

Week 8	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast 7.15am	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter <b>Omelette with tomato and spinach fry</b>	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter <b>Continental breakfast Ham, prosciutto, avocado, tomato, fetta, ricotta, cream cheese, smoked salmon, croissants, danish, Bircher cups, pikelets</b>	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter <b>Bacon and Egg Muffins</b>	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter <b>Continental breakfast Ham, prosciutto, avocado, tomato, fetta, ricotta, cream cheese, smoked salmon, croissants, danish, Bircher cups, pikelets</b>	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter <b>Ham and Cheese Croissant</b>	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter <b>Breakfast in the Dorms</b>	Seasonal Fruits, Assorted Toast and spreads Assorted Cereal, yogurt, muesli, juice, tinned fruit, fruit platter <b>Breakfast in the Dorms</b>
Morning Tea 10.30am	<b>Brownies</b> MYO sandwiches - ham cheese, cold meats, salads Fresh fruit Flavoured milk	<b>Pizza Buns</b> MYO sandwiches - ham cheese, cold meats, salads Fresh fruit Flavoured milk	<b>100s and 1000s Biscuits</b> MYO sandwiches - ham cheese, cold meats, salads Fresh fruit Flavoured milk	<b>Sausage Sizzle</b> MYO sandwiches - ham cheese, cold meats, salads Fresh fruit Flavoured milk	<b>Peanut Butter Biscuits</b> MYO sandwiches - ham cheese, cold meats, salads Fresh fruit Flavoured milk	Fresh fruit	
Lunch 12.40pm	<b>Mac and Cheese</b> Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	<b>Curried Sausages and Rice</b> Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	<b>BLT Burgers</b> Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	<b>Teriyaki Beef Noodles</b> Fresh fruit MYO Sandwiches, selection of cold meats and salads	<b>Meatball Subs</b> Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar
Afternoon Tea 3.15pm	<b>Pound Cake</b> Bread and spreads, fresh fruit	<b>Quiche Slice</b> Bread and spreads, fresh fruit	<b>Apple Cake</b> Bread and spreads, fresh fruit	<b>Cherry Tomato Tarlets</b> Bread and spreads, fresh fruit	<b>Mixed Fruit</b> Bread and spreads, fresh fruit	Bread and spreads	Bread and spreads
Dinner 5.45pm	<b>Lemon Chicken</b>	<b>Ravioli and Penne</b>	<b>Steak and Pepper Sauce</b>	<b>Pork Chops and Creamy Sauce</b>	<b>Fish and Chip Friday</b>	<b>Pizza and Party Night</b>	<b>Roast Lamb</b>
Vegetables	Sweet potato mash Cauliflower bake Buttered beans and carrots	Cream mushroom sauce Amatriciana sauce Garlic bread	Potato Bake Corn cobs Peas and carrots	Roast potato Roast pumpkin Broccoli and carrot			Roast vegetables
Salads	Mixed vegetable sticks, lettuce, devilled eggs	Tossed	Red cabbage and crunchy noodle	Mexican black bean	Assorted salads		Tossed
Dessert	<b>Anzac Tart</b> Custard and cream	<b>Mini Pancakes</b> Custard and cream	<b>Caramel Cheesecake</b> Custard and cream	<b>Orange and Pistachio Tart</b> Custard and cream	<b>Tin Fruits</b> Custard and cream	<b>Zooper Dooper Ice Blocks</b> Custard and cream	<b>Bread and Butter Pudding</b> Custard and cream
Supper	Toast and spreads, milk, tea, coffee or hot chocolate	Toast and spreads, milk, tea, coffee or hot chocolate	Toast and spreads, milk, tea, coffee or hot chocolate	Toast and spreads, milk, tea, coffee or hot chocolate	Toast and spreads, milk, tea, coffee or hot chocolate	Toast and spreads, milk, tea, coffee or hot chocolate	Toast and spreads, milk, tea, coffee or hot chocolate

# Menu - 2021 Term 1, Week 8

(Subject to Change)

Menu Created by Tyrone Lanagan