

## YEAR 7 CAMPS - RICE & DOMINIC

"THE MOST AMAZING CAMP I'VE EVER BEEN TO..."



INTERNATIONAL WOMEN'S DAY  
ACKNOWLEDGING AND HONOURING WOMEN

FRENCH SISTER SCHOOL @ AQUINAS  
A GENUINELY ENRICHING EXPERIENCE

INNOVATION & TECHNOLOGY HUB  
VIRTUAL REALITY, ROBOTICS, 3D DESIGN AND E-SPORTS

# FROM THE PRINCIPAL

## Coronavirus (Covid-19) Update

Our collective response to Coronavirus continues to evolve and at Aquinas College we are committed to promoting child safety by following the guidelines of Catholic Education Melbourne which are, in turn, informed by the Victorian Chief Health Officer and the Victorian Department of Education. Last week, these agencies informed schools in Victoria that they should cancel plans for international travel (except to Canada and New Zealand) until it is deemed safe to resume. Sadly, this means that our Band Tour of the USA which was planned for the end of the month will not proceed as scheduled. Many are disappointed by this development and I am grateful to those affected families who contacted the College to say that they endorse the decision and trust our judgement in these difficult and unusual circumstances.

The general advice remains to continue to go about our business as normal, conscious of some good hygiene practices that may help to minimise the risk of transmission. As with any infectious illness, unwell students and staff should remain at home until symptoms resolve and seek medical assistance as required. Parents will have received emails from me this week which outline the preventative measures that the College has implemented to date based on the best available advice from our authorities. This has included the cancellation or postponement of some upcoming special events such as Open Day (March 15), Harmony Day (March 20) and the community events associated with Catholic Education Week (March 16 to 20).

Of course, you will be kept informed as news is updated. The latest advice is available on the DHHS Website: <https://www.dhhs.vic.gov.au/victorian-public-coronavirus-disease-covid-19>

## Enrolment for 2022

Parents with a child in Grade 5 are reminded that the enrolment period for the 2022 Year 7 class closes on Friday, August 21st, 2020.

We have moved to an online enrolment form which can be [found on our website](#). Should you have any questions please contact College Registrar, Ms Madeleine Kalla on 9259 3008.

## Year 7 Camp

Over the last couple of weeks each team at Year 7 has undertaken their Camp at the Adanac Christian Youth Camp in Yarra Junction. The facilities at the camp are excellent and the students have a wonderful space to eat and gather, and lots of activities to engage them, help build team spirit and make new friendships. Reports from Camp supervisors have been glowing in praise for the students and their willingness to get involved and have a go. I would like to thank the staff who give so generously of their time and energy to ensure that such camps can continue to be offered to our students. I would especially like to thank our Camps Coordinator, Ms Jess Weltner, for her excellent organisation to ensure that the camps run smoothly and safely.

## French Visitors

We farewelled our visitors from our sister school Lycee St Marie, France, who departed Aquinas last week. There were many sad farewells from students who have developed strong bonds with their host families over the last couple of weeks. A special thanks to our host families who opened up their homes to welcome our guests. We have a long sister school partnership with Lycee St Marie and hope that it continues to grow strongly.

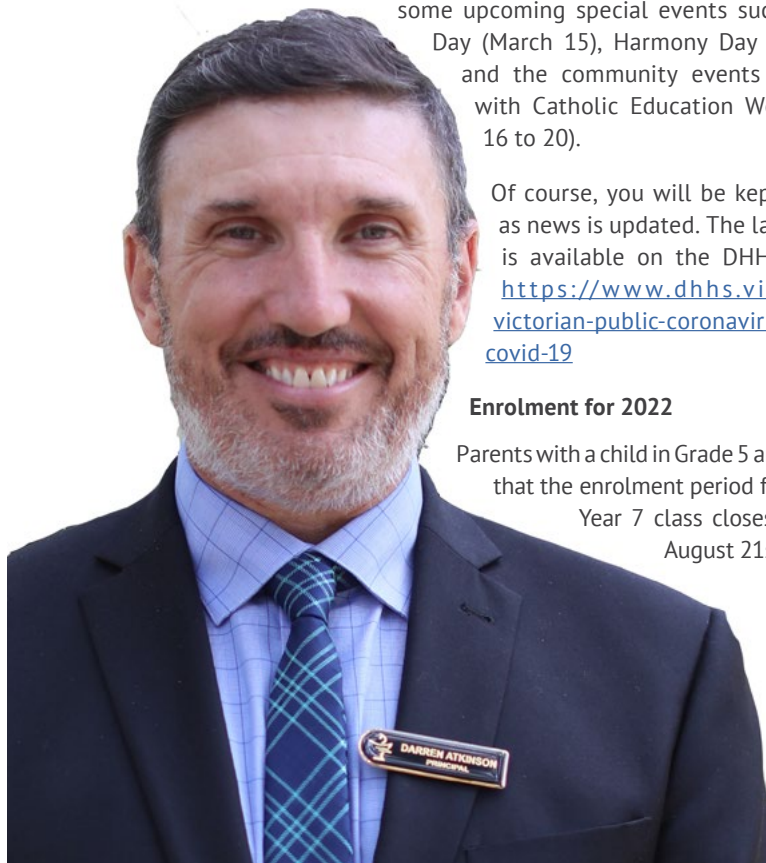
## Top Arts 2020

I had the great pleasure this week to attend the NGV for the launch of Top Arts 2020. Top Arts 2020 celebrates the exceptional and thought-provoking work of VCE Art and VCE Studio Arts students and Aquinas graduate, Kiara White, is showcased at this year's exhibition. Kiara's work is titled Succulent Cake. Congratulations to Kiara on being chosen amongst so many talented artists and thanks also to Studio Art Teacher, Mrs Sandi van der Niet, for nurturing Kiara's artistry. Top Acts 2020 is on at the NGV Australia, Federation Square from 13 Mar 20 to 12 Jul 20.

## Donation of Superseded PE Uniform

My thanks to parent, Mrs Megan Pote, who has arranged for quality superseded PE uniform to be collected and shipped to students in Africa by Donations in Kind, an agency of Rotary. You will find out more about collection times and drop off points later in this edition of The Lighthouse.

**Darren Atkinson**  
Principal



# COLLEGE CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
15 March	16 March Cafe N9ne - Green Gp 1 Catholic Education Week Yr 8 Parent info evening Senior Musical Rehearsal Yr 11 Elevate Education Parent info night	17 March Restaurant Night Year 7 Immunisations Yr 8 Rice EISM Yr 8 Swim testing Junior Musical Rehearsals 10PEO13A Parliament House & Magistrate Court 12PED15A X Golf	18 March Restaurant Night (Mullum Cluster) VEX demonstration @ National Future Schools Senior EISM 12PED12A X Golf	19 March AGILE CogAT testing P4&5 Restaurant Night Yr 9 EISM 09EPE19D Aquanation 09EPE19C Ringwood Golf Yr 11 VCAL RYDA Program Senior Musical Rehearsal	20 March AGILE P6 09PEH1GR Lawn Bowls	21 March
22 March	23 March EISM Champions Swim Carnival Young Change Agents Workshop Yr 7 NAPLAN tech practice Yr 9 SEB 12SAR11 & 12 NGV Senior Musical Rehearsal	24 March Yr 8 MacKillop EISM Yr 9 SEB Junior Musical Rehearsals	25 March Restaurant Night (Mullum Cluster) Yr 9 SEB 12MED15A Top Designs Excursion Senior EISM	26 March AGILE P4 Junior Musical Rehearsal - Lead Roles Yr 9 SEB Yr 9 EISM Grand Final 12ENV13A Mt Rothwell Excursion Senior Musical Rehearsal	27 March Yr 9 SEB	28 March School Holidays
29 March School Holidays	30 March School Holidays Senior Musical Rehearsal	31 March School Holidays	1 April School Holidays	2 April School Holidays Junior Musical Rehearsal - Lead Roles Senior Musical Rehearsal	3 April School Holidays	4 April School Holidays
5 April School Holidays	6 April School Holidays Senior Musical Rehearsal	7 April School Holidays	8 April School Holidays	9 April School Holidays Junior Musical Rehearsal - Lead Roles Senior Musical Rehearsal	10 April School Holidays	11 April School Holidays

## REMINDER: YEAR 7 IMMUNISATION

On Tuesday 17th March Maroondah Council will be at Aquinas College to administer vaccines for those who have had consent by parents for Diphtheria, Tetanus and Pertussis (whooping cough) and Dose 1 of Human Papillomavirus (HPV).

Please remind your child to wear their sports uniform and to eat breakfast on the day. Information about the immunisations can be found at <http://immunehero.health.vic.gov.au>. This site also includes tips for students prior to their immunisations.

If you have any queries or concerns, please contact one of the Nurses at the College on 9259 3251 or [healthcentre@aquinas.vic.edu.au](mailto:healthcentre@aquinas.vic.edu.au)

# LEARNING @ AQUINAS



**Mr Michael Box**  
Deputy Principal

In early February I was fortunate to be a guest at Principals Association in Victorian Catholic Secondary Schools. Not being a Principal I felt a bit of an imposter, but I was invited because the speaker/workshop presenter was a New Zealand academic who now works in Melbourne, John Hattie.

If you work in education John Hattie's name is regularly invoked. If this is not a complete contradiction in terms, he is the closest thing to an educational researching rock star that there is. His work is responsible for many of the practices that are common in classrooms, such as, making students aware of the purpose of each lesson and whether that goal was achieved; Learning Intentions and Success Criteria; the use of data in the classroom to inform learning decisions; and the centrality of feedback to and from students to continually review the teaching and learning.

Hattie's studies use a research approach called 'Meta-analysis' where he and his research team combine the results of many studies on a particular school or learning practice, say homework, streaming classes or requiring a student to repeat a year and look at the effect that this practice has on student achievement. Originally, Hattie studied six areas that contribute to learning: the student, the home, the school, the curricula, the teacher, and teaching and learning approaches. By using a meta-analysis process, Hattie and his research team are able to process data from more than 80 million subjects. If you want to find out more about the research and the process, Hattie's work is called Visible Learning and the website to get a quick but detailed snapshot is <https://visible-learning.org/>

**So what did he talk about?** His responsibility on the day was to challenge the learning teams from each school to ensure that what they were doing for their students was going to have a significant effect. In other words, stop following ineffective practices and instead make sure that schools are doing the things that most benefit students and student achievement. Hattie's first paper I read was in 2003 and it was called "Teachers make a difference" delivered at an educational research conference. It was a challenging work. It argued that there were many influences on student achievement, but that teachers were the largest influence. His meta-analyses argue that "Collective Teacher Efficacy", that ability of teachers to work together to produce learning opportunities is the most powerful single action a school can take. In the words of Visible Learning, *"together teachers can achieve more, especially if they collectively believe that they can do so!"*

This is encouraging when we look at our goals as teachers at Aquinas College. We worked together in 2019 to develop teacher goals and the staff believed there were two central aspects that would help our students - teacher consistency and collaboration, and the need to challenge the learning students in everything we do. There is much to do in this regard but the staff have taken up that challenge.

Hattie was also clear on the rewards of education. He repeated an observation that he made here, *"As a father of three boys (now completed schooling) I was continually reminded of the evidence from Henry Levin (an esteemed educational economist). He showed that the best predictor of adult health, wealth and happiness was NOT achievement at school, but the number of years of schooling. So, how do we make our schools inviting places for students to want to come to learn?"*

He argued that enabling students to pursue learning they loved and believed in was one way. But he also reminded us, and here I mean our community, that students like hard work (so long as they can see the point in it and they are progressing) and that we need to be developing expertise. He told us that the key reason for the lift in literacy rates from 1900 to 2000 (a rise from 14% of the global population to 86%) was due to the work of teachers. He reminded us that relationships are central to our work. In one day he reminded many of us of the enormity of our responsibility and of the task at hand, but he also affirmed many of the steps we have taken.

# ENHANCING RESILIENCE



**Dr Napoleon Rodezno**  
Deputy Principal

In the last edition of Lighthouse, I shared my perspectives on the importance of resilience building amongst children and young people. It is widely accepted that developing resilience is one of the most significant strategies that equip a person to travel through life, enhancing the ability to take on the challenges and setbacks it may bring. The article listed a few guiding suggestions that may assist you in supporting your children. I listed this statement as key:

**“Help your children understand the importance of being unique by celebrating who they are”**

Growing up, we often hear of the importance of being unique, yet having an understanding of what this constitutes can be extremely challenging and confronting. Although we are most likely to appreciate our uniqueness in adult life, accepting our differences may be difficult in early age. The key reason is that we form perspectives of what we should be like, mostly from our perceptions of the expectations of loved ones, the examples we see of our role models, and our appreciation of what we consider to be perfection, often as projected by society. For our children, this is greatly impacted by social media. In a recent study conducted in the UK, it was affirmed that the top six causes of teen stress and pressure come from an increase in diagnosed mental illnesses, peer pressure, pressure to succeed, uncertainty about the future, parental pressures and the exposure to technology.

At varying levels, most of us eventually learn to appreciate who we are, and tend to make the most of the opportunities that arise in the journey when we feel connected. Yet, the path to be travelled by young people can be complex when one searches for identity and a sense of belonging in the current context. Some children live and function within the boundaries of a cyber world that protects their identity and provides an imaginary sense of belonging, some are led to the dangers of risk taking behaviours while some find comfort in other forms of rebelling. The direct outcomes are often school disengagement, tension at home and dislike towards authority.

Helping your child understand how they form part of a great community is essential to their fulfilment and achievement. Helping young people understand the gifts they have, their uniqueness as contributing members of society, appreciating how their imperfections make them human and feeling confident to be who they are is a key to empower them for the journey of life. Resilience is acquired when there is trust. Help your child build a trust in his/her capacity to achieve, in his/her ability to contribute to a common society and to accept that failure is often a valuable learning experience equipping them to master the challenges they will encounter.

In my personal experience, I have learnt to appreciate that parenting is not always easy or straightforward, yet it is one of the most fulfilling experiences I cherish. Loving our children through guidance and redirection when times are tough is vital to our role, and I invite you to seek assistance if this is ever complicated for you. Again, I invite any comments or feedback at [rodeznone@aquinas.vic.edu.au](mailto:rodeznone@aquinas.vic.edu.au)

# SCRIPTURALLY SPEAKING



**Tania Grace**  
Assistant Principal -  
Mission

## Are you thirsty?

This Sunday is the Gospel reading about Jesus and the woman at the well. It covers issues of exclusion and prejudice, breaking taboos and searching for truth.

The Samaritan woman goes to the well during the middle of the day - when it is hottest - and when no one else is there. For her to be there at that time of the day indicates she is avoiding the community usually because of prejudice and ostracisation. She does not feel welcome in her own community.

Jesus is at the well and speaks to the woman and asks for a drink of water. This would be seen as insane by the Jewish people of this time for three reasons - she is a woman, she is a Samaritan, and if he drinks from her cup he would be deemed unclean. Yet this does not bother Jesus and surprises the woman. As the

discussion continues, Jesus builds the woman's trust in him, feeling accepted and valued.

He offers her "living water" to quench her thirst. This is not physical water like that in the well, but a spiritual living water that comes as a gift from knowing God. It is Jesus' way to encourage living the Kingdom of God on earth - where there is acceptance, forgiveness, love and understanding.

So when have you "gone to the well at midday"? Avoiding those who may question or judge you? As humans we have a tendency to judge first hence prejudice. *How many people have avoided others from fear of illness recently? What prejudices are we creating on the assumption of race, events, locations? Do we dismiss people or do we see them as valuable individuals with the dignity we all share and deserve?*

# SUSTAINABILITY CORNER



**Chloe Dux**  
Environment &  
Sustainability Coordinator

Sunday 1st March was national Clean Up Australia Day, so our students in the Middle Years building carried out a "Clean up our school!" activity during homeroom. Each Homeroom was given an area outside for them to clean of rubbish, including getting into the bushes! The students blitzed the area around the building, allowing them to see how a small, fast action can actually make a difference to their local environment.



*"Cleaning up during Homeroom was a good way to promote a positive attitude toward climate change, and I think it's important that everyone is fully aware of what is happening and what we can do to help."*

**Darcy, Year 8**

*"We all worked together to ensure that our environment was as clean as possible. We did this because we need to take care of our environment."*

**Josie, Year 8**

*"We started off the day by speaking about Clean Up Australia Day in our Homerooms, then went outside and picked up rubbish and other items to make our school look lively and healthy again."*

**Sarah, Year 8**

*"There surprisingly wasn't as much rubbish as I was expecting, but there still was a large amount. It felt great to help clean up all the litter, and it was good to know that by just spending those couple of minutes cleaning up, we were making a difference."*

**Jack, Year 8**

# SENIOR YEARS REPORT



**Meredith Greenwood**  
Head Senior Years

One does not have to go far to read or hear stories about young people and how thoughtless and self obsessed they are; how they are selfish and rude, and the list goes on. That similar criticisms have been levelled at every generation when they too were young seems to be forgotten.

As people who interact daily with lots of teenagers, teachers do get to see some of their more challenging behaviours, but we also get to see and hear the best. Many young people are fiercely socially aware. Hardly a week goes past without an individual or a group approaching us wanting to raise awareness or funds for a cause close to their heart, be it medical research or animal cruelty.

Recently it was the students who approached College leadership asking what they could do to alleviate the suffering of their fellow Australians whose lives have been affected by bushfires and drought. And even

more recently I received an email from a member of the public expressing her gratitude to the group of Year 11 boys who called out the poor behaviour of the male stranger who was haranguing her on Croydon station. The extra footnote to that feel good story is that one of those boys is currently volunteering in the Tiwi Islands!

Last week, I had the pleasure of escorting a group of our Year 11 female leaders to an International Women's Day breakfast. It was a proud moment for my colleague, their Year Level Leader, Ms Bridget McKernan and I to see how confident and articulate all six of our students are; to hear them talking knowledgeably and thoughtfully about important issues both amongst themselves but more significantly to virtual strangers. In that one instance they were challenging any negative stereotypes about young people - hopeful spirits indeed.

# MIDDLE YEARS REPORT



**Rachel Crawley**  
Head Middle Years

Today definitely had a carnival feel with the noise, colour and action. Congratulations to all Middle Year students who participated and supported their team at the Athletics Carnival. The last two weeks of the term will continue with extra-curricular events combined with regular classes, completion of assessments and NAPLAN preparation.

Keeping on top of classwork and homework will be a priority for students to be able to successfully engage in the final two weeks of term. If you see your child floundering, encourage action ie: make a plan, do one thing at a time, cross off completed tasks to create a sense of accomplishment, encourage help seeking behaviours. Provide perspective ie: it's only two weeks, you can do this, then it's holidays and you can relax. Acknowledge little successes ie: after a task is completed and reflect on how good that feels.

Amongst the completion of assessments and homework, Year 9 are preparing for SEB during pastoral time. Dominic homerooms are focusing on teamwork, protective behaviours, staying safe in the city and making decisions on their group timetables. Questions you may ask at home to support preparations are: *do you have a topped up Myki? Show*

*me the school mobile phone number saved in your phone. What will you do if you get on the wrong tram or separated from your group or you get a sense things aren't right in your surroundings? Where will your homeroom meet on Monday morning and Tuesday morning?* Every student should have a plan for each of these scenarios. If you require further details regarding SEB, please refer to PAM via the Year 9 Information folder link.

On Monday 23rd March Year 7 students participate in the compulsory NAPLAN co-ordinated practise test. The purpose of this test is to ensure the College has the technical capability to run the tests in May, the students have familiarity of the functions of the test platform and staff are confident in the administrative tasks. In preparation for the test, students are required to have a fully charged iPad, downloaded the NAPLAN Lock Down Browser and working earbuds/phones. Further information regarding NAPLAN will be provided to families beginning of Term 2, closer to the May tests. Year 9 students will have an opportunity to test technical familiarisation next term as well.

We look forward to seeing Year 8 parents at the information evening next Monday 16th March.

# MEET THE STAFF

IN EACH ISSUE OF THE *LIGHTHOUSE*, WE PROFILE OUR COMMUNITY.

THIS TERM WE WOULD LIKE TO INTRODUCE YOU TO OUR NEW MEMBERS OF THE TEAM.



**JASMIN  
COGHILL**  
TEACHER

Jasmin Coghill graduated from Deakin University in 2019 with a Bachelor of Teaching (Secondary) and Bachelor of Arts, graduating with a High Distinction average. She completed her final teaching placement in 2019 at Aquinas College teaching both English and Maths, and fell in love with Aquinas and its sense of community spirit.

Dancing and musicals are two of Jasmin's passions and she still attends dance classes in her free time. Jasmin also loves to travel. Two notable trips included when she moved to Florida, USA to work at Walt Disney World Resorts in an Entertainment position for a year, and also when she travelled to Port Vila, Vanuatu to

complete a three week teaching placement and had to take a boat to school every day!

Jasmin's greatest achievements were winning a dance scholarship at the age of 15 and most recently being awarded the Gillian Barnsley/Victorian Association for Teachers of English (VATE) Award at Deakin University for highest all round performance in English Education and English Practicum. This is quite ironic considering Jasmin is currently teaching Mathematics, but she is passionate about both of her seemingly incompatible subject areas. Jasmin is thrilled to be teaching at Aquinas and is looking forward to a long and successful career in teaching!



**BECK SCERRI**  
SOCIAL WORKER  
YFC

Beck Scerri, the new Social Worker at the YFC, obtained her Bachelor of Social Work (Honours), and Bachelor of Social Science (Psychology) at RMIT University.

Prior to working at Aquinas, Beck has been employed as a Wellbeing Coordinator for a regional secondary school, as well as several years as a Case Manager in Homelessness.

Beck's hobbies include singing and snow skiing, and she loves to read a comedic novel.

A Mornington Peninsula local, Beck is new to the Maroondah region and always looking for great food and coffee recommendations.

## DONATE YOUR OBSOLETE PE UNIFORM

We are pleased to announce that there is an opportunity for Aquinas families to donate the now obsolete PE uniform – that is (the red polo, spray jacket and shorts with the green and white on them) which will then be sent to Africa to students in need. Helping us to get it to Africa are two organisations **Wilderness Wear** and [Donations in Kind](#).

Donations can be made to the old Uniform Shop Portable (via Thomas Street) on **Friday 20th March**, 3.30-4.30pm; **Saturday 21st March**, 9.30-11.20am; **Saturday 28th March** 9.30-11.30am only.

[Click here for important information](#) on what will be accepted as donations, the conditions needed for donating and further good will.

*Thanks to parent, Megan Pote for her wonderful suggestion and for coordinating the collection and transportation of the obsolete uniforms.*

# YEAR 7 CAMP - RICE

## GRATEFUL TO HAVE PARTICIPATED AT CAMP

*"I am so grateful that I've participated in the plethora of activities on Camp and it has been a monumental time in creating new friendships and making new experiences. From the first time we stepped out of the bus it has been an incredible time and I didn't expect it to be so fun."*

**Juan Hernandez**  
7 Silver

*"I met really nice people and have had lots of laughs and really fun times. I said at the start I didn't want to go, but I have met so many new people and I had so much fun. My favourite activity was the waterslide because there was a high score to beat but I didn't beat it. My friends were supportive and really funny to hang around. My least favourite activity was the mountain biking because it was really boring and hard, but I pushed through it. Something scary would be sleeping with people I don't really know. The food was really good and yum. I have done really fun things and have had so many laughs with people. I am super thankful for going on this camp."*

**Tahlia Grey**  
7 Silver



# YEAR 7 CAMP - DOMINIC

“THE MOST AMAZING CAMP I’VE EVER BEEN TO...”



*Camp = Friends, Cabins and Activities...*

*ADANAC= Adventure!, Fun!, and Excitement!*

*WOW! I can't believe camp is already over. I was so nervous to go but then when I got there it was so much fun. I felt like staying there and enjoying an extra few more days. There were so many enjoyable activities but my favourite activities at camp was the unlimited Waterslide and Thunder Hockey. The waterslide was so long and slippery that I did not want to go down it, but at the end I went down the Waterslide at least 15 times. The scariest part on the waterslide was to go down the slide and then fall into the lake. Thunder Hockey was also very fun, the part that I did not like was when the group leader calls a number and then you rush in to get the puck before your partner. The food that the talented chefs cooked was amazing, every time we went into the dining room everyone was just thinking about what we are going to eat? The food was so tasty and delicious that people came back for seconds.*

*The theme for Year 7 in 2020 is BELONGING and I felt that everyone who went to camp had the feeling of belonging to our School Community!*

**Ayanna Patel**



# INTERNATIONAL WOMEN'S DAY

## ACKNOWLEDGING AND HONOURING WOMEN

International Women's Day has been a celebrated event all over the world for numerous decades. The Year 11 female student leaders were lucky enough to have the opportunity to attend the Maroondah City Council IWD breakfast to enjoy a morning together and listen to keynote speaker Hilde Hinton, the 'other sister' from the Love Your Sister Foundation. It is a time when the community can get together and acknowledge and honour the women in our lives and look toward a bright future with this year's theme #eachforequal.

*"Hilde was a fantastic presenter, and I found myself completely engaged with her storytelling and incredible ability to make everyone feel as if they have a story worth telling. What I found most moving was her recount of what happened in the weeks after her sister's death, and her realisation that just like with Connie, every minute she had could be used for something."*

**Chelle Wynne**

*"The women's day breakfast was a great experience. The speaker, Hilde provided a great atmosphere and allowed everyone to relate to both her story as well each others. Overall this experience made me feel closer with all the other leaders as we all connected to this story in our own way."*

**Samara Terpstra**



*"The take away message from Hilde's inspiring speech was the importance of a minute. The way she told her story, from being 'a minute too late' in a couple of heartbreaking situations, to making every minute count in order to write her first book really put everything into perspective and made us all consider and be grateful for every minute we have."*

**Grace Scutt**

*"Hilde was such an inspiring speaker, from the minute she stepped on the stage the entire audience was absolutely captivated. Even through listening to her perseverance throughout their tragic story, what I really took away, as well as the strength of willpower, was the strength of storytelling. The way she shared her life and the emotion she intertwined really inspired me to use the same power of emotion in my own life."*

**Rory O'Brien**

*"Most of the time, we live our lives just going through the motions, never really being present. The IWD breakfast helped me gain a lot of perspective. Hilde's words were so moving, they reminded me of the importance of slowing down and taking in all of the good things in our lives. No matter how busy we get, there will always be a spare minute to do so."*

**Mikaela Tenney**



# MATHS LEARNING AREA

## STUDY SMARTER

For the vast majority of students at Aquinas, there is an inherent want to do well in their studies. To eventually gain the best ATAR possible and to have the option to pursue their chosen career path through the workplace or future study. Families and staff support and encourage these attributes, with the occasional reminders when you drift off the track to success. Many students will at times question the effort required to achieve this and whether they are capable of maintaining it across terms, semesters and years of study.

Many share the following frustrations with their teachers:

- **Why do I obtain test/assessment marks that don't reflect my effort?**
- **Why do I forget things that I have learned within a few days?**
- **Why do I get mind blanks in tests and exams?**

The good news is there are ways to improve all of these and more, with simple but effective strategies. The bad news is it takes hard work. So dream big, stay positive, work hard and enjoy the journey. The following are some tips you could use to help your student:

*What does your study routine look like?*

A student should be working towards a regular study timetable, in a quiet place with minimal distractions. Work in small blocks of around 30 minutes with regular mind breaks. Balance homework out over the week, for example two hours of Mathematics homework should be completed in four blocks of 30 minutes, not one sitting.

*What homework do you complete?*

In Senior Years, students receive a cycle plan. Speaking from a Mathematics perspective these questions allow students to consolidate the ideas they are learning about and discussing in class. The questions are the bare minimum requirement. The best students, correct their work, and follow up any errors by seeking to find out where and why they went wrong.

Try some of these strategies:

- Backtrack from the solutions then try a similar problem
- Watch a video of the methods involved
- Check with a friend (good for you and good for them!)
- Ask your teacher for help

*How do I study for a test/exam?*

In general after 48 hours people remember...

- 10% of what they read – don't just read over your notes
- 20% of what they hear – you won't retain information, just by being a good listener
- 50% of what they hear and see – this is why it is important to remain switched on in class
- 70% of what they say and discuss – be an active participant in classes
- 80% of what they say and do – teach it to someone else

With the right study habits, a student can actually reduce their study time and maximize results. As teachers, we are forever encouraging our students to participate in questions and discussion in class, there is a good reason why!

*Maintain a good workbook and summary book*

The quality of student workbooks has a very strong positive correlation to the level of performance that they achieve. Take pride in your work, follow the set guidelines and put some value on making summaries. This is a transferable skill across all subjects and indeed into the workforce. The ability to gather information and summarise (their own) key learnings is a skill that will be valued over and over again. The next time a teacher asks to make clear headings, rule margins and write legibly, remember we are trying to help create good habits and upskill note taking ability. Families can help here too, be active in looking at your students workbooks, ask them questions, read their notes and reinforce correct habits.

Remember, it takes 66 days to create a habit. Things might not change overnight, but perseverance is the key to success. Try some of these tips and enjoy the fruits of your labour.

**Michael O'Halloran**  
Mathematics Learning Area Leader

# FRENCH STUDENTS VISITING AQUINAS

## A GENUINELY ENRICHING EXPERIENCE



Aquinas had the wonderful opportunity to welcome eight delightful exchange students from our sister school *Lycee Sainte Marie* in France. The generosity of the families who hosted them, the willingness of the Aquinas teachers to have them take part in their classes and the genuine welcoming by students from all year levels was wonderful to see. This was an enriching experience for both the Aquinas community and our French visitors.

Thank you especially to Brooke, Meg, Leon, Owen, Anita, Jas, McKenzie and Elise!

**Nathalie Walshe**  
LOTE Learning Area Leader



*"Having a French exchange student staying in my house was quite amazing! The experience allowed me to appreciate all the opportunities I have in Australia and Aquinas and see the world in a different light. For the 10 days, I got to connect with a person who I'd never met before and we became good friends. Meeting Pierre was life changing and I would definitely recommend taking part in the French exchange program."*

**Gab Walshe**  
Year 10

*"Hosting Pierre was a life changing experience. I was fortunately able to stay with him and his family when I went to France, and to be able to reciprocate that for him was something I will always treasure. I have made a lifelong friend. I'm pretty sure that I speak for everyone when I say that Pierre is one of the most genuine, likeable, hilarious people you will have the pleasure of meeting and to be able to have spent so much time with him allowed me to better myself in so many various ways. I also have a person I will always know that will be there for me, even if he is halfway across the world! If you ever get an opportunity to host a French student, do it. Your life will be changed"*

**Leon Walshe**  
Year 12



# INNOVATION & TECHNOLOGY HUB

## VIRTUAL REALITY, ROBOTICS, 3D DESIGN AND E-SPORTS

On Thursday 12th March, 40 Year 9 Computing and Systems students attended the Driving Education Program at the Innovation and Technology Hub at Albert Park. It involved career presentations, student workshops and exhibitions. Students participated in activities relating to virtual reality, augmented reality, autonomous vehicles, robotics, drones, E-Sports, simulators, 3D design and printing, e-bikes and e-boards, and much more.

An absolute highlight was witnessing the Air Force Roulettes precision display over Albert Park.

**Judy Zuccon**  
Computing Teacher

*"I enjoyed experiencing the e-Grand Prix as well as the virtual reality (VR) simulators."*

**Nathan**

*"I loved driving around the track simulator and destroying my mates in the race because they can't drive."*

**Brodie**

*"I loved the excursion to the Grand Prix. It was amazing to see what people programmed with Unity and it taught me about the future of robotics and technology."*

**Luke**

*"I really liked the VR and it was all pretty cool."*

**Jas**

*"I didn't do any driving throughout the day, but I enjoyed the seminars and the workshops."*

**Jackson**



# VET SPORTS & RECREATION

## MELBOURNE CABLE PARK EXCURSION

On Wednesday the 4th, Year 2 sport and recreation students went to Melbourne cable parks high ropes course and aqua park. This was part of the units of work that students have been covering throughout the start of this year. Particularly looking at work health and safety protocols as well as any materials and strategies that were implemented to educate user groups. The students had a terrific day where they got the opportunity to partake in the high ropes course as well engage in the aqua park playground. It was terrific to see the students engage and bond the way that they did throughout the day. Further to this, it was highly beneficial as the students got to put theory that they have covered into a real life setting. Feedback and observations from the day suggested a highly enjoyable and purposeful excursion for all involved.

**Tom Wilson**  
Teacher



*"My favourite highlight from the Melbourne cable park yesterday was watching everyone faceplant into the water while trying to climb over the obstacles. The actual race against the other class was hilarious as everyone stressfully tried to complete the obstacle course and not fall in. Our class ended up winning and the whole day was a great bonding experience. By the end of the day everyone was bruised, sore and ready for a nap."*

**Kelsey Markic**

*"...Going to Melbourne cable park was definitely one of the best things for sport and rec as I strongly feel like it brought our class together. By the end of the day everyone was pretty much exhausted by I think everyone could say it was a good day"*

**Jess Chapman**

*"...Overall, yesterday brought together our class closer and it was good to use our knowledge from what we have learnt with a hands on activity. By the end everyone was exhausted but it was as a whole, one of the best school days in recent memory."*

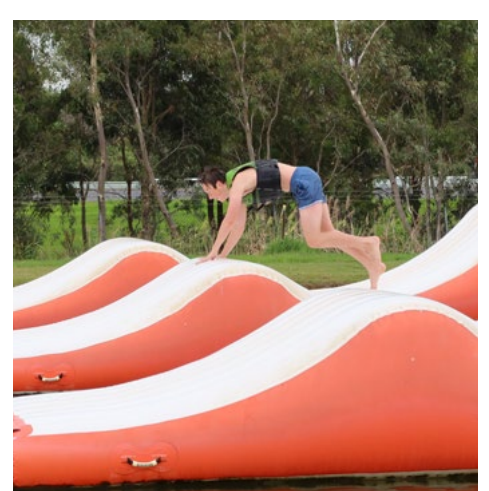
**Matt Donald**

*"...the high ropes were also fun and it was relaxing sitting in the boat for a good 10 or so minutes. At times the Aqua Park was painful but it was definitely one of the best school-related experiences I have had since starting school."*

**James Bentley**

*"I thought going to the cable park was a great way to implement our knowledge of user groups and WHS. My favourite park was the aqua park and seeing people slip and get pushed off into the water. This experience was by far the best activity we have done in sport and rec."*

**Joel Jobling**



# EISM SWIMMING CARIVAL

## BEST PERFORMANCE IN YEARS



On Tuesday 3rd March, Aquinas competed in the EISM Division 1 swimming carnival at MSAC. The team had been training hard twice a week this term. In our best performance in many years, we finished 3rd. The team's performance was very consistent across many events. Congratulations to the following students who had a top 3 finish in their event:

### U13 girls

Alyssa Martin 3rd in 50m backstroke  
Hayley Laukens, Alyssa Martin, Gabi Linton, Grace Rider 4 x 50m freestyle

### U13 boys

Oscar Dubois 1st in 50m freestyle B, 2nd in 50m breastroke

### U14 girls

Chloe Chambers 3rd in 50m breastroke

### U14 boys

Lucas Mandaliti, Connor Haughie, Sebastian Varela-Torres, Ivan Tato-Guo 3rd in 4 x 50m Medley relay  
Sebastian Varela-Torres, Ivan Tato-Guo, Noah Chivers, Will Clemow 2nd in 4 x 50m Freestyle relay  
Sebastian Varela-Torres 2nd in 50m freestyle B  
Ivan Tato-Guo 2nd in 50m breastroke

### U15 girls

Kate Laukens, Caitlyn Sultana, Teagan Barden, Lexie Quinn 1st in 4 x 50m Medley relay;  
2nd in 4 x 50m freestyle relay  
Lexie Quinn 1st in 50m freestyle B  
Teagan Barden 2nd in 50m backstroke

Caitlyn Sultana 3rd in 50m Breastroke

### U15 boys

Josh Nester 1st in 50m breastroke  
3rd in 100m freestyle,  
3rd in 50m freestyle,

### U16 girls

Juliet Postill, Phoebe Dent, Grace Higgins, Vanessa Linton 3rd in 4 x 50m Medley relay;  
3rd in 4 x 50m freestyle relay  
Grace Higgins 2nd in 50m freestyle B;  
3rd in 50m backstroke,  
3rd in 50m breastroke

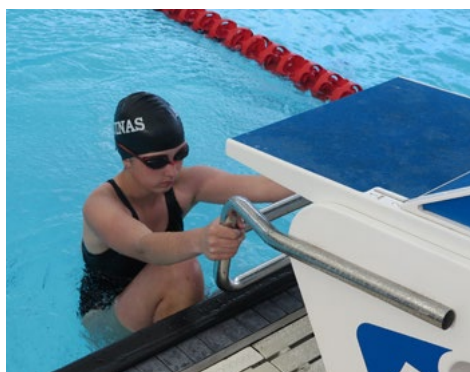
### U16 boys

Jesse Meikle 2nd in 50m freestyle B  
Joshua Jones 3rd in 50m backstroke  
Ben Peat 3rd in 50m breastroke

Congratulations to these students who were also part of the swimming squad: Matt Azzopardi, Maddison Bowden, Emma Breden, Joseph Campbell, Josh Crachi, Lucy Crouch, Tom Cunningham, Afonso Fernandes, Sam Guerin, Josh Hiney, Claire Hurley, Brodie Leech, Georgia Lester, Gabriella Linton, Charlotte Martin, Maggie McKellar, Heath Mitchell, Saskia Myers-Hately, Ben Qi, Abbey Robinson, Max Schmidt, Sally Spicer, Will Tull, Reid McGreevy, Winchester Walsh, Tom Vardy, Drew Baker, Charlotte Martin, Jarrah Hammersley, Aidan Campbell, Setia Jurriens, Sam Long, Oscar Spargo and Ella Williams.

A huge thank you to the staff who were involved with the team this term with training and attendance at the carnival - Teisha Hickleton (Coach), Megan Lemieszek (Team Manager), Wayne Forrest, Kel Breazeale, Jacob Kogelman, Lucy Schneider, Jess Weltner, Renee Johns & Jade Rose.

Congratulations to our Swim Captains this year - Maggie McKellar and Georgia Lester. They have been actively involved in the Aquinas swimming program for the past 6 years and have had many wonderful results over the years. They have always been great role models to the other swimmers, with their commitment and performances over these years.



On Monday 23rd March, a number of our swimmers will be invited to compete in the EISM Champions Carnival, which is a carnival involving the top swimmers from all three divisions in the EISM, again at MSAC. So hopefully, we again will have some great results.

**Bernie Brummell**  
Sports Coordinator

# CHINESE EXCURSION

## LEARNING THE HISTORY OF CHINESE CULTURE IN AUSTRALIA

*"There are three things I liked about today...the Museum because I liked learning about the culture of Australia and the Chinese people immigrating; the Workshop because I found this very fun to do and it was cool to learn how to make a knot bracelet and why knots are so important in China; and the tour guide because she explained things very well and knew a lot about the topics she was talking about."*

**Emily Crachi**  
Year 9



*"I was pleasantly surprised by the Chinese Excursion. I've always liked Chinese history so this was really cool. What I found interesting was that a traditional dragon used in festivals takes 34 people to be able to hold it up. I also found interesting that in weddings, only the bride can have an embroidered dragon and Phoenix on her dress, as it shows unity between the bride and groom. One thing I didn't know was that the Han dynasty was the second dynasty in all of ancient China and the most successful."*

**Michala Kearsley**  
Year 9



*"I liked all the facts I learnt while at the museum like the Chinese coming to Australia, and also the tour guide Karina. I also liked the food I ate because I liked the rice and beef; and the workshop with the bracelet, because I learnt how to make them."*

**Emma Breden**  
Year 9

*"What I enjoyed about the day was that the staff at the museum were really nice and they were very knowledgeable about Chinese history. I also loved learning about the Chinese thousands of years ago and how it has shaped China to how we know it today. The last thing I liked was the independence skills that we got from the day and doing that with our friends made it great. Overall it was a great day and would like to do more excursions learning about China."*

**Connor May**  
Year 9



*"I liked the museum because I learnt lots and I had never been there before so it was interesting. I liked spending time with the class because we all don't see each other that often so it was great to get to know my class better."*

**Jordan Childs**  
Year 9

*"During the day, I enjoyed learning of the history of China, both ancient and modern, visiting the restaurant (the food was fantastic and at a good price!), and learning knotting. I found it really interesting how the Han dynasty held much land and was able to last as long as it did."*

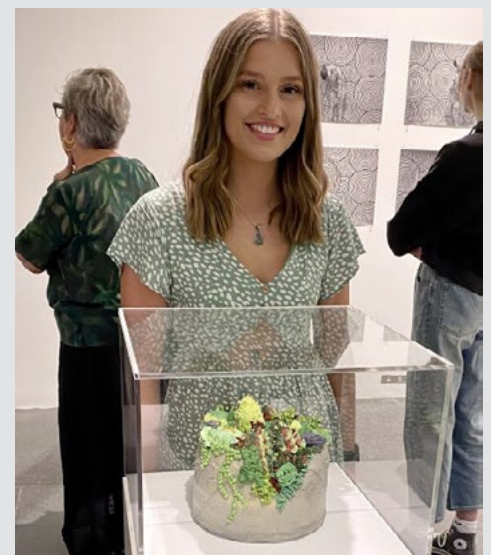
**Aaron Steer**  
Year 9

## KIARA WHITE - TOP ARTS

Congratulations Aquinas College Alumni (PY 2019), Kiara White!

Kiara's artwork "Succulent Cake" was selected to feature in the NGV for Top Arts 2020.

See all the NGV information [here](#).



# SENIOR EISM - ROUND 3

## Girls Basketball A

### Aquinas vs. Billanook

Score: 80-24

Winner: Aquinas

A very strong performance by all the players. We took control very early on and we used the ball effectively throughout the game. Well done on another great performance

## Girls Basketball B

### Aquinas vs. Billanook

Score: 41-12

Winner: Aquinas

A comprehensive win from the girls as they shared the ball excellently and brought each other into the game really well, as well as shot the ball really nicely. A great win all up.

## Girls Tennis A

### Aquinas vs. Billanook

Score: 0/9 -2/16

Winner: Billanook

## Girls Tennis B

### Aquinas vs. Billanook

Score: 1/10-1/11

Winner: Billanook

Both groups played with good spirits and sportsmanship. The A competition was strong, even if a little inconsistent at times (our girls commented on the number of seemingly fluke shots to win). Our B girls were evenly matched with Billanook and very nearly won!

## Girls Volleyball

### Aquinas vs. Billanook

Score: 0-3

Winner: Billanook

This week the team played against Billanook and it was a wonderful experience to view the team even though

they lost in straight sets - 25:13, 25:11, 25:14. Billanook is ranked the second best volleyball school in Victoria and the fourth best school in Australia, all things considered The girls played really well and really took the game head on.

## Girls Indoor Cricket

### Aquinas vs. Mt Scopius

Score: 110-74

Winner: Aquinas

After a tough start to the season the girls were stoked to get their first win on the board. The girls bowled really well and kept them to a chaseable score and then were able to get the runs and a few more. All the girls had a bowl and did an awesome job and all our batters had positive scores. A great day all up.

## Girls Ultimate Frisbee

### Aquinas vs. Billanook

Score: 10-6

Winner: Aquinas

What a fantastic win! Very tough conditions today - throwing into the wind made it almost impossible to score at one end. Billanook were an experienced side and it was point for point almost the entire match. But the Aquinas the girls fought harder, putting in a tremendous effort to score four in a row in the final quarter giving us a very decent win. Best on today was Grace Walsh for her strength, composure and brilliant passing. Well done, girls!

## Girls Softball

### Aquinas vs. Billanook

Score: 14-2

Winner: Aquinas

Super impressive performance from the Senior softball girls this week. Although we

weren't challenged too much by Billanook the girls showed a significant improvement in both their batting and fielding. The first two innings saw the girls score a maximum of 7 runs which set them up extremely well for the rest of the game. It was a great team effort and some particularly big hitting from Samara, Leticia and Gabi.

## Boys Basketball A

### Aquinas vs. Billanook

Score: 66-40

Winner: Aquinas

The boys took on a spirited Billanook down at Kilsyth stadium. Defence was much better this week, keeping our opponents to a respectable score. On offence we were well led by team captain Luke Green with 22 points and Darcy Watson with 20. Some good cameos from the rest of the boys included great shooting from Josh Leonard who punches well above his height class regularly! Big game at home against an undefeated Luther next week.

## Boys Basketball B

### Aquinas vs. Billanook

Score: 72-31

Winner: Aquinas

Comprehensive victory from start to finish. All boys got in the scorers column with Barnes (17 Points), Doffay (16 Points) and Pedretti (12 Points) leading the way. The opposition continued to try and hit a few late threes which brought their bench to their feet. Great team effort, and we look forward to a tough game next week.

## Boys Tennis A

### Match Abandoned

Score: 48-37

Winner: Aquinas

The boys were slow out of the blocks and struggled on offence against a well drilled defence. At patches throughout the first half we found ourselves down by 7. At the half we were down by 3, 16-13. The second half, the boys took the game on and started to get things going on the offensive end and smartened up on D. Marcus Arfi caught fire and drained 4 straight 3s. Jordy Moran took over in the paint and started scoring with ease and Felix Seymour had the defence chasing shadows, getting through the defence and drawing fouls regularly. We out scored the opposition 35-21 in the second half to come away with a gutsy win.

## Boys Basketball B

### Aquinas vs. Luther

Score: 68-25

Winner: Aquinas The boys played a great game and showed fantastic sportsmanship. Each player contributed to the team and had a positive attitude.

## Boys Hockey

### Aquinas vs. Luther

Score: 3-1

Winner: Aquinas

Solid work and leadership from Jackson and James and good response from the team after half time when the score was 1 all. Great work in defense from Nathan and Asher.

## Boys Softball

### Aquinas vs. Luther

Score: 15-8

Winner: Aquinas

The score doesn't reflect how close this

## Boys Tennis B

### Match Abandoned

## Boys Hockey

### Aquinas vs. Billanook

Score: 1-2

Winner: Billanook

Billanook came out fast and strong and scored very early into the game. Aquinas was able to work the ball into the attacking area equalise as Kaelan hit the ball into the goal. Toby had a brilliant game saving many balls and directing the play from behind. Brad was able to work the ball out of the centre and to the wings but at the end of the day Billanook were too consistent with their trapping and tackling and ended up winning the game.

## Boys Cricket

### Aquinas vs. Emmaus

Score: 1/69-7/67

Winner: Aquinas

A very good performance this week. Our bowling was better and we did not give away as many extras. We contained them well with the tight bowling and good fielding. Our captain Vijain had a strong match taking 3 wickets and scoring 19 no. Harry B batted well scoring 36no.

Next match against Mt Lilydale will be a crunch match given the tightness of the season amongst the top 4 teams.

## Boys Softball

### Aquinas vs. Billanook

Score: 28-0

Winner: Aquinas

The result says it all. Unfortunately we were not challenged by the opposition from a tactical perspective but this allowed us to refine our skills and definitely build confidence as a team going into next week.

# YEAR 9 EISM - ROUND 4

## Girls Basketball A

### Aquinas vs. Luther

Score: 71-16

Winner: Aquinas

Outstanding team performance. The girls shared the workload and scoring against the opposition that they were just too good for. Great work as team captain today Millie and awesome positive team vibe all round girls!

## Girls Basketball B

### Aquinas vs. Luther

Score: 28-18

Winner: Aquinas

The girls played really well against good opposition. It was a very defensive and tight game, however we were good enough to run away with the win.

## Girls Indoor Cricket

### Aquinas vs. Luther

Score: 153-78

Winner: Aquinas

A great win by the girls, who elected to bat first and set a very high score that Luther could not match. We had some fantastic batting by Jacinta and Rilee who made 50 runs between themselves. Molly took some great wickets while bowling, and Lexie again was outstanding in the position of wicket-keeper.

## Girls Touch Footy

### Aquinas vs. Luther

Score: 3-7

Winner: Luther

Luther was just too good for us today. They played well and moved the ball quickly and we struggled with our defence. This was a good experience for

the team and has given us things to work on going forwards.

## Girls Tennis A

### Aquinas vs. Luther

Score: 2/18-2/21

Winner: Luther

We were so close but just couldn't get over the line. Having strong competition was great and made the A girls play their best matches to date. It was wonderful to see the quality of tennis rise to the challenge and they showed how strong their skills are when there were strong players at the other end.

## Girls Tennis B

### Aquinas vs. Luther

Score: 3/23-1/11

Winner: Aquinas

"We are improving so much Miss. Are you proud of us??" Yes they are and yes I am. The girls are playing so well as a team and showing great enthusiasm and a drive to win and get into the finals.

## Girls Softball

### Aquinas vs. Luther

Score: 13-1

Winner: Aquinas

What a win! Going 1  
A commanding win by the team as our pitching and base play continues to improve. Excellent sneaking and some great hits allowed us to lead from start to finish. Sophie continues to make some great hits and Tahlia showed excellent commitment in the field. Well done.

## Boys Basketball A

### Aquinas vs. Luther

game was in the beginning. Luther were up 4-3 at the bottom of the 3rd and scoring was very slow. We then came out in the 4th to hit 7 and then 5 in the 5th to run away with the match. Some really good signs that the boys are starting to feel more confident, such as 2 fly ball double plays that were executed perfectly. Base running was aggressive and Luther had no answer once we went up a gear offensively.

## Boys Tennis A

### Aquinas vs. Luther

Score: 4/24-0/3

Winner: Aquinas

A strong result today. There was a clear gap in ability levels between the teams today. The boys played with appropriate restraint.

## Boys Tennis B

### Aquinas vs. Luther

Score: 4/24-0/2

Winner: Aquinas

Another convincing win for the B team. There was a clear gap in ability levels between the teams today. The boys played with appropriate restraint.

## Boys Ultimate Frisbee

### Aquinas vs. Luther

Score: 20-5

Winner: Aquinas

It was the Ben Baines show today with him running rampant in all parts of the field, particularly the end zone. Rhett Johnson, Ryan Bentley and Charlie Hewitson also opened up the opposition with their piercing, flat, penetrating throws.

# SENIOR EISM - ROUND 4

## Girls Basketball A Aquinas vs. Luther

Score: 69-16

Winner: Aquinas

Going up against Luther, the girls were really excited to give it a good go and they did exactly that starting the game magnificently and steam rolling them in what was an outstanding performance.

## Girls Basketball B Aquinas vs. Luther

Score: 49-20

Winner: Aquinas

After losing our first game in round 1 the girls have really bounced back well, winning their last 3 on the trot and this game was an awesome game for the girls through their great sharing of the ball and having a great team first mentality helped us create good shots and leave with a bit win.

## Girls Tennis A Aquinas vs. Luther

Score: 4/24-0/3

Winner: Aquinas

## Girls Tennis B Aquinas vs. Luther

Score: 3/20-1/13

Winner: Aquinas

Both the A and B teams played very well, again demonstrating a good sense of fair-play and positive sportsmanship. The A team showed off a few great ace serves and strong backhands. The B team was consistent throughout.

## Girls Volleyball Aquinas vs. Luther

Score: 3-0

Winner: Aquinas

This week the team played against Luther at home even though it was Luther's home game. The team won 25:12, 25:15, 25:11. The team focused well with improving skills at the net including tips and blocks. Service receiving was also impressive to watch. Great win all up.

## Girls Indoor Cricket Aquinas vs. Luther

Score: 103-93

Winner: Aquinas

Second win on the trot for the girls in a superb team effort to restrict Luther to under 100. The clear highlight was the improved effort in the field. Looking forward to next week as we march towards the finals.

## Girls Ultimate Frisbee Aquinas vs. Luther

Score: 24-4

Winner: Aquinas

The girls came out strong and focused, going on an 8-0 run in the first quarter to set the tone for the match. Everyone continued to play tight defense and to run hard, creating plenty of scoring opportunities for each other - there were lots of spectacular passages of play today. Best on ground was Ruby Crisp for her amazing passing. Well done, girls!

## Girls Softball Aquinas vs. Luther

Score: 12-3

Winner: Aquinas

Another impressive win from the Senior Girls Softballers. With a really strong start keeping Luther to only 1 home run we then scored a maximum 7 home runs to put the opposition on the back foot. Some particularly good play from our catcher Em this week and some great fielding from Hayley, Gabi, Samara and Sophie. The girls are all improving every week and are setting themselves up for a good position come finals.

## Boys Basketball A Aquinas vs. Luther

Score: 69-38

Winner: Aquinas

The boys were primed to take on the previously undefeated Luther in a must win match up. We came out of the blocks well and immediately asserted dominance on both ends of the floor. Our defence had not been great all season but finally cranked up a gear and held a potent Luther team under 20 for the first half. On offence Ghosh,

Foxwell and Watson each scored over 20 points and proved too versatile for Luther defence, Darcy's shooting a standout today. Captain Luke Green was the dominant big man on the court, whilst this didn't show up on the scoresheet, his defence, screening and rebounding were elite. If he can make a lay-up or two we are going to be tough!! Great win boys, onto Donvale in our next test.

## Boys Basketball B Aquinas vs. Luther

Score: 64-28

Winner: Aquinas

Arguably the best offensive performance of the year so far. Passing was fantastic and the plays in the open court set up an early lead for us. We managed to pour on 40 points in the first half. The second half was much tighter, however our defence stood tall limiting Luther to just 8 points in 20 minutes. Beau White was fantastic in his first game of the season and Seb Barnes was on the lookout to be the first player to score over 20 points this season, falling just short with 18. All players managed to get themselves on the scorers sheet in a well shared offensive effort.

## Boys Tennis A Aquinas vs. Luther

Score: 4/24-0/5

Winner: Aquinas

A comprehensive display from the A team, demolishing Luther with clinical service games and groundstrokes. Led by Il Capitano H Flack and his fleet of M Shields, X Hedderwick, and the star of the day, David Mu On Debut. Flack and Hedderwick fell behind 4-1 before coming home strong to ensure we took 4/4 sets. Super stuff after a few weeks of washouts.

## Boys Tennis B Aquinas vs. Luther

Score: 4/24-0/5

Winner: Aquinas

A similarly comprehensive display from the B team, with all players showing promise and creating some selection headaches. R Webster was lively at the net on debut, while Z Hanrahan, J McLeod and N Boland

didn't miss a beat as we steamrolled Luther. A strong consistent tennis display from some lads who have been itching to have a swing after the last few weeks on the sidelines!

## Boys Hockey Aquinas vs. Luther

Score: 2/1

Winner: Aquinas

The boys had a super win in what was an exciting and fast paced game, that saw us trailing 1-0 with about 10 minutes to go before Kaelan Boundy Scored 2 quick goals. Stand in captain Jack Rankin was a fearless leader and Luke McKinnon was terrific with great gut running efforts. A classic win by the boys.

## Boys Cricket Aquinas vs. MLMC

Score: 1/94-9/89

Winner: Aquinas

An awesome display by the team against another of the top teams. After sending them in they batted well for the first part of overs, but we gained control with our spinners in the wet conditions, with Mt Lilydale losing 8-50 in the last 12 overs, with Vijain getting 5 wickets and Jesse 2 wickets. To get the 89 was going to need a good chase in the wet and a slow ground. We batted incredibly well with the opening partnership putting on 73 in 10 overs. Ben K and Mack A batted brilliantly. Well done guys on a superb performance

## Boys Softball Aquinas vs. Luther

Score: 21/2

Winner: Aquinas

A game that was played in really good spirits by both sides. Another strong win, demonstrated that the boys are beginning to communicate well in the field and leverage the rules of the game to our advantage when batting. Strong performance all round.

# YEAR 9 EISM - ROUND 5

## Girls Basketball A Aquinas vs. Donvale

Score: 68-12

Winner: Aquinas

The girls really played a great full game against really strong opposition. We shot the ball really well and did an awesome job defensively, giving them no easy shots. Great win all up

## Girls Basketball B Aquinas vs. Donvale

Score: 40-9

Winner: Aquinas

Today we came out red hot with a real desire to win against Donvale who were second. We played with real intensity and had heaps of fun on the court as well in a really good day.

## Girls Indoor Cricket Aquinas vs. Donvale

Score: 213-18

Winner: Aquinas

The girls wiped the floor with Donvale showing how much they have improved over the season. Their batting was outstanding, with all batters going after each ball with great skill. Their

fielding and bowling was also amazing, showing that Donvale was no challenge to their skill level.

## Girls Touch Football Aquinas vs. Donvale

Match Abandoned

## Girls Tennis A Aquinas vs. Donvale

Match Abandoned

## Girls Tennis B Aquinas vs. Donvale

Match Abandoned

## Girls Softball Aquinas vs. Donvale

Match Abandoned

## Boys Basketball A Aquinas vs. Donvale

Score: 63-55

Winner: Aquinas

A great game of basketball and easily the most hotly contested. From start to finish neither team managed to get the game on their terms and momentum see-sawed for most of the game. We

managed to maintain a 4-6 point lead for most of the game, and after a Donvale surge after half time we wrestled back control and had the game in our grasp for the last 2 minutes. In what was an awesome display of basketball, Jordy Moran went head to head with Donvale's star on both ends of the court. Jordy finished with a game high 27 points. Felix dominated in the 2nd half again, and Arfi is still dialed in from three, he backed up 4 from last week with another 4 this week. The boys all played their role and key minutes at different parts of the game from everyone helped ensure the win

## Boys Basketball B Aquinas vs. Donvale

Score: 63-29

Winner: Aquinas

The boys started pre

A close start had us leading by only 6 points towards the end of the first half. A quick chat at half time had the boys regroup and focus for the second half, in which they became unstoppable.

## Boys Hockey Aquinas vs. Donvale

Score: 0-5

Winner: Donvale

In a wet game this afternoon the boys didn't have the best starts conceding a really early goal, however fought well and had lots of shots. The scoreboard definitely does not reflect the game as they scored most goals very late, however it wasn't our best day and need to improve on areas of our defense and not rushing our shots.

## Boys Softball Aquinas vs. Donvale

Match Abandoned

## Boys Tennis A Aquinas vs. Donvale

Match Abandoned

## Boys Tennis B Aquinas vs. Donvale

Match Abandoned

## Boys Ultimate Frisbee Aquinas vs. Donvale

Match Abandoned

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