

# IONA SPORT

I AM IONIAN 

18 February 2026

Iona enjoyed another successful round of fixtures against Padua College last weekend.

Unfortunately, the AIC Management Committee (comprising of the AIC Principals) took the decision to cancel all the First XVIII & Second XVIII AFL fixtures scheduled for Friday afternoon as well as the swim carnival, which was to be hosted by Iona, due to the severe weather warning posted on the BOM website. The severe weather never eventuated, which left many people wondering why those events did not take place. At the end of the day, an early decision had to be made based on the advice given, even though in retrospect we could have played.

Iona's Firsts teams had a winning day on Saturday. In wet conditions, our First XI cricket team chased down the 158 total posted by Padua, scoring 2/159. A special mention is given to Jackson Williams who hit 105 runs not out. Although challenged in the first set, our First VI volleyball team managed a relatively easy three-sets-to-nil victory. We hope our boys keep 'humble and hungry' as the season progresses and don't become too complacent at training or on game days, as significant competition will come later in the season.

As mentioned, our First XVIII & Second XVIII AFL games were canceled on Friday evening. The rest of our AFL teams, from 5-10, managed to play in the wet weather on Saturday. Our entire AFL results over the weekend were excellent considering Padua is seen as one of the strongest AFL schools in the AIC competition.

Our AIC swimmers are continuing to train hard in good numbers in preparation for the upcoming AIC Swim Championships held in Week 7. The efforts and dedication of these boys are often unseen. The next two Meets will be extremely important for all squad members, as the times gathered at these Meets will determine our team to compete at the AIC Championships. Best wishes go to our entire squad.

The Sports Office is currently preparing for the upcoming AIC rugby and football seasons. Over many weeks, we have advertised the section below regarding our need for coaches and officials in these sports. If you can assist, please complete the 2026 Volunteer Expression of Interest Form online.

Outside coaches/Old Boys to complete this link:  
<https://iona.jotform.com/252378337384870>

Parent Volunteers are to use this link:  
<https://iona.jotform.com/252601175601851>

Sign-on for the upcoming rugby and football seasons will open via Clipboard from 2-13 March. Trials will commence during the last two weeks of this term, with internal trials held on Saturday 28 March and Saturday 25 April (first weekend back in Term 2, ANZAC Day, with games played after midday) as per the College calendar. Please keep these dates free.

Be aware that all those who sign-on to play rugby and football will be selected in a team – no one will miss out. Our coordinators are currently sorting out those who have registered an interest to coach via the 2026 Volunteer Expression of Interest Form online. The coordinator/s will contact these people soon to offer them a team.

Rugby Co-Coordinator – Mr Alexander Jirasek  
[jiraseka@iona.qld.edu.au](mailto:jiraseka@iona.qld.edu.au)

Football Coordinator – Mr Connor Russell  
[russellc@iona.qld.edu.au](mailto:russellc@iona.qld.edu.au)

This weekend most teams will play St Peters Lutheran College in the main draw. Be aware that, because Iona has many more teams than St Peters, some teams will play various other colleges in the supplementary draw. We wish all Iona teams the very best this weekend. Enjoy!

Craig Stariha  
Head of Sport

AIC Sports Information is provided by [Clipboard](#) (includes wet weather updates)

Head of Sport: Mr Craig Stariha – 3893 8851

Sports Administrator: Mrs Karen Otway – 3893 8805

Sports Administrator: Mr Alex Jirasek – 3906 8917

Assistant Head of Sport (5-6): Mr Connor Russell – 3893 8869

Assistant Head of Sport (7-12): Mr Harry Milford – TBC

## Clipboard

Clipboard is an online sports communication system which allows coaches, players and parents to access weekly draws, training schedules, sport sign-on, injury reports, score lines and much more.

Please access the link below to gain instructions on how to log into Clipboard.

If you having any difficulties logging in or accessing Clipboard, please contact the ICT Service Desk ([ictservices@iona.qld.edu.au](mailto:ictservices@iona.qld.edu.au)).

For queries regarding sign on, sessions time, venue locations, cancellations, etc, please contact Mr Jirasek ([jiraseka@iona.qld.edu.au](mailto:jiraseka@iona.qld.edu.au)).

Please see the link below for a guide on how to navigate and setup Clipboard on your device. ([Parent Clipboard Guide](#))

## IONA UNIFORM SHOP

### 2026 Opening Hours

Week 1: Tuesday– Friday 8am–3.30pm

Weeks 2–10: Monday, Wednesday and Friday 8am – 3.30pm. Tuesday and Thursday – Closed

## IONA SPORT SEASON PLANNER

Fri 20 Feb: AIC swim meet Years 5–12 @ St Peters  
Fri 20 Feb: AIC Round 3 AFL (1sts/2nds) vs SPE  
Sat 21 Feb: AIC Round 3 AFL (Years 5–10) vs SPE  
Sat 21 Feb: AIC Round 3 cricket /volleyball vs SPE (H)  
Sun 22 Feb: Fleet Racing Sailing  
Thurs 26 Feb: AIC swim meet Years 5–12 @ Chandler  
Fri 27 Feb: AIC Round 4 AFL (1sts/2nds) vs Villa  
Sat 28 Feb: AFL, Volleyball and Cricket Team Photos for those teams playing at Iona.  
Sat 28 Feb: AIC Round 4 AFL (Years 5–10) vs Villa  
Sat 28 Feb: AIC Round 4 cricket/volleyball vs Villa (A)  
Sun 1 Mar: Fleet Racing Sailing  
Fri 6 Mar: Swim Team BBQ and Final Time Trial  
Fri 6 Mar: AIC Round 5 AFL (1sts/2nds) vs SPC  
Sat 7 Mar: AIC Round 5 AFL (Years 5–10) vs SPC  
Sat 7 Mar: AIC Round 5 cricket/volleyball vs SPC (A)  
Sun 8 Mar: Teams Racing Sailing  
Tues 10 Mar: AIC Swimming Championships  
Fri 13 Mar: Primary AFL / Cricket Team Photos  
Fri 13 Mar: AIC Round 6 AFL (1sts/2nds) vs SLC  
Sat 14 Mar: AFL, Volleyball and Cricket Team Photos for those teams playing at Iona.  
Sat 14 Mar: AIC Round 6 AFL (Years 5–10) vs SLC  
Sat 14 Mar: AIC Round 6 cricket/volleyball vs SLC (H)  
Sun 15 Mar: Teams Racing Sailing

Fri 20 Mar: AIC Round 7 AFL (1sts/2nds) vs SEC  
Sat 21 Mar: AIC Round 7 AFL (Years 5–10) vs SEC  
Sat 21 Mar: AIC Round 7 cricket/volleyball vs SEC (A)  
Sun 22 Mar: Reams Racing Sailing  
23–27 Mar: Years 5–12 Rugby/Football/Chess Trials Begin  
Fri 27 Mar: Chess Trial vs Villa (A)  
Sat 28 Mar: Rugby/Football Trial vs Villa (A) (1sts/2nds/10A)  
Sat 28 Mar: Internal Trials Rugby/Football  
Sun 29 Mar: Teams Racing Sailing

## AFL

### Years 7–12 Coordinator

Mr Leigh Harding – [hardingl@iona.qld.edu.au](mailto:hardingl@iona.qld.edu.au)

### Years 5/6 Coordinator:

Mr Jack Rolls – [rolls@iona.qld.edu.au](mailto:rolls@iona.qld.edu.au)

Unfortunately, our First XVIII were washed out against Padua, so we didn't get the chance to showcase our skills against one of the best teams in the competition. The good news of the weekend is all other teams were able to play their fixtures against Padua. We had some great results with the standout being the Year 10 team who won 121 to 0.

Round 3 has us fixtured to play against St Peter's and Ambrose Treacey in the secondary school and primary playing St Laurence's. Good luck to all teams this weekend.

**Please see link below for all AFL information for 2026:**

[AIC AFL Season Schedule](#)

### AFL Progressive Season Results

	Rd1 Mar	Rd2 Pad	Rd3 SPLC	Rd4 Villa	Rd5 SPC	Rd6 SLC	Rd7 SEC
1st	Won 47-34	Wash out					
2nd	Lost 5-55	Wash out					
10A	Won 70-9	Won 121-1					
9A	Lost 1-67	Lost 40-44					
9B	Lost 7-100	Lost 105-0					
8A	Lost 6-26	Lost 46-8					
8B	Won 42-28	Lost 54-9					
7A	Won 55-2	Won 34-14					
7B	Won 66-48	Won 73-13					
6A	Lost 63-84	Won 56-31					
6B	Won 73-45	Won 54-33					

6C	Lost 19-71	Lost 37-10					
6D	Lost 21-66	Lost 103-1					
5A	Won 84-14	Won 68-14					
5B	Won 56-40	Won 61-20					
5C	Won 54-26	Won 175-0					
5D	Won 83-70	Won 73-0					

5A vs SLC	Iona College	8.30am	St Eugene 1
5B vs SLC	Iona College	7.30am	St Eugene 1
5C vs SLC	Iona College	8.30am	St Eugene 2
5D vs SLC	Iona College	7.30am	St Eugene 2

**Round 3 vs St Peters / Ambrose Treacy  
Friday 20 February**

Team	Venue	Time	Oval
1sts vs ATC	Coorparoo AFC Birubi St, Coorparoo	4.45pm	Field 1
2nds vs SPE 1sts	Coorparoo AFC Birubi St, Coorparoo	4.45pm	Field 2

**Round 3 vs St Peters – Saturday 21 February**

Team	Venue	Time	Oval
10A	Iona College	10.30am	St Eugene
9A	Iona College	9.30am	St Eugene
9B vs ATC A	Wynnum Vikings Kianawah Rd Wynnum west	10.30am	1
8A vs ATC	Wynnum Vikings Kianawah Rd Wynnum west	9.30am	1
8B vs SPE A	Wynnum Vikings Kianawah Rd Wynnum west	8.30am	1
7A	Wynnum Vikings Kianawah Rd Wynnum west	7.30am	1
7B vs ATC A	Iona College	9.30am	Dwyer
6A vs SLC	Iona College	8.30am	Dwyer
6B vs SLC	Iona College	7.30am	Dwyer
6C vs SLC	Iona College	8.30am	St Eugene 3
6D vs Pad Gold	Iona College	7.30am	St Eugene 3

**AFL Team Photos**

Years 5 and 6: Photos will be taken on Friday 13 March in Period 1. Boys will wear formal grey uniform for these photos.



Years 7–Open: Photos will be taken on the co-curricular photo days later in the year.

**CHESS**

**Coordinator**

Mr Kevin Caine – [cainek@iona.qld.edu.au](mailto:cainek@iona.qld.edu.au)

Chess has started back with trials and training on Monday and Tuesday mornings.

Monday mornings

Seniors (Years 10–12) 6:55am to 8:00am

Juniors (Years 5–6) 8:00am to 8:50am

Yes, this will run through Homeroom!

Tuesday Mornings

Intermediate (Years 7–9) 6:55am – 8:25am

If you are unable to make one, please attend the other.

**CRICKET**

**Coordinator**

Mr Harry Milford –

[milfordh@iona.qld.edu.au](mailto:milfordh@iona.qld.edu.au)

Results Round 2 vs Padua College

With inclement weather impacting the weekend's fixtures, I wanted to thank all families for vigilantly checking Clipboard and for your patience and understanding.

The First XI faced more than just a strong Padua outfit over the weekend: rain and wind challenged both teams mentally and physically. Ultimately, the Iona First XI was more adaptable to the conditions, and this is a credit to boys for their grit and determination in the field.

Iona won the toss and elected to bowl-first, with Henry Bader, Cohen Hamilton, Oscar Sweetnam bowling tight

lines and lengths, constricting Padua's scoring. Aden Biddle's change of pace with a wet, soft ball proved difficult for Padua, with Aden taking 4 wickets. Chasing 159 runs in rain and uncertainty of length of play, Jackson Williams (vc) continued his run of hot form with a marvellous, unbeaten century.

### Round 2 Player Highlights

Jackson Williams First XI - 105\*

Aden Biddle First XI - 4/33 off 8 overs

Keshav Tandon 8B - 4/14 off 5.3 overs

Fynn Cording 8B - 55\* (69)

### **Clipboard – Must Read**

Any team changes will throughout the season will be made through Clipboard - it is imperative that Clipboard is checked weekly for any team changes, training sessions changes and games.

### **Team Spotlight - 8B**

The Iona 8B put on a terrific performance over the weekend in challenging conditions on the road.

In a limited over game of 25 overs, the 8B's batted-first, making a highly impressive total of 3/149. Iona would go on to bowl Padua out for 83 runs in a well-rounded, team performance.



### **2026 AIC Cricket - Season Schedule**

The 2026 AIC Cricket Season Schedule contains all information about training times and the AIC regular season. Please ensure you are frequently checking the College Sports Newsletter and Clipboard for the scheduled training sessions. Any changes will be made live in Clipboard.

Please see link below for all cricket information.

[AIC Cricket Season Schedule](#)

Years 5-9 will also train during their weekly sport lesson.

### **Second - hand Cricket Spikes**

There are several boys across all year levels that don't own a pair of cricket spikes and with the inclement weather over the weekend this raised some safety concerns for some of our boys.

If you own a pair of cricket spikes that you are looking to pass on / no longer have use for - we would love to have some pairs of spikes to offer our boys for use. These can be brought to cricket training, and we will add these to a box in the cricket shed.

### **Cricket Progressive Results**

Team	Rd1 Mar	Rd2 Pad	Rd3 SPLC	Rd4 Villa	Rd5 SPC	Rd6 SLC	Rd7 SEC
1 <sup>st</sup>	Lost	Won Iona 2/159 Pad 158					
2 <sup>nd</sup>	Won	washout					
3 <sup>rd</sup>	Lost	washout					
10A	Won	washout					
10B	Lost	washout					
9A	Lost	Won Iona 105 Pad 91					
9B	Lost	Lost Iona 95 Pad 1/96					
9C	Lost	washout					
8A	Won	Won Iona 6/139 Pad 5/86					
8B	Lost	Won Iona 3/149 Pad 83					
7A	Won	Won Iona 9/114 Pad 8/102					
7B	Lost	Lost Iona 82 Pad 5/86					
7C	Lost	washout					
7D	Won	Lost Iona 9/108 Pad 3/109					
6A	Draw	Lost Iona 6/114 Pad 4/131					
6B	Lost	Lost Iona 10/25 Pad 8/93					
6C	Lost	Lost Iona 8/64 Pad 6/94					
5A	Won	washout					
5B	Lost	washout					
5Black	Lost	washout					

5white	Lost	Lost Iona 8/22 Mar 5/81					
5grey	Lost	washout					

Cricket Training Schedule 2026					
VENUE	TIME	MON	TUE	WED	THUR
Cricket Nets/ Harron Oval	6:45 – 8am		1st XI/2nd XI	Year 6 (7am – 8am)	Year 5 7 – 8am
Harron Oval	3.15 – 4:45pm	Year 8A & B only (field)	Wicket Keeping (all year 5-10 keepers)		1st XI/2nd XI (Davine)
Cricket Nets	3.15 – 4.45pm		3rd XI	7C / 7D (net)	Year 9 Year 10
McCarthy Oval	3.15 – 4.45pm	Year 7A & B only (field)	10A and 9A only (field)	Year 7A & B (net/field) Year 8A&B (field/net)	

### Round 3 vs St Peters / Ambrose Treacy

#### Saturday 21 February

TEAM	VENUE	OVAL	TIME
1 <sup>st</sup> XI	Iona College	Davine	9.30am–5.15pm
2 <sup>nd</sup> XI	Iona College	Harron	1pm–5.50pm
3 <sup>rd</sup> XI	Iona College	McCarthy	1pm–4pm
10A	Iona College	Harron	8am–12.50pm
10B	Iona College	McCarthy	8am–12.50pm
9A	St Peter's Lutheran College, Indooroopilly Rd, Indooroopilly	Mayer	8am–12.50pm
9B	Bellbowrie Sports and Recreation Grounds, Sugarwood St, Bellbowrie	Field 1	7.30am–12.20pm
9C vs SLC	Kianawah Park, Manly Rd, Tingalpa	Field 5	12pm–3pm
8A	St Peter's Lutheran College,	Mayer	1pm–5.30pm

	Indooroopilly Rd, Indooroopilly		
8B vs Mar Gold	Marchant Park, Murphy Rd, Chermside	Field 9	8am–12.30pm
7A	St Peter's Lutheran College, Indooroopilly Rd, Indooroopilly	Stolz	1pm–5.30pm
7B	Indooroopilly State High School, Lambert Rd, Indooroopilly	Field 1	7.30am–12pm
7C vs Mar Gold	Des Connor Park, Grevillea Rd, Ashgrove	Field A	12pm–3pm
7D	BYE		
6A	Kianawah Park Manly Rd, Tingalpa	Field 1	8am–11.30am
6B vs Mar B	Kianawah Park Manly Rd, Tingalpa	Field 5	8am – 11.30am
6C	Kianawah Park Manly Rd, Tingalpa	Field 6	7.30am–9.55am
5A	St Peter's Lutheran College, Indooroopilly Rd, Indooroopilly	Stolz	8am–11.30am
5B	Moggill District Sports Club, Moggill Rd, Moggill	Moggill Synthetic	8am – 11.30am
5 Black Iona white	Kianawah Park Manly Rd, Tingalpa	Field 6	10am–12.25pm
5 Grey vs Mar Gold	Des Connor Park, Grevillea Rd, Ashgrove	Field D	8am–10.25am
5 White Iona black	Kianawah Park Manly Rd, Tingalpa	Field 6	10am–12.25pm

## Cricket Team Photos

Saturday 28 February – Outside McCarthy 7 Year 7–9 volleyball teams playing at Iona.

Saturday 14 March – Outside McCarthy 7 Year 10 to Open volleyball teams who are playing at Iona.



## Cricket Uniform

The following items can be purchased from the Uniform Shop on Monday, Wednesday and Friday.

### Match Uniform for Saturdays

Iona cricket pants:	\$48
Iona cricket long-sleeved shirt:	\$55
Iona cricket short sleeved shirt:	\$45
Black Iona wide-brimmed hat:	\$20
'I' cap:	\$15 –\$16.50
Cricket box	\$8

### Training Uniform

Iona HPE shorts:	\$35
Iona tube sports socks (black):	\$11
Iona ankle sports socks (black):	\$10.50
Iona Yura t-shirt:	\$45

## Scoring

Anyone willing to assist with scoring on game day is encouraged to contact the Cricket Coordinators.

## Cricket Kit Bags and Equipment

All boys selected in an A or B team are expected to supply their own kit bag (box, pads, glove, bat and helmet – minimum)

Those in a C or D team will have access to limited Iona-supplied kit bags. A box must be individually supplied for obvious hygiene reasons.

# CROSS COUNTRY

## Coordinator (Years 7–12)

Mr Brendan Merrotsy – [merrotsyb@iona.qld.edu.au](mailto:merrotsyb@iona.qld.edu.au)

## Coordinator (Primary)

Adam McClure – [mcclurea@iona.qld.edu.au](mailto:mcclurea@iona.qld.edu.au)

## Primary Cross Country (Yr 5–6)

Primary Cross-Country training will begin in Week 7. More information will be provided later in the term.

## Cross Country 2026 (Yr 7–12)

The 2026 Cross Country season will commence in Week 4, with three sessions available.

There is no requirement to attend all sessions, the sessions are open to all students from Years 7–12, regardless of your previous experience.

Cross Country training is a great way to build your aerobic base & speed for many other Semester 1 sports including Cricket, AFL, Rugby & Soccer. It also is a great opportunity to run with your mates and improves your fitness whilst being a part of a team.

## Training Logistics

Students can get picked up & return home after training on Monday morning if they wish. Otherwise, the bus will be returning with all students from the waterfront to the College after the run, by 7:45am at the latest. Students can then get changed at school.

Students will be able to use the pool at Iona as a cool down, before having to get into the uniform, after Wed & Fri morning sessions. Students will be supervised in the pool and are asked to be respectful of pool rules – no grass, no jumping, no leaning on lane ropes etc.

Please bring a towel and a change of underwear if you would like to use the pool.

## Cross Country Training Schedule

Sessions	Time	Meeting Point
Monday morning Long Run	6.15–7.30am	Wynnum Wading Pool (minibus returns to College with all students at 7.40am)
Tuesday working with Primary squad	3.15–4.15pm (starts week 7)	Davine Oval
Wednesday morning Hills/Interval Session	6.45–8am	Junior Handball Courts
Friday morning Speed / Games/Bootcamp	6.45–8am	Junior Handball Courts

# FOOTBALL

## Coordinator

Mr Connor Russell – [russellc@iona.qld.edu.au](mailto:russellc@iona.qld.edu.au)

## High-Performance Football

All boys in the High-Performance Football Program are expected to:

Arrive at school and homeroom on time after training

Remain on campus at the conclusion of Football training

Represent the program and the College in a responsible and respectful manner

## Years 7-10

St Eugene's Park – Tuesday Morning 6.45-8am

## Opens

St Eugene's Park – Tuesday Mornings 6.45-8am and Thursday Mornings 6.45-8am (beginning in Week 4.)

## Coaches Needed

We rely on the support of our Iona community to continue running such a large sporting program. For any Old Boys and Parents interested in coaching next term please complete the appropriate link below and touch base with Mr Connor Russell ([russellc@iona.qld.edu.au](mailto:russellc@iona.qld.edu.au)).

Outside coaches/Old Boys to complete this link:

<https://iona.jotform.com/252378337384870>

Parent Volunteers are to use this link:

<https://iona.jotform.com/252601175601851>

# HIGH PERFORMANCE

## Coordinator

Mr Leigh Harding – [hardingl@iona.qld.edu.au](mailto:hardingl@iona.qld.edu.au)

## District And Regional Sport Trials

This year Iona has moved into a new district structure. Our new district "Riverside Rays" will replace Lytton (10-12yrs) and Composite (13-19yrs). Riverside Rays will follow a 10-19yrs District model.

District trial information will **now EXCLUSIVELY be published on the Representative Sport Page in ICON.**

Here you will find:

- Representative Sports Calendar
- Nomination Close dates
- District Information
- Nomination Form

Click the link below to access the new page.

[ICON – Representative Sport](#)

## Direct Pathway:

ICON – Co-Curricular – Sport – Representative Sport

## 10-12 Years Information 2026

Sport	Details	Nominations Close
Rugby League 10-11 Yrs	Riverside District Trial	Mon 23 Feb
Rugby League 11-12 Yrs	Riverside District Trial	Mon 23 Feb
AFL 10-12 Yrs	Riverside District Trial	Wed 25 Feb
Netball 10-11 Yrs	Riverside District Trial	Fri 6 Mar
Netball 11-12 Yrs	Riverside District Trial	Fri 6 Mar
Golf 10-12 Yrs	Met East Trial	Mon 16 Mar

## 13-19 Years Information 2026

Sport	Details	Nominations Close
Touch Football 13-15yrs	Riverside District Trial	Fri 20 Feb
Touch Football 16-18yrs	Riverside District Trial	Fri 20 Feb
Hockey 13-15yrs	Direct to Met East Trial	Fri 27 Feb
Hockey 16-19yrs	Direct to Met East Trial	Fri 27 Feb
AFL 15-17 Yrs	Direct to Met East Trial	Fri 27 Feb
Rugby Union 17-18yrs	Direct to Met East Trial	Fri 27 Feb

## Term 1, 2026 Gym Schedule

	MON	TUE	WED	THU	FRI
6.30-7.30am	Intro To Gym	Intro To Gym	Intro to Gym	1 <sup>st</sup> AFL Cricket and Volleyball	Iona Swimming (6am Start)
7.15-8.15am	Harlequins Squad	Hoops Squad	Harlequins Squad	Hoops Squad	Harlequins Squad
3.15 - 4.15pm	1sts Cricket 1sts Volleyball	1sts AFL and Any High Performance	Any High Performance	Any High Performance	Any High Performance & Intro To Gym
5:15 - 6.30pm		Iona Swimming Club	Iona Swimming Club		

## Iona Strength and Conditioning

The Iona Strength and Conditioning program is overseen by accredited industry experts and guided by the ASCA Position Stand on Resistance Training for Children and Youth.

The sequential programs also closely align to long-term athletic development principles.

Any student wishing to attend the Iona gym for the first time must first contact Mr Harding prior to attending.

### Gym rules

- Use the bag racks for your bags and get changed in dressing rooms downstairs.
- Wear Iona sports uniform, not club gear.
- Follow all instructions from your trainer carefully.
- Complete all exercises on your program.
- Prioritise the safety of yourself and others.
- Ensure you use all equipment correctly and return it to where you got it from.

### Gym groups

- ANY HIGH-PERFORMANCE groups are for players that are members of Iona Firsts Squads or regional representative sport. Students are given two-day programs based on their S&C goals.
- INTRODUCTION TO GYM TRAINING is for Year 7–12 students that are not a part of other groups. Students are provided a suitable program to work through.

## MOUNTAIN BIKING

### Coordinator

Mr Daniel Davison – [davisond@iona.qld.edu.au](mailto:davisond@iona.qld.edu.au)

The 2026 Iona Mountain Biking season kicks into gear later this term. For those new to the College, it is a series of 6 race events spread throughout Term 1, 2, and 3 around Southeast Queensland.

Monday 23 February (Week 5) there will be an information session for new and returning riders at Morning Tea in McCarthy 11. At the meeting students will be given a run down on how the MTB program works at Iona. The students will receive a take home information pack to discuss with parents what is required to join the squad, frequently answered questions, and will include a sign-up link to register for the team after discussing with parents.

After that session, please get in contact with Daniel Davison at [davisond@iona.qld.edu.au](mailto:davisond@iona.qld.edu.au) for any further queries.

## RUGBY LEAGUE

### Coordinators

Mr Andrew Fildes – [fildesa@iona.qld.edu.au](mailto:fildesa@iona.qld.edu.au)

The Confraternity Carnival is the premier rugby league tournament for Catholic and independent secondary schools in Queensland.

Established in 1980, it brings together the top 16 rugby league schools in the state to compete in the First Division competition. This year's prestigious carnival will run from 28 June to 3 July and will be hosted in Brisbane by Marist College Ashgrove.

Iona College will once again field a First Division squad.

Eligibility: Students turning 16, 17, or 18 in 2026.

Trial Dates:

- 25 March – 7am, Davine Oval
- 30 March – 3pm, Davine Oval

Suggested experience level:

2025 First XIII, Second XIII, 10A or 9A.

### Students must nominate via Clipboard

Squad reductions will take place after nominations, the first trial, and the second trial.

For further information, please contact:

[fildesa@iona.qld.edu.au](mailto:fildesa@iona.qld.edu.au)

## RUGBY UNION

### Coordinators

Mr Alex Jirasek [jiraseka@iona.qld.edu.au](mailto:jiraseka@iona.qld.edu.au)

Mr Craig Stariha [starihac@iona.qld.edu.au](mailto:starihac@iona.qld.edu.au)

### Ballymore Cup

Iona will again be entering an U14, U16 and U18 teams into the Ballymore Cup tournament held at South Pine Sports complex from the 16–18 April. This will consist of our 8A, 10A and First XV teams. The 10A and First XV for this tournament will be selected from the Hoops and Harlequins squads respectively. Trials for the 8A team will be held later this term.

### Rugby Referee Course

Iona will host a Referee Ready Course next Wednesday the 25 of February. This will be held in Green Room 2. Please see the below link for more information and to register expression of interest.

This course is open to staff, parents, coaches and students from Years 8–12.

## [Iona Referee Ready Flyer](#)

Also, for information regarding how to pre enrol to the course please see the link below.

## [How to Pre-Enrol](#)

### Coaches Needed

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Parent Volunteers are to use this link:

<https://iona.jotform.com/252601175601851>

### Hoops & Harlequins

The development programs are both well underway and the high level of effort and accountability over these first two weeks has set the standard for the remainder of the term.

#### Uniform

Gym – Yura shirt/singlet, PE shorts, PE socks

Field – Yura shirt/singlet, Rugby shorts, PE socks

#### Harlequins

Dwyer Oval – Friday 6.30–8.00am

#### Hoops

Dwyer Oval – Wednesday 6.30–8.00am

## SAILING

### Coordinator

Mr Kevin Caine – [cainek@iona.qld.edu.au](mailto:cainek@iona.qld.edu.au)

Sunday was the last day of Fleet racing. It saw sailors rigging in wet conditions, a few boat repairs and many competitors at the ramp. To complete the series a minimum of 3 races was required and the weather held just long enough for this to occur.

Congratulations to Hunter Phelps who continued his consistent sailing to be awarded bronze medal with his crew Lennon Brooks. Hunter won 2 races and featured in the top 10 for most of the series.

Iona students Dean Gething and Toby McDougall placed 5<sup>th</sup> and 13<sup>th</sup> respectively. Most of the Iona sailors featured in the top 10 over the 3 weeks. It's great to see



the crews learning new skills each week, from different skippers. Iona is sitting in 2<sup>nd</sup> position after Fleet racing.

### Teams racing

Teams racing commences this Sunday 22 February.

Teams list has been posted, Black or white, please check teams app for the starting times.

Team Races Sunday 22 February, 1, 8 and 15 March 2026.



**Training is every Tuesday afternoon.** Please reply to the teams app your attendance and bus attendance.

### Expression of interest

On the water umpires are still needed for Teams racing. If you have a boat license and are interested in being involved, please contact Kevin Caine. A certification course will be run by RQ soon.

Anyone interested in joining the Sailing team who does not have experience can contact DPSS (Darling Point Sailing Squad) or RQYS (Royal Queensland Yacht Squadron) for details of learn to sail or Tackers courses. If you have questions, please get in contact with Mr Kevin Caine

## SWIMMING

### Head Coach

Mr John Gatfield – [iswim@iona.qld.edu.au](mailto:iswim@iona.qld.edu.au)

### Assistant Head Coach

Mr Riley Mathers – [iswim@iona.qld.edu.au](mailto:iswim@iona.qld.edu.au)

### Swim Coordinator

Mr Craig Stariha – [starihac@iona.qld.edu.au](mailto:starihac@iona.qld.edu.au)

The next two swim meets are important for all squad members. These meets will be the last opportunity for swimmers to post times to make the final team.

This Friday (20 Feb) all squad members are required to travel to St Peters to participate in a swim meet. Buses will depart the College (behind the cricket nets) at 3.10pm.

The bus will depart St Peters at approximately 6.30pm and should return to the bus turnaround in front of the College at approx. 7pm–7.15pm.

All boys are required to wear the following uniform:

- Plain black togs or Iona-branded togs
- Iona swim cap
- Iona PE shorts
- Iona Yura training shirt
- Iona black socks and sports shoes

Please enter TASS to confirm or decline the invitation for your son to attend the swim carnival.

### Swimming BBQ Breakfast – Parent Helpers Needed

We will offer the squad a BBQ breakfast after their swim session. This will simply consist of an egg and bacon or sausage on a piece of bread with sauce, served straight from the BBQ on a sheet of paper towel for minimal clean up.

We need of a group of parents who are keen to prepare, cook and serve. If you can assist, please complete this online volunteer form.

[AIC Swim Breakfast – Parent Volunteer Form 2026](#)

### AIC Swim Calendar – 2026

Date	Location	Transport
Friday 20 February	AIC Swim Meet @ St Peters	Approx. 3.15pm – 6.30pm
Thursday 26 February	AIC Swim Meet @ Brisbane Aquatic Centre Chandler	Bus provided to and from the Chandler. Times TBA
Friday 6 March	AIC Swim Team BBQ @ Iona College Pool	Approx. 3.15 – 4pm Team BBQ 4pm – 4.30pm
Tuesday 10 March	AIC Swimming Championships	Bus provided to and from the Championships. Times TBA

Click on the link below to gain all information regarding the 2026 AIC swim season including:

- Training times
- Important contact information
- 2026 meets and important dates
- Rep trial information
- BBQ breakfast information & more

[Swim Season Link](#)

### AIC Swim Training Schedule – Term 1, 2026

Note: We encourage our swimmers to attend at least 2–4 sessions per week. The Thursday session is compulsory for all squad members. Club swimmers may continue to follow their club programs.

It is normal at Iona for boys to do swimming and participate in the AFL, cricket and volleyball programs.

Day	Students in Years 5–12 in 2026	
	AM – Before School	PM – After School
Monday		AIC Squad – 3.15pm – 4.15pm
Tuesday	AIC Squad – 6.45am – 7.45am	
Wednesday	AIC Squad – 6.45am – 7.45am	
Thursday	Compulsory Session AIC Squad – 6.45am – 7.45am (Followed by a team breakfast commencing Week 2, Thursday 5 Feb)	
Friday		AIC Swim Meets – Compulsory

## VOLLEYBALL

### Coordinator

Mrs Karen Otway [otwayk@iona.qld.edu.au](mailto:otwayk@iona.qld.edu.au)

Some of the most thrilling moments in sport come from hard-fought battles, where athletes push themselves to do their very best. Last Saturday, many of our teams refused to back down when they found themselves at 1–1 with a live third set. Teams on Saturday showed grit,



teamwork, and determination, where every dive, block, and spike mattered. Some of these close games we lost but most we won. The boys should be proud of the way they fought regardless of whether their team won or lost.

Iona teams came out on top in most games with Iona winning 13 games and losing 7. The Firsts had another dominant 3–0 win. Good luck to all teams for games against St Peters this Saturday.

The 2026 AIC Volleyball Season Schedule contains all information about training times and the AIC regular season.

Please ensure you check the College Sports Newsletter for training, game and duty times and Clipboard for the scheduled training sessions and game times. Any changes will be made live in Clipboard.

### [AIC Volleyball Season Schedule](#)

### Volleyball Progressive Season Results

Team	Rd1 Mar	Rd2 Pad	Rd3 SPE	Rd4 Villa	Rd5 SPC	Rd6 SLC	Rd7 SEC
1 <sup>st</sup>	Won 3-0	Won 3-0					
2 <sup>nd</sup>	Lost 0-2	Lost 1-2					
3 <sup>rd</sup>	Won 2-0	Lost 0-2					
11A	Won 2-1	Won 2-1					
11B	Lost 1-2	Lost 0-2					
10A	Won 2-0	Lost 1-2					
10B	Won 2-1	Won 2-0					
10C	Lost 1-2	Won 2-1					
9A	Won 2-0	Won 2-1					
9B	Lost 0-2	Won 2-0					
9C	Lost 1-2	Lost 0-2					
9D	Won 2-1	Lost 1-2					
8A	Won 3-0	Lost 1-2					
8B	Won 3-0	Won 2-0					
8C	Won 2-1	Won 2-0					
8D	WOF	Won 2-0					
7A	Won 2-0	Won 2-0					
7B	Won 2-1	Won 2-1					
7C	Won 3-0	Won 2-1					
7D	Won 3-0	Won 2-1					

#### Round 3 vs St Peters – Saturday 21 February

Team	Venue	Time	Court
1st	Iona College Provence Centre	Game 12pm No Duty	1

2nds	Iona College Provence Centre	Game 11am Duty 12pm	1
3rds	Iona College Provence Centre	Game 9am Duty 10am	1
11A	Iona College Provence Centre	Game 10am Duty 11am	1
11B vs SLC 5ths	St Laurence's 82 Stephen's Rd, Sth Brisbane	Game 7.30am	1
10A	Iona College Provence Centre	Game 11am No Duty	2
10B	Iona College Provence Centre	Duty 9am Game 10am	2
10C	Iona College Provence Centre	Game 9am Duty 10am	2
9A	St Peters Enter off Lambert Rd, Indooroopilly	12.30pm	1
9B	St Peters Enter off Lambert Rd, Indooroopilly	11.30am	1
9C	St Peters Enter off Lambert Rd, Indooroopilly	11.30am	3
9D	St Peters Enter off Lambert Rd, Indooroopilly	12.30pm	3
8A	St Peters Enter off Lambert Rd, Indooroopilly	10.30am	1
8B	St Peters Enter off Lambert Rd, Indooroopilly	9.30am	1
8C	St Peters Enter off Lambert Rd, Indooroopilly	8.30am	1
8D	St Peters Enter off Lambert Rd, Indooroopilly	7.30am	3
7A	St Peters Enter off Lambert Rd, Indooroopilly	10.30am	2
7B	St Peters Enter off Lambert Rd, Indooroopilly	9.30am	2
7C	St Peters Enter off Lambert Rd, Indooroopilly	8.30am	2
7D	St Peters Enter off Lambert Rd, Indooroopilly	7.30am	2

## Volleyball Team Photos

Saturday 28 February – Outside McCarthy 7  
Year 7–9 volleyball teams playing at Iona.



Saturday 14 March – Outside McCarthy 7  
Year 10 to Open volleyball teams who are playing at Iona.

## Season Expectations

During the AIC Volleyball season, students who are selected in teams are to prioritise school volleyball over any other outside sporting commitments.

Furthermore, it is not permissible for any student to leave training or games early to attend other sporting commitments. Holidays should not be taken during the season for boys who are selected in a volleyball team.

Full commitment to training and games is required.

## Compulsory Duty

Teams will have a compulsory duty on the days they play games at Iona throughout the season. Boys are asked to arrive at the venue no later than **30 minutes before** their game time or duty time (whichever is first).

## Important Reminders

- Off-court warm up will start 30 minutes before game-start time.
- On-court warm-up starts 10 minutes before game-start time each week.
- Compression pants worn under the shorts for training or games must be black or skin-coloured.
- Students cannot wear slides, thongs, Crocs or Birkenstocks of any form before or after games or training.

Students must arrive and depart with appropriate fully enclosed footwear. No non-Iona clothing / jumpers are to be worn to games or training.

