



MIDDLE YEARS ATHLETICS CARNIVAL A NEW SPORTS LEADER!



RESILIENCE IN A TIME OF ADVERSITY

YEAR 12 BANNER

A SYMBOL TO REFLECT ON

MESSAGE FROM THE ARC

A TIME TO READ

FROM THE PRINCIPAL

Welcome to the last edition of The Lighthouse for Term 1. It is a massive understatement to say that it has been an abnormal term, especially the last few weeks, as concerns surrounding the COVID-19 virus have escalated. We have been buoyed by communication from our families offering support and wonderful cooperation during difficult times. Thank you.

We will continue to publish The Lighthouse each week during this school holiday period to maintain communication with you and pass on information as it becomes available. It will have a different look given that there will be no College events to highlight.

We want to assure you that we remain focused on our mission to provide excellent education and care for your children, whatever form schooling may take when it resumes after Easter. Our teaching staff are well prepared to deliver learning in an online mode if it is required. They want to see our students thrive and will do all they can to see learning continue despite the obstacles that social isolation may raise. Our support services also remain available to you should you need to access them with a student wellbeing concern. Please contact the College on 9259 3000.

Please pass on these assurances to your children. Their teachers are not going anywhere! This week they are working, albeit from home, to be ready to recommence after the school holidays.

A reflection on “teachable moments”

We will continue to share advice with you as to how you will be able to support the learning of your children if we transition into the Continuing Learning Plan next term. Your child's teachers will be available, often in real time, to guide the learning process, field questions, and set tasks and assessments. However, expert teachers also capitalise on “teachable moments”. These are the unplanned opportunities that arise in the classroom to share insights with the student and broaden their views, or challenge them to think more deeply. They result in the getting of wisdom.

I'd like to share a personal example.

My father left school at 14 to apprentice as a butcher - absurd by today's standards, but not uncommon in post-war Australia. When it came to questions about my school work he simply shrugged his shoulders. However, one day, in my teenage years, I asked Dad if he would explain to me how to put a bet on horse racing. I knew he was an avid punter. He did not reply - he was a man of few words - but over the weeks that followed he would often comment “*that's owned by the TAB*” as we passed a new highrise development or shopping centre while driving. This went on until one day, after pointing out the latest monolith dominating the skyline and prominently labelled “TAB”, he simply said: “You get it?” I had joined the dots by then. Nothing more was said, but I became aware that gambling had sometimes been problematic for him.

That I remember this so clearly some 40 years later shows the power of capitalising on a “teachable moment”.

As the “classroom” could be in your home over the coming weeks, there will inevitably be “teachable moments” for you too. There are two key focus areas that you may wish to discuss:

1. *What is my responsibility in caring for our most vulnerable members of society?* This will open the topics of why social distancing and good hygiene is critical at this time and an act of Catholic Social Justice.
2. *How do I handle my disappointment as things I have been looking forward to are cancelled?* For example: International travel, camps, family holidays, parties, events, concerts, etc. and there will be more to come.

I wish you well in your ongoing and important role as the “first educators”.

A Letter from Archbishop Comensoli

The Archbishop has composed a [letter](#) to families in the Melbourne Archdiocese at this time of “uncomfortable uncertainty”.

Catholic Schools Parents Victoria

Please find the first newsletter for 2020 [here](#).



Open Day

As you are aware, we decided not to proceed with our Open Day on March 15 this year. We hope that an opportunity may present at a later date to showcase our College to prospective parents. It makes it even more important than usual for "word of mouth" promotion of our College. Please let family and friends know that enrolments are open for Year 7 2022 and applications are now made online.

Harmony Day

Did not proceed as calendared last Friday. We hope that we will have an opportunity to celebrate Harmony Day later in the year.

NAPLAN

The Education Ministers have decided not to proceed with NAPLAN testing this year given the disruption caused by the COVID-19 virus. The communique from the Education Council is available [here](#).

Influenza Vaccine

Our nurses have done an amazing job over recent weeks to care for the health of our whole community. They have asked for the following information to be shared with you:

The concern regarding COVID-19 virus has led to conversation about the risk of contracting influenza this flu season. As per DHHS website 18th March - it is not yet known whether COVID-19 could significantly increase the risks of influenza infection. We strongly recommend that you consider having your child(dren) vaccinated to prevent them contracting the virus. The influenza vaccine should be available from April 2020. The vaccine can be obtained from:

- Your local GP
- Local council eg Maroondah, Whitehorse, Knox
- Selected pharmacies

For further information please see: <https://www.betterhealth.vic.gov.au/health/ConditionsAndTreatments/flu-influenza>

Darren Atkinson
Principal

Advice for the community from:

Senator the Hon Michaelia Cash
Minister for Employment, Skills, Small and Family Business
Senator for Western Australia
24 March 2020

UPDATE: [QUICK LINKS TO GOVERNMENT SUPPORT FOR BUSINESSES AND HOUSEHOLDS IMPACTED BY COVID-19](#)

The Government is acting to cushion the blow from the coronavirus for businesses and households to help them get through to the other side of the crisis as the world deals with the significant challenges posed by its spread.

Below I have set out the quick links to the measures available to small and medium businesses, sole traders and households under the \$189 billion economic support package announced by the Prime Minister:

[Business.gov.au](#) support line: 13 28 46

Small or medium business with reduced cash flow?
[Here's what we're doing to boost your cash flow.](#)

Is your business financially distressed?
[This is what we're doing to support you.](#)

Assisting the economic recovery
[Here's how we'll support you to grow.](#)

Employ an apprentice or trainee?
[This support is for you.](#)

Are you a sole trader that has lost business?
[This is what we're doing to support you and your business.](#)

Household finances hit by reduced work?
[Here's what we're doing to help support your family budget.](#)

[Payments to support households.](#)

For more information on Coronavirus and the Government's response, please visit: www.treasury.gov.au/coronavirus or www.australia.gov.au

Regards

Senator the Hon Michaelia Cash
Minister for Employment, Skills, Small and Family Business
Senator for Western Australia

LEARNING @ AQUINAS



Mr Michael Box
Deputy Principal

“The three grand essentials of happiness are: Something to do, someone to love, and something to hope for.”

Alexander Chalmer, Scottish writer

As the term ended there was a great deal of emotion from students, most of whom were not only disappointed they would not see their teachers for awhile, but the far greater reality of the limited contact they will have with their friends as well. It is very challenging to talk about learning in the face of what our society is confronting, but it is also important to keep in mind that learning is what we are impelled to do and it is an optimistic act, it gives us something to hope for.

In the next few weeks there will be many opportunities to learn. Some of them will be structured, either in class and in person, or in a virtual space. There are many differences between these two means of delivery, we mostly prefer personal interaction with our teachers and our friends, working out who needs what and who can ask for more help, is much easier face to face. There is a great deal of incidental learning that occurs in this environment as well, things we didn't know we were going to learn but are generated through the social dynamic. But there are also many things that are the same about learning, regardless of where it is done. Goals are critical. Students should have a clear reason for why they are doing a task and they should plan a pathway to success. Strong motivation comes from clear goals. Knowing what the endpoint is gives the drive to work at it. Knowing exactly what to do to achieve those goals, to ask for guidance, to get feedback and to persist are going to be critical. In many ways the keys to learning are found in Chalmer's aphorism, something to do, love and look forward to.

In the next few weeks we will be providing a learning program for your children. If it is offsite as part of our Continuous Learning plan, we don't expect you to be teachers. Being parents with all the other things you have to worry about will be enough. There will be work. Teachers will be contactable. We expect to hear from you if you are concerned. While our 2020 goals were about work ethic, challenge, consistency and collaboration, and they haven't changed, we also need to reiterate what are our deeply held values, that we care for our children and we want them to learn and learn well.

RESILIENCE IN A TIME OF ADVERSITY



Dr Napoleon Rodezno
Deputy Principal

In the last two editions of The Lighthouse, I have shared my thoughts on the relevance of resilience in the development of children. I have focused on the importance of young people having dreams and aspirations, as these eventually can lead to positive experiences and the setting of life goals, understanding that the challenges that emerge in the process become the learning opportunities we all need to build resilience. I have implored parents to be a part of the educational and developmental journey of their children through open communication, role modelling and encouragement as these also assist to shape resilience. In the last 4 weeks since I began sharing these ideas, much has changed around us, and the imminent challenges that have risen from this transformation have the potential of affecting each person significantly, especially children. The emergence of COVID-19 has impacted our way of life, and the uncertainty that we all face as members of society, of local communities and as individuals should not be ignored.

On a positive reality, we are blessed to live in a country whose leaders attempt to overcome these challenges, and they are led by the expert advice from clinicians and scientists concerned with our safety and wellbeing. Decisions to uphold social distancing, and to adhere to the expectation of the semi, or possible full lockdown, are measures that illustrate the sacrifices we must make for the betterment of all. In saying this, the journey ahead is highly likely to also be challenging and confronting.

Maintaining physical isolation from the outside world and limiting interactions can also bring many positive experiences for the students, as there is ample time to do the things that are often ignored due to the busy lives that we have come to experience. If we look at the positives, there should be ample time for students to engage in all forms of on-line learning. Teaching staff at Aquinas College have worked industriously in order to create systems by which the education of your child will not be compromised if learning needs to be delivered through the Continuing Learning Mode. The system will target the needs of all students according to their year levels, the child's strengths and areas to improve. Apart from the formal learning that all students will have access to, there is an opportunity to extend learning experiences through family engagement, the adopting of new hobbies, the learning of new skills and time to reflect and rest. Perhaps this is the time to encourage your child to learn a new musical instrument, or create a new art masterpiece. It could be the time for them to write a journal, or perhaps a novel; a time for you to share with them your experiences, dreams, aspirations and failures, and assure your child that you are there with them along the journey they face ahead. This reassurance is needed, and will certainly have a great impact in how your child responds to the inevitable changes we all face.

If you require any support with addressing the socio-emotional needs of your child during this time of difficulty, you may find useful advice from our Youth and Family Centre - yfc@aquinas.vic.edu.au

In addition, you may find the following websites useful in seeking advice:

<https://studentwellbeinghub.edu.au/parents/>

<https://www.cem.edu.au/Coronavirus.aspx>

<https://www.education.vic.gov.au/parents/learning/Pages/home-learning.aspx>

Some suggestions to help entertain your child:

- Read
- Learn a musical instrument
- Gardening
- Paint
- Cook
- Decorate
- Exercise
- Jog/walk
- Play board games with others
- Play educational games

Finally, if there are any concerns you wish to discuss with me about the wellbeing of your child, please do not hesitate to email me at rodeznone@aquinas.vic.edu.au

Take care, stay safe and look after your children. God bless you during this challenging time. Please note that there will be more detailed information regarding your role in the Continuing Learning Mode if this is actioned by the College in future editions of this newsletter.

CYBER SAFETY: “HOUSEPARTY” APP



An article from [Safe on Social Media Pty Ltd](#):

"I have been inundated with requests for information about an app called "Houseparty" over the last few days. During this period of homeschooling and isolation teens and tweens are connecting through social media more than ever!! It is imperative that we stay vigilant about cyber safety and duty of care.

Mid 2019 Houseparty was acquired by Epic Games (yes, the developers of Fortnite). It is a group video chat app that has some good and some nasty sides to consider. Here are some of the things that immediately caught my attention that need to be carefully considered by parents before they allow their child to use Houseparty.

- 1. The age recommendation is 13yrs. This is, so the app complies with the US Children's Online Privacy and Protection Act (COPPA). It is in place to prohibit the collection and use of information of children under the age of 13yrs for the purposes of sales and marketing. There is no age verification at all.*
- 2. It is free to use so your child's image, recordings, any other information used to interact with the app can be data harvested for the purposes of sales and marketing. Remember, if something is free to use, you are the product.*
- 3. During the signup process, the app asks you to enable location..... don't. Like on most apps it will track your movements 24/7 down to within 5m in most cases. We don't want people knowing our exact address now, do we?*
- 4. The app offers up "friend suggestions" based on showing you friends of friends that you may want to connect to. Huge red flag! It also allows people to send friend requests and, for this reason, has been referred to as a "pedophile party." You must drum into your child not to connect with people that they don't know and check who they are connected too regularly if they are younger.*
- 5. Teens who are not invited to a group chat (maximum eight people) may feel left out, and exclusion bullying is rife.
So is gossip.
So is sending notes.
So is sending explicit (sexting) images.
So is the assumption that the video chats are private.
So is the potential for overuse.
So is the risk of connecting with complete strangers."*

SCRIPTURALLY SPEAKING



Tania Grace
Assistant Principal -
Mission

"And the people stayed home. And read books, and listened, and rested, and exercised, and made art, and played games, and learned new ways of being, and were still. And listened more deeply. Some meditated, some prayed, some danced. Some met their shadows. And the people began to think differently.

And the people healed. And, in the absence of people living in ignorant, dangerous, mindless, and heartless ways, the earth began to heal.

And when the danger passed, and the people joined together again, they grieved their losses, and made new choices, and dreamed new images, and created new ways to live and heal the earth fully, as they had been healed."

Kitty O'Meara

As the College closed early for the school holidays all school perishables from our kitchens were given to one of our local St Vinnie's conferences to be distributed to those in need in our community. Items included fresh fruit and vegetables. orange juice, eggs and cream.

SENIOR YEARS REPORT



Meredith Greenwood
Head Senior Years

If there has been one defining feature of our current senior students, it is the conscientious way they have commenced the year. From the first day, teachers, the Year Level Leaders and I have commented on how focused the majority of them have been; how they have been using their allocated study spaces and times effectively and how so many are completing the extension tasks, help-seeking and generally being proactive learners.

The increase in additional face-to-face time and the united approach by staff to the use of that extra lesson or lessons were identified as positive factors. It is therefore so disappointing to speak with them now about the next few, uncertain weeks. Some students are pragmatic. Some are resolute. Others are angry which is also understandable. Naturally some are feeling very stressed. Staff are also experiencing similar emotions. One message among many that Pam Ryan, the Curriculum Coordinator and the Learning Area Leaders (LALs) are trying to get out to subject

teachers and most definitely students is that the VCAA in their own words are 'taking a flexible and agile approach to meeting emerging issues'

They have also asked schools to be 'similarly flexible and agile in ensuring continuity of learning and delivery of assessment.' This key governing body is more than aware of the challenges we all will face should schools close for an extended period of time and they have pledged their commitment to supporting teachers to deliver a quality learning program during periods where students may be self-isolating at home.

Hopefully, in other correspondence you have received from the College or via students it is apparent that we too are endeavoring to design and deliver the same. It is by no means reassuring but the one consolation is that all students are confronting equally enormous challenges.

MIDDLE YEARS REPORT



Rachel Crawley
Head Middle Years

At the close of the term I have been reflecting on some of my observations and experiences with the students in the first seven weeks.

It has been satisfying to observe Year 7 students emerge at the end of the term with a greater sense of self-competence. Talking with the Year 7s at their lockers and in the yard on Monday I asked a number of the students how they felt they were going now compared to the first week of school. Remarks like *"I'm not nervous about getting lost anymore"*, *"I feel like I know what I'm doing"*, *"it just feels normal"*. The sense I gathered from their casual responses was that they felt like they had settled in well, ably adapting to the initial challenges that transition brings.

Year 9s have shown great resilience in acclimatising quickly to the changes the new year brings so that they may focus on learning. Meeting and adjusting to many new teachers and new Team Leaders; welcoming the opportunity of sharing option classes with students from across all Teams and using cycle planners to manage work loads.

The Athletics Carnival was certainly a highlight of the term. The participation, colourful dress ups, cheering, music and dancing created an electric community event. Congratulations to Rice, the overall winners. I would like to acknowledge the work of Bernie Brummell and the sports department in developing the day. Thank you to the: Team Leaders and Middle Years student leaders to advertise and drum up

participation; the music department and students for the live music and particularly to the Year 8 Rice students for leading the non-stop dancing. Finally thank you to the Senior students and staff who assisted on the day to run events, scoring and supervising the House areas.

First term is often a steep learning curve for students as they adjust to new expectations, surroundings and challenges. I would like to acknowledge the Team Leaders, Homeroom Teachers, teaching and support staff for not only their time in facilitating structured pastoral programs ie: camps, Challenge walks, assemblies, Homeroom time but also the incidental words of encouragement and support of our students.

Thank you to the families for your communication and partnership as we work together to support our young people to experience success, in their individual ways. Viewing the commendations on PAM is another way to see some of the highlights from this term. My hope for our students is that they continue to try new things, seek support when required, persevere when challenged and maintain a sense of hope for the term ahead.

I would like to wish everyone, together with your families, a safe holiday period. Information regarding the start of Term 2 will be provided closer to the beginning of the term.

MUSIC NOTES



Jared Campbell
Music Programs
Coordinator

The Music Department, like the rest of the school, have seen some unavoidable challenges over the past couple of weeks. However, the resilient and expert staff are currently looking for ways to continually engage and challenge our Instrumental and Ensemble students. More information regarding this will be sent to parents after the break.

For the moment, this break is a time for students to focus on home practice. Many teachers have shared resources and prepared students with pieces, exercises and resources to practice over this break. Ensembles are much the same, with Ensemble Directors sharing resources and new pieces of music via google drive folders for students to prepare individual parts for the eventual return to our regular ensemble rehearsal schedule.

I would like to encourage families to take some time to listen to your child practice their instrument and for students to perform for people around the home or via calls to family members as much as possible. This is a wonderful opportunity to discuss with family their musical tastes and explore different genres of music via listening online and exploring the world of music. Music is a wonderful artform which can take both the performer and the audience out of their current situation and transport them to new places. Enjoy the time with family and perform and practice often.

The College will have some wonderful performance opportunities for students upon their return to showcase their performance capabilities with new audiences.

SENIOR MUSICAL UPDATE

Hey Senior Musical Cast,

While official rehearsals have been put on pause, please keep focused on the performance by doing the following:

1. Spend some time completing the profile for your Skid Row character and upload your finished profile to the folder. If you're finding it tricky to do that, share your finished profile with seniormusical@aquinas.vic.edu.au.
2. Learn the rest of the choreography for Skid Row/Downtown. You'll find it on the video clip called: 'Skid Row Ensemble'. The entire company needs to learn this bit, including the Shoop Girls.
3. Choreography for solos, duets and small groups for Act 1 should be available on it the drive as well. If that's you... have a look.
4. Adam and Ines are working to upload harmonies for the ensemble numbers. Look ahead in the sheet music and sing along with that backing tracks! Stay familiar with what you've already learned!

Stay positive! Stay safe! Watch some classic B grade movies for quality entertainment!

The Creative Team

A MESSAGE FROM THE ARC



The ARC has an active online presence and will continue to support the Aquinas College community and student learning until things return to normal.

The ARC Homepage is available from the SIMON Workdesk Menu, or you can go directly to: <https://aquinas.concordinfiniti.com>

From this starting point we offer a number of online resources that will help students with their research and recreation, and we will highlight some of these in the Lighthouse over the coming weeks.

If you require any assistance to access these resources, ARC staff are working from home, and can be contacted at arc-staff@aquinas.vic.edu.au.

TIME TO READ

Most clouds have a silver lining, and in this case, we now have more time and opportunity to read. For those of us who love to read this is an unexpected bonus, and for those who don't read as often, it is a great opportunity to discover a favourite novel or author. If there is something on your personal 'to be read' list, now is your chance.

The ARC provides access to a large collection of eBooks, and eAudiobooks that you can read or listen to on any device.

To read an eBook, download the free ePlatform app by Wheelers.

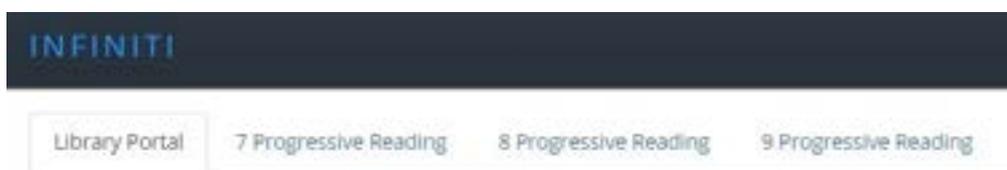
To listen to an eAudiobook, download the free Borrowbox app by Bolinda.



- Run the app and follow the prompts to choose the Aquinas College collection.
- When asked for a username and password, just use the login details you use at school.
- You can browse or search the collection through the app by tapping on the icons at the bottom of the screen.

Once you have downloaded an item you can read it anywhere, you don't need to be connected to the internet. Reading progress synchronises between devices, so that you can switch from your tablet to your phone without losing your place. Loans return automatically after two weeks, but you will receive an email to give you the opportunity to renew the loan. If an item is on loan to somebody else, you can reserve it, and you will receive an email when the item becomes available.

Many of the English texts are available through these platforms, as are most of the recommended progress reading novels. A list of these novels is available through the ARC website. Look for the Progressive Reading tab at the top of the screen.



English teachers would recommend that students continue to read from these selections, as they link thematically with the ongoing English curriculum. The ARC Homepage also offers a number of other tools for selecting something to read. These can be found under the search bar on the ARC Home Page.



New Fiction



Book of the Week



Recommended Reads

In particular the 'Recommended Reads' icon is extremely useful and will take you to a list of titles arranged by genre. The page provides a brief plot summary, and if an item is available as an eBook the green link at the bottom of the page will take you directly to the loan options for that item. We plan to make opportunities available to share, discuss and review what you have been reading over the coming days, as well as keeping you up to date with what is happening in the world of literature. New items will continue to be added to our online collections and as always we are happy to consider recommendations and requests.

Finally PLEASE NOTE that all current loans have been extended indefinitely. Nothing is due for return until students return to Aquinas.

MIDDLE YEARS ATHLETICS CARNIVAL

A NEW ATHLETICS CARNIVAL LEADER!

On Friday the 13th March, the annual Middle Years Athletics carnival was held at the College. There were a few big questions about the day...*Would it be too hot? Would it rain and effect the carnival? Would MacKillop win again?*

Luckily all three did not occur.

The temperature overall during the day was good with the cloud cover helping keep the temperature down. The rain was falling in different parts of Melbourne but not in Ringwood until 3.19pm. The most significant event was that MacKillop, after consecutive wins since 2012, lost in a really tight battle with the other two Houses. Rice won the 2020 carnival by 16 points from MacKillop, and Dominic was another 70 points behind.

This was the closest carnival we have had in many years. The noise and excitement by Rice when they won was incredible. It was awesome to see so many students being involved in the events.

The students could compete in hurdles, sprints, distance races, high jump, long jump, triple jump, shot put and discus.

A huge thank you to the House Leaders - Ms Rose and Mr Harrison (Dominic), Mr Box and Mr Kogelman (MacKillop), and Ms Bettiol and Mr Watkins (Rice), for their work with their students and getting so many students to compete.

Congratulations to the student leaders of each house for their work and leadership throughout the day:

Dominic: Leila Hedderwick and James Dempsey
 MacKillop: Ava Campbell and Thomas Scutt
 Rice: Nathan Magpantay and Emily Crachi

Congratulations to the following students who were the top three athletes in each age group:

- U13 girls: 1st Setia Jurriens
2nd Tilly Van Neuren
3rd Emma Fabre
- U13 boys: 1st Raphael McLean
2nd Eden Smith
3rd Sebastian Horwood
- U14 girls: 1st Amelie O'Brien
2nd Georgia Scheer
3rd Claire Vaihu
- U14 boys: 1st Isaac Ghosn
2nd Riley White
3rd Nick DiCrea
- U15 girls: 1st Elise Keeghan
2nd Emma Stevens
3rd Georgia Gualano
- U15 boys: 1st Aiden Brown
2nd James Dempsey
3rd Anthony Jordan

Thank you to all the staff who also made the day so wonderful with their support, supervision and running the different events.

Bernie Brummell
Sports Coordinator



"Middle Years Athletics day 2020 was an unforgettable day for the Rice team. We were amazed by the amount of participation, it's more than we've seen in the past few years. It was great to see everyone getting involved, especially things like chanting and dancing in the stands. MacKillop and Dominic put up great competition throughout the day and it became very nerve racking especially towards the end before the final scores were announced. But in the end, Rice pulled through to take the win and it wouldn't have been possible without the participation of everyone."

Nathan Magpantay & Emily Crachi
Rice Sports Captains

"...Throughout the day everyone was participating in a range of events that varied from discus to high jump. At different times in the day, the scores were read out. Unfortunately most of the time Dominic was last, but this didn't stop people from trying to get us across the line and break MacKillop's winning streak. A big thanks to Ms Rose, Mr Harrison and all of the teachers involved in Dominic for helping us coordinate students to their events. As Captains we would like to say thank you to everyone who tried their best and went out of their comfort zone to try new things."

Leila Hedderwick & James Dempsey
Dominic Sports Captains

"Before lunchtime the scores were very tight. MacKillop was in the lead - with Rice not far behind. During the day it was hectic as we had to get people to their right events and made sure we had people competing. All in all we tried our best and couldn't have done much more. Everyone was encouraging each other and people were more than keen to do events if necessary. Unfortunately the result didn't turn our way and ended up coming second place to Rice..."

Ava Campbell & Thomas Scutt
MacKillop Sports Captains



YEAR 12 BANNER

A SYMBOL TO REFLECT ON



Each year Arts Learning Area Leader, Sandi van der Niet, works with our Year 12 students to create a beautiful display in the Year 12 area. This is an opportunity for each student to reflect and capture their thoughts on their time at the College and their future. In the past the display has featured leaves, baubles, discs...always with the individual students thoughts captured on the artwork, and given back to them at the end of the year. In 2020, Sandi and the students created origami doves, as a symbol of peace and hope for their future.

A special thank you to Dave Owen who volunteered his Saturday morning to hang the display. The Year 12 students truly appreciate the effort and creativity that Sandi puts into this display each year.



ACTION AGAINST BULLYING

KEEPING IT ALWAYS IN OUR MINDS

Friday 20th March was the National Day of Action Against Bullying. In these exceptional times it is even more important to be mindful of the impact of bullying and take a zero tolerance approach. To keep our commitment to Action Against Bullying in the forefront of our minds, Arts Learning Area Leader, Sandi van der Niet, created impactful displays in the Middle Years and Senior Year buildings.



SENIOR EISM - ROUND 5

Girls Basketball A

Aquinas vs. Donvale

Score: 51-31

Winner: Aquinas

The girls played really well against good opposition, we defended well and passed the ball really nicely which led to good shots, a great win all up.

Girls Basketball B

Aquinas vs. Donvale

Score: 73-13

Winner: Aquinas

The team were awesome playing great team basketball, moving the ball well and not allowing Donvale any easy shots. An outstanding performance from the girls

Girls Tennis A

Aquinas vs. Donvale

Score: 0/6-2/10

Winner: Donvale

Girls Tennis B

Aquinas vs. Donvale

Score: 2/11-2/15

Winner: Donvale

Both our A and B teams played well in the rather hot sunshine. There were insufficient numbers on the Donvale squad, but being a rookie tennis coach, I didn't realise that their tricky double play of player A was against the rules... hence... watch this space for final official score!

Girls Volleyball

Aquinas vs. Donvale

Score: 3-1

Winner: Aquinas

This week the team played against Donvale who has always given past Aquinas teams some grief when recording winning scores. This week was no different. The team won 3:1 but it was disappointing to lose a set. The final score was 25:18, 24:26, 25:13, 25:13. Overall the win was good to see and in particular the last two sets were most impressive which was groovy to see.

Girls Indoor Cricket

BYE

Girls Ultimate Frisbee

Aquinas vs. Donvale

Score: 22-6

Winner: Aquinas

A terrific display of quality skills, fitness and impressive movement from the team today! The girls had great timing on their leads, near-perfect passing and were so strong in the air during the contest for the frisbee. They forced turnovers galore in defense and scored consistently in each quarter - impressive as conditions were hot and subs were few. Best on today was Tash Langsdon for her efforts in attack - she was unstoppable in the endzone. Awesome work, girls!

Girls Softball

Aquinas vs. Donvale

Score: 9-11

Winner: Donvale

Unfortunately the Girls softballers went down to Donvale by 2 runs this week. Starting the match with 1 player down meant that we were going to find it tough. Credit to the girls as they fought back hard and in the last innings got Donvale 3 out for no runs however did not have enough time to finish the innings. We will bounce back against Mt Scopus next week once we have our full team back.

Boys Basketball A

Aquinas vs. Donvale

Score: 63-52

Winner: Aquinas

A very good standard of basketball was played against Donvale, who always come well prepared and provide a good challenge. With key wing Tom Ghosn out with the sniffles, we started slowly, falling behind by 10 points early in the half. Donvale had 6 three pointers in the net early, in contrast we couldn't hit the side of a barn today. Later in the half the boys put the long range pistols away and started attacking the rim and scoring in the paint. We managed to peg back the lead to hit the half time break on level pegging.

The second half was the Owen Foxwell show, leaving no doubt that he is the best point guard in this comp by a long way. Foxy poured in 18 of his 27 points in the second half and we finished with a comfortable 11 point win.

Thanks to Beau White who stepped up to the A's today and made a strong case for holding his spot giving us a real presence with his size. Good win boys!

Boys Basketball B

Aquinas vs. Donvale

Score: 64-46

Winner: Aquinas

Great game from our boys in the heat and with only one on the bench due to a few late scratchings. Started well against a much longer opponent and our hustle on rebound was a real highlight. Donvale got to within a point 2 minutes before the end of the half, but the Aquinas boys responded, pouring in 7 unanswered points before the break.

The second half was all our way, Doff lead the way with 14 in the second half, ably supported by Jake Moore. A big thanks to Ben Perkins and Matt Chaston who stepped in last minute to provide us with a bench.

Boys Tennis A

Aquinas vs. Donvale

Score: 0/8-4/24

Winner: Donvale

The A team unfortunately ran into a freight train coming in hot from the suburb of Donvale. The boys were not disgraced though, claiming multiple games in each match early before Donvale pulled away. A slight reality check after dominating last week, we know what to improve should we make finals and run into them again.

Boys Tennis B

Aquinas vs. Donvale

Score: 4/24-0/11

Winner: Aquinas

The B team were superb, another smashing performance highlighting the depth this A/B tennis squad has. It

was a consistent performance from all players - Hanrahan and Webster teaming up again, while Nestic was rock solid after 3 weeks on the sidelines. Special mention to Aiden 'Senior Bear' Grilles for an unflappable performance as he was called up from his emergency duties late in the day. Super stuff on a glorious day for tennis!

Boys Hockey

Aquinas vs. Donvale

Score: 3-2

Winner: Aquinas

A great game today and one that the team needed to win. We scored early with a few passes and Kaelan converted with a solid strike of the ball. Donvale came back quickly and evened the score to one all. There was great keeping from Toby and Max defended extremely well, Brad directed the play from the centre and Justin had some quick sprints up the wing in the second half. All played as a team and came through with a fantastic win.

Boys Cricket

Aquinas vs. Eltham

Score: 6/47-10/46

Winner: Aquinas

We bowled and fielded really well. A great performance. However, chasing a small target, we were at times very lazy with our batting and we were made to work really hard to score the runs.

Boys Softball

Aquinas vs. Donvale

Score: 15-1

Winner: Aquinas

A superb performance by the team. Trying some new pitchers and fielding positions, we played really well and showed we have flexibility in our line up to be able to cover different situations. Congratulations on another superb performance

YEAR 9 EISM - ROUND 6

Girls Basketball A

Aquinas vs. Mt Scopus

Score: 40-2
Winner: Aquinas

Due to Mt Scopus having short numbers the girls played a 10 minute match where we hardly missed a shot and defended well, however the highlight was splitting up the two teams to play a friendly game between the two schools, the girls really got behind the idea and shared the ball around really well and both teams had a great time.

Girls Basketball B

Aquinas vs. Luther

Score: 51-6
Winner: Aquinas

The girls were cautious of this Luther side as we didn't play our best against them last outing, however they came out all guns blazing with relentless scoring and hard working defense. Bianca, Emma and Elise were brilliant in a big win

Girls Indoor Cricket

Aquinas vs. Luther

Score: 173-79
Winner: Aquinas

We made a slow start batting first, however, our run rate increased through the batting order. Caitlyn Sultana and Cassie Wynne had the largest score making 58 runs together. We fielded well with Jacinta Hose making some great catches.

Girls Touch Footy

Aquinas vs. Mt Scopus

Score: 16-2
Winner: Aquinas

A very strong win by the team. We used the ball well and moved it quickly. This created lots of openings to attack through. Well done a great performance.

Girls Tennis A

Aquinas vs. Mt Scopus

Score: 4/24-0/6
Winner: Aquinas

The girls did it with ease today but were really encouraging to the lesser experienced Mt Scopus players. Our girls were great sports.

Girls Tennis B

BYE

Girls Softball

Aquinas vs. Mt Scopus

Score: 14-14
Winner: Draw

In an interesting game, both teams were able to use their batting innings to get the maximum 7 runs in each innings. Neither team was able to take advantage of their pitching and we need to continue to work on our base play to force the extra outs. Olivia's catching got stronger as the game progressed, Georgia pitched a solid second inning and Annie continues to perform well as the leadoff batter.

Boys Basketball A

Aquinas vs. Mt Scopus

Score: 42/35
Winner: Aquinas

A really tough game today against a gutsy opponent that just would not go away. We battled manfully and had the lead for the majority of the game. We knuckled down in the last 2 minutes and iced the game well with some good offensive sets towards the end of the game, matched with strong defence.

Boys Basketball B

Aquinas vs. Mt Scopus

Score: 75-30
Winner: Aquinas

A tough game for Mt Scopus who only had 5 players for their team. Our boys showed great sportsmanship and camaraderie with their opponents.

Boys Hockey

Aquinas vs. Mt Scopus

Score: 6-0
Winner: Aquinas

We shared the ball around against an undermanned team and were able to focus on our control and finishing skills. Well done to our two imports today who were excellent. I'm impressed with the sporting character of our team as we were able to adjust to accommodate for the challenges we had today.

Boys Softball

Aquinas vs. Mt Scopus

Score: 12-14
Winner: Mt Scopus

An incredibly frustrating game which ended up costing us overall. We flew out of the blocks and were leading Mt Scopus 9-1 at the end of the second innings. From that point the entire game shifted. Panicked hitting and sloppy fielding caused a scoring surge from Mt Scopus. One of the largest momentum shifts I've ever seen, the boys were very disappointed with the result.

Boys Tennis A

Aquinas vs. Mt Scopus

Score: 0/4-4/23
Winner: Mt Scopus

A tough day for the 'A' team today with one of the stronger team members (Jack) away on an excursion. The boys maintained a consistent level of effort and supportive team spirit against a better opponent.

Boys Tennis B

Aquinas vs. Mt Scopus

Score: 3/21-1/10
Winner: Aquinas

The 'B' team continue to show good form. The set we lost had every game end in a 'sudden death' point (which basically all went against us). So even though we lost one set it was very evenly matched and Sam put up a great effort. Hopefully the boys are finals bound. Jais and Ben also played great matches today. Charlie, Luca, and Owen were away on an excursion and we hope they will be available next week.

Boys Ultimate Frisbee

Aquinas vs. Mt Scopus

Score: 16/7
Winner: Aquinas

Tutic and Valle were the destroyers today as they carved their way through the Scopus defence. Tutic, in particular, also worked hard when defending and this enabled us to slow their progress on a turnover. Brown and Woolhouse stole the show with 2 amazing aerial displays on our end zone.

AQUINAS COLLEGE LIGHTHOUSE

Aquinas College
46 Great Ryrie Street
RINGWOOD 3134

+61 3 9259 3000

WWW.AQUINAS.VIC.EDU.AU

Edition 4 27th March 2020

Editor: Rebecca Presta

