UNIFORM GUIDELINES

Kindy to Year 5
Junior School - Darlington Campus

Last updated: 22 September 2026

HELENA COLLEGE UNIFORM

The College uniform is compulsory for all students from Kindergarten to Year 12, and it is an expectation that all uniform items are worn correctly and in accordance with the guidelines provided.

For the Junior School (Darlington Campus), the uniform requirements are slightly different for Early Learning (Kindy and Pre-primary) and Years 1 to 5. Students in Years 1 to 5 also require a sports uniform.

Your support for the College's uniform policy helps students to develop a strong sense of pride and belonging as a member of the school. The uniform policy and guidelines are available on the College website (search uniform) and on my.helena. Please clearly label your child's name on all belongings and items of clothing.

EARLY LEARNING | KINDY AND PRE-PRIMARY

The play-friendly uniform is designed to be comfortable and easy for our students to manage. The recommended footwear choices include navy leather sandals (Velcro straps are suitable) or enclosed shoes (Velcro fastenings are suitable). In winter, we request that students bring in a pair of pull-on gum boots for use in wet conditions. Whilst every student is assigned to a College House, the House shirts are optional in the Early Learning Centre.

ELC POLO

SPORTS SHORT

TRACKSUIT

ELC WINTER JACKET

BROAD-BRIM HAT

NAVY SOCKS

YEARS 1 TO 5 | COLLEGE UNIFORM

Students in Years 1 to 5 must wear their College uniform three days a week and their sports uniform on the other two. College uniform includes the below items and navy sandals, or traditional-style black shoes (Velcro allowed). On Physical Education (PE) days, students wear their House shirt, and on the other sports day, they wear the blue polo. Please check your child's class timetable regarding PE days.

DRESS

SKIRT

SHORTS

BLOUSE

SHIRT

JUMPER

BACKPACK

SOCKS
Light Blue, Navy or White

TIGHTS
With dress/skirt only

NAVY WINTER JACKET

YEARS 1 TO 5 | SPORTS UNIFORM

For Physical Education classes, students may wear any combination of College sports shorts, tracksuits pants, tracksuit jacket, House polo, sports polo, white socks and sports shoes. Students may wear the PE uniform all day on the days they have PE class. Students will wear sports/House uniform twice a week. Non-marking sports shoes are required, with Helena College colours encouraged.

SPORTS SHORTS

TRACKSUIT

FLEECE JACKET

SPORTS SOCK

BROAD-BRIM HAT

SPORTS/PHYS ED

CARDAN

KIARA

MAALI

WAUGHUL

SHOES

EXAMPLES OF APPROPRIATE COLLEGE UNIFORM FOOTWEAR

TRADITIONAL-STYLE SCHOOL SHOE
(Lace up or Velcro acceptable)

SCHOOL SANDAL
(Buckle or Velcro acceptable)

NOT PERMITTED
(Black sneakers, mesh, fabric, boots, thick-sole, etc.)

- **Not permitted:** Leisure and skate shoes, fashion or brand logos e.g. Vans, Converse, Asics, etc.

COLLEGE UNIFORM FOOTWEAR

Students are expected to wear traditional-style black school shoes with the College uniform. Shoes should fit well, provide appropriate support, and be suitable for all-day wear. Lace-up or Velcro fastenings are acceptable. Approved alternatives include navy caged-style leather sandals and plain black closed-toe leather sandals with a secure strap across the top of the foot. Sneakers are to be worn with the Physical Education (Sports) uniform only and are not permitted with the College uniform. Please note that a wide range of shoe options is now available, combining a traditional style school shoe appearance with modern features such as cushioning and flexibility.

SPORTS UNIFORM FOOTWEAR

Low-cut sneakers are worn on the two designated Physical Education and sports days. Lace-up or Velcro acceptable. Traditional-style black school shoes or school sandals are to be worn at all other times, unless otherwise specified by a teacher for special events or excursions.

UNIFORM GUIDELINES

BADGES, PINS, STICKERS AND INSIGNIA

Only badges, pins, stickers and insignia issued or approved by the College may be worn or displayed on the College uniform.

BELTS

Belts worn by students should be plain black with an unobtrusive buckle. Belts are available from the Perm-A-Pleat Uniform Shop.

DRESS, SKIRT AND SHORT LENGTH

Dresses, shorts and skirts should all sit just above the knee.

HAIR

Hair should be tidy, a natural colour and should not impair vision. Hair longer than the collar should be tied back, including mullet-style long hair.

Hair ties or headbands should be in the school colours, or neutral colours, such as brown or black.

Hair styles including mohawks, dreadlocks, Bali-style braids, extreme shaving and pattern designs are not permitted.

HATS

Students should wear the College hat when outdoors, especially during Terms One and Four.

JEWELLERY

Junior School students may wear a watch and two other pieces of plain jewellery. Gold or silver ear studs or sleeper earrings only (no dangling/fashion earrings).

LABELLING

All items of uniform (including shoes) should be clearly marked with the student's name.

MAKE-UP/NAILS

Make-up is not permitted. Eye-shadow, nail polish and coloured lipstick are not permitted.

SCHOOL BAGS

Students must use the College school bag. Other bags are not permitted.

SHOES

Please see page 2 for information on the requirements for school shoes.

UNDERGARMENTS

During the colder months, a navy thermal t-shirt can be worn under the College uniform in conjunction with the College jumper and or jacket. Long-sleeve thermal t-shirts cannot be worn with the College short sleeved shirt/blouse. Bike shorts (or similar) are permitted but must not be visible under the uniform.

OPTIONAL UNIFORM ITEMS

For some learning areas or special events, additional uniform items may be required and will be outlined to parents on a case by case basis. There are also a selection of accessories available. Variants of selected uniform items, for example, shorts with an elasticated waist instead of belt loops, can also be purchased.

LEGGINGS

SCARF

BELT

NAVY HAIR ACCESSORIES
Example only

VARIATIONS

VARIATIONS TO THE UNIFORM

While the College values high uniform standards, it is undesirable to commit an excessive amount of time and resources enforcing this policy at the expense of our core business, which is student learning. To this end, parental and student support is imperative for the College to maintain the uniform standards detailed in these guidelines.

It is generally accepted that students will be always in College uniform when on campus. Any variation to the College uniform should be explained by a parent/guardian and provided to the classroom teacher. Where appropriate, the College will provide borrowed uniform items to ensure students are in full College uniform.

CASUAL DRESS DAYS

On occasion, casual dress or dress-up days are held to celebrate special events (e.g. Book Week Parade) or to raise funds for a worthy cause. At the Junior School, these days are often themed, and additional details will be provided prior to each specific event.

UNIFORM BREACHES

Enrolment at the College is accepted on the understanding that the correct wearing of the College uniform is compulsory and forms a condition of continued enrolment. Students will be asked to correct the uniform to meet standards where applicable. No further action is required if the uniform can be corrected immediately. For example 'remove earrings', 'tie up long hair' etc.

Matters related to uniform breaches are managed as per the student behaviour management process.

UNIFORM SUPPLIERS

PERM-A-PLEAT UNIFORM SHOP

All uniform items (excluding shoes) can be purchased from the Perm-A-Pleat Uniform Shop, at 31 Victoria Street, Midland. You may also order online - visit the Uniform page on the College website. Online orders can be collected from the shop, or you can opt for home delivery for a small fee.

Phone: (08) 6114 4888 **Email:** midland.retail@permapleat.com.au

SECOND-HAND UNIFORM SHOP

The Second-hand Uniform Shop, coordinated by the Friends of Helena group, has a range of pre-loved College and sports uniforms, bags, textbooks, calculators and more. Please check the College website for opening hours. The Second-hand Uniform Shop is located at the Darlington Campus.