Villanova College Goold Hall	12.15pm	1
2nds	Villanova College Goold Hall	11am	1
3rds	Villanova College Goold Hall	9am	1
11A	Villanova College Goold Hall	10am	1
11B	Villanova College Goold Hall	8am	1
10A	Villanova College Goold Hall	9am	2
10B	Villanova College Goold Hall	10am	2
10C	Villanova College Goold Hall	8am	2
9A	Iona College Provence Centre	Duty 11am Game 12pm	1
9B	Iona College Provence Centre	Game 11am Duty 12pm	1
9C	Iona College Provence Centre	Game 11am Duty 12pm	2
9D	Iona College Provence Centre	Duty 11am Game 12pm	2
8A	Iona College Provence Centre	Duty 9am Game 10am	1
8B	Iona College Provence Centre	Duty 8am Game 9am	1
8C	Iona College Provence Centre	Game 8am Duty 9am	1
8D	Iona College Oblate Hall	Duty 8am Game 9am	1
7A	Iona College Provence Centre	Game 10am No Duty	2