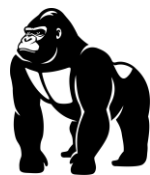


IONA



SPORT

I AM IONIAN 

4 March 2026

TEAM IONA

After reaching the halfway point of the current AIC season last weekend, it's pleasing to report that overall, our teams are going well.

Our volleyball results have been excellent. This weekend we play St Patrick's but next weekend will be a top of the table clash against St Laurence's in the race for the AIC Volleyball aggregate. Be assured St Laurence's have Iona squarely in their sights. I will back the boys in the 'black and white' all the way, to be ready and raring to go. Every win is important this weekend and next, no matter who we play.

Our cricketers are having a good season to date. Last weekend Iona had 7 wins and 3 losses in the aggregate games against Villanova. These are very solid results considering Villa has proven to be one of the top AIC cricket schools. St Patrick's will be strong this weekend, so we need all teams to be on their game.

The AFL competition is very tight at the top. Iona, Villanova, St Laurence's and Padua seem to be the best performing schools. The head-to-head clashes between these schools have been close overall. Our boys are going very well and should feel confident leading into the remaining rounds.

With regards to AFL, the College was disappointed to hear of some unnecessary scuffles that took place during the Yr7A and 8B AFL games at the Wynnum Vikings fields on the weekend. There is absolutely no place for poor behavior from anyone who represents Iona at sport on the weekend (or anytime). I would like to assure the Iona community that the boys were sternly addressed during the week and are put on notice. Although our College wasn't totally to blame, we will accept our behaviour, address it and we will look to be better representatives in future. I would like to think that many parents had some strong words to their sons in the car on the way home.

With 3 rounds to go we encourage all teams to keep up their efforts and finish off the season well. Overall, the

behaviour and efforts from our boys have been excellent.

The Sports Office has been working extremely hard behind the scenes to get the rugby and football seasons up and ready. Training and trials for all teams from Year 5-12 will occur during the last 2 weeks of term. Please keep an eye out for the season schedules in the respective sections below. These schedules contain all the important times and dates.

Sign-ons for Term 2 sports including rugby, football, chess and cross country were opened on Monday of this week and will close next Friday. All sign-ons must be completed via Clipboard. Yr7-12 students can sign on for themselves. Only the parents of the Yr5&6 students can sign them on.

We are asking all students to sign on or select their activity by next Friday. We need accurate sign on numbers as we appoint coaches and nominate teams into the AIC competition based on our numbers.

Please be aware that we have Rugby League Confraternity trials, Yr8 Ballymore Cup trials and 1st Basketball trials that are all happening before the end of this term. Information regarding those trials has been advertised in the daily bulletin and within the respective sport sections below.

Next Tuesday our swimming squad will compete at the annual AIC Swimming championships held at Chandler. We've had many boys train in the pool since term 4 last year and beyond.

Altogether we will take a squad of exactly 90 boys to Chandler. The final swim team was announced on Monday of this week. All squad members and their families were emailed all the pertinent information pertaining to the AIC swim champs on Monday of this week.

I thank all those who have trained hard through the pre-season. Many thanks are given to John Gatfield and Riley Mather for coaching the boys and for the staff who have managed the team over the season.

The swim team will appreciate the support of those Yr8&12 boys who have indicated that they will attend the swimming carnival next week as a spectator. We ask

AIC Sports Information is provided by [Clipboard](#) (includes wet weather updates)

Head of Sport: Mr Craig Stariha – 3893 8851

Sports Administrator: Mrs Karen Otway – 3893 8805

Sports Administrator: Mr Alex Jirasek – 3906 8917

Assistant Head of Sport (5-6): Mr Connor Russell – 3893 8869

Assistant Head of Sport (7-12): Mr Harry Milford – TBC

if you have made that commitment to be a spectator, that you follow through with that commitment and attend to support the team please. Our swim team needs you there.

Our 2026 Open swim team were presented with their swim shirts at today's assembly. On behalf of the College, we wish all our boys the very best next Tuesday. Go well!



This week Iona will play St Patrick's College in Round 5 of the main draw. We do encourage our boys to play hard, but we must act in accordance with our Oblate values, if not, it's all for nothing.

All the best boys and please enjoy!

Craig Stariha
Head of Sport, Iona College

Clipboard

Clipboard is an online sports communication system which allows coaches, players and parents to access weekly draws, training schedules, sport sign-on, injury reports, score lines and much more.

Please access the link below to gain instructions on how to log into Clipboard.

If you having any difficulties logging in or accessing Clipboard, please contact the ICT Service Desk (ictservices@iona.qld.edu.au).

For queries regarding sign on, sessions time, venue locations, cancellations, etc, please contact Mr Jirasek (jiraseka@iona.qld.edu.au).

Please see the link below for a guide on how to navigate and setup Clipboard on your device. ([Parent Clipboard Guide](#))

IONA UNIFORM SHOP

2026 Opening Hours

Week 1: Tuesday- Friday 8am-3.30pm

Weeks 2-10:

Monday, Wednesday and Friday 8am - 3.30pm.

Tuesday and Thursday - Closed

IONA SPORT SEASON PLANNER

- Fri 6 Mar: AIC Round 5 AFL (1sts/2nds) vs SPC
- Sat 7 Mar: AIC Round 5 AFL (Years 5-10) vs SPC
- Sat 7 Mar: AIC Round 5 cricket/volleyball vs SPC (A)
- Sun 8 Mar: Teams Racing Sailing
- Mon 9 Mar: QIGA Golf
- Tues 10 Mar: AIC Swimming Championships
- Fri 13 Mar: Primary AFL / Cricket Team Photos
- Fri 13 Mar: AIC Round 6 AFL (1sts/2nds) vs SLC
- Sat 14 Mar: AFL, Volleyball and Cricket Team Photos for those teams playing at Iona.
- Sat 14 Mar: AIC Round 6 AFL (Years 5-10) vs SLC
- Sat 14 Mar: AIC Round 6 cricket/volleyball vs SLC (H)
- Sun 15 Mar: Teams Racing Sailing
- Fri 20 Mar: AIC Round 7 AFL (1sts/2nds) vs SEC
- Sat 21 Mar: AIC Round 7 AFL (Years 5-10) vs SEC
- Sat 21 Mar: AIC Round 7 cricket/volleyball vs SEC (A)
- Sun 22 Mar: Reams Racing Sailing
- 23-27 Mar: Years 5-12 Rugby/Football/Chess Trials Begin
- Fri 27 Mar: Chess Trial vs Villa (A)
- Sat 28 Mar: Rugby/Football Trial vs Villa (A) (1sts/2nds/10A)
- Sat 28 Mar: Internal Trials Rugby/Football
- Sun 29 Mar: Teams Racing Sailing

AFL

Years 7-12 Coordinator

Mr Leigh Harding – hardingl@iona.qld.edu.au

Years 5/6 Coordinator:

Mr Jack Rolls – rollsj@iona.qld.edu.au

Round 4 Results

A tough weekend for our 1sts AFL with Villanova proving too strong on Friday night and inflicting our first loss for 2026. I'm sure the boys will be eager to return to the winners list this Friday night.

Congrats to the year 7A, 7B and 10A teams who remain undefeated for the season. The boys have been playing very consistent football.

Another big shout out to the 5A, 5B and 5C teams who are also undefeated this season and had great wins over Villanova on Saturday.

Reminder the 1sts AFL are playing at home this Friday afternoon against St Patricks so they would love your support. Join the boys on 'The Trot' as they make their way from the college grounds to the AFL fields.



Please see link below for all AFL information for 2026:

[AIC AFL Season Schedule](#)

AFL Progressive Season Results

	Rd1 Mar	Rd2 Pad	Rd3 SPLC	Rd4 Villa	Rd5 SPC	Rd6 SLC	Rd7 SEC
1st	Won 47-34	Wash out	Won vs ATC 107-13	Lost 19-65			
2nd	Lost 5-55	Wash out	Lost vs SPE 1 st 21-33	Lost 35-40			
10A	Won 70-9	Won 121-1	Won 100-2	Won 35-5			
9A	Lost 1-67	Lost 40-44	Won 64-7	Lost 22-64			
9B	Lost 7-100	Lost 105-0	Won vs ATC A 41-19	BYE			
8A	Lost 6-26	Lost 46-8	Won vs ATC 78-1	Lost 66-6			
8B	Won 42-28	Lost 54-9	Lost vs SPE A 4-33	Lost 64-5			
7A	Won 55-2	Won 34-14	Won 116-0	Won 40-21			
7B	Won 66-48	Won 73-13	Won vs ATC A 42-20	Won 53-38			
6A	Lost 63-84	Won 56-31	Won vs SLC 59-26	Lost 34-69			
6B	Won 73-45	Won 54-33	Won vs SLC 49-25	Lost 72-15			
6C	Lost 19-71	Lost 37-10	Lost vs SLC 23-68	Lost 71-13			
6D	Lost 21-66	Lost 103-1	Lost vs Pad 29-33	Lost vs SLC 70-14			
5A	Won 84-14	Won 68-14	Won vs SLC 49-29	Won 59-28			
5B	Won 56-40	Won 61-20	Won vs SLC 78-33	Won 81-21			
5C	Won 54-26	Won 175-0	Won vs SLC 79-8	Won 36-8			
5D	Won 83-70	Won 73-0	Won vs SLC 87-7	Lost vs ATC 32-42			

Round 5 vs St Patrick's Friday 6 March			
Team	Venue	Time	Oval
1sts	Iona College	4.45pm	St Eugene
2nds	BYE		

Round 5 vs St Patrick's - Saturday 7 March			
Team	Venue	Time	Oval
10A vs ATC	Iona College	10.30am	St Eugene
9A	Iona College	9.30am	St Eugene
9B	Wynnum Vikings Kianawah Rd Wynnum West	10.30am	Field 1
8A	Wynnum Vikings Kianawah Rd Wynnum West	9.30am	Field 1
8B	Wynnum Vikings Kianawah Rd Wynnum west	8.30am	Field 2
7A	Wynnum Vikings Kianawah Rd Wynnum west	9.30am	Field 2
7B	Wynnum Vikings Kianawah Rd Wynnum west	7.30am	Field 2
6A vs Mar A	Iona College	8.30am	Dwyer
6B vs Mar B	Iona College	7.30am	Dwyer
6C vs Mar C	Iona College	8.30am	St Eugene 3
6D vs Mar D	Iona College	7.30am	St Eugene 3
5A vs Mar A	Iona College	8.30am	St Eugene 1
5B vs Mar B	Iona College	7.30am	St Eugene 1
5C vs St Peters A	Iona College	8.30am	St Eugene 2
5D vs Mar C	Iona College	7.30am	St Eugene 2

AFL Team Photos

Years 5 and 6: Photos will be taken on Friday 13 March in Period 1. Boys will wear formal grey uniform for these photos.



Years 7-Open: Photos will be taken on the co-curricular photo days later in the year.

BASKETBALL

Coordinator

Mr Harry Milford – milfordh@iona.qld.edu.au

2026 First V Basketball Trails

Any previous Year 9A, 10A, 2nds or First V player wishing to trial for First V AIC Basketball team is required to complete the First V Sign-on via Clipboard. By completing this you are informing us of your attendance and are confirming your availability for **ALL trials**.

Sign-on will be available on Clipboard from tomorrow. (Thursday 26/02/26 – Friday 06/03/26)

The First V Basketball Trials will be held over 4 sessions from Week 7-10 of Term 1. Boys are expected to be available for ALL sessions outlined below:

- Trial Session 1: Monday 9th March – Provence Centre 6:30am – 8:00am
- Trial Session 2: Wednesday 11th March – Provence Centre 6:30am – 8:00am
- Trial session 3: Thursday 26th March – Provence Centre 3:15pm – 4:45pm
- Trial session 4: Tuesday 31st March – Provence Centre 3:15pm – 4:45pm

After each session, coaches will reduce the number of squad members based on the following criteria: attitude, attendance and performance. Upon completion of the trials, the selected First V Basketball squad will make up the iHoops Senior squad and will commence the Basketball High- performance program throughout Term 2.

Injuries: Students who are injured and are unable to attend the trial period are required to email Basketball Coordinator, Mr Harry Milford – milfordh@iona.qld.edu.au

CHESS

Coordinator

Mr Kevin Caine – cainek@iona.qld.edu.au

Chess has started back with trials and training on Monday and Tuesday mornings.

Monday mornings

Seniors (Years 10-12) 6:55am to 8:00am

Juniors (Years 5-6) 8:00am to 8:50am

Tuesday Mornings

Intermediate (Years 7-9) 6:55am – 8:25am

If you are unable to make one, please attend the other.

CRICKET

Coordinator

Mr Harry Milford – milfordh@iona.qld.edu.au

Round 4 Results vs Villanova

Iona had one of the most successful rounds against Villanova College in recent memory with 7 aggregate wins and only 3 aggregate losses. Well done to all the boys for their efforts over the weekend and for the sportsmanship and comradery displayed.

The Iona First XI regained their spark over weekend with a dominant performance over Villanova College. The



First XI lost the toss and were sent into bat first. Cloud cover and humid conditions gave Villanova some favourable bowling conditions and they took advantage, taking 2 early wickets and building pressure early. Alexander Harrison (c) stepped up like captains do and regained control of the innings for the Iona First XI. His 65 (91) at a pivotal moment in the game, along with solid contributions from Ethan Wright and Caelan Gullo allowed Iona to set a highly defendable total of 184 runs. Following on from a pleasing batting performance, the engine room led by Cohen Hamilton Ben Stevens and Flynn Donnelly ensured the momentum was maintained. Cohen ripped through the Villanova top order with three early wickets all clean bowled and Villanova were startled at 3/31. Villanova would go on to get some timely runs from their middle order and pressure the Iona attack; however, another tremendous fielding performance would ensure Iona get the result. Iona won by 44 runs.



Round 4 Player Highlights



Alexander Harrison 1st XI – 65 (91)

Cohen Hamilton 1st XI – 4/25 off 9 overs (1 maiden)

Harrison Breakspear 9B – HAT-TRICK and 5/19 off 6.1 overs (pictured)

Zachary Taylor 8A – 63* (50)

Cooper Cotter 8A – 4/10 off 6 overs (1 maiden)



Fynn Cording 8B – 94 (68) and 5/7 off 4 overs (1 maiden)

Noah Cording 7B – 5/9 off 6 overs (2 maidens)

Team Spotlight – 8A / 7A

The 8A and 7A teams continued their run of hot form with wins over the weekend against strong Villanova competition.

Currently undefeated, they will be looking to round out the season undefeated and secure AIC premierships.

Clipboard

Any team changes will be made through Clipboard – it is imperative that Clipboard is checked weekly for any team changes, training sessions changes and games.

Cricket Team Photos

Years 5 and 6: Photos will be taken on Friday 13 March in Period 1. Boys will wear formal grey uniform for these photos.



Saturday 14 March – Outside McCarthy 7 Year 10 to Open Cricket teams who are playing at Iona.

2026 AIC Cricket – Season Schedule

The 2026 AIC Cricket Season Schedule contains all information about training times and the AIC regular season. Please ensure you are frequently checking the College Sports Newsletter and Clipboard for the scheduled training sessions. Any changes will be made live in Clipboard.

Please see link below for all cricket information.

[AIC Cricket Season Schedule](#)

Years 5–9 will also train during their weekly sport lesson.

Secondhand Cricket Spikes

Some boys across the College don't own cricket spikes, and the wet weekend highlighted safety concerns.

If you have a pair of spikes your son has outgrown or no longer needs, we'd love to repurpose them. Please bring any donations to cricket training – they'll be added to the collection box in the cricket shed.

Cricket Progressive Results

Team	Rd1 Mar	Rd2 Pad	Rd3 SPLC	Rd4 Villa	Rd5 SPC	Rd6 SLC	Rd7 SEC
1 st	Lost	Won	Lost	Won Iona 184 Villa 140			
2 nd	Won	wash out	Won	Lost Iona 87 Villa 9/146			
3 rd	Lost	wash out	Won	Won Iona 5/149 Villa 8/147			
10A	Won	wash out	Won	Won Iona 7/112 Villa 9/30			
10B	Lost	wash out	Won	Won Iona 6/174 Villa 9/59			
9A	Lost	Won	Won	Lost Iona 80 Villa 3/138			
9B	Lost	Lost	Won	Lost Iona 114 Villa 127			
9C	Lost	wash out	Lost	Lost on forfeit			
8A	Won	Won	Won	Won Iona 5/84 Villa 9/83			
8B	Lost	Won	Won	Won Iona 3/136 Villa 67			
7A	Won	Won	Won	Won Iona 7/94 Villa 7/93			

7B	Lost	Lost	Won	Won Iona 5/98 Villa 96			
7C	Lost	wash out	Lost	Won Iona 4/73 Villa 3/72			
7D	Won	Lost	BYE	Lost Iona 100 Mar 6/146			
6A	Draw	Lost	Won	Lost Iona 112 Villa 7/142			
6B	Lost	Lost	Lost	Lost Iona 8/81 Villa /85			
6C	Lost	Lost	Lost	Lost Iona 9/25 Villa 5/80			
5A	Won	wash out	Won	Won Iona 7/158 Villa 6/123			
5B	Lost	wash out	Won	Lost Iona 5/70 Villa 7/120			
5Black	Lost	wash out	Won	Lost Iona 6/50 Villa C 5/59			
5white	Lost	Lost	Lost	Lost Iona 6/38 Pad C 2/61			
5 grey	Lost	wash out	Lost	Lost Iona 3/64 Villa D 3/72			

Round 5 vs St Patrick's - Saturday 7 Match

TEAM	VENUE	OVAL	TIME
1 st XI	St Patrick's Fields Curlew Park, Curlew St, Shorncliffe	Field 1	9.30am- 5.15pm
2 nd XI	St Patrick's Fields Curlew Park, Curlew St, Shorncliffe	Field 2	1pm-5.30pm
3 rd XI	St Patrick's Fields Curlew Park, Curlew St, Shorncliffe	Field 3	1pm-4pm
10A	St Patrick's Fields Curlew Park, Curlew St, Shorncliffe	Field 2	8am-12.55pm
10B	St Patrick's Fields Curlew Park, Curlew St, Shorncliffe	Field 3	8am-12.55pm
9A	Iona College	Davine	8am-12.50pm
9B	Iona College	Harron	8am-12.50pm
9C vs SLC 10C	Kianawah Park Manly Rd, Tingalpa	Field 1	11.45am- 2.45pm
8A	Iona College	Davine	1pm-5.30pm
8B	Iona College	McCarthy	1pm-5.30pm
7A	Iona College	Harron	1pm-5.30pm
7B	Iona College	McCarthy	8am-12.30pm
7C	Kianawah Park Manly Rd, Tingalpa	Field 6	1pm-4pm
7D	Kianawah Park Manly Rd, Tingalpa	Field 9	7.30-10.30am
6A	St Patrick's Fields Curlew Park, Curlew St, Shorncliffe	Field 4	8am-11.30am
6B vs Villa B	Kianawah Park Manly Rd, Tingalpa	Field 9	10.45-2.15pm
6C vs SPC 5/6	St Patrick's Fields Curlew Park, Curlew St, Shorncliffe	Field 4	11.30am-2pm
5A	Kianawah Park Manly Rd, Tingalpa	Field 1	8am-11.30am

Cricket Training Schedule 2026

VENUE	TIME	MON	TUE	WED	THUR
Cricket Nets/ Harron Oval	6:45 – 8am		1st XI/2nd XI	Year 6 (7am – 8am)	Year 5 7 – 8am
Harron Oval	3.15 – 4.45pm	Year 8A & B only (field)	Wicket Keeping (all year 5-10 keepers)		1st XI/2nd XI (Davine)
Cricket Nets	3.15 – 4.45pm		3rd XI	7C / 7D (net)	Year 9 Year 10
McCarthy Oval	3.15 – 4.45pm	Year 7A & B only (field)	10A and 9A only (field)	Year 7A &B (net/field) Year 8A&B (field/net)	

5B	Kianawah Park Manly Rd, Tingalpa	Field 5	8am– 11.30am
5 Black vs SPC 5C	Kianawah Park Manly Rd, Tingalpa	Field 6	7.30–9.55am
5 Grey vs Pad gold	Kianawah Park Manly Rd, Tingalpa	Field 6	10am– 12.25pm
5 White vs Villa C	Kianawah Park Manly Rd, Tingalpa	Field 8	7.30am– 9.55am

Cricket Uniform

The following items can be purchased from the Uniform Shop on Monday, Wednesday and Friday.

Match Uniform for Saturdays

Iona cricket pants:	\$48
Iona cricket long-sleeved shirt:	\$55
Iona cricket short sleeved shirt:	\$45
Black Iona wide-brimmed hat:	\$20
'I' cap:	\$15 –\$16.50
Cricket box	\$8

Training Uniform

Iona HPE shorts:	\$35
Iona tube sports socks (black):	\$11
Iona ankle sports socks (black):	\$10.50
Iona Yura t-shirt:	\$45

Scoring

Anyone willing to assist with scoring on game day is encouraged to contact the Cricket Coordinators.

Cricket Kit Bags and Equipment

All boys selected in an A or B team are expected to supply their own kit bag (box, pads, glove, bat and helmet – minimum). Those in a C or D team will have access to limited Iona-supplied kit bags. A box must be individually supplied for obvious hygiene reasons.

CROSS COUNTRY

Coordinator (Years 7–12)

Mr Brendan Merrotsy – merrotsyb@iona.qld.edu.au

Coordinator (Primary)

Adam McClure – mcclurea@iona.qld.edu.au

Primary Cross Country (Yr 5–6)

Primary Cross-Country training will begin in Week 7. More information will be provided later in the term.

Cross Country (Yr 7–12)

The 2026 Cross Country season has commenced with three sessions available. There is no requirement to attend all sessions, the sessions are open to all students from Years 7–12, regardless of your previous experience. Cross Country training is a great way to build your aerobic base & speed for many other Semester 1 sports including Cricket, AFL, Rugby & Soccer. It also is a great opportunity to run with your mates and improves your fitness whilst being a part of a team.

Training Logistics

Students may go home after Monday morning training, otherwise the bus will return from the waterfront to the College by 7:45am, where they can get changed for school.

After Wednesday and Friday sessions, students may use the Iona pool to cool down before getting into uniform. They will be supervised and must follow pool rules – no grass, no jumping, no leaning on lane ropes.

Please bring a towel and a change of underwear if planning to use the pool.

Cross Country Training Schedule

Sessions	Time	Meeting Point
Monday morning Long Run	6.15–7.30am	Wynnum Wading Pool (minibus returns to College with all students at 7.40am)
Tuesday working with Primary squad	3.15–4.15pm (starts week 7)	Davine Oval
Wednesday morning Hills/Interval Session	6.45–8am	Junior Handball Courts
Friday morning Speed / Games/Bootcamp	6.45–8am	Junior Handball Courts

FOOTBALL

Coordinator

Mr Connor Russell – russellc@iona.qld.edu.au

[Football Season Schedule](#)

High-Performance Football

All boys in the High-Performance Football Program are expected to:

Arrive at school and homeroom on time after training

Remain on campus at the conclusion of Football training

Represent the program and the College in a responsible and respectful manner

Years 7-10

St Eugene’s Park – Tuesday Morning 6.45–8am

Opens

St Eugene’s Park – Tuesday Mornings 6.45–8am and Thursday Mornings 6.45–8am (beginning in Week 4.)

Coaches Needed

We rely on the support of our Iona community to continue running such a large sporting program. For any Old Boys and Parents interested in coaching next term please complete the appropriate link below and touch base with Mr Connor Russell (russellc@iona.qld.edu.au).

Outside coaches/Old Boys to complete this link: <https://iona.jotform.com/252378337384870>

Parent Volunteers are to use this link: <https://iona.jotform.com/252601175601851>

GOLF
Coordinator Mr Richard Beets – beetsr@iona.qld.edu.au

Iona Golf season is commencing soon. It involves four rounds during the year in the QIGA competition as well as the AIC golf championships later in the year.

Any students in years 7-12 interested in participating in golf this year are invited to register their interest by emailing Mr Beets. Students must be current members of a recognised golf club to be eligible with a golf handicap less than 20. Once a student has registered their interest further details will be sent.

The first scheduled event will take place on 9 March at Burleigh Golf Club.

HIGH PERFORMANCE
Coordinator Mr Leigh Harding – hardingl@iona.qld.edu.au

District And Regional Sport Trials

This year Iona has moved into a new district structure. Our new district “Riverside Rays” will replace Lytton (10-12yrs) and Composite (13-19yrs). Riverside Rays will follow a 10-19yrs District model.

District trial information will **now EXCLUSIVELY be published on the Representative Sport Page in ICON.**

Here you will find:

- Representative Sports Calendar
- Nomination Close dates
- District Information
- Nomination Form

Click the link below to access the new page.

[ICON – Representative Sport](#)

Direct Pathway:

ICON – Co-Curricular – Sport – Representative Sport

10-12 Years Information 2026

Sport	Details	Nominations Close
Netball 10-11 Yrs	Riverside District Trial	Fri 6 Mar
Netball 11-12 Yrs	Riverside District Trial	Fri 6 Mar
Golf 10-12 Yrs	Met East Trial	Mon 16 Mar
Hockey 10-12Yrs	Met East Trial	Mon 13 Apr

13-19 Years Information 2026

Sport	Details	Nominations Close
Hockey 13-15yrs	Direct to Met East Trial	Fri 27 Feb
Hockey 16-19yrs	Direct to Met East Trial	Fri 27 Feb
AFL 15-17 Yrs	Direct to Met East Trial	Fri 27 Feb
Rugby Union 17-18yrs	Direct to Met East Trial	Fri 27 Feb
Volleyball 16-19 Yrs	Riverside District Trial	Thurs 5 Mar
Basketball 17-19yrs	Direct to Met East Trial	Thurs 5 Mar
Volleyball 13-15 Yrs	Riverside District Trial	Mon 9 Mar
Golf 10-19 Yrs	Direct to Met East Trial	Mon 16 Mar
Rugby Union 14-15yrs	Riverside District Trial	Mon 30 Mar

Term 1, 2026 Gym Schedule

	MON	TUE	WED	THU	FRI
6.30–7.30am	Intro To Gym	Intro To Gym	Intro to Gym	1 st AFL Cricket and Volleyball	Iona Swimming (6am Start)
7.15–8.15am	Harlequins Squad	Hoops Squad	Harlequins Squad	Hoops Squad	Harlequins Squad

3.15 – 4.15pm	1sts Cricket 1sts Volleyball	1sts AFL and Any High Performance	Any High Performance	Any High Performance	Any High Performance & Intro ToGym
5:15 – 6.30pm		Iona Swimming Club	Iona Swimming Club		

Iona Strength and Conditioning

The Iona Strength and Conditioning program is overseen by accredited industry experts and guided by the ASCA Position Stand on Resistance Training for Children and Youth.

The sequential programs also closely align to long-term athletic development principles.

Any student wishing to attend the Iona gym for the first time must first contact Mr Harding prior to attending.

Gym rules

- Use the bag racks for your bags and get changed in dressing rooms downstairs.
- Wear Iona sports uniform, not club gear.
- Follow all instructions from your trainer carefully.
- Complete all exercises on your program.
- Prioritise the safety of yourself and others.
- Ensure you use all equipment correctly and return it to where you got it from.

Gym groups

- ANY HIGH-PERFORMANCE groups are for players that are members of Iona Firsts Squads or regional representative sport. Students are given two-day programs based on their S&C goals.
- INTRODUCTION TO GYM TRAINING is for Year 7–12 students that are not a part of other groups. Students are provided a suitable program to work through.

MOUNTAIN BIKING

Coordinator

Mr Daniel Davison – davisond@iona.qld.edu.au

If your son did not receive the information and sign up sheet, please reach out to Mr Davison on davisond@iona.qld.edu.au to get a copy.

Training Dates and Times:

Sunday May 10: 8.30am – 10.45am (Mt Cotton) Yrs 7–12

Sunday 19 July: 9am–11.15am (Caloundra) Years 7–12

Sunday 9 August: 9am–11.15am (Castle Hill) Years 7–12

Sunday 30 August 8.45am–11am (Nerang) Years 7–12

Competition Dates and Times:

Friday 20 March (Nerang) Years 7–12

Friday 15 May (Mt Cotton) Years 7–12

Friday 5 June: (Toowoomba) Years 7–12

Thursday 30 July: (Caloundra) Years 5–8

Friday 31 July: (Caloundra) Years 9–12

Friday 14 August: (Castle Hill) Years 7–12

Friday 11 September: (Nerang) Years 7–12

RUGBY LEAGUE

Coordinators

Mr Andrew Fildes – fildesa@iona.qld.edu.au

The Confraternity Carnival is the premier rugby league tournament for Catholic and independent secondary schools in Queensland.

This year's prestigious carnival will run from 28 June to 3 July and will be hosted in Brisbane by Marist College Ashgrove.

Iona College will once again field a First Division squad.

Eligibility: Students turning 16, 17, or 18 in 2026.

Trial Dates:

- 25 March – 7am, Davine Oval
- 30 March – 3pm, Davine Oval

Suggested experience level:

2025 First XIII, Second XIII, 10A or 9A.

Students must nominate via Clipboard

Squad reductions will take place after nominations, the first trial, and the second trial.

For further information, please contact Mr Fildes.

RUGBY UNION

Coordinators

Mr Alex Jirasek jiraseka@iona.qld.edu.au

Mr Craig Stariha starihac@iona.qld.edu.au

[Rugby Season Schedule](#)

AIC Rugby Sign On Open

Sign on for AIC rugby is now open on Clipboard (activity selection) and will close next Friday 13 March. If you are interested in playing rugby for Iona next term you must sign on. Parents/Guardians of primary students will have to complete sign on for their son, students from Year 7–

12 can complete this themselves. Trials will be held in Weeks 9 and 10.

Ballymore Cup

Iona will again be entering an U14, U16 and U18 teams into the Ballymore Cup tournament held at South Pine Sports complex from the 16–18 April. This will consist of our 8A, 10A and First XV teams. The 10A and First XV for this tournament will be selected from the Hoops and Harlequins squads respectively. The Year 8 Ballymore cup trials will be held on the below dates. This is open for any Year 8 student turning 13 or 14 this year that believes they can play at a 8A level and are available for the tournament.

[Yr8 Ballymore Cup Sign on](#)

Year 8 Ballymore Cup Trials

- Trial 1 – Monday 16 March, 6:30–7:45am @ Dwyer Oval
- Trial 2 – Friday 20 March, 6:30–7:45am @ Dwyer Oval

Coaches Needed

Old Boys and Parents that have expressed interest in coaching a rugby team next term will be contacted later this week. For anyone interested that has not yet completed the expression of interest please complete the forms via the appropriate link below and touch base with Mr Alex Jirasek (jiraseka@iona.qld.edu.au).

Outside coaches/Old Boys to complete this link:

<https://iona.jotform.com/252378337384870>

Parent Volunteers are to use this link:

<https://iona.jotform.com/252601175601851>

Harlequins – Field Sessions

Dwyer Oval – Tuesday & Thursday 6.30–8.00am

Hoops – Field Sessions

Dwyer Oval – Wednesday 6.30–8.00am

Uniform

Gym – Yura shirt/singlet, PE shorts, PE socks

Field – Yura shirt/singlet, Rugby shorts, PE socks

SAILING

Coordinator

Mr Kevin Caine – cainek@iona.qld.edu.au

The weather held to complete all 28 races on Sunday afternoon, 7 races per team. It was great to have both Iona teams stay in Division 1 this week, but a few schools did change divisions making for very competitive sailing.

Iona Black, after having an early morning training session, had a mixed day of racing. Winning 4/7 races. Iona white equaled the win rate, with 4/7 wins. However, Iona white took the converted win against Iona Black with a 1st 2nd and 4th ranking.

Sailing this Sunday – please continue to add your attendance and volunteering availability, on the Teams app.

Team Races continues Sunday 8 and 15 March 2026, with more sailing dates to come.

Training Every Tuesday afternoon. It is important to attend training. Please reply to the teams app bus attendance.

If you are interested in sailing and would like some information, please contact Kevin Caine.

CaineK@iona.qld.edu.au.

SWIMMING

Head Coach

Mr John Gatfield – iswim@iona.qld.edu.au

Assistant Head Coach

Mr Riley Mathers – iswim@iona.qld.edu.au

Swim Coordinator

Mr Craig Stariha – starihac@iona.qld.edu.au

The 2026 AIC swim season will reach its conclusion next Tuesday 10 March with the annual AIC Swimming Championships to be held at Chandler.

The complete list of the Iona College swimming team, including the competitors list for each event, has been emailed to all swim families on Monday of this week. If your son's name is not on the competitor list, that means he will not swim on the day of the Championship, however, he is still required to come out on the day as a reserve.

NOTE – This Friday 6 March, **ONLY** the swimmers competing at the AIC Swim Championships will be required to attend a training session commencing at 7.15–7.45am. These same swimmers are also required to attend a final swim session held next Monday 9 March from 3.15–4.15pm as well. Reserves are not needed for these 2 sessions.

Normal training times will continue throughout this week (with all squad members excluding the 2 mentioned above). We ask all squad members to attend all the remaining swim sessions as a priority so that we can practice relay changes, starts and finishes for the upcoming Championships.

On the day of the AIC Championships all squad members are to wear the Iona College Polo shirt (not the Yura shirt) with the black PE shorts to school as we plan to take a

photo before we depart the College. The photo will contain the entire squad – reserves and competitors.

Swim Uniform (All swimmers must wear the full and complete uniform below)

- Iona swim togs or plain back togs (it is permissible for some of our swimmers to wear their specialised racing togs at this event)
- College polo shirt (not the Yura training shirt)
- Iona black PE shorts
- Iona black sports socks
- Iona swim cap

On the day of the AIC Swimming Championships, we ask all swimmers (and reserves) to meet the swim managers promptly at the Provence Centre wearing their swim uniform at 6.30am. The boys will receive some final team instructions before a team photo is taken at 6.40am. A bus will then depart the College for Chandler at 7.00am. The carnival will conclude by 1.30pm with presentations. We ask all swimmers to travel as a team to the Championships on the buses provided (not with parents please).

Parents may collect their son after the Championship from the venue. Alternatively, a return bus service to the College will be available. Boys should arrive back to school for the normal 3.00pm departure.

Spectators – Parents and Students

Selected Year 8 and Year 12 students will represent Iona to cheer on the swim team; these boys will be bussed to and from Chandler on the day. Parents are permitted to attend the AIC Swim Championships, however, there is no allocated seating for parents in the Iona section as this will be taken up by the swim squad and spectators. Parents may stand around the Iona seating area or there is an official 'General Seating' area in the grandstand overlooking the dive pool. Please see a copy of the seating plan attached.

Please Note – All parents/spectators will require a ticket to access the Chandler meet (at no cost). These tickets can be accessed through the Eventbrite website. Please use the link below to book your ticket as the Chandler staff will not let you in the complex unless you have one. Once you access the link and complete the information, an email will be sent to you with your ticket, you could upload the tick to your apple wallet on your phone or simply show the person at the gate your email with the ticket included. Please click on this link – [AIC Swimming Championships – Ticket Link](#)

AIC Swimming – Key Dates

Thursday 5 March

- Compulsory morning training session held at the College pool, 6.45–7.45am, followed by the final team breakfast

Friday 6 March

- Compulsory swim session for the competing swim team **ONLY** 7.15–7.45am

Monday 9 March

- Compulsory final team training session for the competing swim team **ONLY** 3.15–4.15pm

Tuesday 10 March – AIC Swim Championships at Chandler Pool

- The swim team meets in the Provence Centre at 6.30am for a team briefing and photo
- Bus departs the College for Chandler at 7.00am
- Arrive at Chandler 7.30am, warm up 7.45am – 8.30am, first event at 8.45am
- Presentations are to be held between 1.15pm – 1.30pm
- Bus departs Chandler at 1.40pm and returns to the College approx. 2.15pm
- Parents may collect their son from Chandler at the completion of the presentations or back at the College at 3.00pm

Lane Allocation – 2026

- 9 – Padua College
- 8 – Villanova College
- 7 – Iona College
- 6 – St Edmund's College
- 5 – Marist College Ashgrove
- 4 – Ambrose Treacy College
- 3 – St Laurence's College
- 2 – St Peter's College
- 1 – St Patrick's College

On behalf of the College, we congratulate Connor Burgess on his appointment as the 2026 Iona College Swim Captain and to Justus Gerreyn on his appointment as the 2026 Primary Swim Captain.

We wish our entire squad the very best in the lead up to the Championships and on the day itself. I hope the boys enjoy the experience of representing their college. Please be assured that the entire College community is behind the team, and we wish them all the best.

VOLLEYBALL

Coordinator

Mrs Karen Otway otwayk@iona.qld.edu.au

Results Round 4 vs Villanova

Great results last Saturday with 16 wins and only 4 losses. A great game by our 7A team last Saturday even though they lost. The level of skill and determination shown by both teams was amazing for year 7 students who have only just begun their volleyball journey.

Many of our teams remain in strong contention for Premiership success, but maintaining this position will require continued commitment, focus, and the right mindset. To reclaim the overall aggregate title this year, we must keep training with purpose and playing with discipline. Other schools have significantly strengthened their volleyball programs and are determined to challenge Iona's place at the top. Staying hungry, united, and driven will be the key to finishing the season the way we know we can. It's up to us to stay sharp, stay hungry, and keep proving why we're the benchmark.



The 2026 AIC Volleyball Season Schedule contains all information about training times and the AIC regular season.

Please ensure you check the College Sports Newsletter for training, game and duty times and Clipboard for the scheduled training sessions and game times. Any changes will be made live in Clipboard.

[AIC Volleyball Season Schedule](#)

Volleyball Progressive Season Results

Team	Rd1 Mar	Rd2 Pad	Rd3 SPE	Rd4 Villa	Rd5 SPC	Rd6 SLC	Rd7 SEC
1 st	Won 3-0	Won 3-0	Won 3-0	Won 3-0			
2 nd	Lost 0-2	Lost 1-2	Won 2-0	Won 2-0			

3 rd	Won 2-0	Lost 0-2	Won 2-0	Won 2-0			
11A	Won 2-1	Won 2-1	Won 2-0	Won 2-0			
11B	Lost 1-2	Lost 0-2	Won 2-1 vs SLC 5 th	Won 2-0			
10A	Won 2-0	Lost 1-2	Won 2-1	Won 3-0			
10B	Won 2-1	Won 2-0	Won 2-1	Won 2-0			
10C	Lost 1-2	Won 2-1	Won 2-0	Lost 0-2			
9A	Won 2-0	Won 2-1	Won 2-0	Won 2-0			
9B	Lost 0-2	Won 2-0	Won 2-1	Won 2-0			
9C	Lost 1-2	Lost 0-2	Won 3-0	Won 2-1			
9D	Won 2-1	Lost 1-2	Won 2-1	Won 2-1			
8A	Won 3-0	Lost 1-2	Won 2-0	Won 2-0			
8B	Won 3-0	Won 2-0	Lost 0-2	Won 3-0			
8C	Won 2-1	Won 2-0	Lost 0-2	Lost 1-2			
8D	WOF	Won 2-0	Won 3-0	Lost 0-3			
7A	Won 2-0	Won 2-0	Won 3-0	Lost 1-2			
7B	Won 2-1	Won 2-1	Won 3-0	Won 3-0			
7C	Won 3-0	Won 2-1	Won 2-1	Won 2-1			
7D	Won 3-0	Won 2-1	Won 2-1	Won 3-0			

Season Expectations

During the AIC Volleyball season, students who are selected in teams are to prioritise school volleyball over any other outside sporting commitments.

Furthermore, it is not permissible for any student to leave training or games early to attend other sporting commitments. Holidays should not be taken during the season for boys who are selected in a volleyball team.

Full commitment to training and games is required.

Compulsory Duty

Teams will have a compulsory duty on the days they play games at Iona throughout the season. Boys are asked to arrive at the venue no later than **30 minutes before** their game time or duty time (whichever is first).

Important Reminders

- Off-court warm up will start 30 minutes before game-start time.
- On-court warm-up starts 10 minutes before game-start time each week.
- Compression pants worn under the shorts for training or games must be black or skin-coloured.
- Students cannot wear slides, thongs, Crocs or Birkenstocks of any form before or after games or training.

Students must arrive and depart with appropriate fully enclosed footwear. No non-Iona clothing / jumpers are to be worn to games or training.

Volleyball Team Photos

Saturday 14 March – Outside McCarthy 7 Year 10 to Open volleyball teams who are playing at Iona.



Round 5 vs St Patrick's – Saturday 7 March			
Team	Venue	Time	Court
1st	St Patrick's 60 Park Pde, Shorncliffe	12.15pm	Christian Brothers
2nds	St Patrick's 60 Park Pde, Shorncliffe	11am	Christian Brothers
3rds	St Patrick's 60 Park Pde, Shorncliffe	10am	Callan Centre
11A	St Patrick's 60 Park Pde, Shorncliffe	10am	Christian Brothers
11B	St Patrick's 60 Park Pde, Shorncliffe	9am	Christian Brothers
10A	St Patrick's 60 Park Pde, Shorncliffe	9am	Callan Centre
10B	St Patrick's 60 Park Pde, Shorncliffe	8am	Callan Centre
10C	BYE		
9A	Iona College Provence Centre	Duty 11am Game 12pm	1
9B	Iona College Provence Centre	Game 11am Duty 12pm	1
9C	Iona College	Duty 8am PC	1

		Game 9am OH	
9D	BYE		
8A	Iona College Provence Centre	Duty 9am Game 10am	1
8B	Iona College Provence Centre	Game 9am Duty 10am	1
8C	Iona College Provence Centre	Duty 10am Game 11am	2
8D	Iona College Provence Centre	Game 8am Duty 9am OH	1
7A	Iona College Provence Centre	Game 10am Duty 11am	2
7B	Iona College Provence Centre	Duty 8am Game 9am	2
7C	Iona College Provence Centre	Game 8am Duty 9am	2
7D vs SEC	St Mary's College 11 Mary Street, Woodend. Ipswich	Game 9am	McAuley Centre