

EC Swim School Information 2020



EC SWIM SCHOOL

Our EC Swim program provides skills in swimming technique, water confidence, survival, water safety and endurance. The EC Swim program is designed to promote the development of your child by:

- Achieving new skills and the positive effect this can have on the individual child
- Being actively involved in swim activities fostering positive interaction with the water and other swimmers
- Commencing a worthwhile recreational activity which can add enjoyment to life
- Building confidence and the motivation to swim for either fitness or competition

EC SWIM LEVELS

We cater for all swimming levels from 3 years of age through to primary school. Levels range from beginners through to junior and mini squads prior to progressing to competitive and fitness squads. Our class sizes are small to ensure all students are learning to their own pace and level.

Learn to Swim – Purple

Emphasis is given to water safety and confidence, breath control and floating

Learn to Swim – Blue

Focus on body position, kicking and beginner freestyle

Learn to Swim – Green

Introducing freestyle breathing, backstroke and front crawl freestyle, bre

Mini Squad – Orange

Continue developing freestyle and backstroke technique. Breaststroke, dives and endurance

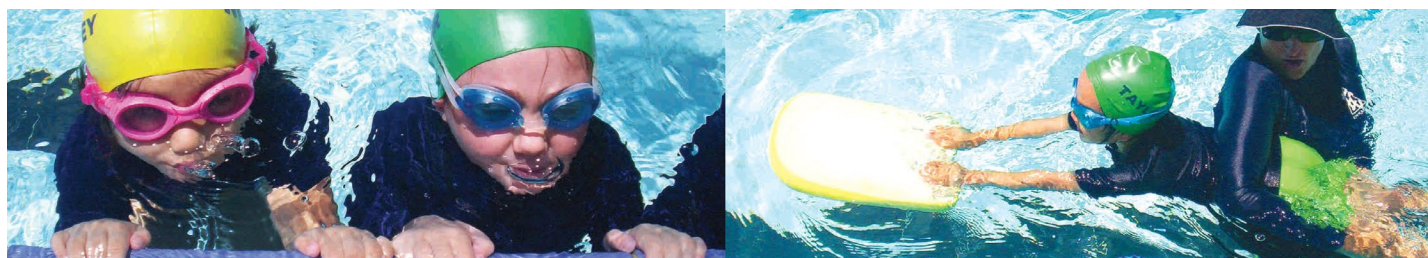
Mini Squad – Red

Turns, breaststroke and butterfly kick technique. Maintain technique over distance.

Junior Squad

Focus on stroke, dives, turns and increasing fitness for the transition between mini squad and bronze squad. Training takes place in the 25m outdoor pool.

OUR AQUATICS PROGRAM ALLOWS FOR SWIMMERS TO TRANSITION FROM OUR EC SWIM (LEARN TO SWIM) PROGRAM TO OUR EC SQUAD PROGRAM WITH OPTIONS TO SUIT EVERYONE INTERESTED IN SWIMMING. EC SQUAD ACCOMMODATES FOR SWIMMERS INTERESTED IN EITHER 'SWIMMING FOR FITNESS' OR 'SWIMMING TO COMPETE'.



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EC SWIM PRICES (as of 29 January 2019) *subject to change for 2020

Lesson	\$ Per Term	2 nd Lesson Per Term	Casual Lesson
15 min one-on-one	\$17.50 per lesson	\$14 per lesson	\$20.00 per lesson
30 min Group	\$17.50 per lesson	\$14 per lesson	\$20.00 per lesson
45 min Mini Squad	\$18.50 per lesson	\$15 per lesson	\$22.00 per lesson
60 min Mini Squad	\$19.50 per lesson	\$10 per lesson*	\$25.00 per lesson
Junior Squad	\$19.50 per lesson*	\$10 per lesson*	\$25.00 per lesson
30 min one-on-one (25m pool)	N/A	N/A	\$28.00 per lesson
30 min one-on-one (LTS pool)	\$25.00 per lesson	\$20.00 per lesson	\$28.00 per lesson

* Multiple sessions are subject to availability and to be supported by instructors

Family Discount - 25% for the 2nd sibling, 50% for the 3rd sibling and the 4th sibling participating in our EC Swim program is free (does not include EC Squad).

+ Adjusted timetable/prices for School Holiday programs

* term 4 2020 special

** 2nd lesson per term price is for each swimmer and doesn't include any sibling discounts

For those parents who are members of the HCF Health Fund, you may be able to claim some benefit for the cost of EC Learn to Swim lessons. The provider number you will need for claims is **A185477**.

EC SWIM BOOKINGS, PAYMENT POLICY AND TERMS OF ENTRY LEARN TO SWIM, MINI SQUAD, JUNIOR AND SWIMFIT SQUAD LESSONS

Booking, payment and make-up policy

Emmanuel College Aquatic Centre has a strict booking, make-up and payment policy to ensure that programs run effectively. By accepting your booking, you are agreeing to all of the terms and conditions detailed in this handbook and the Emmanuel College parent handbook.

Fees

Learn to swim, mini squad and junior squad bookings must be paid by the invoiced due date. Discounts are available for families with two or more swimmers in the EC Swim program. No refunds or credits will be given following payment. Swimmers will be refused entry to their lesson if fees have not been paid within 30 days of the due date and future bookings may not be accepted for continued late payment.

Class Consolidation and Cancellations

The EC Swim School reserves the right to consolidate lessons at any time.

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Illness and Absence

Once bookings have been made for the term block, the swimmers are expected to attend all of the lessons during this period. If you cannot make one of your lessons, please inform the Aquatic Centre Manager on swimming@emmanuel.qld.edu.au or (07) 5561 4008 as early as possible.

Lesson Times

Lessons are conducted before and after school. Saturday and intensive holiday programs are available. Lessons will start and finish as per the scheduled time. Instructors will not begin lessons earlier even if there is 'no show' in the previous lesson. Children are not permitted to sit on the side of the pool or get in the pool outside their scheduled lesson. Children must swim in their allocated time slot. Please do not ask the instructors to change times or lessons. All communication is to come through the Aquatic Centre Manager.

Make-up Lessons

The office must be notified of the absence before the start of the scheduled lesson. Make-up lesson/s will be made available during the 10 week block in which the absence occurred, but only if a place is available. Make-up lessons will not carry over to the next 10 week block.

Storms and Swimming

As the pool is fully covered, we are able to continue lessons throughout most weather patterns. In the event of a major storm, you will be notified of any cancelled lessons or alternatively you can contact the Aquatic Centre to confirm the status of operation for the day.

Swim Instructors

All of our EC Swim Instructors are AustSwim or Swim Australia trained and CPR qualified. Although our Swim School strives at all times to maintain the continuity of Instructors we cannot guarantee the same instructor from Block to Block.

Assessment/Progress Requests

All requests regarding the progress of your child should be directed to the Aquatic Centre Manager NOT the instructors as lesson times and the time between them require the instructor's full attention and focus. The Aquatic Centre Manager will discuss with the instructor and get back to you.

NB: The Instructors assess the children between week 6 and 8 every block to ensure they are in the correct program.

Photography or Filming

No photography or filming of any kind is permitted with the EC Swim pool without permission.

Supervision of Children

Our Swim Instructors 'Duty of Care' does not begin until the swim student is placed into their class and ends when the lesson has been completed. All young children and siblings must be supervised by an adult/parent after school hours and should not be playing in the 'out of bound' areas or on the pool edge. The areas surrounding the Aquatic Centre are unsupervised after school hours.

It is the parent's/guardian's responsibility to organise for their child/ren to be at their swimming lesson; dressed and on time. All children must be picked up promptly after their lesson. Any children remaining will be taken to the 25m pool area and can be picked up from there. Late fees may apply. See the Parent handbook for more information on the late fees.

Walk Down Service

There is an option for parents to have their child walked over to the pool for a 3.30pm lesson by a teacher aide. We are not able to offer this service to all families as the numbers would be too great for our available staff to handle. However, if you have work or family commitments that prevent you from being here at the end of the school day you can email your request to Mr Jason Hewitt (Head of Junior School) for consideration. This "walk over" option is only available for the 3.30pm lessons. We ask you to advise your children to stay within the indoor pool area until you have picked them up.

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FREQUENTLY ASKED QUESTIONS

To assist our EC Swim families we have compiled a list of FAQ's & their answers, we hope this is helpful.

1. ***What lessons are included in the EC Swim program?***

Levels range from beginners through to junior and mini squads prior to progressing to competitive and fitness squads. Squad are not part of the EC Swim School program and are not included in the family discounts for EC Swim lessons.

2. ***What is the payment procedure for lessons?***

You will be invoiced at the beginning of each Term for your children's EC Swim lessons which is a 10 week block. The invoices will be adjusted accordingly if there are public holidays in that block.

3. ***What happens if we going on holidays or my child is sick?***

When you wish to take a short break or your child is sick, we can arrange for you to complete make up lessons either prior to or upon return. Make-up lessons are not guaranteed and are subject to availability.

4. ***I wish to know how my child is progressing – who do I ask?***

If you wish to discuss your child's progress, please speak to the Aquatic Centre Manager who is on pool deck between 8-9am and 3-5pm each weekday (term time). As you can appreciate, our swim instructors will need to focus on their lesson at all times!

NB: The children are assessed by the instructors between week 6 and 9 every block.

5. ***When is the best time to call?***

The Aquatic Centre Manager is contactable via telephone between 8-9am and 3-5pm weekdays during term time. Alternatively you can email on lclayton@emmanuel.qld.edu.au

6. ***What should my child wear to their swimming lesson?***

Your child should wear appropriate swimming attire (which shouldn't include board shorts or baggy clothes), goggles, and a swimming cap.

7. ***Should my child swim if they have a fever, vomiting, and diarrhea or eye infections?***

Your children should definitely not swim if they have a fever, vomiting, diarrhea or eye infections. Any contagious virus and infections can be easily spread by contaminating the pool. Please call or email the Aquatic Centre Manager to see if a make-up lessons is available. Make-up lessons are not guaranteed and are subject to availability.

8. ***What should my child eat before their swimming lesson?***

To ensure that your child has the energy to complete their scheduled swimming lesson you should ensure that they have a small snack such as fruit, yoghurt, cheese and crackers at least 30 minutes prior to their lesson. **NB:** There is no eating in the EC Swim pool area.

9. ***What qualifications for the Instructors have?***

All of our EC Swim Instructors have AustSwim or Swim Australia qualifications and are always skilling up and attending additional training to assist with their instruction and lesson planning.

10. ***Can I get a Make-up lesson?***

Make-up lessons are available, but they are not guaranteed and are subject to availability.

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11. What training do the Swim School Instructors have?

All of our EC Swim Instructors are AustSwim or Swim Australia trained and CPR qualified.

12. Who's responsibility is it to get my child to their swimming lesson?

It is the parent's/guardian's responsible to organise for their children to be at their swimming lesson dressed and on time. It is also the parent's/guardian's responsibility to organise their children to be picked up promptly after their lesson. Any child remaining will be taken to the 25m pool area and can be picked up from there. Late fees may apply. See Parents handbook for more information.

13. Are the areas surrounding the Aquatic Centre supervised?

All young children and siblings must be supervised by an adult/parent after school hours and should not be playing in the 'out of bound' areas. That includes near the technology building and behind those same buildings. The areas surrounding the Aquatic Centre are unsupervised after school hours.

14. Can the teacher aide walk my child over for their EC Swim lesson?

There is an option for parents to have their child walked over to the pool for a 3.30pm lesson by a teacher aide. We are not able to offer this service to all families as the numbers would be too great for our available staff to handle. However, if you have work or family commitments that prevent you from being here at the end of the school day you can email your request to Mr Jason Hewitt (Head of Junior School) for consideration. This "walk over" option is only available for the 3.30pm lessons.

15. What happens if I am late to pick my child up from their EC Swim lesson?

All EC Swim swimmers must be brought to their lesson by an adult/parent and picked up promptly afterward. We ask you to advise your children to stay within the pool area until you have picked them up. Any children not picked up by the time the last instructor has left the indoor pool will be taken to the outdoor 25m pool area to wait.

16. What age can my child start swimming at EC Swim?

EC Swim School will enroll children from 3 years of age. All children that are not toilet trained must wear the appropriate aqua nappy to participate in the lesson. Change tables are available in the toilet near the change rooms.

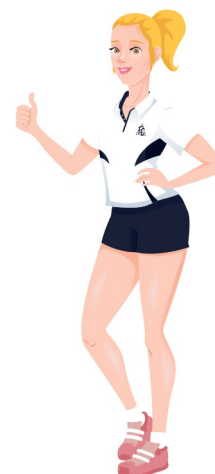
17. Will we get the same Instructor every time?

Although our Swim School strives at all times to maintain the continuity of Instructors we cannot guarantee the same instructor from Term to Term.

Thank you for your time and we look forward to seeing you soon! 19/10/20

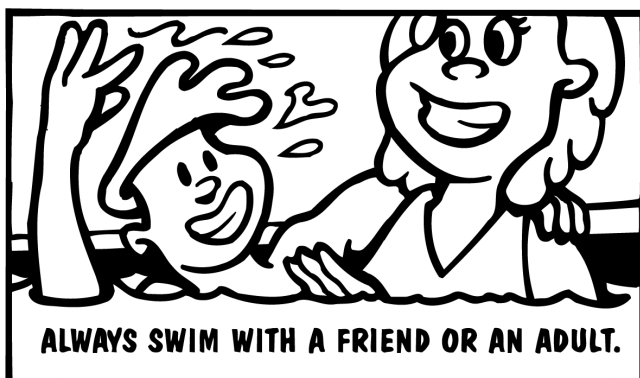
Contact

If you have any questions, please contact our friendly Aquatic Centre Manager, Leisa Clayton on (07) 5561 4008 or email lclayton@emmanuel.qld.edu.au or swimming@emmanuel.qld.edu.au



SAFETY TIPS FOR YOUR LOCAL POOL

SWIMMING POOLS ARE COOL IF YOU KNOW THE RULES.



EC SWIM: COVID-SAFE POLICY FOR TERM 4 2020

The programs and policies introduced have been progressive and constantly change as we reassess the ongoing laws and regulations set by the government and school. We will do our best to keep you as informed as possible and if you have any questions or concerns, please don't hesitate to contact us.

In accordance with advice from the school and government bodies, our facility processes will be as below:

- Hands Sanitising stations at the gate entry – swimmers must sanitise your hands upon entry
- If your child is feeling unwell, they must stay home and are not able to attend their swimming lesson
- Our hands-on swimming lessons have been reintroduced and numbers will be monitored
- Nobody other than scheduled swimmers and swim instructors are permitted inside the facility
- Parents/Carers must drop off and pick up swimmers from the Hall Carpark
- Please ensure that the traffic rules and flow are followed when in the Hall Carpark
- The gravel carpark just behind the Hall Carpark is another option to park and walk to the pool area
- Parents/Carers can walk their swimmer to the pathway next to the indoor pool area from the Hall carpark
- Parents/Carers must social distance and return to the carpark once dropping off/picking up the swimmer
- No Parents/Carers/Siblings to remain in the pool area or surrounds
- Cleaning of frequently touched surfaces
- Staff and swimmers to regularly clean hands to reduce environmental contamination

The 'walk down' service is available for 3.30pm lessons only and must be booked in via Mr Hewitt's office.

How can we all help prevent the spread of coronavirus? You should:

Wash your hands frequently with soap and water, before and after eating, and after going to the toilet

Cover your cough and sneeze, dispose of tissues, and use hand sanitiser

Stay more than 1.5 metres from people

Stay home if you are feeling at all unwell

*We have the right to refuse entry to anyone who appears to be unwell or not following our Covid-19 policies. Updated

13/9/20