

# Glen Forrest Canteen

## TERM ONE | 2026

ALL LUNCHESES MUST BE ORDERED AND PAID FOR ONLINE BEFORE 9AM EACH MORNING  
SmartRiders/eftpos cards to be used to purchase additional snacks and drinks at  
recess and lunch. No cash or smart phone payments.

### WHAT'S COOL

Watermelon slices (v gf)	\$2.50	Apples	\$2.50	Fruit Salad	\$4 (small) \$5.50 (large)
Chia pudding pots (v gf dairy-free)	\$3.90	Vanilla yoghurt pot with fruit	\$4	Yoghurt, berries, granola and fruit	\$4 (small) \$5.50 (large)
Homemade sushi roll (tuna/ chicken)	\$5				

### WHAT'S HOT

Brekkie wraps	\$5	Brekkie bun	\$4.50	Hash browns (each)	\$1.80
Slider	\$5	Garlic bread	\$2.50	Cheesies	\$3
Quesadillas	\$4	Pizza slice	\$5	Samosas	\$3.50
Sausage rolls	\$4.50	Oven baked chips	\$3	Party pies (each)	\$1.90

### MAKE IT FRESH YOUR WAY

Salad boxes | Sandwiches | Rolls | Wraps

Note: Salads, sandwiches, rolls and wraps all include a base of lettuce, tomato, carrot and cucumber with the option to add other ingredients.

Salad Box	\$7.50	Salad Wraps	\$4.50
Salad Sub Roll (large)	\$5.50	Salad Sandwich	\$4

### MAKE IT YOURS (ADD-ONS PRICED PER SERVE)

Egg - \$1.50 | Ham - \$1.50 | Cheese slice - \$1 | Tuna - \$2 | Feta - \$1.50 | Chicken - \$2

### DRINKS

Water	\$1.80	Glee sparkling juice	\$3.50	Juice Box (250ml)	\$2.80
Banana, Choc or Mocha Chill (300ml)	\$3.20	Berry, Honeycomb, Mocha, Vanilla Protein or Choc Chill	\$4.80	BARE Natural Sparking Water (355ml)	\$4
Up 'n Go	\$3	Chill Ice Tea	\$3.50	Plain milk 225ml	\$2
Hunt & Brew (Coffee & Mocha)	\$5	Emma & Tom's Juices & Quenches	\$4.50	Apple Grove Juice	\$3.50
Aloe drink	\$3.50				

### FROZEN TREATS

Frozen Nippy's juice	\$2	Cyclone	\$3.50	Vanilla ice-cream cup	\$2	Paddle Pop	\$3.50
Icy Twist	\$3	Twister	\$3.50	Calippo	\$2.50	Froyo	\$3

### DAILY SPECIALS

#### MONDAY

Beef Burger (with bun, tomato, cucumber, lettuce, cheese, mayo & tomato sauce) - \$7  
Veggie Burger (with bun, tomato, cucumber, lettuce, cheese, mayo & tomato sauce) (v) - \$7

#### TUESDAY

Sweet Chilli Chicken Tender and Salad Wraps - \$7.50  
Falafel and Hummus Salad Wraps (v) - \$8

#### WEDNESDAY

Teriyaki Chicken and Rice with Veg - \$7.50  
Red Lentil Dahl with steamed Basmati Rice (v) - \$7.50

#### THURSDAY

Chicken Caesar Pita Pocket - \$7.50  
Zucchini & Corn Fritters with Sour Cream (v) - \$7

#### FRIDAY

Beef Nachos with Cheese and Sour Cream (gf) - \$7.50  
Vegetarian Salsa Nachos with Kidney Beans, Cheese and Sour Cream (v/gf) - \$7