

GISS KIOSK MENU SUMMER 2020 TERM 1

MONDAY

Sandwiches	from \$ 4.50
ham/cheese/tomato, chicken & mayo, egg & lettuce, tuna & salad	
Sushi Roll - chicken, tuna, tofu, crab.....	\$ 4.00
Sushi Baby Box - tuna, avocado, cucumber, chicken.....	\$ 4.00
Rice Paper Roll - Salmon, Spicy Pork, Tofu, Garlic Prawn.....	\$ 4.50
Fried rice with pork	\$ 7.50
Macaroni & cheese & vegetables	\$ 8.00
Lean meat pie	\$ 4.00

TUESDAY

Sandwiches	from \$ 4.50
ham/cheese/tomato, chicken & mayo, egg & lettuce, tuna & salad	
Wholemeal rolls – salad, egg, chicken, tuna.....	from \$ 4.00
Half wraps - tofu & veggie, BBQ chicken, brekky.....	\$ 4.50
Teriyaki chicken & rice	\$ 8.00
Fusilli Bolognese	\$ 8.50
Beans nachos with cheese	\$ 7.50
Hot Dog	\$ 5.50

WEDNESDAY

Sandwiches	from \$ 4.50
ham/cheese/tomato, chicken & mayo, egg & lettuce, tuna & salad	
Sushi Roll - chicken, tuna, tofu, crab.....	\$ 4.00
Sushi Baby Box - tuna, avocado, cucumber, chicken.....	\$ 4.00
Mini hash browns (3 pcs)	\$ 2.00
Vegetarian fried rice	\$ 7.00
Vegetarian burger with slaw and cheese	\$ 8.00
Beef lasagne	\$ 9.00

THURSDAY

Sandwiches	from \$ 4.50
ham/cheese/tomato, chicken & mayo, egg & lettuce, tuna & salad	
Wholemeal rolls – salad, egg, chicken, tuna.....	from \$ 4.00
Sweet chilli chicken tender	\$ 2.00 each
Vegetarian nachos with cheese	\$ 7.50
Chicken schnitzel burger with slaw and cheese	\$ 8.50

FRIDAY

Sandwiches	from \$ 4.50
ham/cheese/tomato, chicken & mayo, egg & lettuce, tuna & salad	
Sushi Roll - chicken, tuna, tofu, crab.....	\$ 4.00
Sushi Baby Box - tuna, avocado, cucumber, chicken.....	\$ 4.00
Half wraps - tofu & veggie, BBQ chicken, brekky.....	\$ 4.50
Chicken & cheese quesadilla	\$ 8.50
Beef burger with slaw and cheese	\$ 8.00
Hot Dog/Sausage roll	\$ 5.50/\$4.50



SNACK BAR / MORNING AND AFTERNOON TEA MENU

Fresh seasonal fruit (whole).....	\$ 1.00 each
Fresh fruit cup.....	\$ 3.00
Bliss/protein balls.....	\$ 3.00 each
Banana bread.....	\$ 4.50
Assorted muffins/scones.....	\$ 3.50
Croissant with jam & butter.....	\$ 4.50
Low fat vanilla yoghurt with fruit topping.....	\$ 2.50
Vegetable sticks cup.....	\$ 2.50
Salad of the day.....	\$ 4.50
Rice cup with low salt soy sauce.....	\$ 2.50
Assorted sandwiches.....	from \$ 4.50
Cheese & crackers.....	\$ 3.00
Ham & cheese croissant.....	\$ 5.50
Bacon & egg roll.....	\$ 6.50
Chicken nuggets (3 pcs).....	\$ 3.00

Hot drinks

Coffee

Cappuccino, latte, flat white, short/long black - all 8oz

Takeaway cup..... \$ 3.50

BYO cup..... \$ 3.00

Hot chocolate.....\$ 4.50

Almond/soy milk add 50c

Assorted teas..... \$3.50

Cold drinks

Still water (300 ml)..... \$ 2.00

Flavoured milk..... \$ 3.00

Sparkling fruit juice..... \$ 3.00

Fruit Poppers..... \$ 2.50

