



SUNSMART POLICY

Rationale

Over exposure to the sun presents a serious health risk. Adolescence is a critical period in which sun exposure is likely to contribute to the incidence of skin cancer and eye damage. Students must therefore be educated in the need for suitable sun protection, and they must be protected from over exposure to the sun whilst at the College.

Aim

- To increase student and related community awareness of skin cancer and other damage caused by UV radiation.
- To work towards a safe College environment that provides shade and other sun protective measures for the entire College community.
- To encourage the entire College community to use a combination of sun protection measures.
- To ensure that families and new staff are informed of the College's sun protection policy.

Implementation

Sunscreen

All Students are encouraged to bring to school a roll-on sunscreen SPF 30+. Teachers will direct students to use sunscreen BEFORE going to outside activities such as P.E. classes. Sunscreen for P.E. classes will be provided by the College.

Hats

- All students must have an Aquinas 'Billabong' or 'Ripcurl' hat at school. Students are encouraged to write their name clearly on their hat.
- Hats are not to be worn in classrooms.
- For outdoor classes, hats are to be worn in Term 1, and from 1st September to the end of Term 4 as recommended by the Cancer Council.
- During recess and lunchtime, students will not be allowed outdoors - on the ovals, basketball and netball courts and the quadrangles – without a hat in Term 1 and Term 4.
- Students are strongly encouraged to wear a hat whenever they are outside in the sun (January to May and September to December) and this includes when travelling home after school.
- Non Aquinas College hats, caps or beanies are not to be worn with the College uniform. This includes when students are representing the College in sport.

Sunglasses

- Students are encouraged to have and wear sunglasses with a rating of 3 or 4.
- Students should avoid wearing fashion sunglasses as they offer insufficient protection from harmful UV radiation.
- We do not encourage students to bring expensive sunglasses to school.
- If students wear sunglasses to school – when the sunglasses are not being worn, they should be stored in their locker.
- Sunglasses are NOT to be worn in the classroom.
- Sunglasses with brightly coloured, fluorescent, highly decorated or inappropriate frames are not to be worn with the College uniform (Team Leaders, Staff/Student Leaders or Year Level Leaders will determine appropriateness).