



High Performance Program

Dear Parents and Students,

The High Performance Program (HPP) is designed to assist students who are rehearsing, performing, training a large number of hours, often travelling and competing over long distances, and are performing at a high level such as state competitions or meeting advanced performance standards.

We offer the program as part of the diverse education experience at Bishop Druit College and are pleased that this initiative targets wellbeing and academic support for high performing students who are successful in their application. There are different levels of access from Years 7 -12 and the support is different from primary to secondary school.

A record of training hours is part of the application form and will usually be viewed with a letter or email from your coach/instructor detailing times, sessions and hours per week. This needs to be included in the application.

The criteria for inclusion in the High Performance Program are attached and can be discussed if further clarification is needed.

If your application is not successful, support is still available at the college through our pastoral care program with your tutor group teacher, individual class teachers and extended college library hours.

Students who have applied for the college performance or sporting scholarships are also encouraged to apply for the High Performance Program. There will also be an annual fee of \$200.00 attached to this program on commencement.

Thank you for your interest in the High Performance Program with Bishop Druit College.

Natalie Titcume

**High Performance/ADP Program Manager (PDHPE)
Coordinator of Sport Academies**



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High Performance Program Overview

Our Coffs Coast community has produced many outstanding cultural performers and sports people. Bishop Druit College also boasts a strong legacy that reflects the successes of our community.

The college has a strong reputation for supporting, nurturing and producing talented performers at state and national levels, such as through the Conservatorium of Music, North Coast Independent Schools pathways, NSW All Schools, and various state and national bodies. Bishop Druit College provides a program that offers flexibility in the approach to curriculum delivery and assessment, catering for the individual needs of talented performers. The program assists these students to pursue a high workload in their chosen performance area.

Students develop their talents through intensive and time-consuming training, rehearsals, practice and routines, placing great time and physical demands upon them. To assist these students in completing their development and education at Bishop Druit College, we are able to offer a flexible school program for successful high school candidates.

Entry to the High Performance Program will be by written application. Students will be accepted into the program by the High Performance and Athlete Development Program Manager (PDHPE).

Initially, applicants will be assessed by the HPP/ADP Program Manager. The manager will work with the student, parents and coach/instructor, and will also liaise with academic and pastoral care staff to develop and implement a suitable program.

A number of options are available to assist students achieve their goals:

Curriculum Options

- Students may continue to elect to study a full academic program.
- Students in Year 7 and 8 will receive recognition as an HPP student; they will be invited to attend talks by guest speakers as well as other functions as they occur.
- For students in Years 9 and 10, it may be possible to drop one elective subject from their academic pathway.
- Students in Years 11 and 12 may complete a pathways program over 3 years.

The HP/ADP Program Manager will work with individual students to create a program to meet their needs, and will provide support and monitor progress within school requirements.

Strategies for the High Performance Program could include:

- Creating a supportive network of high performance students.
- Providing workshops on key areas such as time management, nutrition and wellbeing.
- Discussion of workloads and time management.



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- Clarifying timelines and working to deadlines.
- Using time created by study periods to complete assignments, homework and classwork that may be missed or difficult to complete due to performance/training/practice.
- Development of a study program that balances academic expectations and training
- Access to counselling and support services for issues such as time management, study habits and career planning.
- Negotiation with the Head of School of an early finish or a late start to the school day.
- Access to staff and facilities during school time.
- Flexibility in assessment while meeting college and NESAs assessment requirements.

Performers and athletes are often required to travel throughout the year to events that enable them to gain experience at higher levels. Bishop Druit College will provide a flexible policy on assessment for students in the program. Students can request flexibility well in advance of the assessment due date (e.g. 3 weeks prior) and this should enable them to meet the commitment, with a new negotiated deadline.

The college has a record of academic excellence, combined with dedicated and professional staff. We believe that we can add a new level of support and optimise the opportunities for students. The unique partnership with the college, student, instructor/coach and family should assist students as they pursue success and graduate from the college, world prepared.

General Criteria

Students would usually demonstrate these qualities:

1. A student in Year 7 to 12.
2. Minimum 10 hours per week training and/or competitions directly supervised by a qualified instructor or coach.
3. The number one priority outside of school is their selected performance area.
4. Maintain a minimum grade 2 for Effort or B for Application across all subjects.
5. Maintain a minimum grade B for Achievement grade across all subjects.
6. Demonstrate diligence and sustained effort in all classes.
7. Positive behaviour in school in areas such as attitude, commitment and ethical behaviour will be considered as vital for the application to be successful.
8. Within the student's high performance area the standard or performance level will be advanced, such as a state-level player or suitable level in music or dance.

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