



ALL SAINTS
ANGLICAN SCHOOL

**Welcome to Year 8 in
2026**

PART OF **AngliSchools**

Year 8 at All Saints Anglican School

Year 8 is an exciting year, with a strong focus on wellbeing and personal growth. In Year 8, your academic, social, moral, and emotional development is crucial as you build your sense of self. You will be encouraged to challenge yourself as an individual and grow in confidence.



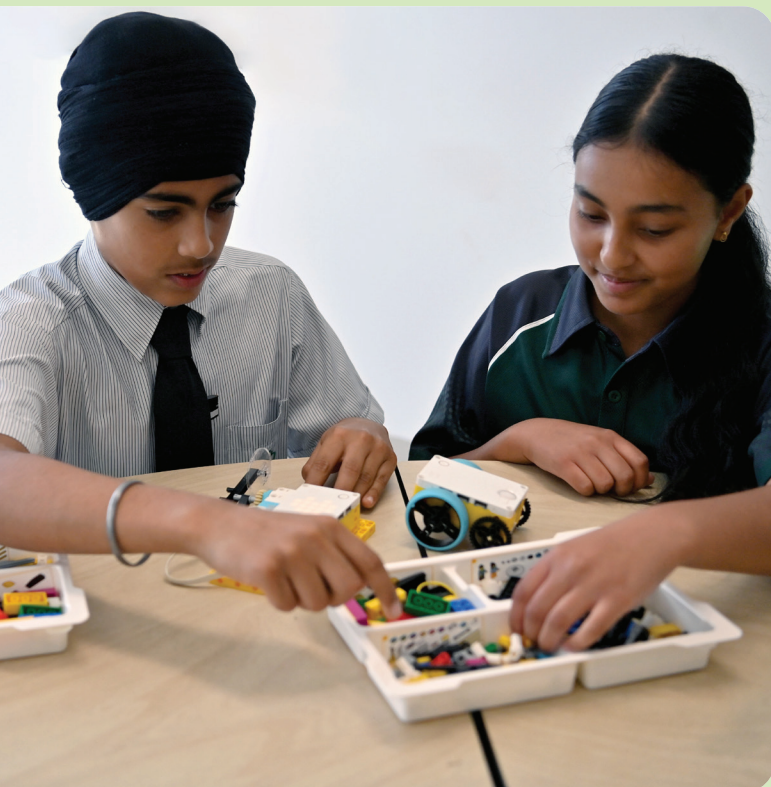
There is a focus on developing your emotional intelligence, including:

- Coping and help-seeking skills
- Empathy
- Emotional regulation
- Decision making
- Resilience

You will also learn about positive gender relationships, inclusion, equality, and the importance of a positive online presence and good digital citizenship.

At 13 or 14 years old, you are developing physically, intellectually, emotionally, socially, and ethically as you move towards greater independence. Our Middle School staff will support and challenge you, with high expectations to help you grow and develop positive behaviours.

You will be part of a homeroom group for core subjects, and join different groups for electives. Your teachers will focus on how you learn best and will encourage you to grow in confidence and ability. One of our key aims is to show you that learning is achievable and help you believe in yourself.



Our Approach in Year 8

In Year 8, we:

- ✓ Recognise that learning is a lifelong journey
- ✓ Acknowledge that learning involves taking risks
- ✓ Value the many different ways people learn
- ✓ Encourage students and parents to participate in decision-making
- ✓ Recognise the importance of having fun whilst learning
- ✓ Promote a culture of lifelong learning
- ✓ Support collaborative learning between teachers and student groups
- ✓ Provide a caring and supportive environment
- ✓ Involve students in co-curricular opportunities
- ✓ Foster a sense of community through teamwork and collaboration
- ✓ Understand that excellence means achieving your personal best

Homework in Year 8

Homework is an important part of Year 8 learning. It helps you plan, organise your time, and develop good habits for independent study and review. Think of homework as an important part of your learning, not a chore.

Developing a regular study routine will help you succeed. Homework tasks may include:

- Extending classroom learning
- Research or preparing assessments
- Practising skills
- Reading
- Writing reflections
- Viewing or listening to relevant media
- Revising for tests
- Summarising notes
- Self-directed study

Recommended minimum: 5-6 hours per week.

Here is a guide to help you manage your time:

- Reading beyond the classroom: 20 minutes per night
- Mathematics: 60 minutes per week
- Italian: 40 minutes per week
- Humanities: 45 minutes per week
- English: 60 minutes per week
- Science: 45 minutes per week
- Other subjects: 60 minutes per week



Victorian Curriculum Framework

All Saints Anglican School delivers Year 8 learning through the Victorian Curriculum 2.0, covering a wide range of core and elective subjects.

Year 8 is the first year you can select elective subjects, giving you more voice in your education and preparing you for future subject choices.

All Year 8 courses are at Level 8 of the Victorian Curriculum.

We expect Year 8 students to:

- ✓ Attend all classes, on time
- ✓ Complete all set tasks on time
- ✓ Ensure all work is your own
- ✓ Manage time outside of school
- ✓ Use your School Diary for organisation
- ✓ Catch up on any work missed

Structure of the Year

The year is divided into two semesters. Each semester includes a mix of core and elective subjects so you can build skills in required areas and also follow your interests.

A typical Year 8 program includes:

	Semester 1	Semester 2
Core subjects	English Mathematics Science Humanities Italian Health & Physical Education RAVE Pastoral Care	English Mathematics Science Humanities Italian Health & Physical Education RAVE
Elective	Elective 1 Elective 2	Elective 3 Elective 4

You will choose four electives for 2026:

- 2 will run in Semester 1
- 2 will run in Semester 2

Electives are offered across:

- Performing Arts
- Visual Arts
- Technology/Food Technology

You **must** pick one elective from each category. Your fourth elective can be from any category.

How to Choose Electives

When choosing electives, consider the following:

Do:

- Choose subjects you like
- Choose subjects you have talent or interest in
- Choose subjects that may lead to future career options
- Research and read all subject descriptions

Don't:

- Choose subjects just because your friends are doing them
- Pick without reading carefully

Advice for Parents/Guardians:

- Talk with your child about their interests and future goals
- Check they are choosing for the right reasons
- Encourage a variety in their choices
- If you are unsure, please contact the Head of Middle School or Head of Teaching and Learning

Need more help?

If you have questions about the curriculum or subject selection that this handbook does not answer, please contact:

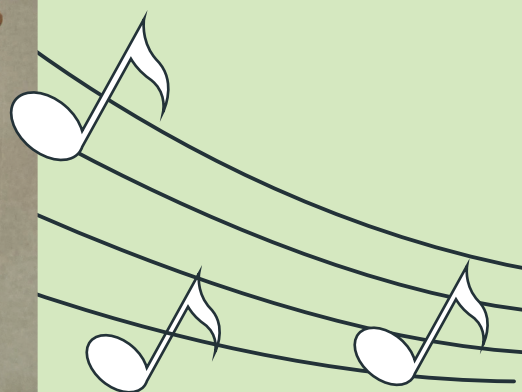
- Head of Middle School
- Head of Teaching and Learning

They are always happy to help.



Performing Arts

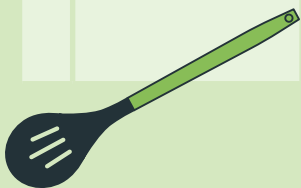
1 Drama	Students develop their confidence and skills as a performer by creating drama in improvised and scripted forms. Through participation in activities, students will explore a range of characters and situations using voice, tension, mood and atmosphere in different theatre styles. Students will have opportunities to work in teams to present performances in informal and formal settings.
2 Music Ensemble Elective	In this engaging elective, students will continue developing their skills on one of the core rock bands instruments: guitar, drums, keyboard, bass, or vocals. Building on the basics they learned in Year 7, students will focus on performing existing songs, enhancing their technique, expression, and ability to play together as a band. Through regular rehearsals and performances, students will collaborate to bring a variety of music styles to life, showcasing their progress in different settings. This course is ideal for students who are passionate about music and eager to take their instrumental and ensemble skills to the next level.
3 Music Composition and Sound Design Elective	In this creative elective, students will explore the art of songwriting and composition. Through experimentation with musical elements, students will develop their own musical ideas using instruments, voice, and digital tools like recording technology. They will learn how to structure songs, manipulate sound, and apply compositional techniques to create original pieces. In addition to hands-on composing, students will analyse how composers use musical elements and stylistic features, helping them interpret and understand a wide variety of music. This course is ideal for students who want to dive deeper into music creation and develop their own unique sound.





Technology/Food Technology

1 World Food Safari	<p>In this unit, students will embark on a culinary adventure, exploring flavours, ingredients, and traditional dishes from countries around the world. As they “travel” from country to country, they will learn about the history, geography, and culture of each region, with a particular focus on how these aspects influence local cuisines. By the end of the semester, students will research a specific region and create a café-style menu inspired by their chosen culture, which they will then cook and present as their final project.</p> <table border="1"><thead><tr><th data-bbox="432 568 775 618">Practical Topics</th><th data-bbox="775 568 1102 618">Theory Topics</th><th data-bbox="1102 568 1439 618">Assessments</th></tr></thead><tbody><tr><td data-bbox="432 618 775 891">Australia Europe Asia Africa North America South America</td><td data-bbox="775 618 1102 891">Cultural aspects of the continents studied, with a particular focus on the foods grown in the region, and the preparation required.</td><td data-bbox="1102 618 1439 891">Design brief: Research and investigate a region of the world, creating a café-style menu, cooking and presenting the final project.</td></tr></tbody></table>	Practical Topics	Theory Topics	Assessments	Australia Europe Asia Africa North America South America	Cultural aspects of the continents studied, with a particular focus on the foods grown in the region, and the preparation required.	Design brief: Research and investigate a region of the world, creating a café-style menu, cooking and presenting the final project.
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2 Café Cuisine	<p>This unit introduces students to the world of café-style cooking, covering everything from light meals and snacks. Students will expand on their basic cooking techniques, explore global café trends, and focus on creating food that is quick to prepare, delicious, and visually appealing. As the semester progresses students will; develop basic culinary skills, understand and apply food presentation techniques. Learn food safety and hygiene practices in a café environment and foster teamwork and collaboration by planning executing café menus.</p> <table border="1"><thead><tr><th data-bbox="432 1189 775 1238">Practical Topics</th><th data-bbox="775 1189 1102 1238">Theory Topics</th><th data-bbox="1102 1189 1439 1238">Assessments</th></tr></thead><tbody><tr><td data-bbox="432 1238 775 1480">Café foods:<ul style="list-style-type: none">• Breakfast• Light Snacks• Sweet Treats</td><td data-bbox="775 1238 1102 1480"><ul style="list-style-type: none">• Menu design• Research• Food Labelling• Responsible Disposal of Food Waste• Food Photography</td><td data-bbox="1102 1238 1439 1480">Design brief: Research and investigate options, produce the food product and then evaluate their product performance.</td></tr></tbody></table>	Practical Topics	Theory Topics	Assessments	Café foods: <ul style="list-style-type: none">• Breakfast• Light Snacks• Sweet Treats	<ul style="list-style-type: none">• Menu design• Research• Food Labelling• Responsible Disposal of Food Waste• Food Photography	Design brief: Research and investigate options, produce the food product and then evaluate their product performance.
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3 Lego Cup	<p>Students work in teams to design, build and code LEGO robots using sensors and motors to complete various challenges. Tasks are project based and require teamwork and cooperation to complete.</p> <p>Each of the challenges will involve students breaking down real world problems to solve using programming (Block coding or Python). Building upon prior knowledge, students will develop algorithms, modify and debug their programs for optimal performance.</p>						



Visual Arts



1 Media Arts and Communication Studies	<p>Media arts and communications can provide students with a broad set of skills tailored to meet the needs of the fast-changing media landscape. The elective is designed to provide students with some practical skills in the production media and the opportunity to showcase their talents through effective communication skills.</p> <p>In this unit, students will build on their understanding of structure, intent, character, setting, viewpoints, and genre conventions in their artworks. Students will extend use of media technologies and their understanding of story principles and media elements, such as the use of time, space, sound, movement, colour and lighting. They will safely use media technologies and develop ethical practices and consider regulatory issues when using technologies. They will also extend their understanding of their role as a media artist and as an audience, as they engage with more diverse and challenging media artworks.</p>
2 Sculptural Ceramics	<p>In Year 8 Visual Arts, students will create hand-built sculptures that showcase their creativity and skill in ceramic art. They will learn essential techniques like preparing clay slabs and using flat coils to sculpt unique characters.</p> <p>Students will also explore decoration methods inspired by featured artists, including underglaze painting and glaze application. This process will help them develop their own artistic voice, resulting in charming, personalised sculptures.</p>
3 2D Art	<p>In Year 8, 2D Art, students will continue to explore the work covered in Year 7 in painting, drawing, print making and photography.</p> <p>Students will have the opportunity to experiment with different mediums of 2D Art. Their preferred medium will be used in the major art production that will lead to an exhibition of work for families at the end of the semester.</p>



Instructions

Students must choose at least **one Performing Arts** elective, one **Visual Arts** elective and one **Technology** elective. The other one elective choice is entirely up to you.

Elective 1: Performing Arts

Elective 2: Visual Arts

Elective 3: Technology

Elective 4: Any Category





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