

Stations of the Cross – readers guide



Station I:

SORROW

Jesus in the Garden of Gethsemane

Find key images: cup, tears, eye

At the entrance.

Jesus was deeply grieved. He knew what was going to happen. He prayed: “My God, if it is possible let this cup pass from me”.
See Matthew 26:39

A Prayer:

God, thank you for those who journey with me. Help me understand and support all I journey with. Amen



Station II:

BETRAYAL

Jesus, Betrayed by Judas, is Arrested

Find key images: eye, ear, nose, face, lips, kiss,

**Follow the path.
Walk slowly.**

Judas betrayed Jesus. He said to the soldiers: “The one I kiss is Jesus. Arrest him and lead him away”.
See Mark 14:44

A Prayer:

God, I am sorry for the ways I have not always acted justly, loved mercy and walked humbly with you as your beloved child. Please forgive me. Amen



Station III:

CONDEMNATION

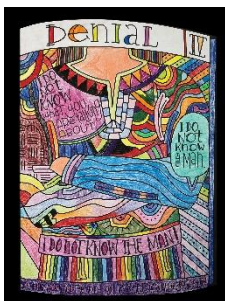
Jesus is Condemned by the Sanhedrin

Find key Images: pointing fingers, fire and light

Jesus was brought before the council and they condemned him. See Luke 22:67

A Prayer:

God, you have made me to be your child forever. I am yours. I belong to you. Thank you. Amen



Station IV:

DENIAL

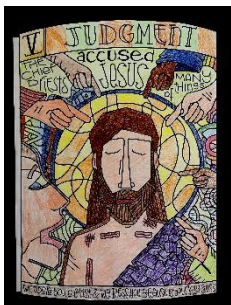
Jesus is Denied by Peter

Find key images: person with arms crossed

Peter was Jesus' number one disciple. Peter denied that he even knew Jesus. Peter said: "I do not know what you are talking about". See Matthew 26:70

A Thought:

Can you think of someone so important to you that you never want to deny knowing?



Station V:

JUDGEMENT

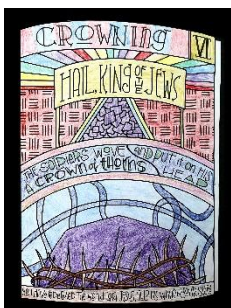
Jesus is Judged by Pilate

*Find key Images: fingers pointing at Jesus.
Pilate speaking to Jesus*

The Chief priests accused Jesus of many things. See: Mark 15:3

A Thought:

What might happen if we asked more questions and listened?
Let yourself be curious. Curiosity is a kindness. It can change us,
and it can change our world!



Station VI:

CROWNING

Jesus is Scourged and Crowned with Thorns

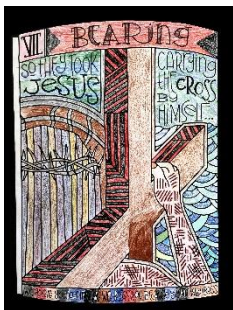
Find key Images: crown of thorns, head, praise

The soldiers wove a crown of thorns and put it on Jesus' head
and made fun of Him saying: "Hail, King of the Jews."

See: John 19:2,3

A Prayer:

Dear God, you made my body and all that I am and you live in me.
Help me to care for my body. Amen



Station VII:

BEARING

Jesus Bears the Cross

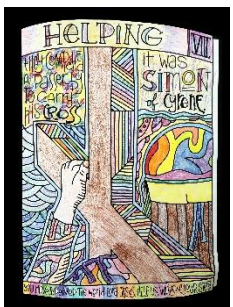
Find key images: Jesus/Jesus carrying the cross, cross, crown of thorns.

So they took Jesus and he carried the cross by himself.

See: John 19:17

A Thought:

In the life of Jesus, and in his bearing of the cross, our deepest needs are met by God's deep love.



Station VIII:

HELPING

Jesus is Helped by Simon to Carry the Cross

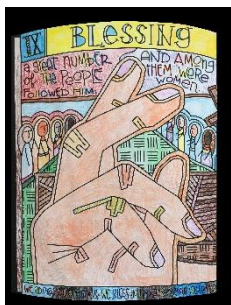
Find key Images: cross, someone else carrying the cross.

The soldiers compelled a passer by to carry Jesus' cross – it was Simon of Cyrene.

See: Mark 15:21

A Prayer:

God, thank you for the people who help me. Show me how I can help others too! Amen.



Station IX:

BLESSING

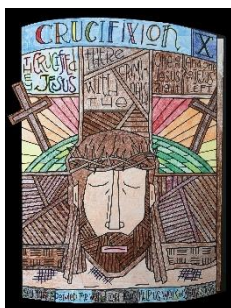
Jesus Meets the Women of Jerusalem

Find key images: hand raised to bless people. sad women.

A great number of people followed Jesus and among them were women. See: Luke 23:27

A Prayer:

God, thank you for comforting and blessing those who mourn and are sad. Amen.



Station X:

CRUCIFIXION

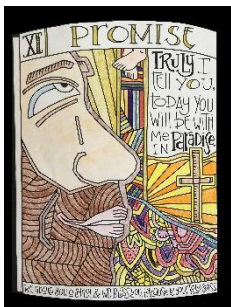
Jesus is Crucified

Find key Images: Jesus on cross with eyes shut, a green hill far way, two extra crosses.

They crucified Jesus there with the criminals – one on Jesus' right and one on Jesus left. See: Luke 23:33

A Prayer:

God, forgive me. Help me forgive myself when I have caused harm on my own or with others. Where others have caused harm, I ask you to forgive them. Help me do the same. God, in your mercy, hear my prayer. Amen.



Station XI:

PROMISE

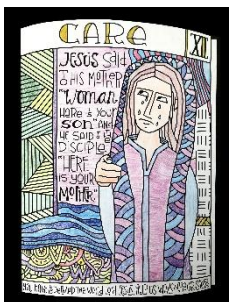
Jesus Promises His Kingdom to the Good Thief

Find key Images – face of a man, feet, cross, flowers, sunrise, cross.

When Jesus was nailed to the cross, he said to the person on the cross next to him: “Truly, I tell you, today you will be with me in paradise”.
See: Luke 23:43

A Prayer:

Thank you, Jesus that you keep your promises. Amen



Station XII:

CARE

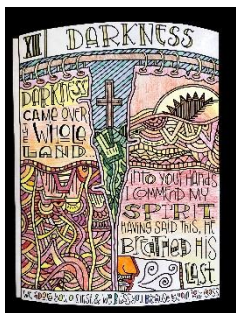
Jesus Speaks to His Mother and the Disciples

Find key images: hug, sad woman

When Jesus was nailed to the cross Jesus said to his mother and one of his disciples who were nearby, “Woman, here is your son”. And he said to the disciples, “Here is your mother.”
See: John 19:26-27

A Prayer:

Thank you, Jesus for those who care for me. Help me to care for others too. Amen



Station XIII:

DARKNESS

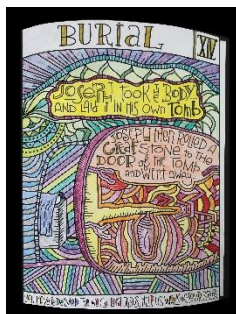
Jesus Dies on the Cross

Find key images: curtain torn in two, cross, Jesus breathing

Just before Jesus died, darkness came over the whole land and the curtain in the temple tore in two. He said to his Father God: 'Into your hands I commend my spirit.' Having said this, he breathed his last breath. See: Luke 23:44-46

A Prayer:

Jesus, thank you that there is nothing that can separate me from your Love. Amen



Station XIV:

BURIAL

Jesus is Placed in the Tomb

Find key images: stone, tree, cocoon, tomb

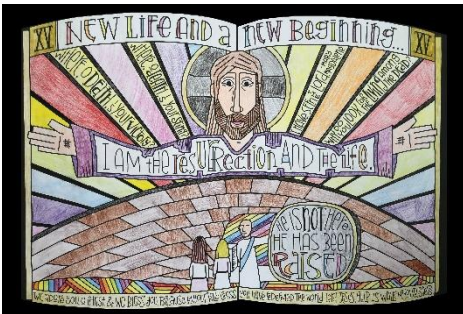
Joseph took the body of Jesus and laid it in his tomb. Joseph then rolled a great stone to the door of the tomb and went away. See: Matthew 27:60

A Prayer:

Lord Jesus, I will carry in my heart your love and passion for me. I honour you through all the days to come. Amen

**At the centre.
Take a seat**

*Under the arch.
At the exit.*



Station XV: NEW LIFE AND A NEW BEGINNING

Resurrection of Jesus

Find key images: Open tomb, angel, women, Jesus is alive!

The angel said to the women who had gone to Jesus' tomb:
He is not here. He has been raised! See: Luke 24:6

Jesus has defeated death. Where O death's your victory?
Where O death's your sting?

See: 1 Corinthians 15:55

Mary went and told the other disciples: "I have seen the Lord."
See: Matthew 28:8

Jesus said: 'I am the resurrection and the Life.

See: John 11:25

Praise God saying: Christ is risen! He is risen indeed! Alleluia!

