



ATTENTION PARENTS OF COFFS ☀

We present to you our **KIDS BOOTCAMP PROGRAM**

@ Coffs Coast CrossFit



Program details:

- ✓ This Christmas holidays
- ✓ Dates 2nd - 25th January
- ✓ Ages 6-12 years
- ✓ Across 4 weeks
- ✓ Total 8 sessions
- ✓ Tuesdays & Thursdays
- ✓ 1pm - 3pm
- ✓ Drop & run
- ✓ Perfect for busy parents
- ✓ Holiday activities ☀

Kids
BOOTCAMP



Check out this video for more information

<https://www.facebook.com/1636364009/videos/849483086670817/>



Booking link ↓

<https://calendly.com/kidfitbootcamp/15min>

📞 Contact us today,

🚫 Limited spots

