



**YEAR 9 AND 10**

**BISHOP DRUITT COLLEGE  
SCHOOL SPORT PROGRAM**

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**KELLIE REINHOLD  
HEAD OF SPORT**



# YEAR 9 AND 10 SPORT

The college sport program provides students with an opportunity to participate in a variety of different sports and activities each year. Our sport program is a compulsory and important aspect of schooling at Bishop Drutt College. All activities are fully supervised by qualified staff and where necessary, additional instructors and coaches.

Water-based activities are assessed on weather conditions, student ability levels and adjusted accordingly. There are no water-based activities that are unstructured or unsupervised.

Students will complete the selection process for Term 1 in week 4 the prior term, this will be sent via email. Please discuss the sport choices available with them prior to selection as no changes are possible after they make their selections.

If your son/daughter selects a paying sport, payment will still be required each relevant term and an email will be sent regarding a payment timeline.

Should you have further questions please contact the teacher in charge of School Sport, Ms Kellie Reinhold.

Kellie Reinhold  
School Sports Coordinator  
Bishop Drutt College  
[kreinhold@bdc.nsw.edu.au](mailto:kreinhold@bdc.nsw.edu.au)



FAITHFULNESS IN SERVICE

**BISHOP DRUTT COLLEGE**  
COFFS HARBOUR

SPORT	SPECIAL REQUIREMENTS	VENUE	COST Term 1 (9 weeks)
DANCE	N/A	Dance Studio	NIL
MULTISPORTS	Rotation of sports including Softball, Volleyball, Touch, Vortex, Soccer	College Grounds	NIL
WOMEN'S FOOTBALL/FUTSAL	N/A	College Grounds	NIL
** ADVANCED SURFING/ BODYBOARD	Must have own board and surf survival qualifications or OSSA	Sawtell or Park Beach	\$45
STAND UP PADDLE BOARDING	Towels, Swimmers, Rashie	Boambee Bay Reserve	\$99.00
TENNIS (coaching by Eli Baylis)	N/A	Sawtell	\$99.00
LEARN TO SURF ** Lee Winkler Surf School	Towels, Swimmers, Rashie	North Wall	\$99.00
ICE SKATING	N/A	Big Banana	\$135.00
GOLF DRIVING RANGE	N/A	Coffs Harbour Driving Range	\$108.00
SURF GAMES (YR 10 GIRLS ONLY)	N/A	Various Locations	\$45
SURF GAMES (YR 10 BOYS ONLY)	N/A	Various Locations	\$45
NETBALL ACADEMY (Choose this if you wish to be part of the Academy)	Skills and desire to participate at high level competition. This will run T1,2 and 3	Branson Centre	Mrs Bruggemann to advise upon selection

**\*\*ADVANCED SURFING / BODYBOARDING** - A proficiency swim and surf will be held the 1st week. If students are not competent they will be required to choose another sport

**\*\* Sport selections are subject to availability at time of selection**



# TERM 2 AND 3 (WINTER OPTIONS) **YEAR 9 & 10**

<b>SPORT</b>	<b>SPECIAL REQUIREMENT</b>	<b>VENUE</b>	<b>COST Term 2 8 weeks</b>	<b>COST Term 3 10 weeks</b>
<b>WORLD GYM</b>	This involves a combination of different classes	World Gym	\$80	\$100
<b>WOMEN'S FOOTBALL</b>	N/A	College Grounds	NIL	NIL
<b>FITNESS WALKING</b>	N/A	Various Locations	\$40	\$50
<b>SQUASH</b>	N/A	Korora	\$96	\$120
<b>TENNIS (coaching by Eli Baylis)</b>	N/A	Sawtell	\$96	\$120
<b>WEIGHTS</b>	N/A	College Gym	NIL	NIL
<b>MULTISPORTS</b>	Rotation of sports Softball, Volleyball, Soccer	College Grounds	NIL	NIL
<b>FISHING</b>	Your own fishing gear (bait will be provided)	Various locations	NA	\$50
<b>BASKETBALL</b>	N/A	College Grounds	NIL	NIL

\*\* Sport selections are subject to availability at time of selection

**IF YOU ARE PART OF THE DANCE OR NETBALL ACADEMY YOU STILL NEED TO SELECT THAT SPORT**

# NETBALL ACADEMY INFORMATION

If you have a dream and desire to pursue sport at the elite level, then the Netball Academy could be where it all begins for you. Focussing on developing the whole athlete, the program will include skill, strategy and court craft sessions, strength and conditioning program and top level information relating to nutrition. This program will not only improve your abilities in netball, it will improve your overall athletic profile, give you an edge on your competition and give you the knowledge, skills and mindset to be able to pursue your sporting dreams at any level.

**If you wish to be part of this program you need to trial to make selection and upon being successful more specific details will be provided.**

Meegan Bruggemann - a former Queensland Firebird player will be mentoring and managing the program.

Email: [mbruggemann@bdc.nsw.edu.au](mailto:mbruggemann@bdc.nsw.edu.au)



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