

All Saints Anglican School

TUCKSHOP MENU – TERM 3, 2018

breakfast snacks available in canteen

first break

monday

Honey Soy Chicken drumettes **\$4.00**

tuesday

Spanakopita (spinach & feta pastry) (V) **\$4.00**

wednesday

Baked Potato with cheese & coleslaw (V) **\$4.00**

thursday

Vegetarian Spring Rolls (V) **\$4.00**

friday

Beef Taco **\$4.00**

daily

Chef's special fried rice **\$4.70**

Spaghetti bolognese (junior) **\$4.80**

Butter chicken (junior) **\$4.80**

Cheeseburger **\$4.50**

Cheesy hotdog w/ sauce **\$3.80**

Sausage roll **\$3.00**

Cheese & spinach roll **\$4.00**

Beef pie **\$4.00**

Potato wedges - *from* **\$2.40**

Chicken wedges (5) **\$4.00**

Steamed dim sims (3) **\$3.10**

Garlic bread **\$2.40**

Homemade pumpkin soup w/roll **\$3.00**

second break

monday

Caramelised Thai Pork & Brown Rice **\$6.20**

Pumpkin Ravioli **\$5.80**

American Hot Dog with cheese & bacon **\$5.20**

tuesday

Slow Cooked Turmeric Chicken & brown Rice **\$6.20**

Italian Sausage Pasta **\$5.80**

Bagel with roasted vegetable (V) **\$5.20**

Wednesday

Vegetable Tikka Masala (V) **\$6.20**

Chicken Meatball Pasta Soup **\$5.80**

Beef Burrito **\$5.20**

Thursday

Roast Turkey with potatoes, corn, honey carrots & gravy **\$6.20**

Mexican Beef & Rice Bowl with corn salsa **\$5.80**

Homemade Beef & Bacon Burger **\$5.20**

friday

Sweet & Sour Pork & Noodle Stir Fry **\$6.20**

Fish & Sweet Potato Pie **\$5.80**

Veggie Burger with cheese, spinach & Aioli (V) **\$5.20**

healthy salads & snacks

Caesar salad **\$4.50**

Chicken caesar salad **\$5.20**

Greek salad **\$5.20**

Ham & salad **\$5.20**

Chicken & salad **\$5.20**

Fruit salad **\$4.00**

Seasonal fruit pieces **\$1.40**

Yoghurt tubs **\$2.60**

Sushi snacks **\$3.60**

Watermelon cup **\$2.50**

Munch box - healthy treats w/ crackers **\$3.20**

sandwiches

Vegemite / raspberry jam / honey **\$2.90**

Cheese **\$2.90**

Ham & cheese **\$3.90**

Ham, cheese, tomato **\$4.20**

Chicken / salami / roast beef, lettuce, mayo **\$4.20**

Chicken, avocado and salad **\$5.00**

wraps, baguettes & rolls

Ham / salami / chicken with salad **\$5.20**

Falafel, hummus & salad **\$5.20**

Roast beef, cheese and relish **\$5.20**

Chicken Schnitzel, cheese & lettuce **\$5.20**

Sweet chilli chicken **\$5.20**

sweet treats

Jelly cups **\$2.00**

Chocolate mousse **\$2.00**

Sweet muffin **\$2.60**

Homemade cookies (2) **\$2.40**

Cake slice - *from* **\$2.60**

Variety of chips - *from* **\$1.40**

Rainbow Billabong **\$1.50**

Icy Pole **\$1.40**

Chocolate Billabong **\$1.50**

Maxi Bon **\$4.00**

Dixie Cup **\$2.20**

Zooper Dooper **\$1.00**

Milo Scoop Shake **\$3.00**

Frozen yoghurt **\$2.60**

beverages

Mount Franklin water - *from* **\$2.60**

Pump flavoured water 750ml **\$4.00**

Keri fruit juice 350ml **\$3.50**

Plain milk 500ml **\$3.00**

Flavoured milk *from* **\$2.60**

Powerade 600ml **\$4.20**

Iced tea 500ml **\$4.00**

Deep Spring mineral water **\$3.60**

500ml Hot chocolate **\$2.50**

Chai **\$2.50**



register at flexischools.com.au & order online today, or call the helpdesk on **1300 361 769**