



# UNIFORM GUIDELINES

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Years 6 to 12  
Senior School - Glen Forrest Campus

*Last updated: 19 November 2025*

# HELENA COLLEGE UNIFORM | YEARS 6 TO 12

The College uniform is compulsory for all students. In Years 6-12 (Senior School, Glen Forrest Campus), the uniform requirements are divided into a College Uniform list and a Sports Uniform list. Students may choose what to wear according to the weather and their preference. However, they are not permitted to combine items from the separate lists. Please clearly label all belongings and items of clothing.

Your support for the College's uniform policy helps students to develop a strong sense of pride and belonging as a member of the school. The uniform policy and guidelines are available on the College website (search uniform) and on *my.helena*.

All uniform items (excluding shoes) can be purchased from the Perma-A-Pleat Uniform Shop, at 31 Victoria Street, Midland. You may also order online - visit the Uniform Services page on the College website. Online orders can be collected from the shop, or you can opt for home delivery for a small fee.

The Second-hand Uniform Shop, coordinated by the Friends of Helena group has a range of pre-loved College and sports uniforms, bags, textbooks, calculators and more. Please check the College website for opening hours. The Second-hand Uniform Shop is located at the Darlington Campus.

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## FORMAL UNIFORM

Students may wear any combination of College pants, shorts, skirt, navy tights, dress, blouse, shirt, jacket, and light or navy socks. Shorts and trousers are available in a variety of styles (belted, elastic-waisted and ladies' cut). Jumpers are available in wool and polycotton.

The College shirt must be tucked in, while the blouse (with the band on the hemline) may be worn out (untucked). The minimum length for skirts, shorts and dresses should be just above the knee.

No part of the College Physical Education uniform should be worn with the formal uniform.



DRESS



SKIRT



TROUSERS



LADIES' TROUSERS



LADIES' SHORTS



SHORTS



SHIRT



LONG-SLEEVED SHIRT



BLOUSE



SOCKS  
*Light Blue or Navy*



JUMPER



WINTER JACKET



TIGHTS  
*With dress/skirt only*



SCHOOLBAG

# SPORTS UNIFORM

For Physical Education classes, students may wear any combination of College sports shorts, track-suits pants, track-suit jacket, House polo, sports polo, white socks, sports shoes.

In Year 6, students may wear the Physical Education uniform all day on those days that they have Physical Education class. In all other year levels, students are required to wear their formal uniform to and from the College and change into their Physical Education uniform at school.



SPORTS SHORTS



SPORTS SHORTS (LADIES)



TRACKSUIT PANTS



TRACKSUIT TOP



SPORTS SOCKS



SPORTS/PHYS ED



CARDAN



KIARA



MAALI



WAUGHUL



NON-MARKING SPORTS SHOE



CAP



BUCKET HAT

## OPTIONAL UNIFORM ITEMS

For some learning areas or special events additional uniform items may be required. These additions will be outlined to students/parents on a case by case basis. There are also a small number of approved accessories available. There are also variants of selected uniform items, for example, shorts with an elasticated waist vs belted version.



BATHERS



JAMMERS



CHEF'S JACKET



CHEF'S HAT



CHEF'S HAT



MUSIC POLO



BELT



SPORTS BAG



LEGGINGS



SCARF

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# UNIFORM GUIDELINES

## BELTS

Belts worn by students should be plain black with an unobtrusive buckle.

## DRESS, SKIRT AND SHORT LENGTH

Dresses, shorts and skirts should all sit just above the knee.



## HAIR

Hair should be tidy, a natural colour and should not impair vision. Hair longer than the collar should be tied back, including mullet style long hair.

Hair ties or headbands should be school or neutral colours.

Hair styles including mohawks, dreadlocks, Bali-style braids, extreme shaving and pattern designs are not permitted.

Students should be clean-shaven at all times.



## HATS

Students will need to wear the College cap or hat when outdoors during Terms One and Four, and is encouraged year round.

## JEWELLERY

- **Anklets:** Anklets are not to be worn at school.
- **Bracelets:** One fine (slender/thin) gold or silver bracelet. Bracelets need to be removed for practical activities.
- **Earrings:** One or two small gold or silver stud or sleeper earrings in each ear lobe. Coloured stones, large hoops or dangling earrings are not permitted.
- **Necklaces:** One fine gold or silver necklace with a simple small pendant.
- **Piercings:** Nose, facial or tongue piercing are not permitted.
- **Rings:** One simple gold or silver ring.



## LABELLING

All items of uniform (including shoes) should be clearly marked with the student's name.

## MAKE-UP

Noticeable make-up is not permitted. Eye-shadow, nail polish and coloured lipstick are not permitted.

## NAILS

No nail extensions, artificial nails or coloured nail polish are permitted.

## SCHOOL BAGS

Students must use the College school bag. Other bags are not permitted.

## SHOES

Traditional style black lace up school shoes are required. Leisure style shoes are not permitted to be worn with the formal uniform or sports uniform (for example, skate shoes, Vans, Converse etc.) Sports shoes may only be worn with Physical Education uniform.



PLAIN LACE-UP SCHOOL SHOES  
No fashion/leisure shoes)

## TATTOOS

Visible tattoos (temporary or permanent) are not permitted

## UNDERGARMENTS

During the colder months, a v-necked thermal t-shirt can be worn under the College uniform in conjunction with the College jumper and or jacket. Long sleeve thermal t shirts cannot be worn with the College shirt/blouse. Bike shorts (or similar) are permitted but must not be visible under the uniform.

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## ADDITIONAL INFORMATION

### VARIATIONS TO THE UNIFORM

While the College values high uniform standards, it is undesirable to commit an excessive amount of time and resources enforcing this policy at the expense of our core business, which is student learning. To this end, parental and student support is imperative for the College to maintain the uniform standards detailed in these guidelines.

It is generally accepted that students will be always in College uniform when on campus. Any variation to the College uniform should be explained by a signed note by a parent/guardian and given to the homeroom teacher. Where appropriate, the College will provide borrowed uniform items to ensure students are in full College uniform.

### UNIFORM BREACHES

**Step 1:** Students should be asked to correct the uniform to meet standards where applicable. No further action required if the uniform can be corrected immediately. For example 'tuck shirt in, remove earrings, tie up long hair etc).

**Step 2:** Students consistently breaching uniform guidelines will receive an email notification from their class teacher or homeroom teacher, which is sent home to parents asking for their support and copied in to the HOY/Director.

**Step 3:** Students who are continually inappropriately dressed after email communication home, and who continue to not comply with uniform, make-up, jewellery and hair rules, will be withdrawn from classes and parents notified by the HOY/Director.

**Step 4:** In a situation which the Principal/Head of Senior Campus deems to be a continuous serious breach of the policy, parents and/or caregivers will be invited to a meeting to discuss the matter.

*Matters around student behaviour related to uniform are managed as per the student behaviour management process.*

## CASUAL DRESS DAYS

The Student Council may organise one or two casual dress days per term to raise funds for a worthwhile cause. Students in casual dress are usually requested to contribute a gold coin for the privilege. The wearing of casual dress on casual dress days is completely voluntary.

Students should wear smart, casual clothes suitable for attending school and of workplace standard. Normal jewellery and hair restrictions apply. Shoes must be fully enclosed.

Guidelines for free dress days:

- Students should wear smart, casual clothes suitable for attending school and of workplace standard (i.e. no short shorts [must be at least mid-thigh length], short mini-skirts or strappy tops are permitted)
- Shoes must be fully enclosed and meet OSH requirements for options program, workshops, laboratories and kitchens (i.e. no thongs, open sandals, canvas type shoes, high heels, wedges or stilettos are permitted)
- Shoulders are to be fully covered (i.e. no skinny strap tops are to be worn)
- No bare midriffs or revealing necklines are permitted
- No inappropriate slogans or graphics on clothing
- Normal jewellery and hair restrictions apply
- In Terms One and Four, all students must wear a hat when outside, but an alternative to the Helena cap/ hat is permitted
- Physical Education or Outdoor Education uniform must still be worn during those classes

Any student who fails to comply with these standards will be directed to administration where they will wait until adequate replacement clothes or shoes can be made available.

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## UNIFORM SUPPLIERS

### PERM A PLEAT UNIFORM SHOP

All uniform items (excluding shoes) can be purchased from the Perm-A-Pleat Uniform Shop, at 31 Victoria Street, Midland. You may also order online - visit the Uniform page on the College website. Online orders can be collected from the shop, or you can opt for home delivery for a small fee.

**Phone:** (08) 6114 4888

**Email:** [midland.retail@permapleat.com.au](mailto:midland.retail@permapleat.com.au)

#### Opening Hours

- Tuesdays from 7.30am to 4pm
- Wednesdays from 9am to 5pm
- Thursdays from 10am to 6pm
- Saturdays from 9am to 1pm

### SECOND-HAND UNIFORM SHOP

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