



UNIFORM GUIDELINES

Kindy to Year 5
Junior School - Darlington Campus

Last updated: 2 April 2026

HELENA COLLEGE UNIFORM

The College uniform is compulsory for all students from Kindergarten to Year 12, and it is an expectation that all uniform items are worn correctly and in accordance with the guidelines provided.

For the Junior School (Darlington Campus), the uniform requirements are slightly different for Early Learning (Kindy and Pre-primary) and Years 1 to 5. Students in Years 1 to 5 also require a sports uniform.

Your support for the College's uniform policy helps students to develop a strong sense of pride and belonging as a member of the school. The uniform policy and guidelines are available on the College website (search uniform) and on my.helena. Please clearly label your child's name on all belongings and items of clothing.

EARLY LEARNING | KINDY AND PRE-PRIMARY

The play-friendly uniform is designed to be comfortable and easy for our students to manage. The recommended footwear choices include navy leather sandals (Velcro straps are suitable) or enclosed shoes (Velcro fastenings are suitable). In winter, we request that students bring in a pair of pull-on gum boots for use in wet conditions. A warm winter pull-on windcheater will be available in Term Two 2026. House shirts are optional in the Early Learning Centre. Whilst every student is assigned to a College House the House shirts are optional in the Early Learning Centre.



ELC POLO



SPORTS SHORT



TRACKSUIT



BROAD-BRIM HAT



NAVY SOCKS

YEARS 1 TO 5 | COLLEGE UNIFORM

Students in Years 1 to 5 must wear their College uniform three days a week and their sports uniform on the other two. College uniform includes the below items and navy sandals, or traditional black style shoes (Velcro allowed). . On Physical Education (PE) days, students wear their House shirt, and on the other sports day, they wear the blue polo. Please check your child's class timetable regarding PE days.



DRESS



SKIRT



SHORTS



BLOUSE



SHIRT



JUMPER



BACKPACK



SOCKS
Light Blue, Navy or White



TIGHTS
With dress/skirt only



NAVY WINTER JACKET

YEARS 1 TO 5 | SPORTS UNIFORM

For Physical Education classes, students may wear any combination of College sports shorts, tracksuits pants, tracksuit jacket, House polo, sports polo, white socks and sports shoes. Students may wear the PE uniform all day on the days they have PE class. Students will wear sports/House uniform twice a week. Non-marking sports shoes are required, with Helena College colours encouraged.



SPORTS SHORTS



TRACKSUIT



FLEECE JACKET



SPORTS SOCK



BROAD-BRIM HAT



SPORTS/PHYS ED



CARDAN



KIARA



MAALI



WAUGHUL

FOOTWEAR

EXAMPLES OF APPROPRIATE COLLEGE UNIFORM FOOTWEAR



- **Not permitted:** Leisure and skate shoes, fashion or brand logos e.g. Vans, Converse, Asics, etc.

SPORTS UNIFORM FOOTWEAR

- Low-cut sneakers are worn on the two designated Physical Education and sports days. Lace-up or Velcro acceptable.
- Traditional style black school shoes or school sandals are to be worn at all other times, unless otherwise specified by a teacher for special events or excursions.

UNIFORM GUIDELINES

BELTS

Belts worn by students should be plain black with an unobtrusive buckle. Belts are available from the Perm-A-Pleat Uniform Shop.

DRESS, SKIRT AND SHORT LENGTH

Dresses, shorts and skirts should all sit just above the knee.



HAIR

Hair should be tidy, a natural colour and should not impair vision. Hair longer than the collar should be tied back, including mullet-style long hair.

Hair ties or headbands should be in the school colours, or neutral colours, such as brown or black.

Hair styles including mohawks, dreadlocks, Bali-style braids, extreme shaving and pattern designs are not permitted. Students should be clean-shaven at all times.

HATS

Students should wear the College hat when outdoors, especially during Terms One and Four.

JEWELLERY

Junior School students may wear a watch and two other pieces of plain jewellery. Gold or silver ear studs or sleeper earrings only (no dangling/fashion earrings).



LABELLING

All items of uniform (including shoes) should be clearly marked with the student's name.

MAKE-UP/NAILS

Make-up is not permitted. Eye-shadow, nail polish and coloured lipstick are not permitted.

SCHOOL BAGS

Students must use the College school bag. Other bags are not permitted.

SHOES

Students are required to wear traditional style black school shoes with the College uniform (Velcro fastenings are acceptable). Sneakers are to be worn with the Physical Education uniform only. Permitted footwear also includes navy caged-style leather sandals and plain black closed-toe leather sandal with a strap across the top of the foot.

UNDERGARMENTS

During the colder months, a navy thermal t-shirt can be worn under the College uniform in conjunction with the College jumper and or jacket. Long-sleeve thermal t-shirts cannot be worn with the College short sleeved shirt/blouse. Bike shorts (or similar) are permitted but must not be visible under the uniform.

OPTIONAL UNIFORM ITEMS

For some learning areas or special events, additional uniform items may be required and will be outlined to parents on a case by case basis. There are also a selection of accessories available. Variants of selected uniform items, for example, shorts with an elasticated waist instead of belt loops, can also be purchased.



LEGGINGS



SCARF



BELT



NAVY HAIR
ACCESSORIES
Example only

VARIATIONS

VARIATIONS TO THE UNIFORM

While the College values high uniform standards, it is undesirable to commit an excessive amount of time and resources enforcing this policy at the expense of our core business, which is student learning. To this end, parental and student support is imperative for the College to maintain the uniform standards detailed in these guidelines.

It is generally accepted that students will be always in College uniform when on campus. Any variation to the College uniform should be explained by a parent/guardian and provided to the classroom teacher. Where appropriate, the College will provide borrowed uniform items to ensure students are in full College uniform.

CASUAL DRESS DAYS

On occasion, casual dress or dress-up days are held to celebrate special events (e.g. Book Week Parade) or to raise funds for a worthy cause. At the Junior School, these days are often themed, and additional details will be provided prior to each specific event.

UNIFORM BREACHES

Enrolment at the College is accepted on the understanding that the correct wearing of the College uniform is compulsory and forms a condition of continued enrolment. Students will be asked to correct the uniform to meet standards where applicable. No further action is required if the uniform can be corrected immediately. For example 'remove earrings, tie up long hair etc).

Matters related to uniform breaches are managed as per the student behaviour management process.

UNIFORM SUPPLIERS

PERM A PLEAT UNIFORM SHOP

All uniform items (excluding shoes) can be purchased from the Perm-A-Pleat Uniform Shop, at 31 Victoria Street, Midland. You may also order online - visit the Uniform page on the College website. Online orders can be collected from the shop, or you can opt for home delivery for a small fee.

Phone: (08) 6114 4888

Email: midland.retail@permableat.com.au

SECOND-HAND UNIFORM SHOP

The Second-hand Uniform Shop, coordinated by the Friends of Helena group has a range of pre-loved College and sports uniforms, bags, textbooks, calculators and more. Please check the College website for opening hours. The Second-hand Uniform Shop is located at the Darlington Campus.